

Curriculum Vitae

Dianne Neumark-Sztainer, PhD, MPH, RD

PRESENT POSITION

Regents Professor

Division of Epidemiology and Community Health, School of Public Health
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EMPLOYMENT

- Regents Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, *2023-Present*
- Division Head, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, *November 2015-June 2023* (Interim Division Head, 2014-2015)
- Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN, *2004-Present* (Associate Professor 1999-2004; Assistant Professor 1995-1999)
- Adjunct Professor, Division of Adolescent Health and Medicine, Department of Pediatrics, University of Minnesota, *2004-Present* (Associate Adjunct Professor 1999-2004)
- Chair, Public Health Nutrition Major, Division of Epidemiology, School of Public Health, University of Minnesota, Minneapolis, MN, *2000-2003*
- Post-Doctoral Fellow, Adolescent Health Program, Division of General Pediatrics and Adolescent Health, University of Minnesota, Minneapolis, MN, *1994-95*
- Health Educator-Nutritionist, Department of Social Medicine-Hadassah Medical Organization, Jerusalem, Israel, *1990-94*
- Nutritionist, Adolescent Health Services, Department of Social Medicine-Hadassah and Department of Public Health, Jerusalem Municipality, Israel, *1990-94*
- Health Educator Instructor and Group Leader, International Workshop for Health Professionals in the Prevention of HIV infection, *1988-89*
- Co-Coordinator, International MPH Program, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, *1987-90*
- Research Nutritionist, Department of Social Medicine, Hadassah Medical Organization, Jerusalem, Israel, *1986-88*
- Instructor, Health Behavior and Health Education, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel *1986-94*
- Group Leader, Workshop in Community-Oriented Primary Care, International MPH Program, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, *1986-87*
- Teaching Assistant, Interpretation of Epidemiological Data, International MPH Program, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, *1985-88*
- Health Educator, *Flower* Program in schools, Jerusalem, Israel, *1984-86*
- Leader, weight loss groups, *1984-90*
- Community Nutritionist, Kibbutz Gazit, Israel, *1981-84*
- Laboratory Research Assistant, Hadassah, Mt. Scopus, Jerusalem, Israel, *1979*

University Faculties

- Maternal and Child Health Faculty, School of Public Health, *1999-Present*
- Graduate Nutrition Faculty, *1998-Present*
- Adolescent Health Training Program Faculty, Division of Adolescent Health and Medicine, *1997-Present*
- Graduate Epidemiology Faculty, *1996-Present*
- Community Health Promotion Faculty, Division of Epidemiology, *1995-Present*
- Public Health Nutrition Faculty, Division of Epidemiology, *1995-Present*

EDUCATION

- Post-Doctoral Fellowship, Leadership Education in Adolescent Health Program, Division of General Pediatrics and Adolescent Medicine, University of Minnesota, Minneapolis, MN, 1994-95
- PhD in Behavioral Sciences and Nutrition, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, 1988-93
- Masters in Public Health with distinction, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, 1984-87
- Internship in Dietetics, Tel Hashomer Hospital (internal medicine, surgery, geriatrics, heart rehabilitation, outpatient clinics); HaEmek Hospital (pediatrics and internal medicine); Health Ministry in Haifa (public health nutrition), Israel, 1982-83
- BA in Biology and Nutrition, Cornell University, Ithaca, NY, 1976-80

Certification/Training (selected)

- 300-hour advanced teacher of therapeutic yoga, Kripalu School of Integrative Yoga Therapy, 2024
- ICF Accredited Level 1 Coaching Education, Goldvarg Consulting Group, 2024
- Equity and Diversity Basic Certificate, Office for Equity and Diversity, University of Minnesota, 2021
- Executive Leadership in Academic Medicine (ELAM) Program, Drexel University, 2016-2017
- Big Ten Academic Alliance Executive Officer Program, 2016
- Provost's Department Heads and Chairs Leadership Program, University of Minnesota, 2015
- James P. Shannon Leadership Institute Year-long Leadership Program for Community Leaders, Amherst H. Wilder Foundation, 2012
- Academic Mid-Career Nutrition Leadership Institute, Dannon Institute, 2012
- Nutrition Leadership Institute, Dannon Institute, 2003
- 200-hour yoga teacher training program, Yoga Center of Minneapolis, 2012
- 300-hour yoga teacher training program, Yoga Center of Minneapolis, 2013
- Registered Yoga Teacher, Yoga Alliance, RYT-500.
- Certification as Health Education Specialist, The National Commission for Health Education Credentialing, Inc., New York, 1989
- Certification as Dietitian, Hebrew University, Faculty of Agriculture, Rehovot, Israel, 1981

FELLOWSHIPS & HONORS

- NIH Outstanding Investigator, 2018, 2025
- Best Scientist in the field of Social Sciences and Humanities (2 International, 1 National), Research.com, 2025
- Regents Professorship, University of Minnesota, 2023
- Best Female Scientist Award (115 International, 72 National), Research.com, 2022-2024
- McKnight Presidential Professorship, University of Minnesota, 2020
- Best Article Finalist, *Journal of Nutrition Education and Behavior*, 2020
- Award in Clinical, Administrative, or Education Service, Academy for Eating Disorders, 2019
- Academy for Excellence in Health Research, University of Minnesota Academic Health Center, 2017
- Routledge (Taylor & Francis) 2017 *Eating Disorders* Top Twenty-Five Articles Award for: Neumark-Sztainer D, Levine MP, Paxton SJ, Smolak L, Piran N, Wertheim EH. Prevention of body dissatisfaction and disordered eating: What next? *Eating Disorders*. 2006;14:265-285.
- Swami Kuvalyananda Research Award, International Association of Yoga Therapists (IAYT) Symposium on Yoga Research (SYR), 2017
- Mayo Professor of Public Health, 2015
- Platinum Author Award, *Journal of Nutrition Education and Behavior*, 2015, 2016, 2017, 2018, 2019
- Thomson Reuters Highly Cited Researcher, 2014
- Leonard M. Schuman Award for Excellence in Teaching, School of Public Health, University of Minnesota, 2012
- Leadership Award in Research: Academy for Eating Disorders, 2010
- Distinguished Women Scholars Award in Humanities, Social Sciences and Arts: University of Minnesota, 2009
- Research Award: Eating Disorders Coalition for Research, Policy & Action, 2008

- Outstanding Faculty Mentor of Postdoctoral Scholars Award: University of Minnesota, 2008
- Huddleson Award Honorable Mention for article: Neumark-Sztainer D, Wall M, Guo J, Story M, Haines J, Eisenberg M. Obesity, disordered eating, and eating disorders in a longitudinal study of adolescents: How do dieters fare five years later? *Journal of the American Dietetic Association* 2006;106:559-568.
- Eminent Mentor Scholar, College of Education and Human Services, Cleveland State University, 2004-2007
- Award for Excellence: Lori Irving Award for Excellence in Eating Disorders Prevention and Awareness, National Eating Disorders Association, 2003
- Associate Distinguished Fellow, Institute for Advanced Study, La Trobe University, Melbourne, Australia, 2002-2003
- Dannon Institute Early Career Sabbatic Program Award, 2002
- Academy for Eating Disorders Fellow, 2001
- Award for Excellence: Dannon Institute Award for Excellence in Community Nutrition, 1999
- Finalist, International Life Sciences Institute (North America) Future Leaders Award, 1998
- Elected to Delta Omega Honorary Public Health Society for achievement in scholarship, teaching, research and quality of publications in the field of public health, 1997
- Research Award: The American Heart Association, 1997
- Research Award: The American Heart Association, 1996
- Prize from The Organization for Promotion of Israeli Society, awarded for research in the area of eating disturbances, 1993
- Faulkner Prize for Young Researchers, 1993
- Research grant for PhD dissertation: The Rothschild Foundation, 1990
- Rosita and Esteban Herczeg Fellowship for work in the area of Women's Studies, 1989
- Five-year assistantship for PhD studies at Hebrew University-Hadassah Medical School, 1988
- Medical School Prize for Excellent Research in honor of Dr. Yosef Smalar for MPH thesis: "The Effects of Physical Activity in a Weight Loss Program Based on Diet and Behavior Modification," 1988
- Eliezar Kaslar Prize for Outstanding Studies, 1986

PRESENTATIONS

Presentations as Invited Speaker:

2024:

- **The Contribution of Health Promotion and Resilience in Times of Crisis Association for Health Education and Health Promotion.** Tel Aviv, Israel. Panel Presenter: *Yoga for Self-Care in Times of Stress.*
- **Annual Meeting of the Israeli Association for Eating Disorders.** Netanya, Israel. Keynote Speaker: *Yoga: A Practice for Enhancing Body Appreciation and a Positive Sense of Embodiment.*
- **New York State Comprehensive Care Center for Eating Disorders Annual State Conference.** Virtual Presentation. Keynote Speaker: *Yoga: Enhancing Embodiment, Improving Body Image, Reducing Eating Disorders: Can Yoga Help?*

2023:

- **Australia and New Zealand Academy for Eating Disorders.** Geelong, Australia. Keynote Speaker: *Yoga: A Practice for Enhancing Body Appreciation and a Positive Sense of Embodiment.*
- **Division of Epidemiology and Community Health Seminar Series.** Minneapolis, MN. Invited Speaker: *Yoga: A Practice for Enhancing Body Appreciation and a Positive Sense of Embodiment.*

2022:

- **Yoga and Recovery Symposium: Healing from Addiction and Eating Disorders.** Virtual. Invited Speaker: *Improving Body Image and Reducing Eating Disorders: Can Yoga Help?*

2021:

- **Congressional Briefing with the Eating Disorders Coalition for Research, Policy, and Action.** Washington, D.C. (Virtual). Invited Speaker: *Eating disorders: A public health priority.*
- **NEDA Congressional Briefing.** Washington, D.C. (Virtual). Invited Speaker: *Eating disorders: A public health priority.*
- **Enhancing SNEB Member Research Capacity: A Webinar Series.** Virtual Presentation. Invited Panelist. *Successfully navigating the NIH research funding arena.*

2020:

- **8th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, The University of British Columbia.** Vancouver, British Columbia. Keynote Speaker: *Body image in adolescence and beyond: a public health perspective on why it matters and what can be done about it.*
- **International Association of Yoga Therapists (IAYT) Symposium on Yoga Research 2020.** Kripalu Center for Yoga and Health, Stockbridge, MA (Virtual). Invited Speaker: *Yoga, body image, and disordered eating: Research findings and practical implications.*

2019:

- **National Eating Disorder Information Centre, Canada.** Toronto, Ontario. Invited Panelist for Webinar: *Eating Disorders and Yoga*
- **Building Research across Inter-Disciplinary Gaps (BRIDG) program.** Seattle, WA. Invited Speaker: *Developing a program of research in yoga: Strategies for getting started*
- **Assuta Medical Center - Tel Aviv.** Tel Aviv, Israel. Keynote Speaker: *Body image in adolescence and beyond: a public health perspective on why it matters and what can be done about it*
- **Healthy Body Image Conference.** Bern, Switzerland. Keynote Speaker: *Body image in adolescence and beyond: a public health perspective on why it matters and what can be done about it*
- **Eating Disorders Research Society Annual Conference.** Chicago, IL. Symposium Speaker: *What we're missing in eating disorders research (and prevention, treatment, and advocacy): The epidemiologist's perspective. Sub-diagnostic disordered eating matters.*
- **NEDA Congressional Briefing.** Washington, D.C. Invited Speaker: *Eating disorders: A public health priority.*
- **Grand Rounds Presentation, Department of Psychiatry and Behavioral Sciences, Northwestern University.** Chicago, IL. Invited Speaker: *Body image in adolescence and beyond: Public health perspective on why it matters and what can be done about it.*

2018:

- **Appearance Matters 8 Conference.** Bath, UK. Keynote speaker: *20+ years research on body dissatisfaction: Outcomes and influences*
- **The Academy for Eating Disorders, ICED 2018.** Chicago, IL. Invited plenary speaker: *Developing a research agenda to influence policies and practices of relevance to eating disorders: Strategies, advantages, and disadvantages of linking to obesity*

- **The University of New South Wales Symposium on Eating and Appetite.** Sydney, Australia. Invited speaker: *Integrating risk factors for eating disorders into the prevention and treatment of obesity*

2017:

- **The Obesity Society. Obesity Week 2017.** Washington, DC. Invited speaker: *Integrating risk factors for eating disorders into the prevention and treatment of obesity*
- **33rd Annual Meeting of the German Association for the Study of Obesity.** Potsdam, Germany. Invited plenary speaker: *Body dissatisfaction in young people: Why should we care? What can we do about it?*
- **Academy for Eating Disorders.** Invited speaker (with Anastasia Nevin). Webchat: *Yoga and Eating Disorders*

2016:

- **Feminist Relational Perspectives and Beyond: Eating Disorders Across the Lifespan and in Diverse Populations. The Renfrew Center Foundation Eating Disorders Conference,** Philadelphia, PA. Invited speaker, The Barbara M. Greenspan Memorial Lecture: *Preventing eating disorders: Looking backward, moving forward; looking inward, moving outward*
- **Mini Medical School,** University of Minnesota, Minneapolis, MN. Invited speaker: *Yoga and public health: Addressing weight-related problems.*
- **Grand Rounds, Mayo Clinic,** Rochester, MN. Invited speaker: *Preventing eating disorders: looking backward, moving forward; Looking inward, moving outward*
- **German Eating Disorders Conference (DGESS),** Essen, Germany. Invited speaker: *Preventing eating disorders: Looking backward, moving forward; looking inward, moving outward*

2015:

- **Feminist Perspectives and Beyond: Honoring the Past, Embracing the Future: 25 Years Later. The 25th Anniversary of the Renfrew Center Foundation Eating Disorders Conference for Professionals,** Philadelphia, PA. Invited workshop speaker (with Elisa Mott): *The gift of yoga: experiencing, expressing and enjoying the body from inside out*
- **Binge Eating Disorder Association Annual Conference (BEDA),** Hollywood, FL. Invited conference presentation (with Lisa Diers): *Yoga's role in binge eating disorder and body image*
- **Israeli Association for Eating Disorders,** Tel Aviv, Israel. Keynote speaker: *Preventing eating disorders: Looking backward, moving forward; Looking inward, moving outward*
- **Northland American College of Sports Medicine,** St. Cloud, MN. Invited speaker: *How to get from "I'm, like, SO fat" to "I'm okay" in a weight-obsessed world*
- **London International Eating Disorders Conference,** London, UK
 - Preconference Workshop: *Prevention in the field of eating disorders: Looking backward, moving forward; looking inward, moving outward*
 - Conference presentation (with Lucia Giombini) *Yoga and eating disorders for beginners*

2014:

- **4th Biennial EDAC-ATAC Conference: Innovation and Integration in Eating Disorders**, Vancouver, BC.
 - Public Forum: Invited speaker: *How to get from “I’m, like, SO fat” to “I’m okay” in a weight-obsessed world*
 - Conference: Keynote speaker: *Preventing eating disorders: Looking backward, moving forward; Looking inward, moving outward*
- **Illinois Transdisciplinary Obesity Prevention Program (I-TOPP)**, Champaign, IL. Invited speaker: *Family meals: Why bother? Key findings from Project EAT.*
- **Oklahoma Eating Disorders Association (OEDA) Professional Conference**, Oklahoma City, OK. Invited speaker: *Family meals: Why bother? Key findings from Project EAT.*
- **X Congreso Hispano Latino Americano en Trastornos de la Conducta Alimentaria “Prevención y Abordaje,”** (Comenzar de Nuevo and the Hispano Latino American Chapter of the Academic for Eating Disorders). Monterrey, Mexico. Invited speaker: *Preventing obesity and eating disorders in adolescents: What can health care providers do?*
- **National Eating Disorders Association Annual Meeting**, San Antonio, TX. Plenary session presentation: *Closing the gap between researchers and the public for evidence-based prevention* (co-presenter with Carolyn Becker and C. Barr Taylor)

2013:

- **Nutrition Seminar, Harvard University School of Public Health**, Boston, MA. Invited speaker: *Family meals: Key findings from Project EAT and future directions.*
- **Pediatric Medicine: Research and Practice 2013, Children’s Pediatric Research Conference, Children’s Hospital and Clinics**, Minneapolis, MN. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **Identifying Priorities for Research on Interventions in Adolescents to Reduce the Risk of Adult Morbidity and Early Mortality, Department of Maternal, Newborn, Child and Adolescent Health, World Health Organization**, Geneva, Switzerland.
 - Invited speaker: *Risk and protective factors for obesity in adolescence: Findings from the Project EAT studies.*
 - Invited speaker: *Interventions aimed at preventing obesity and related problems in adolescents.*
- **Pediatric Grand Rounds, Stanford University**, Stanford, CA. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **Division of Adolescent Medicine, Stanford University**, Stanford, CA. *Conducting population-based research with adolescents: What we’ve learned from Project EAT (Eating and Activity among Teens and Young Adults)*
- **Decision-Making and Emotion Regulation in Life-Span Transitions, Behavioral Change Research Network Conference, University of California/Berkeley**, Berkeley, California. Invited speaker: *To diet or not to diet? Preventing weight-related problems in adolescents.*
- **Parliamentary Seminar on Body Confidence, A rapid evidence assessment of the literature, Department for Culture, Media and Sport; and Government Equalities Office**, London, UK. Invited speaker: *Body Confidence Campaign: Body image as a public health concern*
- **10th Annual Women’s Health Research Conference, Powell Center for Women’s Health, University of Minnesota**, Minneapolis, MN. Invited speaker: *Dieting behaviors in adolescence: Implications for weight status in young adulthood.*
- **Mini Medical School, Academic Health Center, University of Minnesota**, Minneapolis, MN. Invited speaker: *Promoting a healthy body image in adolescents.*

- **Australia and New Zealand Academy for Eating Disorders**, Melbourne, Australia. Webinar video: *Dieting behaviors in adolescents: The solution or the problem?*
- **School of Exercise and Nutrition Sciences and the Centre for Physical Activity and Nutrition Research, Deakin University**, Melbourne, Australia (Visiting Professor). *Preventing a broad spectrum of weight-related problems in young people: An overview of Project EAT and related studies.*
- **International Society for Behavioral Nutrition and Physical Activity Annual Meeting**, Ghent, Belgium.
 - Early Career Researcher Workshop: Invited presentation: *Elevator speeches, career progression, building your niche area.*
 - Panel discussion: *Time management and balancing work/life*
- **Faculty of Psychology, Eetexpert.be**, Leuven, Belgium. Invited presentation: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **AED International Conference on Eating Disorders**, Montréal, Québec, Canada.
 - Invited plenary speaker: *Next Steps: How can we progress toward incorporating mindfulness and meditation within practice for eating disorders*
 - Invited presentation: *Conducting population-based research on eating and weight-related problems in adolescents: What we've learned from Project EAT*
- **Pediatrics: School of Medicine, University of Auckland**, New Zealand. Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT?*
- **Auckland Nutrition Research Network, University of Auckland**, New Zealand. Invited speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **Rudd Center for Food Policy & Obesity, Yale University**, New Haven, CT. Invited speaker: *Promoting a positive body image in adolescents: Why and how?*

2012:

- **School of Public Health, University of Haifa**, Haifa, Israel. Invited speaker: *Conducting population-based research with adolescents: What we have learned from Project EAT (Eating and Activity in Teens and Young Adults)*
- **Ruppin Academic Center**, Emek Hefer, Israel. Invited speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **Johns Hopkins Bloomberg School of Public Health**, Baltimore, MD.
 - Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT*
 - Invited speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **The Douglas Institute**, Montréal, Québec, Canada. Community talk: *Promoting a positive body image in adolescents: Why and how?*
- **Ste Justine's Pediatric Hospital**, Montréal, Québec, Canada. Grand Rounds presentation: *Preventing obesity and eating disorders: What can health care providers do?*
- **20th International Conference on Eating Disorders**, Alpbach, Austria. Keynote speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **University of Toronto Dalla Lana School of Public Health**, Toronto, Ontario, Canada. Invited speaker: *Dialogue on future directions for the prevention of eating disorders, obesity and related concerns*
- **Israeli Health Educators Association Annual Meeting**, Kupat Holim Clalit, Tel Aviv, Israel. Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT?*

- **Society for Nutrition Education and Behavior Annual Meeting**, Washington DC. Invited plenary speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- **Academy of Nutrition and Dietetics: Sports Cardiovascular and Wellness Nutrition Symposium**, Baltimore, MD. Invited plenary speaker: *Promoting a positive body image in adolescents: Why and how?*
- **University of Rochester School of Medicine and Dentistry Seminar**, Rochester, NY.
 - Invited speaker: *Shared risk factors for eating disorders and obesity: Translating research findings into best practices and prevention*
 - Invited speaker: *Working with families and within schools to prevent weight-related problems in youth*

2011:

- **National Eating Disorders Association and STOP Obesity Alliance Roundtable to Advance an Educated Approach to Policies Surrounding Weight and Obesity, Congressional Briefing**, Washington, DC. Panel member: *Pounds and Policy: Effectively Communicating About Weight and Health*
- **National Institutes of Health, National Institute of Child Health and Human Development Seminar**, Washington, DC. Invited speaker: *Conducting population-based research with adolescents: What we've learned from Project EAT (Eating and Activity in Teens and Young Adults)*
- **Association for Anorexia and Associated Disorders Annual Midwest Eating Disorders Conference**, Oakbrook, IL. Keynote speaker: *An integrated approach to eating disorders and obesity prevention: Why and how?*
- **Academy for Eating Disorders International Conference on Eating Disorders**, Miami, FL. Invited plenary speaker: *Preventing eating and weight-related problems in adolescents: Have things gotten better or worse in the past decade? And where do we go from here?*
- **University of Michigan Pediatric Department Grand Rounds**, Detroit, MI. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What should health care providers know and do?*
- **Center for Human Growth and Development Research Seminar, University of Michigan**, Detroit, MI. Invited speaker: *An integrated approach to preventing obesity and eating disorders in youth: Why and how?*

2010:

- **Rio International Eating Disorders and Obesity Conference**, Rio de Janeiro, Brazil. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What should health care providers know and do?*
- **Renfrew Center 20th Annual Conference For Professionals**, Philadelphia, PA. Invited speaker: *What do we do about obesity: Challenges for the eating disorders field*
- **Cleveland Clinic Obesity Summit**, Cleveland, OH. Invited speaker: *An integrated approach to preventing obesity and eating disorders in youth: Why and how?*
- **Tucker Center Fall Distinguished Lecture**, Minneapolis, MN. Invited speaker: *Reducing Obesity among Minority Females: The Critical Role of Physical Activity*
- **Yale Rudd Center for Food Policy and Obesity**, New Haven, CT. Invited speaker: *An integrated approach to preventing obesity and eating disorders in youth: Why and how?*
- **The Centre for Eating and Dieting Disorders, Beaumont Lecture**, Sydney, Australia. Invited speaker: *Body dissatisfaction among adolescents: Why it matters and what we can do about it*

- **Eating Disorders: Meeting the Challenge Sydney Conference**, Sydney, Australia. Keynote speaker: *An integrated approach to preventing eating disorders and obesity in youth: Why and how?*
- **Park Nicollet Eating Disorders Update**, St. Louis Park, MN. Invited speaker: *An integrated approach to preventing eating disorders and obesity in youth: Why and how?*
- **The Ontario Society of Nutrition Professionals in Public Health (OSNPPH) Conference**, Niagara-on-the-Lake, Ontario, Canada. Invited speaker: *Body dissatisfaction among adolescents: Why it matters? And what can we do to make it better?*
- **North American Society of Pediatric and Adolescent Gynecology Annual Meeting**, Las Vegas, NV. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What should health care providers know and do?*
- **University of Minnesota Family and Social Science Colloquium**, St. Paul, MN. Invited speaker: *Family meals in the homes of teens: What do they look like and how important are they?*
- **Sheena's Place Open Forum**, Toronto, Canada. Keynote speaker: *I'm, Like, SO Fat!: Helping your teen make healthy choices about eating and exercise in a weight-obsessed world*

2009:

- **2nd Curso de Obesidade Pediátrica**, Lisbon, Portugal
 - Keynote speaker: *Preventing obesity AND eating disorders: What should adolescent health care providers know and do?*
 - Workshop presentation: *Practical ideas for working with families and working within schools to prevent weight-related problems among adolescents*
- **National Eating Disorder Information Centre Conference**, Toronto, Canada. Invited speaker: *Weight related problems in adolescents: What? Why? And How can we Help?*
- **Plymouth State University Eating Disorders Conference**, Meredith, NH. Invited speaker: *Weight-related problems in adolescents: What? Why? And How can we help?*
- **North Dakota Nutrition Council Annual Meeting and Conference**, Minot, ND. Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT?*
- **Deborah E. Powell Center for Women's Health Seminar**, Minneapolis, MN. Invited speaker: *Body image and weight-related problems in adolescent girls: What? Why? And how can we help?*
- **Alberta Milk Nutrition File Seminar**, Edmonton and Calgary, Canada. Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT?*

2008:

- **Indiana University School of Medicine Pediatric Grand Rounds**, Indianapolis, IL. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **Indiana University School of Medicine LEAH Seminar**, Indianapolis, IN. Invited speaker: *Project EAT: Using behavioral research to guide interventions to prevent weight-related problems in adolescents*
- **International Meeting of Inequalities of Social Health**, Quebec City, Canada. Invited speaker: *What can health care providers do to help prevent both obesity AND eating disorders in children and adolescents?*
- **Adolescent Eating Disorders Conference**, Penn State Milton S. Hershey Medical Center, Hershey, PA. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*

- **Kaiser Permanente Seminar**, San Francisco, CA. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **University of North Carolina Nutrition Seminar**, Greensboro, NC. Invited speaker: *Project EAT: Using behavioral research to guide interventions to prevent weight-related problems in adolescents*
- **National Eating Disorders Association Conference**, Austin, TX. Invited speaker: *Fluent in the “F” words: To talk or not to talk about food, fat and fitness*
- **Women’s Worlds: 10th International Interdisciplinary Congress of Women**, Madrid, Spain. Invited speaker: *Body image and weight related problems in adolescent girls: What? Why? And how can we help?*
- **Israel Association of Health Promoters and Educators Meeting**, Tel-Aviv, Israel. Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?*
- **Southeast Iowa Regional Coalition for Lifestyle Enhancement: Healthy Lifestyles Conference**, Burlington, IA. Invited speaker: *Preventing the broad spectrum of weight-related problems: What can families do?*
- **Iowa State University 37th Annual Current Issues in Nutrition**, Ames, IA. Invited speaker: *Project EAT: Using behavioral research to guide interventions to prevent-weight related problems in adolescents*
- **Park Nicollet Clinics, Eating Disorders Update**, St. Louis Park, MN. Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome*
- **University of Texas School of Public Health, Austin Regional Campus Seminar**, Austin, TX. Invited speaker: *Project EAT: Using behavioral research to guide interventions to prevent-weight related problems in adolescents*
- **Society for Adolescent Medicine**, Greensboro, North Carolina. Invited speaker: *Preventing Obesity AND Eating Disorders: What Should Adolescent Health Care Providers Know and Do?*
- **The Elisa Project, 9th Annual Professional Symposium for the Prevention and Treatment of Eating Disorders**, Dallas, TX.
 - Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?*
 - *Preventing the broad spectrum of weight-related problems: What can families do?*

2007:

- **Division of Epidemiology and Community Health Seminar**, Minneapolis, MN. Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?*
- **Obesity and Eating Disorders: A National Symposium for Researchers, Clinicians, and Decision-Makers**, Calgary, Canada. Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?*
- **National Eating Disorders Association Conference**, San Diego, CA. Invited speaker: *Preventing the broad spectrum of weight-related problems: What can schools and families do?*
- **Ophelia’s Place and the Comprehensive Care Center**, Albany, NY. Invited speaker: *“I’m, Like, SO Fat!” Helping your teen make healthy choices about eating and exercise in a weight-obsessed world*
- **National Institutes of Health Office of Women’s Health Seminar**. Washington, DC. Invited speaker: *Obesity in adolescent girls: A slightly different perspective*

- **Children’s Health Improvement Collaborative Learning Session.** Seattle, Washington. Invited speaker: *The role of families in promoting healthful eating and exercise in a weight-obsessed world*
- **Academy for Eating Disorders International Conference.** Baltimore, Maryland. Plenary presentation: *Preventing Eating Disorders AND Obesity: What Are the Challenges and Can They Be Overcome?*

2006:

- **Kaiser Permanente’s Weight Management Initiative, Hot Topics.** Invited speaker: *I’m, Like, SO FAT! Healthy eating and body image issues for adolescents*
- **Renfrew Center Foundation Conference.** Invited speaker: *Preventing eating disorders and obesity in adolescents: What can families do and how can we help them?*
- **Society for Women’s Health Research: Women, Obesity, and Public Health: An Interdisciplinary Workshop,** Washington, DC. Invited speaker: *Obesity in adolescent girls: What do we know and where do we go from here?*
- **Eating Disorder Education Organization: Beyond Beauty,** Edmonton, Alberta. Keynote speaker: *“I’m, Like, SO Fat!” Helping your teen make healthy choices about eating and exercise in a weight-obsessed world*
- **Kupat Holim Clalit Seminar,** Tel Aviv, Israel. Invited speaker: *Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image*
- **Westwind Roundtable on Innovations in Treatment of Eating Disorders,** Winnipeg, Manitoba, Canada. Invited speaker: *Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image*
- **Harvard School of Public Health Nutrition Seminar,** Cambridge, MA. Invited speaker: *Weight-related problems in adolescents: Findings from Project EAT and implications for prevention*
- **Division of Epidemiology and Community Health Seminar,** Minneapolis, MN. Invited speaker: *Weight-related problems in adolescents: Findings from Project EAT and implications for prevention*

2005:

- **Deborah E. Powell Center for Women’s Health, 2nd Annual Women’s Health Research Conference,** Minneapolis, MN. Invited speaker: *Disordered Eating among Adolescent Girls and Boys: Findings from Project EAT*
- **Minnesota Obesity Center Symposium: Do obesity prevention interventions cause eating disorders? A dialogue about what has been learned in the past ten years,** Minneapolis, MN. Invited speaker: *Eating disorders: Should we be taking them into account in obesity prevention interventions for adolescents?*
- **St. Luke’s Institute for Health Education Annual Pediatric Conference: Too Fat, Too Thin: Eating Disorders in America,** Sioux City, IA. Invited speaker: *Eating disorder and obesity prevention in adolescents: The interface*
- **University of Texas Nutrition Updates,** San Antonio, TX. Invited speaker: *Preventing the broad spectrum of eating and weight-related problems in adolescents: Working with parents of pre-teens and teens*
- **Shaping a Healthy Future II: A Rocky Mountain Conference on Weight Realities,** Jackson Hole, WY. Invited speaker: *Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image*

- **Minnesota Obesity Center, 7th Annual Center-Wide Retreat**, Minneapolis, MN. Invited speaker: *Preventing obesity in adolescent girls: Considering the broad spectrum of weight related problems*
- **The Elisa Project, 6th Annual Professional Symposium for the Prevention and Treatment of Eating Disorders**, Dallas, TX
 - Invited speaker: *Eating disorders and obesity prevention: The interface.*
 - *Preventing the broad spectrum of eating and weight related problems in adolescents: Working with parents*

2004:

- **Cornell Community Nutrition Program Seminar, Cornell University**, Ithaca, NY. Invited speaker: *Family meals in the homes of teens: What do they look like and how important are they?*
- **Academy of Eating Disorders, International Conference on Eating Disorders**, Orlando, FL. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **30 year Anniversary, School of Nutritional Sciences, Hebrew University**, Rehovot, Israel. Invited speaker: *Meeting the needs of adolescent girls at risk for obesity: New Moves*
- **Eating Disorders and Obesity Conference: Calgary Eating Disorders Program and the University of Calgary**. Calgary, Canada. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders in children and adolescents?*

2003:

- **Kenyon College Psychology Club**. Gambier, Ohio. Invited speaker: *Preventing eating disorders and obesity: Incompatible or complimentary goals*
- **National Eating Disorders Association Conference**. St. Charles, Illinois. Invited speaker: *Preventing eating disorders and obesity: Incompatible or complimentary goals?*
- **James Cook University**. Cairnes, Australia. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **University of New South Wales**. Sidney, Australia. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **Deakin University**. Melbourne, Australia. Invited speaker: *Family meals in the homes of teens: What do they look like and how important are they?*
- **Special Colloquium, LaTrobe University**. Melbourne, Australia. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **Division of Epidemiology, University of Minnesota**. Minneapolis, MN. Invited speaker: *Family meals in the homes of teens: What do they look like and how important are they?*
- **Academy of Eating Disorders, International Conference on Eating Disorders**, Denver, CO. Invited plenary speaker: *Eating disorders and obesity in the pediatric population*

2002:

- **Pediatric Grand Rounds: University of Minnesota**. Minneapolis, MN. Invited speaker: *Preventing weight-related disorders among children and adolescents: What? Why? Who? And How?*
- **3rd Annual Roundtable, Meeting the Challenge of Obesity: Uniting Public Health Research, Practice, and Policy, University of Minnesota**, Minneapolis, MN. Invited speaker: *School interventions for obesity prevention*

- **Illusion Theatre: Food for Thought: Raising Awareness about Young People and Eating Disorders.** Minneapolis, MN. Invited speaker to introduce topic of eating disorders prevention preceding their play “No Laughing Matter”
- **Society for Adolescent Medicine Annual Meeting.** Boston, MA. Presenter at Eating Disorders Significant Interest Group: *The demographics of disordered eating: Comparing population-based data with clinical impressions*
- **Partners in Eating Disorders Research and Practice: A Dedication to Lori Irving. Columbia River Eating Disorder Network.** Washington State University, Vancouver, WA. Invited speaker: *Integrating obesity and eating disorder prevention among adolescents*
- **Pediatric Grand Rounds: The Hospital for Sick Children.** Toronto, Canada. Invited speaker: *Preventing weight-related disorders among children and adolescents: What? Why? Who? How?*
- **Adolescent Grand Rounds: The Hospital for Sick Children.** Toronto, Canada. Invited speaker: *Weight control practices and disordered eating behaviors among adolescent females and males with type I diabetes: Findings from the AHEAD Study*

2001:

- **National Dairy Council: Age-Segmented Dietary Guidance: Improving Our Service to the Public.** Chicago, IL. Invited speaker: *Psychosocial influences on adolescents’ eating behaviors*
- **3rd Annual Professional Symposium for the Treatment of Eating Disorders: The Elisa Project.** Dallas, TX. Invited workshop speaker: *Integrating obesity and eating disorder prevention among adolescents*
- **Eating Disorder Prevention Workshop.** Elmira, NY. Invited workshop speaker: *Empower yourself in the prevention of eating disorders*
- **2001 Renfrew Center Foundation Conference.** Philadelphia, PA. Keynote presentation: *Empowering overweight adolescent girls.*
- **Division of Epidemiology Seminar, University of Minnesota.** Minneapolis, MN. Invited speaker: *Weight-related concerns and behaviors among adolescent girls and boys: Findings from Project EAT*
- **Society for Adolescent Medicine Annual Meeting.** San Diego, CA.
 - Presenter at Eating Disorders Significant Interest Group: *Prevention of eating disorders and other weight-related disorders among adolescents*
 - Moderator: Discussion group on nutrition and eating disorders
- **Washington Association of Local WIC Agencies (WALWICA) Meeting.** Seattle, WA. Invited workshop leader: *Adolescent obesity: Using qualitative research to assist in program planning*
- **Faculty Seminar. Department of Nursing. University of Haifa.** Haifa, Israel. Invited speaker: *Obesity and eating disorder prevention: School and community-based approaches*

2000:

- **Society for Adolescent Medicine Annual Meeting.** Washington, DC. Invited speaker: Special Interest Group Presentation: *Adolescent nutrition and obesity: Achieving the year 2010 objectives*
- **National Institute of Mental Health: Prevention of Eating Disorders Roundtable.** Rockville, MD. Invited speaker: *Prevention of eating disorders: State-of-the-art in understanding risk factors*
- **Healthy Generations Video Conference.** St. Paul, Minnesota. Invited speaker: *Risk factors for childhood and adolescent obesity*

1999:

- **Second National Conference for Educators on Eating Disorders, Harvard Eating Disorders Center.** Waltham, MA. Invited speaker: *Free to be Me: Promoting a positive body image and preventing unhealthy dieting among young adolescent girls*
- **Air Force Dietitian's Symposium.** Sheppard Air Force Base, Wichita Falls, TX. Invited speaker: *Behavioral theory: Enhancing nutritional counseling/interventions*
- **Topics and Advances in Pediatrics.** Minneapolis, MN. Invited speaker: *Preventing eating disorders among adolescents: An overview*
- **Division of Epidemiology Seminar, University of Minnesota.** Minneapolis, MN. Invited speaker: *Preventing weight-related disorders among adolescents: School and community-based approaches*
- **School of Public Health, Hadassah-Hebrew University.** Jerusalem, Israel. Invited speaker: *Preventing weight-related disorders among adolescents: School and community-based approaches*
- **Annual Meeting of the American Dietetic Association.** Atlanta, GA. Invited poster presentation: *Free to Be Me*. Recipient of the Dannon Institute Award for Excellence in Community Nutrition

1998:

- **Pediatric Grand Rounds, St. Paul Children's Hospital.** St. Paul, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*
- **Pediatric Grand Rounds, Minneapolis Children's Hospital.** Minneapolis, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*
- **Pediatric Grand Rounds, Fairview Riverside Hospital.** Minneapolis, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*
- **Nutrition Updates Teleconference Series 1998-99, University of Texas Health Science Center at San Antonio, TX.** Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*

1997:

- **Society for Adolescent Medicine Annual Meeting.** San Francisco, CA. Invited speaker for Special Interest Group Presentation: *A position paper on adolescent nutrition*
- **Childhood and Adolescent Obesity: Prevention and Intervention.** Minneapolis, MN.
 - Invited speaker: *The weight dilemma: Philosophical perspectives*
 - Workshop: *School-based prevention of weight-related disturbances*
- **Food Science and Nutrition Seminar, University of Minnesota.** Minneapolis, MN. Invited seminar leader: *Psychosocial concerns among overweight adolescents of different ethnicities: Qualitative and quantitative approaches to analysis*
- **Division of Epidemiology Seminar, University of Minnesota.** Minneapolis, MN. Invited speaker: *Psychosocial concerns among overweight adolescents of different ethnicities: Qualitative and quantitative approaches to analysis*
- **Statewide Staff In-Service for Nutrition, Food and Health Specialized Extension Educators and Nutrition Education Assistants, Minnesota Extension Service, University of Minnesota.** St. Paul, MN. Invited speaker: *Inadequate correlates of dairy food consumption among adolescents*
- **14th International Symposium: Health Risk Behavior in Adolescence. Theoretical Concepts and the Evaluation of Prevention Programs.** University of Bielefeld, Bielefeld, Germany. Invited speaker: *Correlates of disordered eating among adolescents: What do we know?*

- **Meeting of the Association of Israeli Health Educators.** Center for Health Education, Kupot Holim Clalit. Tel Aviv, Israel. Invited speaker: *Preventing weight-related disorders: Can schools help?*
- **State of Alaska Maternal and Child Health Section Teleconference.** Invited speaker: *School-based prevention of weight-related disorders*
- **Building Partnerships for Healthy Nutrition: Focus on Nutrition and Physical Activity.** Minnesota Department of Children, Families & Learning Conference. Bloomington, MN. Invited speaker: *School-based prevention of weight-related disorders*
- **Pediatric Grand Rounds, Department of Pediatrics, University of Minnesota.** Minneapolis, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*

1996:

- **Society for Adolescent Medicine Annual Meeting.** Washington, DC. Invited speaker, Special Interest Group Presentation: *Adolescent nutrition: Is it a priority?*
- **Presentation to the Field Faculty & Friends of Public Health Nutrition, University of Minnesota.** Minneapolis, MN. Invited speaker & workshop leader: *The prevention of eating disturbances*

1995:

- **Research Forum of the Division of Epidemiology, University of Minnesota.** Minneapolis, MN. Invited speaker: *Disordered eating among adolescent females in Israel*
- **Division of Epidemiology, University of Minnesota.** Minneapolis, MN. Invited speaker: *Prevention of eating disorders: Why, what, and how?*
- **Disabilities Research Forum. University of Minnesota.** Minneapolis, MN. Invited speaker: *Eating disorders among adolescents with chronic illness*

1994:

- **National Council for the Child. Conference at the Knesset** (Israeli House of Parliament). Jerusalem, Israel. Invited speaker: *Culture and eating habits of adolescents*
- **Meeting of the Israeli Association of Health Educators.** Rehovot, Israel. Meeting organizer & Invited speaker: *Dilemmas in relaying controversial nutritional information to the public*
- **Epidemiology Unit, Department of Social Medicine, School of Public Health and Community Medicine.** Jerusalem, Israel. Invited speaker: *Weight loss behaviors among Israeli adolescent females: A longitudinal study*

1993:

- **Symposium on Prevention and Treatment of Eating Disorders among Adolescents.** Jerusalem, Israel. Invited speaker: *The primary and secondary prevention of eating disturbances in an adolescent population*

1992:

- **The Israel Association of Ambulatory Pediatrics: Summer Conference.** Tel Aviv. Invited speaker: *The prevention of eating disturbances among adolescents*

1991:

- **Hadassah Medical Organization Clinical Conference.** Jerusalem, Israel. Invited speaker: *The concept of risk as applied to dieting and eating disturbances*

1989:

- **Meeting of the Israeli Association of Health Educators.** Jerusalem, Israel. Invited speaker: *The promotion of fad diet products: The role of the health educator in combating these products*

1988:

- **First Jerusalem Health Exposition: Strategies for Health Promotion.** Jerusalem, Israel. Invited speaker: *Behavior modification: A tool for changing health behaviors*
- **WHO Workshop on Nutritional Assessment: The Use of Food Frequency Questionnaires.** Wageningen, The Netherlands. Invited speaker: *The nutritional situation in Israel and A food frequency questionnaire for use in case control study on coronary heart disease*

Research Presentations & Workshops (selected):

2019:

- **International Association of Yoga Therapists (IAYT) Symposium on Yoga Research 2019,** Kripalu Center for Yoga and Health, Stockbridge, MA. Workshop presentation: **Neumark-Sztainer D.** *“Population-based, observational yoga research: What, why, and how?”*

2018:

- **International Association of Yoga Therapists (IAYT) Symposium on Yoga Research 2018,** Kripalu Center for Yoga and Health. Stockbridge, MA. Workshop presentation: **Neumark-Sztainer D.** *“Develop a Program of Research in Yoga: Strategies for Getting Started”*
- **Maternal and Child Health Bureau Webinar.** Presenter. **Neumark-Sztainer D.** *R40 Grant “Lessons Learned: Publication Action Plan”*
- **Appearance Matters 8 Conference.** Bath, UK. Workshop presentation: **Neumark-Sztainer D, Franko, D.** *Leadership: Is it for me and how to do it best?*

2017:

- **AED International Conference on Eating Disorders.** Prague, Czech Republic. Workshop presentation: **Neumark-Sztainer D, Franko, D.** *Becoming a leader: What does it mean for us and our field*

2016:

- **Eating Disorders Research Society Annual Meeting.** New York, NY. Poster presentation: **Neumark-Sztainer D, Eisenberg M, MacLehose R, Watts A.** *Yoga and body image: findings from a large population-based study with implications for eating disorders prevention and treatment*

2013:

- **International Society for Behavioral Nutrition and Physical Activity Annual Meeting,** Ghent, Belgium.
 - Symposium Presenter: **Neumark-Sztainer D.** *Family meals: Key findings from Project EAT and future directions*
 - Moderator and Chair: **Neumark-Sztainer D.** *Diet and physical activity in those living with disease or disability*
- **AED International Conference on Eating Disorders,** Montréal, Québec, Canada. Workshop presentation: **Neumark-Sztainer D.** *Conducting population-based research on eating and weight-related problems in adolescents: What we’ve learned from Project EAT*

2012:

- **20th International Conference on Eating Disorders**, Alpbach, Austria. Workshop presentation: **Neumark-Sztainer D.** *Conducting population-based research with adolescents: What we've learned from Project EAT*
- **Universitat Autònoma de Barcelona, Departament de Psicologia Clínica i de la Salut.** Barcelona, Spain. Workshop presentation: **Neumark-Sztainer D.** *Preventing a broad spectrum of weight related problems in adolescents: What? Why? And How?*

2011:

- **International Society for Behavioral Nutrition and Physical Activity Annual Meeting**, Melbourne, Australia. Oral presentation: **Neumark-Sztainer D**, Wall M, Story M, Standish A. *Dieting and unhealthy weight control behaviors during adolescence: Associations with 10-year changes in body mass index*

2010:

- **Rio International Eating Disorders and Obesity Conference**, Rio de Janeiro, Brazil. Oral presentation: **Neumark-Sztainer D**, Friend S, Flattum C, Story M, Hannan P. *New Moves: Findings from a group-randomized trial to prevent weight-related problems in adolescent girls*
- **Eating Disorders Research Society Annual Meeting**, Cambridge, MA. Oral presentation: **Neumark-Sztainer D**, Friend S, Flattum C, Story M, Hannan P. *New Moves: Findings from a group-randomized trial to prevent weight-related problems in adolescent girls*
- **Academy for Eating Disorders International Conference for Eating Disorders**, Salzburg, Austria. Oral presentation: **Neumark-Sztainer D**, Friend S, Flattum C, Story M, Hannan P. *New Moves: Findings from a group-randomized trial to prevent weight-related problems in adolescent girls*
- **Eating Disorders: Meeting the Challenge Sydney Conference**, Sydney Australia. Workshop presentation: **Neumark-Sztainer D.** *Practical ideas for working with families and schools to prevent eating disorders and obesity in youth.*
- **Society for Adolescent Health and Medicine Annual Meeting**. Toronto, Canada. Workshop presentation: **Neumark-Sztainer D**, Larson N. *Conducting population-based research with adolescents: What we wish we knew when we began*

2009:

- **National Eating Disorders Association.** Minneapolis, MN. Oral presentation: Flattum C, **Neumark-Sztainer D**, Feldman S. *Motivational interviewing within New Moves, a school-based program for adolescent girls*

2007:

- **Eating Disorders Research Society Annual Meeting.** Pittsburgh, Pennsylvania. Poster presentation: **Neumark-Sztainer D**, Wall M, Story M, van den Berg P. *Accurate parental classification of their overweight adolescents' weight status: Does it even matter?*
- **Society for Adolescent Medicine**, Denver, Colorado. Workshop presentation: Austin SB, **Neumark-Sztainer D**, Franko DL. *Integrating obesity and eating disorders prevention: The five W's for implementation in the field*

2005:

- **Eating Disorders Research Society Annual Meeting**, Toronto, Canada. Poster presentation: **Neumark-Sztainer D**, Paxton S, Hannan P, Haines J, Story M. *Does body satisfaction matter? Five-year longitudinal associations between body satisfaction and health behaviors in adolescent and young adult females and males*
- **Academy for Eating Disorders International Conference on Eating Disorders**, Montreal, Canada. Workshop presentation: **Neumark-Sztainer D**. *Parenting teens with a healthy weight and a positive body image in a world gone astray: Working with parents of adolescents to prevent the broad spectrum of eating and weight-related problems*
- **Society of Adolescent Medicine Annual Meeting**, Los Angeles, CA. Workshop presentation: **Neumark-Sztainer D**. Preventing eating and weight-related problems from A to Z in teens: Working with parents of teens

2004:

- **Academy of Eating Disorders International Conference on Eating Disorders**, Orlando, FL. Workshop presentation: **Neumark-Sztainer D**, Levine M, Piran N. *Building on connections: Integrative themes in the prevention of negative body image and disordered eating*

2003:

- **Academy of Eating Disorders, International Conference on Eating Disorders**, Denver, CO. Workshop presentation: **Neumark-Sztainer D**, Levine M. *Shared themes and possibilities in the prevention of obesity and disordered eating*

2002:

- **Eating Disorders Research Society Annual Meeting**, Charleston, SC. Oral presentation: **Neumark-Sztainer D**, Wall M, Story M, Fulkerson JA. *Nurturing eating environments within the home: Associations between family meal patterns and disordered eating in adolescents*
- **Academy of Eating Disorders, International Conference on Eating Disorders**, Boston, MA. Workshop presentation: **Neumark-Sztainer D**. *Correlates of disordered eating among adolescents: Implications for the primary prevention of disordered eating*

2001:

- **Academy for Eating Disorders, International Conference on Eating Disorders**. Vancouver, BC. Poster presentation: **Neumark-Sztainer D**, Wall M, Story M, Perry C. *Correlates of unhealthy weight control behaviors among adolescent girls and boys: Implications for the primary prevention of disordered eating*
- **Eating Disorders Research Society Annual Meeting**. Albuquerque, NM. Workshop presentation: **Neumark-Sztainer D**. *Preventing weight-related disorders among adolescent girls: An innovative and integrated school-based approach*

2000:

- **Qualitative Health Research Conference. Banff, Alberta, Canada**. Lecture presentation: **Neumark-Sztainer D**, Story M, Ackard D, Moe J, Perry C. The “family meal”: Views of adolescents
- **American Heart Association Annual Research Symposium**. Dallas, TX. Poster presentation: **Neumark-Sztainer D**, Story M, Tharp T, Collier T, Rex J, Jaffe L, Ackard D, Utter J. *New Moves: A school-based approach to healthy lifestyle promotion among overweight adolescent girls*

- **Adolescent Medicine: Perspectives and Challenge.** Jerusalem, Israel.
 - Lecture presentation: **Neumark-Sztainer D**, Story M, Hannan P, Moe J, Wall M, Perry C. *Weight control behaviors among adolescent girls and boys: Findings from Project Eat*
 - Workshop presentation: *Prevention of disordered eating among children and adolescents: A community-based approach*
- **128th Annual Meeting of the American Public Health Association.** Boston, MA. Lecture presentation: **Neumark-Sztainer D**, Story M, Hannan P, Moe J. *What are teens eating and why? First findings from Project EAT*

1999:

- **Society for Adolescent Medicine Annual Meeting.** Los Angeles, CA. Panel discussion: **Neumark-Sztainer D**. *From prevention to prognosis: A clinical research update on adolescent eating disorders*

1997:

- **Society for Disability Studies.** Minneapolis, MN. Lecture presentation: **Neumark-Sztainer D**, Faibisch L. *Resisting rejection: A discussion of advocacy and leadership for overweight adolescents and adolescents with physical disabilities*
- **Pediatrics in the Community 2000+.** Jerusalem, Israel.
 - Research presentation: **Neumark-Sztainer D**, Story M, Dixon LB, Murray D. *Adolescents engaging in unhealthy weight control behaviors: Are they at risk for other health-compromising behaviors?*
 - Poster presentation: **Neumark-Sztainer D**, Story M. *Perceptions of overweight adolescent girls: Psychological concerns and recommendations for school-based programs*

1996:

- **Society for Adolescent Medicine Annual Meeting.** Washington, DC. Workshop: *The prevention of eating disturbances: Why, what, who, and how?*
- **Eating Disorders Research Society Meeting,** University of Pittsburgh Medical Center. Pittsburgh, PA. Poster presentation: **Neumark-Sztainer D**, Story M, Faibisch L, Ohlsen J. *Self-perceptions of overweight Caucasian and African American adolescent girls*

1995:

- **Meeting of The International Association of Adolescent Health.** Vancouver, Canada. Lecture presentation: **Neumark-Sztainer D**. *Are unhealthy weight loss behaviors part of the problem-behavior syndrome among adolescents?*
- **International College of Psychosocial Medicine, 13th World Congress.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D**, Butler R, Palti H. *Eating disturbances among adolescent high school girls and introduction of a primary prevention program*

1994:

- **PKU (Phenylketonuria) Symposium, University of Minnesota.** Minneapolis, MN. Workshop: *Management of nutritional intake for adolescents with PK*

1993:

- **The Israel Association of Family Therapy Symposium on Eating Disorders.** Tel Aviv, Israel. Workshop Leader: *The Weigh to Eat: An educational program for the primary prevention of eating disturbances*
- **Regional European Meeting of the International Epidemiological Association.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. *Weight loss patterns and associated eating patterns among Israeli adolescent females*

- **Society for Nutrition Education 26th Annual Meeting.** St. Paul, MN.
 - Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. *A school-based program for the primary prevention of eating disturbances*
 - Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. *A model explaining the determinants of eating disturbance*
- **2nd European Forum on Adolescent Health.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. *A model explaining the determinants of eating disturbances*
- **Health Education and Health Promotion: Annual National Conference.** Jerusalem, Israel. Lecture presentation Co-Author: Raphaely B, Halevy A, **Neumark-Sztainer, D.** *Health education at the Adolescent Health Service in Jerusalem: Three years of experience*

1992:

- **Hadassah Medical Organization Research Day.** Jerusalem, Israel. Poster presentation: **Neumark-Sztainer D**, Palti H, Butler R. *Prevention of eating disturbances among adolescent females*
- **11th International Congress of Dietetics.** Jerusalem, Israel.
 - Workshop Leader: *A program for the prevention of eating disorders*
 - Lecture presentation: **Neumark-Sztainer D.** *Dieting practices and weight concerns among adolescent females*
- **International Conference: Food Service Systems Beyond the Year 2000.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D.** *Adolescence as a period of change: Nutritional implications*

1991:

- **The International Association of Adolescent Health Fifth International Conference.** Montreux, Switzerland. Poster presentation: **Neumark-Sztainer D**, Palti H, Butler R. *Prevention of eating disturbances among adolescent females - Preliminary results*

1989:

- **Award Ceremony of the Herczeg Scholarships for Research on Women in Society.** Van Leer Institute, Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer, D.** *Prevention of eating disturbances among adolescent females: Description of proposed study*

1986:

- **International Conference on Obesity.** Jerusalem, Israel. Lecture presentation: **Neumark-Sztainer D**, Ban R, Kaufmann NA, Sztainer H, Berry EM. *The effects of physical activity in a weight loss program based on diet and behavior modification*

PUBLICATIONS

Book

Neumark-Sztainer D, *"I'm, Like, SO Fat!": Helping Your Teen Make Healthy Choices about Eating and Exercise in a Weight Obsessed World*. New York: The Guilford Press, 2005.

Book Chapters:

Neumark-Sztainer D, Larson N. How to write proposals and obtain funding. In: Van Horn L, Beto J, eds. *Research: Successful Approaches* (4th ed.) Chicago: American Dietetic Association, 2019. pp. 53-73.

Neumark-Sztainer D. The practice of yoga: Can it help in addressing body image concerns and eating disorders? In: Tylka T, Piran N. eds. *Handbook of Positive Body Image and Embodiment: Constructs, Protective Measures, and Interventions*. New York: Oxford University Press, 2019. pp. 326-336.

Neumark-Sztainer D, Loth K. Impact of dieting. In: Brownell KD, Walsh BT, eds. *Eating Disorders and Obesity: A Comprehensive Handbook*. 3rd Ed. New York: Guilford Publications, 2017. pp. 109-115.

Berge JM, Didericksen K, Bucchianeri M, Prasad S, **Neumark-Sztainer D**. Partnering with adolescents, parents, researchers and family medicine clinics to address adolescent weight and weight-related behaviors. In: Korin M, ed. *Health Promotion for Children and Adolescents*. New York: Springer, 2016.

Eisenberg M, **Neumark-Sztainer D**. Peer harassment and disordered eating. In: Srabstein JC, Merrick J, eds. *Bullying: A Public Health Concern*. New York: Nova Science Publishers, 2013.

Larson N, **Neumark-Sztainer D**, Harwood EM, Eisenberg ME, Wall MM, Hannan PJ. Do young adults participate in surveys that 'go green'? Response rates to a web and mailed survey of weight-related health behaviors. In: Merrick J, ed. *Child Health and Human Development Yearbook 2011*. New York: Nova Biomedical, 2013.

Cutler GJ, Flood A, **Neumark-Sztainer D**. Dietary patterns. In: Levesque RJ, ed. *Encyclopedia of Adolescence*. New York: Springer. 2011.

Neumark-Sztainer D. Obesity and body image in youth. In: Cash, Smolak. *Body Image*. 2nd ed. Guilford Publications. New York: Guilford Publications, 2011.

Neumark-Sztainer D. Prevention of eating disorders in children and adolescents. In: LeGrange, Lock, eds. *Handbook of Assessment and Treatment for Children and Adolescents with Eating Disorders*. New York: Guilford Publications, 2011.

Neumark-Sztainer D, Flattum C, Feldman S, Petrich C. Striving to prevent obesity and other weight-related problems in adolescent girls: The New Moves approach. In: O'Dea J, Eriksen M, eds. *Childhood Obesity Prevention-International Research, Controversies, and Interventions*. Oxford University Press, 2010.

Neumark-Sztainer D. Parenting teens with a healthy body and a healthy body image. In: Latzer Y, Merrick J, Stein D, eds. *Understanding Eating Disorders: Integrating Culture, Psychology and Biology*. New York: Nova Science, 2010.

Haines J, **Neumark-Sztainer D**. Psychosocial consequences of obesity and weight bias: Implications for interventions. In: Heinberg LJ, Thompson KJ. *Obesity in Youth: Causes, Consequences and Cures*. Washington, DC: American Psychological Association, 2009.

Bauer KW, Haines J, **Neumark-Sztainer D**. Obesity prevention: Strategies to improve effectiveness and reduce harm. In: Smolak L, Thompson JK. *Body Image, Eating Disorder, and Obesity in Youth* (2nd ed.), Washington, DC: American Psychological Association, 2009.

Sherwood NE, Story M, **Neumark-Sztainer D**, Bauer K. Behavioral risk factors for overweight and obesity: Diet and physical activity. In: Coulston AM, Boushey CJ, Eds. *Nutrition in the Prevention and Treatment of Disease* (2nd ed.) (pp. 431-456). New York: Academic Press, 2008.

- Neumark-Sztainer D.** How to write proposals and obtain funding. In: Monsen ER, Van Horn L. *Research: Successful Approaches* (3rd ed.) (pp. 39-49). Chicago: American Dietetic Association, 2008.
- Neumark-Sztainer D,** Eisenberg E. Weight bias in a teen's world. In: Brownell KD, Puhl RM, Schwartz MB. *Bias, Stigma, Discrimination, and Obesity*. California: Guilford Publications, Inc., 2005.
- Croll J, **Neumark-Sztainer D.** Nutrition counseling for anorexia nervosa, bulimia nervosa, and binge eating disorder. In: Brewerton T, Ed. *Clinical Handbook of Eating Disorders*. New York: Marcel Dekker, Inc., 2004.
- Neumark-Sztainer D,** Haines J. Psychosocial and Behavioral Consequences of Obesity. In: Thompson JK, Ed. *Handbook of Eating Disorders and Obesity*. New York: Wiley, 2004.
- Stang J, Story M, **Neumark-Sztainer D.** Special Issues in Adolescent Nutrition. In: Brown J, Murtaugh M, Isaacs J, Wooldridge N, Eds. *Nutrition Through the Lifecycle (with Info Trac)* 1st Edition. Wadsworth Publishing, 2002.
- Sherwood N, Story M, **Neumark-Sztainer D.** Behavioral Risk Factors for Obesity: The Influences of Physical Activity and Diet. In: Coulston A, Rock C, Monsen E, Eds. *Nutrition in the Prevention and Treatment of Disease*. (pp. 517-532). New York: Academic Press, 2001.
- Neumark-Sztainer D,** Moe J. Weight-related concerns and disorders among adolescents. In: Worthington-Roberts BS, Williams SR, Eds. *Nutrition Throughout the Life Cycle, 4th Ed.* (pp. 288-317). McGraw-Hill, 2000.
- Wright K, **Neumark-Sztainer D.** Guidelines for adolescent female nutrition and implications for women's health. In: Diamond MP, DeCherney AH, Eds. *Infertility and Reproductive Medicine Clinics of North America*. WB Saunders, PA. 11(2):199-227. April 2000.

Educational Materials:

- Neumark-Sztainer D,** Flattum C, Petrich C, Friend S, Story M, New Moves Girl Pages Curriculum. Minneapolis: Division of Epidemiology and Community Health, School of Public Health, University of Minnesota. 2009.
- Neumark-Sztainer D,** Flattum C, Petrich C, Friend S, Story M, Collier T, Rex J. New Moves Girl Pages Curriculum. Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN. 2007.
- Haines J, **Neumark-Sztainer D,** Solomon S. Very Important Kids Curriculum. Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN. 2005.
- Neumark-Sztainer D.** Preventing eating disorders and obesity: Incompatible or complimentary goals? Handout for National Eating Disorders Awareness Week 2004. National Eating Disorders Association. 2003.
- Neumark-Sztainer D.** Preventing eating disorders, promoting positive body images. Facilitator's Guide. Hazelden Foundation. 2003.
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- *Hochgraf AK, Barry MR, Lanza ST, Jacobsen M, **Neumark-Sztainer D**. Constellations of family qualities and links with youth psychological and behavioral health. Under Review.
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GRANT SUPPORT

Currently Funded Grants

- Title:** **Promoting Weight-Related Health in the Next Generation of Adolescents and Young Adults: A Comprehensive Program of Research**
- Amount:** \$7,405,335
- Agency:** National Institutes of Health, NHLBI
- Purpose:** This program of research will comprehensively address how to prevent and reduce the broad spectrum of weight-related health problems, including obesity, poor dietary intake, inadequate physical activity, body dissatisfaction, disordered eating (e.g., binge eating, unhealthy weight control practices), and eating disorders, in Gen Z adolescents and young adults. Data from two longstanding population-based studies will be combined with new data collection on national and intergenerational samples, which will result in a rich and comprehensive data source on the weight-related issues facing Gen Z adolescents and young adults. Throughout the program of research, we will engage community partners and integrate training of future scientists, with the ultimate goal of promoting weight-related health in the next generation of adolescents and young adults.
- Period:** 4/15/2025-3/31/2032 (R35HL177136)
- Role:** Principal Investigator
-
- Title:** **Research on Eating and Activity for Community Health (REACH): An Applied Epidemiology Training Program to Improve Weight-Related Health in Youth and Families from Diverse Communities**
- Amount:** \$2,225,493
- Agency:** National Institutes of Health, NHLBI
- Purpose:** This training program will utilize a health equity lens to address a broad spectrum of weight-related problems across critical periods of the life course and ensure that future scientists are trained in both observational and intervention research and in translating research into action.
- Period:** 08/01/20-07/31/25
- Role:** Principal Investigator
-
- Title:** **Examining How Psychosocial Stress Gets “Under the Skin” and Leads to Cardiometabolic Disease Risk in Diverse Children: A Mixed-Methods Study**
- Amount:** \$3,540,000
- Agency:** National Institutes of Health, NHLBI
- Purpose:** This innovative mixed-methods study examines how stress gets “under the skin” during childhood and leads to obesity and emerging cardiovascular disease risk (CVD) in adolescence. This study has two main components including an epidemiological cohort study (n=1307) and an embedded ecological momentary assessment sub-sample (n=627) with diverse parent/child (ages 5-16) dyads. The main aims of the study are to: (1) comprehensively examine the mechanistic pathways through which multi-level psychosocial stressors, biological factors, and behavioral factors interact to influence weight and emerging CVD in childhood and adolescence and (2) identify modifiable factors to disrupt these pathways and inform multi-level interventions.
- Role:** Co-Investigator (Principal Investigator: Dr. Jerica Berge)
- Period:** 01/01/22-12/31/26(R01HL156994)
-
- Title:** **Minnesota Obesity Prevention Training (MnOPT)**
- Agency:** National Institutes of Health, NIDDK-Ruth L. Kirschstein National Research Service Award
- Purpose:** To provide training necessary to stop increases in obesity and to reverse current trends.
- Period:** 4/1/10-4/30/25 (T32-DL083250)
- Role:** Program Faculty/Mentor (Co-Principal Investigators: Dr. Lisa Harnack and Dr. Melissa Laska)

Title: **Midwest Regional Post-Doctoral Training Program in Eating Disorders Research**
Agency: National Institutes of Health, NIMH
Purpose: To provide multidisciplinary advanced research training to doctoral graduates planning academic research careers in the area of eating disorders.
Period: 7/1/09-6/30/25 (T32-MH082761)
Role: Program Faculty (Principal Investigator: Dr. Carol Peterson)

Title: **Maternal and Child Health Nutrition Training Program**
Agency: Maternal and Child Health Bureau, Department of Health and Human Services
Purpose: To provide an educational program at the master's and doctoral level to prepare professionals for leadership roles in public health nutrition and to conduct research in relevant areas.
Period: 7/1/03 – 6/30/28 (T79 MC00007)
Role: Training Faculty (Principal Investigator: Dr. Jamie Stang)

Concluded Grants

Title: **Eating, Activity, and Weight-Related Problems Across the Life Course in Diverse Populations**
Amount: \$6,433,075
Agency: National Institutes of Health, NHLBI
Purpose: This longitudinal program of research will identify short- and long-term multi-level (individual, family, friend, school, worksite, and neighborhood) predictors of weight-related problems in young people and will guide the development of highly innovative and effective interventions to reduce the burden of these problems on marginalized populations.
Period: 1/19/2018-04/14/2025 (R35HL139853)
Role: Principal Investigator

Title: **Feasibility of a Yoga Intervention in Sedentary African-American Women**
Amount: \$657,711
Agency: National Institutes of Health, NCCIH
Purpose: The goal of this project is to test the feasibility, acceptability, safety, and targeted outcomes of a yoga intervention. Sixty sedentary African-American women will enroll in a 12-week hatha and restorative yoga intervention. This intervention could have broad public health impact in the future, as it will be ultimately grounded in feasibility, generalizability, and efficacy and targets a population with a high level of sedentary behavior and chronic disease co-morbidities
Period: 09/21/20-08/31/24 (R34AT011036)
Role: Co-Investigator (Principal Investigators: Dr. Daheia Barr-Anderson, Dr. Mark Pereira)

Title: **Systems Science and the Dieting Paradox: Investigating the Complex Mechanisms through which Dieting Influences Obesity and Eating Disorder Risk**
Amount: \$385,938
Agency: National Institutes of Health, NIDDK
Purpose: This study aims to use existing longitudinal data and cutting-edge computational methods to better understand the complexity, heterogeneity, and dynamic interplay over time among dieting, obesity, and disordered eating during the adolescence to young adulthood transition to inform intervention development. We plan to use 1) topological data analysis (TDA) to better characterize the heterogeneity of dieting and identify “dieting paradox” subgroups with varied weight and disordered eating trajectories; and 2) agent-based modeling (ABM) to simulate strategies for improving subgroup and population-wide outcomes. Better characterizing the complexity and clinically meaningful heterogeneity across the spectra of dieting, weight and disordered eating will help the obesity and eating disorder fields move beyond “one size fits all” intervention strategies that could inadvertently lead to adverse consequences for vulnerable sub-populations
Period: 04/06/20-03/31/24 (R21DK121242)
Role: Co-Investigator (Principal Investigator: Dr. Nancy Sherwood)

Title: **Maternal Early Adversities and Weight During Childbearing**
Amount: \$2,332,319
Agency: National Institutes of Health, NICHD
Purpose: We will create an innovative new cohort by linking pregnancy data from surveys and medical records with existing longitudinal information on ~520 women participating since adolescence in a 15-year study of weight-related health. This unique dataset will enable investigation of: (1) how early adversities experienced by women are associated with their pregnancy weight outcomes; (2) how early adversities are associated with young adult risk factors, and how young adult risk factors are associated with pregnancy weight outcomes; and (3) the extent to which associations between early life adversities and pregnancy weight outcomes are mediated by young adult weight-related risk factors.
Period: 08/10/18-06/30/24 (R01HD090053)
Role: Co-Investigator (Principal Investigator: Dr. Susan Mason)

Title: **Leadership Education in Adolescent Health (LEAH)**
Agency: Department of Health and Human Services, HRSA
Purpose: To improve the health and well-being of all adolescents through interdisciplinary training of health care professionals who will assume adolescent health leadership.
Period: 7/1/12-6/30/22 (T71-MC00006)
Role: Training Faculty/Co-Investigator (Principal Investigator: Dr. Renee Sieving)

Title: **Interdisciplinary Research Training in Child & Adolescent Primary Care (IRT-CAPC)**
Agency: HRSA, Bureau of Health Professionals Institutional Training Grants
Purpose: An interdisciplinary research training program developed to equip post-doctoral professionals in health-related fields with the capacity to conduct primary care research that advances evidence-based practices and policies for creating health equity and improving life trajectories of youth.
Role: Program Faculty/Mentor (PI: Dr. Iris Borowsky)
Period: 7/1/11-6/30/22 (T32-HP22239)

Title: **Addressing Unanswered Questions About the Home Environment and Childhood Obesity Disparities**
Amount: \$3,806,368
Agency: National Institutes of Health, NHLBI
Purpose: This two-phased incremental mixed-methods study will address unanswered questions related to the home environment and childhood obesity disparities.
Period: 12/1/14-11/30/21 (R01HL126171)
Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: **The Association between Family Meals and Child Health and Well-Being**
Amount: \$152,333
Agency: National Institutes of Health, NICHD
Purpose: This secondary data analysis study will use direct observational data to examine important unanswered questions regarding the quality of family meals, both in regards to meal dietary healthfulness and the emotional atmosphere at the meal.
Period: 3/1/16-12/31/18 (R03HD084897)
Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: **EAT 2010-2018: A Longitudinal, Multi-Contextual Study of Weight-Related Problems**
Agency: National Institutes of Health, NHLBI
Amount: \$1,447,350
Purpose: This longitudinal study follows a diverse sample from adolescence to young adulthood to identify individual, family, friend, school/workplace, and neighborhood predictors of weight-related problems. Findings will be used to inform interventions to improve the weight-related health of young people from diverse socio-economic and ethnic/racial minorities who are at high risk for obesity.
Period: 1/25/2016-6/30/18 (R01 HL127077)
Role: Principal Investigator

Title: **Project EAT-IV: Eating and Activity in Adolescents and Young Adults**
Agency: National Institutes of Health, NHLBI
Amount: \$2,178,674
Purpose: This 15-year follow-up study of weight-related problems was designed to investigate the trajectories of these problems over time, their transmission from one generation to the next, and risk and protective factors to guide public health interventions
Period: 8/12/13-6/30/18 (R01 HL116892)
Role: Principal Investigator

Title: **Patterns of Adolescent Food Intake: Consequences and Contextual Influences**
Amount: \$150,100
Agency: National Institutes of Health, NICHD
Purpose: This study explores snacking patterns among adolescents from diverse backgrounds and findings will be used to guide interventions.
Period: 12/1/14-11/30/16
Role: Co-Investigator (Principal Investigator: Dr. Nicole Larson)

Title: **Healthy Home Offerings via the Mealtime Environment (HOME) Plus**
Agency: National Institutes of Health, NICHD
Amount: \$3,040,817
Purpose: To test if an innovative family-based intervention that focuses on making healthful food changes, especially at family meals, and reducing screen time within the home can prevent children from gaining more weight than they need to as they grow.
Period: 7/1/10-6/30/16 (R01 DK084000)
Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: **Disparities in Risk and Protective Factors for Obesity in the Homes of Minnesota Adolescents**
Amount: \$70,000
Agency: Children's Discovery Fund, University of Minnesota
Purpose: To investigate ethnic/racial differences in home food and mealtime environments, physical activity and media environments, and general parenting/family factors in a local population of diverse adolescents.
Period: 7/1/13-6/30/15
Role: Co-Principal Investigator (with Dr. Marla Eisenberg)

Title: **All in the Family: Family Members' Weight and Weight-related Behaviors and Adolescent Obesity**
Agency: National Institutes of Health/NICHD
Amount: \$144,869
Purpose: Using data from two linked NIH R01's we investigate the relationship between multiple family members' weight and weight-related behaviors and adolescents' body mass index, dietary intake and physical activity.
Period: 7/13/13-4/30/15 (R03 HD074677)
Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: **Cooking with Kids in Rural Minnesota**
Agency: Clinical and Translational Science Institute
Purpose: To conduct an online survey at the Minnesota State Fair to identify issues rural families have regarding creating healthful home food environments and family meals, and to assess their interest and potential barriers to the implementation of an adapted family-focused program to prevent childhood obesity.
Period: 3/01/14-2/28/15
Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: **Risk and Protective Factors for Childhood Obesity in the Home Food Environment**
Agency: National Institutes of Health/NIDDK (R21)
Amount: \$392,066
Purpose: This study uses in-home observations (video-recorded family meals, home food inventory, interviews) of the home food environment to obtain a more comprehensive understanding of the risk and protective factors for childhood obesity in the home environment.
Period: 4/1/12-3/31/15
Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: **Sib-Works**
Agency: National Institute of Health/NHLBI (R56)
Amount: \$479,151
Purpose: An ancillary study to examine parent feeding behaviors with more than one child in the home
Period: 9/20/2013-8/31/2014
Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: **Umatter: Healthy Weight Management in Diverse Youth: A Health Care Home Approach**
Agency: Healthy Foods, Healthy Lives Inst., Dept. of Food Science, University of Minnesota
Amount: \$100,000
Purpose: To develop and test a novel paradigm for a family-based primary care approach to healthy weight management in underserved youth.
Period: 8/22/12-8/24/15
Role: Co-Principal Investigator (with Dr. Jerica Berge)

Title: **Social Networks, the Environment and Physical Activity**
Agency: National Institutes of Health, NICHD
Amount: \$380,968
Purpose: To provide data on the social environments of adolescents, and how these environments combine with physical environments of adolescents and friends to influence physical activity and sedentary behavior.
Period: 9/30/10-7/31/13
Role: Co-Investigator (Principal Investigator: Dr. John Sirard)

Title: **Multilevel Latent Class and Social Network Models for Observational Adolescent Obesity Data**
Agency: National Institutes of Health, NICHD
Amount: \$913,718
Purpose: To develop and examine new statistical models and methods incorporating latent variables, social networks, and propensity scores that simultaneously incorporate multiple variables from multilevels of influence on adolescent obesity in order to inform a richer understanding of the phenomena.
Period: 8/10/09-7/31/13
Role: Co-Investigator (PI: Dr. Melanie Wall)

Title: **Project EAT-III: Eating Among Teens and Young Adults**
Agency: National Institutes of Health, NHLBI
Amount: \$3,379,814
Purpose: To enhance our understanding of environmental, personal, and behavioral factors that influence weight status and related behaviors, including weight control behaviors, dietary intake, and physical activity, during adolescence and young adulthood.
Period: 9/1/07 – 5/31/13
Role: Principal Investigator

Title: **Intramural Award Program: Ten-year Secular Trends in Major Patterns of Dietary Intake in Adolescents**
Agency: Medica Research Institute
Purpose: This study used data-driven method of principal components factor analysis to examine 10-year secular changes in dietary patterns in 2 existing diverse adolescent datasets collected a decade apart.
Amount: \$23,477
Period: 01/01/2012 - 09/30/2012
Role: Co-Investigator (Principal Investigator: Dr. Gretchen Cutler)

Title: **Project F-EAT**
Agency: National Institutes of Health, NHLBI
Amount: \$1,474,445
Purpose: To explore how the familial and home environment of adolescents is related to adolescent weight status, body image, weight control practices, dietary intake, and physical activity. Information to be gained from Project F-EAT (Families and Eating and Activity in Teens) will inform the development of interventions to promote the weight-related health of young people.
Period: 8/15/09-7/31/12
Role: Principal Investigator

Title: **Adolescent Health Protection Research Training**
Agency: Centers for Disease Control and Prevention
Amount: \$3,592,289
Purpose: To develop, implement and evaluate a pre- and post-doctoral research training program that will prepare adolescent health scholars, in nursing, medicine, and public health nutrition, to conduct population-focused determinant and intervention research that addresses the current and emerging health issues of young people.
Period: 9/30/04-9/29/11
Role: Training Faculty (Principal Investigator: Dr. Lyn Bearinger)

Title: **New Moves: Obesity Prevention among Adolescent Girls**
Agency: National Institutes of Health
Amount: \$3,004,153
Purpose: To evaluate the impact of an innovative school-based program for inactive high school girls who are overweight or at risk for becoming overweight due to low levels of physical activity.
Period: 9/1/05-8/31/11
Role: Principal Investigator

Title: **A Theater-Based Obesity Prevention Program for Children**
Agency: National Institutes of Health
Amount: \$370,754
Purpose: To examine the feasibility and short-term effectiveness of an innovative theater program, *Ready. Set. ACTION!*, that reaches out to children and parents.
Period: 3/1/06-2/29/08
Role: Principal Investigator

Title: **Healthy Home Offerings via the Mealtime Environment (HOME)**
Agency: National Institutes of Health
Amount: \$3,040,817
Purpose: To develop and test the feasibility and acceptability of the Healthy Home Offerings via the Mealtime Environment (HOME) pilot program, an innovative home-based family meals intervention to prevent overweight among children.
Period: 3/15/06-2/28/08
Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: **Do Family Meals Matter? A Five-Year Longitudinal Analysis of Associations between Family Meals and Behavioral, Psychosocial, and Physical Outcomes in Adolescents**
Agency: General Mills
Amount: \$124,998
Purpose: To explore family meal patterns in the homes of adolescents and young adults
Period: 4/1/06-8/31/07
Role: Principal Investigator

Title: **Trial for Increasing Activity among Adolescent Girls (TAAG)**
Agency: National Heart, Lung, and Blood Institute
Amount: \$4,268,782
Purpose: To increase physical activity among middle school girls
Period: 9/29/00 – 9/28/06
Role: Co-Investigator (Principal Investigator: Dr. Leslie Lytle)

Title: **Project EAT II – A Longitudinal Study**
Agency: HRSA-Maternal and Child Health Bureau
Amount: \$1,452,503
Purpose: To examine tracking patterns and identify predictors of dietary intake among adolescents in a longitudinal study
Period: 10/1/02-9/30/06
Role: Principal Investigator

Title: **The Family Mealtime Environment of Families with 8-10 Year Old Children**
Agency: University of Minnesota Obesity Prevention Center
Amount: \$9,984
Purpose: To develop and administer surveys to parents and 8-10 year old children, and to conduct descriptive analyses of the family mealtime environment
Period: 7/1/05-6/30/06
Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: **An Examination of Adolescents Who Have Successfully Lost Weight and Maintained the Loss**
Agency: University of Minnesota Viking Children's Fund
Amount: \$49,964
Purpose: To explore factors associated with successful weight loss in adolescents
Period: 12/1/03-3/31/06
Role: Co-Investigator (Principal Investigator: Dr. Kerri Boutelle)

Title: **Body Image Program**
Agency: YMCA/Blue Cross Blue Shield Foundation
Amount: Phase 1: \$38,287; Phase 2: \$150,400
Purpose: To develop an intervention to improve body image and decrease weight-related disorders among elementary school children
Period: 1/1/03 – 12/31/05
Role: Principal Investigator

Title: **Behavioral Strategies to Prevent Osteoporosis in Girls**
Agency: Department of Health and Human Services
Amount: \$2,282,408
Purpose: To assess the feasibility and effectiveness of a two-year behavioral program to increase calcium intake and physical activity among fifth-grade girls enrolled in the Girl Scouts program.
Period: 4/1/99 – 3/31/04
Role: Co-Investigator (Principal Investigator: Dr. Simone French)

Title: **Early Career Sabbatical Program**
Agency: Dannon Institute
Amount: \$50,000
Purpose: Assist with funding necessary for Dr. Neumark-Sztainer to enhance her knowledge and skills in the area of eating disorder/obesity prevention
Period: 7/1/03-6/30/04
Role: Award recipient

Title: **New Moves: A School-Based Approach Towards Healthy Lifestyle Promotion among Overweight Adolescent Girls**
Agency: American Heart Association
Amount: \$499,993
Purpose: To determine the feasibility of implementation and the effectiveness of a school-based program designed to promote increased physical activity, healthy eating behaviors, and a positive self-image among overweight adolescents.
Period: 1/1/99 – 12/31/02
Role: Principal Investigator

Title: **Unhealthy Weight-Control Behaviors: Prevalence and Etiology among Youth with Type 1 Diabetes (Phase I and II)**
Agency: Children's Hospital and Clinics
Amount: Phase I: \$37,722 Phase II: \$23,413
Purpose: To explore familial and other psychosocial determinants of unhealthy weight-control behaviors among adolescents with Type 1 Diabetes.
Period: 9/1/99-9/1/00 and 11/1/01 - 10/31/02
Role: Principal Investigator

Title: **National Study of Nutrition and Health**
Agency: Procter and Gamble (Funding Agency), Fred Hutchinson Cancer Research Center
Amount: \$3,121,662
Purpose: To examine consumption patterns of olestra-containing snack foods and associations with serum carotenoids and fat-soluble vitamins.
Period: 7/1/97 - 6/30/01
Role: Site Principal Investigator

Title: **Factors Associated with Nutritional Intake in Adolescents (Project EAT)**
Agency: Maternal and Child Health Bureau, Department of Health and Human Services
Amount: \$719,982
Purpose: To identify socio-environmental, personal, and behaviors factors associated with nutritional intake and weight status among adolescents as outlined in the Year 2000 Nutrition Health Status and Risk Reduction Objectives.
Period: 7/1/97 - 6/30/00
Role: Principal Investigator

Title: **Psychosocial Concerns among Overweight Adolescent Females**
Agency: University of Minnesota Grant-in-Aid of Research, Artistry, and Scholarship
Amount: \$29,586
Purpose: To explore issues of stigmatization and other psychosocial concerns among overweight Caucasian and African American overweight adolescent girls.
Period: 7/1/96-12/15/97
Role: Principal Investigator

Title: **The Prevention of Disordered Eating among Pre-Adolescent Girls**
Agency: Minnesota Medical Foundation
Amount: \$24,838
Purpose: To assess the feasibility and short-term impact of a program for pre-adolescent girls run within the Girl Scouts to help prevent unhealthy dieting and weight preoccupation
Period: 1/1/98-12/31/99
Role: Principal Investigator

Title: **School-Based Programs for Weight Control: A Needs Assessment**
Agency: American Heart Association
Amount: \$47,816
Purpose: To provide information for the development of a school-based obesity program.
Period: 7/1/96-6/30/99
Role: Principal Investigator

REVIEWS

Grant Reviews (selected)

Grant Review, IWT: Innovation by Science and Technology in Flanders (Belgium)
Grant Review, National Institute for Child Health and Human Development
Grant Review, Danish Council for Strategic Research (DSF)
Grant Review, University of Minnesota Division of Epidemiology & Community Health
Grant Review, Academy for Eating Disorders
Grant Review, Academy for Eating Disorders
Grant Review, National Science Foundation
Grant Review, Auckland Medical Research Foundation, Auckland, New Zealand
Grant Review, University of Minnesota Graduate School Grant-in-Aid
Grant Review, National Eating Disorders Association
Grant Review, National Institutes of Health Center for Scientific Review
Grant Review, Provincial Centre of Excellence for Child and Youth Mental Health, CHEO
Grant Review, Melpomene Research Grants
Grant Review, Children's Research Center of Michigan
Grant Review, The Health Research Board, Dublin, Ireland
Grant Review, Alberta Heritage Foundation for Medical Research, Edmonton, Alberta, Canada
External grant reviewer for Dept. of Food Science and Nutrition, University of Minnesota
Ad Hoc Grant Reviews, National Institutes of Health, Social Science, Nursing, Epidemiology and Methods Study Section (SNEM-1)
Grant Review, Food Assistance and Nutrition Research Program, Economic Research Service, United States Department of Agriculture (USDA)
Grant Review, Alberta Heritage Foundation for Medical Research, Edmonton, Alberta, Canada
Grant review panel for Maternal and Child Health Bureau, U. S. Department of Health and Human Services *Girl Neighborhood Power* program

Editorial Boards

Yoga for Positive Embodiment in Eating Disorder Prevention and Treatment 2020
Special issue for *Eating Disorders: The Journal of Treatment and Prevention*
Eating Disorders: The Journal of Treatment and Prevention 2006-2010

Journal Reviews (selected)

American Journal of Health Promotion
American Journal of Preventive Medicine
American Journal of Public Health
Annals of Behavioral Medicine
Appetite
Applied Physiology, Nutrition and Metabolism
Archives of Pediatrics and Adolescent Medicine
Asia Pacific Journal of Clinical Nutrition
BMC Public Health
Body Image
Cognitive & Behavioral Practice
Eating Disorders: The Journal of Treatment and Prevention
Health Psychology
Health Education Research
International Journal of Behavioral Medicine
International Journal of Behavioral Nutrition and Physical Activity
International Journal of Eating Disorders
International Journal of Obesity
Journal of Abnormal Psychology
Journal of Adolescent Health
Journal of Health Psychology
Journal of Nutrition Education and Behavior
Journal of the American Dietetic Association
Journal of the American Medical Association
Obesity
Obesity Reviews
Pediatrics
Preventive Medicine
Pediatric Obesity
Public Health Nutrition
Sex Roles
Social Science and Medicine
The Gerontologist
Women & Health

PROFESSIONAL OUTREACH ACTIVITIES

Roles in Professional and Government Organizations

Abstract Reviewer, Symposium on Yoga Research	2018-2019
Member, Symposium on Yoga Research (SYR) Scientific Program Committee	2017-2021
Member, Weight Stigma Stakeholders White House Working Group, Washington, D.C.	2013-2014
Advisor, Setting Research Priorities: Obesity and other risk factors in adolescents for adult health and mortality, World Health Organization	2013
Member, Advisory Board, Advances in Eating Disorders: Theory, Research and Practice	2013-2018
Member, Prevention Advisory Council, National Eating Disorders Association (NEDA)	2013
Member, Advisory Board, Eating and Weight Disorders – Studies on Anorexia, Bulimia, and Obesity (EWD)	2013
Member, International Association of Yoga Therapists	2013-Present
Member-at-Large, Executive Committee, International Society for Behavioral Nutrition and Physical Activity (ISBNPA)	2013-2016
Member, Scientific Program Committee, International Society for Behavioral Nutrition and Physical Activity (ISBNPA)	2012-2015
Member, Healthy Communities Study Observational Study Monitoring Board (OSMB)	2011-2016

Roles in Professional and Government Organizations

Chair, Clinical and Scientific Advisory Council of the National Eating Disorders Association (NEDA)	2010-2012
Member, Society for Adolescent Health and Medicine Board of Directors (SAHM)	2009-2012
Member, Scientific Advisory Board, Eating Disorders Coalition (EDC)	2009-Present
Scientific Consultant, The Emily Program Foundation	2009-2018
Member, International Society for Behavioral Nutrition and Physical Activity (ISBNPA)	2009-Present
Member, Scientific Committee, Academy for Eating Disorders (AED)	2009-2012
Member, Behavior Change Expert Panel National Bone Health Campaign, Office of Women's Health, Department of Health and Human Services	2008-2011
Emily Project Board of Directors	2008-2009
Member, Society for Public Health Education (SOPHE)	2007-2010
Expert Panelist, 2010 Physical Activity and Nutrition Study	2007
Member, Deborah E. Powell Center for Women's Health	2006-2013
Member, Task force for bridging clinicians and researchers, Academy for Eating Disorders (AED)	2006-2008
Member, Nominations Committee, Academy for Eating Disorders (AED)	2005-2007
Member, Teaching Day Committee, Academy for Eating Disorders (AED)	2002-2005
Chair, Fellowship Award Committee, Academy for Eating Disorders (AED)	2001-2003
Member, Research Committee, National Eating Disorders Association (NEDA)	2001-2013
Council Member, Clinical and Scientific Advisory Council of the National Eating Disorders Association (NEDA)	2001-2010
Member, Eating Disorder Research Society (EDRS)	2001-Present
Girls and Obesity Steering Committee Member, Office on Women's Health, Department of Health and Human Services	2001-2011
Leader, Significant Interest Group on Eating Disorders, Society for Adolescent Medicine	2001-2002
Chronic illness/Disability Steering Committee. Office of Women's Health, Department of Health and Human Services	2001
Member, National Eating Disorders Association (NEDA)	2001-Present
Member, Abstract Review Sub-committee, Society for Adolescent Medicine	2000-2001
Member, Expert Panel, "Body Image Research Variable Consensus," Curtin University of Technology, School of Public Health, Center for Health Promotion Research, Perth, West Australia	2000
National Institutes of Mental Health Roundtable on Prevention of Eating Disorders	2000
Board Member-At Large, Academy of Eating Disorders (AED)	2000-2003
Leader, Nutrition Significant Interest Group, Society for Adolescent Medicine	2000
Editor, Society for Adolescent Medicine Newsletter	2000-2002
Member, Academy for Eating Disorders (AED)	1999-Present
National Committee Member, School Nutrition Panel, Health, Mental and Safety in Schools National Guidelines Project	1999
National Committee Member, Advisory Committee for the National Eating Disorders Screening Program High School Component	1999-2003
Member, Melpomene Institute	1999-2003
Reviewer, Bright Futures in Practice: Physical Activity, Maternal and Child Health Bureau, U.S. Department of Health and Human Services	1998
Co-Leader, Nutrition Significant Interest Group. Society for Adolescent Medicine	1997-1998
Food First Coalition	1997-2002
National committee member, Association of The Faculties of Graduate Programs in Public Health Nutrition	1996-Present
National committee member, Bright Futures: Nutrition Practice Guidelines, Maternal and Child Health Bureau, U.S. Department of Health and Human Services	1996-2000
Member, American Public Health Association (APHA)	1996-Present

Roles in Professional and Government Organizations

Member, Society for Adolescent Health and Medicine (SAHM)	1996-Present
Member, Society for Nutrition Education and Behavior (SNEB)	1994-Present
Israeli Association of Health Educators (Founding member and treasurer, 1989)	1989-1995
Israeli Association of Dietitians	1982-1995

Community Work and Consultations

Participant in local activities by MAZON: A Jewish Response to Hunger	2014
Yoga instructor at The Emily Program: lead classes for clients with eating disorders.	2014-2016
Consultant and Advisory Board, BMI Screening, University of California - Berkeley	2013
Volunteer yoga class to victims of sexual trauma, Rape and Sexual Abuse Center, Neighborhood Improvement Program	2013
Consultant, Teen HEED Study, Mount Sinai School of Medicine	2012-2013
Expert Advisory Panel Member, Transdisciplinary Training Initiative in Prevention of Eating Disorders (TransTiPED), Harvard School of Public Health and Children's Hospital Boston	2010-2018
Best Bones Forever, U.S.D.H.H.S, Office on Women's Health	2010-2011
Professional Advisory Council for A Chance to Heal Foundation	2009-2012
Expert Advisory Board Member for New Moon Magazine	2007-2011
Expert Panelist for Keystone Center Youth Policy Summit on Adolescent and Childhood Nutrition in America's K-12 Schools, Keystone, Colorado	2006
Subject matter expert for Hazelden for production of eating disorders prevention movie	2002
Consultant for NIH grant proposal on eating disorders prevention (Project PATH: Health promotion through system change) from University of Arizona (PI: C. Shisslak)	2001
Research assessor for Victorian Health Promotion Foundation, South Australia	1999
Consultant, Body Image Day, Jewish Community Center of St. Paul, MN	1999
Consultant on Project Reach at the Allina Foundation	1997
Development of an eating disorder prevention program for pre-adolescents in conjunction with the Bloomington Health Department, MN	1997
Provided assistance in developing an after-school program for the promotion of healthy eating and exercise among pre-adolescent girls.	1996
University of Minnesota spokesperson for the Milk Mustache Campaign	1996
Organize weight control programs for youth at Highland High School, St. Paul, MN	1996-2000
Committee member, Task force for Minnesota Food and Nutrition Network	1996-2000
Committee member, Needs Assessment Working Group of Minnesota Food and Nutrition Network	1996-2000

Community Presentations (selected)

Heilicher Minneapolis Jewish Day School: "I'm, Like, SO Fat!" Making healthy choices about eating and exercise in a weight obsessed world.	2013
Eating Disorders Journal Club: Project EAT-III: Study design and research opportunities	2010
University of Minnesota Cystic Fibrosis Foundation: Eating in a weight-obsessed world: helping your child have a healthy body image and a healthy weight	2009
Jewish Community Conference on Mental Health: Preventing weight-related problems in teens	2008
Edina Parent Communication Network: Eating in a weight-obsessed world: helping your child have a healthy body image and a healthy weight	2008
St. Paul Public Schools: I'm, Like, SO FAT! Helping your teen make healthy choices about eating and exercise in a weight obsessed world	2007
Jewish Family and Children's Service of Minneapolis: Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image	2006

Community Presentations (selected)

St. Louis Park High School, St. Louis Park, MN: Who is to blame for the increase in obesity prevalence?	2006
Conversations of the Valley, Stillwater, MN: Presentation: “I’m, Like, SO Fat!” Making healthy choices about eating and exercise in a weight obsessed world.	2006
AFFIRM Event, St. Louis Park, MN: Presentation: Helping your teen make healthy choices about eating and exercise in a weight obsessed world.	2005
Talmud Torah, St. Paul, MN: Presentation: Body image and the media.	2005
Minnesota Food and Nutrition Network, St. Paul, MN: Presentation: Project EAT: Eating Among Teens.	2004
Center for Health Education, Kupat Holim Clalit. Tel Aviv, Israel. Presentation: Preventing obesity and eating disorders in children and adolescents.	2004
Pilot City Health Center: Presentation: Working with overweight teenagers: New Moves	2003
Methodist Hospital Eating Disorder Institute: Presentation: Can we simultaneously work toward the prevention of obesity and eating disorders?	2003
Discussion leader on integrating eating disorder and obesity prevention, Center for Excellence for Eating Disorders at the Royal Melbourne Hospital, Melbourne, Australia.	2003
St. Paul Children’s Hospital: Presentation: Disordered eating behaviors among adolescents with type 1 diabetes	2003
St. Paul Children’s Hospital: Presentation: The AHEAD study: Assessing Health and Eating among Adolescents with Diabetes	2002
The 2002 AFFIRM Program, National Council of Jewish Women, Greater Minneapolis Section. “The Problem with Perfect.” A special event for 5th-9th grade girls and adults in their lives	2002
Workshop for Affirm: Adolescent Females: Finding Identity, Respect and Merit 5+5 isn’t the only way to be a ‘10’	2002
Lecture for University of Minnesota dietitians and dietetic interns: Preventing weight-related disorders: School and community based approaches	2001
Adolescent Health Collaborative, St. Paul Public Health Center, St. Paul, MN. Invited speaker: Ongoing activities in adolescent nutrition in Minnesota	1998
Board of Directors Meeting, American Heart Association, Minnesota Affiliate. Minneapolis. Invited speaker: School-based programs addressing weight-related disorders: A needs assessment	1997
North St. Paul Public Schools. Assembly lectures for fifth graders about research project funded by the American Heart Association	1996
Workshop for St. Paul Public School District Health and Physical Education Teachers. School-based prevention of eating disturbances	1996
Presentation to Minneapolis Public School District Teachers. The Weigh to Eat: Prevention of eating disturbances, unhealthy dieting, and obesity	1996
Lectures and committee work in local elementary and high schools for health, nutrition and youth development topics	1995–2013
Lecture—Hillel: Dieting among adolescent girls in Israel: Is it an issue?	1995

Media Interviews (selected)

School of Public Health News & Owatonna People’s Press: Talking yoga and wellness with the School of Public Health’s Dianne Neumark-Sztainer. https://www.sph.umn.edu/news/talking-yoga-and-wellness-with-the-school-of-public-healths-dianne-neumark-sztainer/ https://www.southernminn.com/owatonna_peoples_press/community/talking-yoga-and-wellness-with-university-of-minnesota/article_a48dfd36-043a-11f0-8ddb-7f572345c63a.html	2024
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Media Interviews (selected)

Office of Disease Prevention and Health Promotion: Food is Medicine Principles Value Education in Promoting Nutrition video series. https://www.youtube.com/watch?v=f5i3jjG5Zfw	2024
The Wall Street Journal: The surprising way to eat less sugar this holiday season: You can trick yourself into eating fewer treats https://www.wsj.com/health/wellness/trick-yourself-into-eating-less-sugar-0bc12a18?st=yej4afoi85qmtbi&reflink=desktopwebshare_permalink	2023
The Minnesota Daily: UMN faculty shares their expertise during National Yoga Awareness Month https://mndaily.com/278496/campus-administration/campus/umn-faculty-share-their-expertise-during-national-yoga-awareness-month/	2023
Tri-County News: Talking national yoga awareness month with U of M https://www.tricountynews.com/articles/talking-national-yoga-awareness-month-with-u-of-m/	2023
Talking with U of M: Talking national yoga awareness month with the U of M https://twin-cities.umn.edu/news-events/talking-national-yoga-awareness-month-u-m	2023
A-Parently Podcast Interview: Ask Doctor G	2023
BBC's Bringing up Britain: How can I give my child a healthy relationship with food? https://www.bbc.co.uk/sounds/play/m001cf0m	2022
New York Times: How to teach children about healthy eating, without food shaming https://parenting.nytimes.com/feeding/healthy-eating-habits	2019
Radio interview for "Doctor Radio" on Sirius XM: Nutrition and Exercise	2019
Faribault Daily News: Risk factors for adolescent binge eating vary by family socioeconomic status http://www.southernminn.com/faribault_daily_news/community/article_936082af-1fa8-5297-af8b-c090974471a6.html	2019
Podcast for "Appearance Matters" Academy of Eating Disorders Conference, New York City, New York. https://soundcloud.com/appearance-matters/episode-39-yoga-and-body-image	2019
WalletHub: 2019's Fattest cities in America – Ask the experts https://wallethub.com/edu/fattest-cities-in-america/10532/#	2019
HealthyDay: Extreme dieting in teens often intensifies in adulthood https://consumer.healthday.com/vitamins-and-nutrition-information-27/eating-and-appetite-disorder-news-223/extreme-dieting-in-teens-often-intensifies-in-adulthood-740063.html	2018
CBS: Unhealthy weight control efforts started in childhood persist into adulthood https://minnesota.cbslocal.com/2018/11/27/study-unhealthy-weight-control-efforts-started-in-childhood-persist-into-adulthood/	2018
CBS: Yoga holds promise to help people feel better about their bodies https://minnesota.cbslocal.com/2018/11/15/yoga-body-image-study/	2018
New York Post: Going gluten-free linked to unhealthy weight loss behaviors https://nypost.com/2018/06/18/going-gluten-free-linked-to-unhealthy-weight-loss-behaviors/	2018
Podcast for "Appearance Matters" Eating Disorders Conference, Bath, England, https://soundcloud.com/appearance-matters/ep-23-eating-disorder-prevention	2018
MinnPost: Yoga helps young adults feel better about their bodies	2018
Minnesota Daily: UMN study suggests yoga prevents weight gain	2017
MinnPost: Yoga may help prevent weight gain	2017
Wisconsin Public Radio: Parents should avoid commenting on child's weight	2017
CNN: Weight bias is bigger problem than you may think, experts say	2016

Media Interviews (selected)

New York Times: 400-pound hacker? Trump comments fuel dialogue on fat-shaming	2016
The Guardian: 'My belly is there, I'm still strong': Jessamyn Stanley on body-positive yoga	2016
Newsweek: It's far too early to label a young girl a 'plus' size	2016
New York Times: Parents and weight talk	2016
Huffington Post: Parents and weight talk	2016
Yoga Journal: Yoga's Shadow Side.	2014
New York Times: Fat and Thin Find Common Ground.	2013
Minneapolis Star Tribune: New weight worry: Low-income boys.	2013
Chicago Tribune: BMI measuring in schools proves weighty issue: Some parents argue that fat measure can have negative effect on students' self-esteem.	2013
Boston Globe: Getting through to your kids in the digital age: How smartphones, family dinners, and admitting you don't know everything can help you connect.	2013
Time Magazine: Muscle madness: More teens are bulking up.	2012
New York Times front page: Muscular body image lures boys into gym, and obsession.	2012
Minneapolis Star Tribune: Time erodes family dinner habits for low-income Minnesotans.	2012
Minneapolis KFAI Radio Interview: Secular changer over time in family meals.	2012
Public Radio Exchange Food Sleuth Radio: Interview about prevention of eating disorders	2012
Minneapolis StarTribune: Unhealthy teen dieting chapter 2: signs of progress in today's youth	2012
Fox 9 News Twin Cities: Secular trends in weight outcomes among adolescents	2012
Minnesota Public Radio All Things Considered: Secular trends in weight outcomes among adolescents	2012
Minneapolis Star Tribune: Teens' fad diets can lead to putting on weight later	2012
MinnPost: U of M study: Dieting isn't the answer to teen obesity (and the Georgia ad campaign isn't, either)	2012
Minnesota Women's Press: I'm, Like, SO FAT!	2011
Finger Lakes Health: TV: A sneaky part of the food pyramid	2011
Delta Sky Magazine: Childhood Obesity	2010
Fox 9 News: Parents' Dieting, Comments May Contribute to Eating Disorders in Girls	2010
Costco Connection Magazine: Weighty Matters	2010
Radio Health Journal: Psychology of Childhood Obesity	2010
PsychCentral.com: Weightless	2010
Minnesota Public Radio: Healthier lives can start with family meals	2010
CNN Fit Nation: Childhood obesity	2009
New York Times: The guilt-trip casserole: The family dinner	2009
Time Magazine: Obesity and Social Networks	2009
Newsweek: Rethinking the Freshman 15	2009
Fitness Magazine: Nutritional challenges for women in their 20s	2009
Reuters: 'Do more, talk less' to help heavy teens slim down	2008
Kare 11 TV: 'Diet' backfires with kids	2008
CBS Network Radio: Accurate Parental Classification of Overweight Adolescents' Weight Status: Does it matter?	2008
Minneapolis StarTribune: There's one thing you should never tell overweight teens	2008
Cooking Light: Family Meals in the Homes of Teens	2008
BBC Documentary: Teen dieting	2008
National Public Radio: The Family Dinner Deconstructed	2008
U.S. News & World Report: How to win the weight battle: Tackling obesity the wrong way makes matters worse. Here's a right way	2007
U.S. News & World Report: Should kids be warned about the dangers of obesity?	2007
Newsweek: Why women lose weight—or don't	2007
Washington Post Lean Plate Club: Making meals a family affair	2007
KYFR Family Radio: Body image of girls across America	2007
New York Times: 104 teenagers who are role models for weight loss	2006
Reuters: Self-weighing in adolescents: Helpful or Harmful?	2006

Media Interviews (selected)

Associated Press: Self-weighing in adolescents: Helpful or Harmful?	2006
Associated Press: Survey shows increase in diet pill use among teen girls	2006
Washington Post Online Chat: Parenting and preventing eating disorders	2006
Daughters Newsletter: Fat talk amid obesity	2006
WFMP Radio: Helping Your Teen Make Healthy Choices about Eating and Exercise in a Weight Obsessed World	2006
University of Minnesota Discovery Campaign: What's the best thing we can do for our kids? (Pioneer Press, Star Tribune, Minnesota Monthly)	2006
CNN: Eating disorders in teen girls	2006
CNN: Teenage Eating Behaviors	2006
CNN: Girls & Diets	2006
CNN: Male Eating Disorders	2006
CNN The Glenn Beck Show: Family Meals in the Homes of Teens	2006
Washington Post: Rising to the Family Challenge	2006
Washington Post Lean Plate Club: Childhood struggles over food can have a lifelong impact	2006
Seventeen Magazine: Body image in adolescent girls	2006
Minneapolis/St. Paul: Through Thick and Thin	2005
NBC Kare 11: Teens and Body Image	2005
Minnesota Monthly: Eating disorder and obesity prevention in adolescents	2005
Boston Globe: Family meals in the homes of teens	2005
USA Today: Steroid use in adolescents	2005
Minnesota Monthly: Physical activity in adolescents and young women	2005
USA Today: Eating disorder and obesity prevention in adolescents	2005
Minneapolis/St. Paul: Eating disorder and obesity prevention in adolescents	2005
J-14: Teens, food and weight	2005
Eating Well: Family meals in the homes of teens	2005
The Daily Herald (Seattle): Obesity prevention programs in schools	2005
Para Ti (Argentina): Family meals and disordered eating in teens	2004
Radio City, BBC Radio (Ecuador): Family meals and disordered eating in teens	2004
Philadelphia Inquirer: Family meals and disordered eating in teens	2004
ABC Radio (Australia): Family meals and disordered eating in teens	2004
Kanal 24 Radio (Norway): Family meals and disordered eating in teens	2004
Star Tribune: Pass the beans, and well-being, Study: Family meals make healthy teens	2004
Reuters.com: Many dieting girls short on vital nutrients	2004
Shape Magazine interview: Fruit and vegetable intake in teens and adults	2003
'O' Magazine interview: Eating disorder prevention: What works?	2003
National Public radio interview: Talk of the Nation. Obesity and weight-teasing.	2003
National Radio (Australia) interview: Preventing eating disorders and obesity in children and teens	2003
Herald Sun Newspaper (Melbourne, Australia) interview: Preventing eating disorders and obesity in children and teens	2003
New York Times newspaper interview: How to talk to teenage girls about weight? Very carefully	2003
Self magazine interview: Eating disorders and obesity	2002
Reuters.com interview: Adolescent nutrition and obesity: Comparison with Healthy People 2010 Objectives	2002
Elle magazine interview: EDNOS among women	2001
Montel Williams television show expert panel member: Adolescent obesity: New Moves	2000
New York Times newspaper interview: Body image among adolescent girls: Free to be Me	2000
WCCO radio interview: Eating healthful foods at the State Fair	1999
Minnesota Women's Press newspaper interview: Teen girls make "New Moves" to healthier habits	1999

Media Interviews (selected)

KARE television interview: Healthy eating during the holidays	1998
Bloomington Cable Access TV program on Food, Fun, and Fitness: A Girl Scout Program	1998
KSTP television interview: The changing Barbie doll and its impact on body image	1998
KTCA/KTCI television. Panelist on Health Talk and You program on eating disorders	1997
WCCO television interview: Weight management among youth	1997
WCCO television interview: Preparing healthy lunches for school children	1997
MPR radio interview: Chronic illness and disordered eating	1996

UNIVERSITY ACTIVITIES

University of Minnesota Committees

Division of Epidemiology and Community Health Committees (selected)

Chair, Faculty Executive Committee, Epidemiology & Community Health	2015-2023
Chair, Philanthropy Committee, Epidemiology & Community Health	2014-2023
Member, School of Public Health Leadership Team	2014-2023
Member, School of Public Health Executive Leadership Team	2014-2023
Mentoring team member to BIRCWH Scholar Program	2013-2017
Member, Public Health Nutrition Curricula/Credentials Committee	2014-2015
Chair, Hawley Research Awards Committee	2011-2012
Member, Faculty Executive Committee	2010-2012
Member, PhD Student Annual Review Committee	2010-2011
Member, Hawley Research Awards Committee	2010-2011
Chair, Search Committee, Assistant Education Specialist	2009
Member, Epidemiology PhD Credentials/Curricula Committee	2008-2009
Chair, Search Committee, Research Associate	2007
Chair, Search Committee, Faculty Position	2006
Member, Public Health Nutrition Curriculum Review/Credentials Committee	2005-2006
Member, PhD Exam Committee	2004-2005
Member, Public Health Nutrition Admissions Committee (also 1996-1999)	2004-2012
Member, Public Health Nutrition Recruitment Strategies Committee	2004-2005
Member, Public Health Nutrition Curriculum Review/Credentials Committee	2000-2003
Member, Division and Training Committee (DTC)	2000-2003
Chair, Public Health Nutrition Admissions	2000-2003
Chair, Student Research Awards Committee	1999-2000
Chair, Search Committee, Research Associate for Nutrition Studies	1999
Chair, Search Committee, Public Health Specialist	1998
Member, Community Health Education Admission Committee	1997
Member, Public Health Nutrition Recruitment Strategies Committee	1996-2003
Member, Public Health Nutrition Comprehensive Exam Review Committee	1996-2001
Member, Student Research Awards Committee	1995-1998
Member, NCC Advisory Board (Chair, 1997-98)	1995-1998

Other University Committees

Member, Provost Search Committee	2024-present
Inaugural Member, Informal Advisory Group to the President and Provost on campus anti-Semitism	2024-present
Reviewer, Academies for Excellence Awards Committee, University of Minnesota	2017-present
Chair, Division of Biostatistics Head Search Committee, School of Public Health	2019-2020
Member, Senate Research Committee, University Senate Governance	2019-2020
Panelist, Academic Leadership Development in the Department, Division and Cooperative	2019
Member, Research and Scholarship Advisory Panel, Office of the Vice President for Research	2010-2012
Member, Search Committee, Exercise Physiology Faculty	2010-2011
Member, Search Committee, Division Head, Division of Biostatistics	2008
Member, Academic Health Center Promotion and Tenure Committee	2006-2008

Chair, Educational Policy Council (EPC)	2002-2003
Member, Education and Policy Council, School of Public Health	2000-2003
Member, Planning Committee for Social and Behavior Core Course, School of Public Health	1999
Member, Advisory Board, Konopka Institute for Best Practices in Adolescent Health	1999
Member, Academic Promotions and Tenure Ad Hoc Committee, School of Public Health	1998
Member, Diversity Committee, School of Public Health	1997-1999
Member, Search Committee for Statistician in General Pediatrics and Adolescent Health	1995-1996
Member, Planning Committee, Conference: Obesity Prevention and Treatment in Childhood and Adolescence	1995-1996
Member, Planning Committee, Conference: Foodways II: Working with Foods and Wellness across Cultures	1995-1996
Member, Advisory Board, Preventing Eating Disorders among Children and Youth, University of Minnesota Extension Service	1995-1996
Member, Advisory Board, The Development of Weight Control Summer Programs for Low-Income Youth, University of Minnesota	1995-1996

ADVISEES WHO HAVE COMPLETED THEIR DEGREES

Advisee Name	Degree Sought	Major	Advisor's Role	Date of Degree Completion
1. Renee Sieving	PhD	Epi	Examination Committee Member Dissertation Reader	1996
2. Marla Eisenberg	MPH	CHE	Examination Committee Member	1997
3. Felisha Rhodes	MPH	PHNutr	Examination Committee Member	1997
4. Mary Kadow	MPH	CHE	Academic Advisor Examination Committee Member	1998
5. Stacy Martin	MPH	CHE	Master's Project Advisor	1998
6. Tanya Harris	MPH	PHNutr	Academic Advisor Master's Project Advisor	1998
7. Toni Toledo	MPH	PHNutr	Master's Project Advisor	1998
8. Jodi Boerboom	MPH	MS Food Sci Nutr	Examination Committee Member	1998
9. Blong Xion	MPH	Epi	Examination Committee Member	1998
10. Jill Ohlsen	MPH	PHNutr	Academic Advisor Master's Project Advisor	1998
11. Betsy Phillips	MPH	Epi	Examination Committee Member	1999
12. Katherine Franken	MPH	PHNutr	Academic Advisor	1999
13. Julie Hermanson	MPH	PHNutr	Examination Committee Member	1999
14. Jillian Moe	MPH	PHNutr	Academic Advisor Master's Project Advisor	1999
15. Trisha Vorachek	MPH	CHE	Academic Advisor Master's Project Advisor	1999
16. Earlene Bronson	MPH	CHE	Examination Committee Member	2000
17. <i>Jennifer Cohn</i>	<i>MS</i>	<i>Nutrition</i>	<i>Examination Committee Member Deakin University Geelong, Victoria, Australia</i>	<i>2000</i>
18. Terri Fields Hosler	MPH	PHNutr	Examination Committee Member	2000
19. Bill Latimer	MPH	Epi	Examination Committee Member	2000
20. Seung Min Lee	MS	PHNutr	Examination Committee Member	2000
21. Lori Malvey	MPH	PHNutr	Master's Project Advisor	2000
22. Skye Peltier	MPH	CHE	Academic Advisor Master's Project Advisor	2000
23. <i>Karen Ruth Weiss</i>	<i>Dr Psych</i>	<i>Psychology</i>	<i>Examination Committee Member LaTrobe University Victoria, Australia</i>	<i>2000</i>
24. Mary Arlandson	MPH	CHE	Academic Advisor Examination Committee Member	2001
25. Kyle Breitlow	MPH	CHE	Academic Advisor Examination Committee Member	2001
26. Connie Goeden	MPH	PHNutr	Master's Project Advisor	2001
27. Tim Jenkins	MPH	CHE	Academic Advisor	2001
28. Karen Maddox	MPH	MCH	Examination Committee Member	2001
29. Stephanie Miner	MPH	PHNutr	Academic Advisor Master's Project Advisor	2001
30. Lina Tucker Reinders	MPH	CHE	Academic Advisor	2001
31. Christy Robinson	MPH	CHE	Examination Committee Member	2001

Advisee Name	Degree Sought	Major	Advisor's Role	Date of Degree Completion
32. Cindy Rudolf	PhD	Anthropology	Examination Committee Member Dissertation Reader	2001
33. Linda Shepherd	MPH	PHNutr	Academic Advisor Master's Project Advisor	2001
34. Jennifer Utter	MPH	MCH	Academic Advisor Master's Project Advisor	2001
35. Katrina Beyer	MPH	PHNutr	Master's Project Advisor	2002
36. Rachel Olson	MS	Nursing	Examination Committee Member	2002
37. Debbie Johnston	MPH	PHNutr	Academic Advisor Master's Project Advisor	2002
38. <i>Giselle Faye Withers</i>	<i>Dr Psych</i>	Psychology	<i>Examination Committee Member LaTrobe University Victoria, Australia</i>	<i>2002</i>
39. Rachel Hayes (Bohn)	MPH	PHNutr	Academic Advisor Master's Project Advisor	2003
40. Nicole Eikenbery	MS	Nutrition	Examination Committee Member	2003
41. Karen Wilder	MPH	PHNutr	Examination Committee Member	2003
42. Greg Fedio	MPH	PHNutr	Academic Advisor Master's Project Advisor	2003
43. Nicole Hanson	MPH	PHNutr	Academic Advisor Master's Project Advisor	2003
44. Jillian Croll	PhD	PHNutr	PhD Project Advisor	2003
45. Lynn Maves	MPH	PHNutr	Academic Advisor Master's Project Advisor	2003
46. Janelle Peralez	MPH	PHNutr	Examination Committee Member	2003
47. <i>Eliza Sims</i>	<i>Dr Psych</i>	Psychology	<i>Examination Committee Member LaTrobe University Victoria, Australia</i>	<i>2003</i>
48. <i>Sarah J. Durkin</i>	<i>PhD</i>	Psychology	<i>Examination Committee Member University of Melbourne Victoria, Australia</i>	<i>2004</i>
49. Jane E. Duncan	MPH	CHE	Master's Project Advisor	2004
50. <i>Elizabeth Denney-Wilson</i>	<i>PhD</i>	<i>Pediatrics and Child Health</i>	<i>Examination Committee Member University of Sydney Sydney, Australia</i>	<i>2005</i>
51. Jess Haines	PhD	Epi	Academic Advisor PhD Project Advisor	2005
52. Maggie Golicic	MPH	PHNutr	Master's Project Advisor	2006
53. Kari Lynn Malone	MPH	PHNutr	Academic Advisor	2006
54. Sarah Tramel	MPH	CHE	Academic Advisor Examination Committee Member	2006
55. Heather Beach	MPH	CHE	Academic Advisor	2006
56. Shira Feldman	MPH	PHNutr	Master's Project Advisor	2006
57. Kari Sadallah	MPH	PHNutr	Academic Advisor	2006
58. <i>Leah Brennan</i>	<i>PhD</i>	Psychology	<i>Examination Committee Member RMIT University Melbourne, Australia</i>	<i>2006</i>
59. <i>Kellie Karantzas</i>	<i>PsyD</i>	<i>Health Psychology</i>	<i>Examination Committee Member Swinburne University of Technology</i>	<i>2006</i>

Advisee Name	Degree Sought	Major	Advisor's Role	Date of Degree Completion
60. <i>Lauren Williams</i>	<i>PhD</i>	<i>Psychology</i>	<i>Examination Committee Member RMIT University Melbourne, Australia</i>	2006
61. <i>Simon Wilksch</i>	<i>PhD</i>	<i>Clinical Psychology</i>	<i>Examination Committee Member Flinders University Adelaide, Australia</i>	2007
62. Nicole Larson	PhD	Nutrition	Academic Advisor PhD Project Advisor	2007
63. Rickelle Richards	PhD	Nutrition	PhD Committee Member	2007
64. Rebecca Fitch	MPH	CHE	Academic Advisor Master's Project Advisor	2007
65. Tsz Chun (Kelvin) Choi	MPH	CHE	Academic Advisor Master's Project Advisor	2007
66. Katie Loth	MPH	PHNutr	Master's Project Advisor	2007
67. Andrea Reichart	MPH	PHNutr	Examination Committee Member	2007
68. Patricia van den Berg	MPH	Epidemiology	Examination Committee Member	2008
69. Jenilee Christy	MPH	CHE	Master's Project Advisor	2008
70. Quingqing Yang	MS	Biostatistics	Examination Committee Member	2008
71. Danielle Simpson	MPH	CHE	Master's Project Advisor	2009
72. Sarah Johnson	MPH	PHNutr	Academic Advisor	2009
73. Elissa Gross	MPH	MCH	Academic Advisor	2009
74. Kelli Truszynski	MPH	PHNutr	Academic Advisor Master's Project Advisor	2009
75. Rachel Bowers	MPH	PHNutr	Academic Advisor	2009
76. Claudia Fox	MPH	MCH	Master's Project Advisor	2009
77. Anh-Tram Pham	MPH	PHNutr	Academic Advisor Examination Committee Member	2009
78. Tracy Cleveland	MPH	PHNutr	Academic Advisor	2010
79. Kate Bauer	PhD	Epi	PhD Project Advisor	2010
80. Dawn Epperly	MPH	CHE	Master's Project Advisor	2010
81. Stephanie Walters	MPH	PHNutr	Master's Project Advisor	2010
82. Gretchen Cutler	PhD	Epi	PhD Project Advisor	2010
83. Emily Henning	MPH	PHNutr	Academic Advisor	2010
84. Megan Thomas	MPH	PHNutr	Master's Project Advisor	2010
85. <i>Wan Ying Gan</i>	<i>PhD</i>	<i>Nutrition and Dietetics</i>	<i>Examination Committee Member Universiti Putra Malaysia, Malaysia</i>	2011
86. Jaya Ginter	MPH	PHNutr	Academic Advisor	2011
87. Annabel Kornblum	MPH	Epi	Examination Committee Member	2011
88. Jerica Berge	MPH	Epi	Examination Committee Member	2011
89. Blair Haesly	MPH	PHNutr	Examination Committee Member	2011
90. Anne Norris	MPH	CHE	Academic Advisor Master's Project Advisor	2012
91. <i>Emily Incedon</i>	<i>DPsych</i>	<i>Psychology</i>	<i>Examination Committee Member Monash University, Australia</i>	2012

Advisee Name	Degree Sought	Major	Advisor's Role	Date of Degree Completion
92. Jennifer Pelletier	MPH	CHP	Examination Committee Member	2012
93. Nicole Chaisson	MPH	MCH	Examination Committee Member	2012
94. Desiree Abu-Odeh	MA	Bioethics	Examination Committee Member	2012
95. <i>Anita Mary Star</i>	<i>PhD</i>	<i>Health and Wellness</i>	<i>Examination Committee Member James Cook University Australia</i>	<i>2012</i>
96. <i>Dina Buttu</i>	<i>PhD</i>	<i>Epi</i>	<i>Examination Committee Member University of Toronto, OISE Canada</i>	<i>2012</i>
97. <i>Manuela Ferrari</i>	<i>PhD</i>	<i>Epi</i>	<i>Examination Committee Member Dalla Lana School of Public Health Faculty of Medicine University of Toronto, Canada</i>	<i>2012</i>
98. Jenna Amundson	MPH	PHNutr	Master's Project Advisor	2012
99. Emily Torgrimson	MPH	CHE	Examination Committee Member	2012
100. Meg Bruening	PhD	Nutrition	PhD Project Advisor	2012
101. Ashley Carlson-McGuire	MPH	PHNutr	Academic Advisor	2012
102. Katie Loth	PhD	Epi	PhD Project Advisor	2013
103. Katherine JenYoung	MPH	PHNutr	Academic Advisor	2013
104. Mai See Moua	MPH	MCH	Academic Advisor	2013
105. Dana Logsdon	MPH	MCH	Academic Advisor	2014
106. Elyse Dawn Levine Less	MPH	EMPH	Academic Advisor	2014
107. Nicole VanKim	PhD	Epi	Committee Member	2014
108. <i>Sook Ling Leong</i>	<i>PhD</i>	<i>Epi</i>	<i>Overseas External Examiner University of Otago, New Zealand</i>	<i>2014</i>
109. <i>Rani Sarmugam</i>	<i>PhD</i>	<i>Nutrition</i>	<i>Examination Committee Member Deakin University</i>	<i>2014</i>
110. Angela Vitus	MPH	PHNutr	Master's Project Advisor	2014
111. Cassandra Silveira	MPH	PHNutr	Academic Advisor	2015
112. Katie Fogel	MPH	PHNutr	Academic Advisor	2015
113. Melissa Horning	PhD	Epi	Committee Member	2015
114. <i>Rhian Coram</i>	<i>PhD</i>	<i>Psychology</i>	<i>External Examiner Deakin University</i>	<i>2015</i>
115. Kristina DeMuth	MPH	PHNutr	Academic Advisor	2015
116. Stephanie Merek	MPH	CHP	Examination Committee Member	2015
117. Elmy Wong	MPH	PHNutr	Academic Advisor	2015
118. Kathleen Gilder	MPH	PHNutr	Academic Advisor	2016
119. Amanda Swygard	MPH	PHNutr	Academic Advisor	2016
120. Sierra Wilson Beckman	MPH	PHNutr	Academic Advisor	2016
121. Margaret Rothstein	MPH	MCH	Committee Member	2016
122. Peter Wendland	MPH	PHNutr	Academic Advisor	2016
123. Cassandra Shaker	MPH	CHP	Academic Advisor	2017
124. Amber Standish	MPH	PHNutr	Academic Advisor	2017
125. Rachel Franz	MPH	PHNutr	Academic Advisor	2017
126. Cynthia Yoon	PhD	Epi	Committee Member	2018

Advisee Name	Degree Sought	Major	Advisor's Role	Date of Degree Completion
127. Melvin Donaldson	PhD	Epi	Committee Member	2018
128. Katie Kasner	MPH	PHNutr	Committee Member	2018
129. Cecilia Di Caprio	MPH	PHNutr	Academic Advisor	2018
130. Joy Nollenberg	MPH	CHP	Committee Member	2019
131. Anne Janzen	MPH	PHNutr	Committee Member	2020
132. Laura Hooper	PhD	Nutrition	Academic Advisor	2022

Selected Students' Awards

Nicole Larson	University of Minnesota Marguerite Queneau Research Scholar in Public Health Nutrition	2002
Nicole Larson	Margaret A. Ohlson Memorial Scholarship, American Dietetic Association Foundation	2002
Jess Haines	Division of Epidemiology J.B. Hawley Student Research Award	2003
Nicole Larson	Delta Omega Pi Membership, Honorary Society in Public Health	2003
Jess Haines	Academy for Eating Disorder Travel Fellowship	2004
Jess Haines	School of Public Health Award for Student Excellence in Public Health Practice	2005
Jess Haines	University of Minnesota Lester Breslow Award for Academic Excellence	2006
Jess Haines	University of Minnesota Best Dissertation Award in the Biological and Medical Sciences	2006
Nicole Larson	Lydia J. Roberts Memorial Scholarship in Public Health Nutrition, American Dietetic Association Foundation Scholarship	2006
Nicole Larson	Society for Nutrition Education Foundation Student Scholarship, Society for Nutrition Education Annual Conference	2006
Teri Burgess-Champoux	Society for Nutrition Education Public Health Research Award	2007
Nicole Larson	Society for Nutrition Education Student Research Award	2007
Gretchen Cutler	School of Public Health Faculty and Alumni Choice Award for Outstanding Poster by a PhD Student	2008
Nicole Larson	University of Minnesota Outstanding Postdoctoral Scholar Award	2009
Kate Bauer	University of Minnesota Doctoral Dissertation Fellowship	2009-2010
Meg Bruening	Hoban Scholarship, West Metro Medical Foundation, Minneapolis, MN	2009-2010
Meg Bruening	Mead Johnson Nutrition Scholarship in memory of Joncier Greene, Foundation of the American Dietetic Association	2009-2010
Meg Bruening	Glenda Bible Memorial Scholarship, Pediatric Nutrition Practice Group, Foundation of the American Dietetic Association	2010-2011
Jillian Lampert	Alumnus Leadership Award, Department of Food Science and Nutrition, University of Minnesota	2012
Meg Bruening	National Institute of Health Director's Early Independence Award	2013
Kate Bauer	International Life Sciences Institute (ILSI) North America, 2016 Future Leader Award	2015

NIH Award Mentorship

Patricia Van Den Berg	NICHD, K23 HD063261, Unhealthy Weight Control Behaviors and Obesity in Hispanic and non-Hispanic Girls, 01/2010-12/2015 Role: Primary Mentor
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Selected Students' Awards

Megan Winkler	NHLBI, K99/R00 HL144824, A Systems Approach to Understanding the Interacting Factors of the Local Food Environment for Population Health, 07/2019-07/2024 Role: Primary Mentor
Katie Loth	NICHHD, K23 HD090324, An Exploration of the Momentary Mechanisms of Controlling Food-Related Parenting Practices Among Mothers and Fathers of Preschool Children, 09/2017-06/2021 Role: Primary Mentor
Melissa Simone	NIMHD, K99/R00 MD015770, Population-Specific Eating Disorder Risk Factors in Sexual Minority Women, 08/2021-04/2023 Role: Primary Mentor
Jerica Berge	NHLBI, K12 HD055887, University of Minnesota Building Interdisciplinary Research Careers in Women's Health, 08/2018-04/2027 Role: Primary Mentor
Carolyn Blair Burnette	NHLBI, Clinical Research LRP, 2022-2026 Role: Primary Mentor
Vivienne Hazzard	NICHHD, K99/R00, Binge Eating as a Mechanism Underlying the Food Insecurity-Obesity in Adolescents, 04/2023-03/2025
Mikayla Barry	NIMHD, Health Disparities Research LRP, 2024-2026 Role: Primary Mentor
Kayla Johnson	NHLBI, Exploring Sleep and Physical Activity from Adolescence to Young Adulthood from an Equity Lens LRP, 2024-2026 Role: Secondary Mentor
Melissa Simone	NIMHD, Clinical Research for Individuals from Disadvantages Backgrounds LRP, 2024-2026 Role: Secondary Mentor

MENTORSHIP OF POSTDOCTORAL FELLOWS

Kerri Boutelle	1997-1998
Diann Ackard	1998-1999
Allison Mellin	1999-2000
Marla Eisenberg	2001-2002
Helene Keery	2002-2003
Patricia Van den Berg	2005-2008
Terri Burgess-Champoux	2006-2007
Ramona Robinson-O'Brien	2006-2008
Daheia Barr-Anderson	2007-2008
Chrisa Arcan	2010-2011
Katherine Bauer	2010-2011
Virginia Quick	2011-2012
Michaela Bucchianeri	2011-2012
Katie Loth	2013-2015
Carly Pacanowski	2013-2015
Allison Watts	2014-2016

Mary Christoph	2016-2018
Megan Winkler	2016-2020
Melissa Simone	2018-2022
Vivienne Hazzard	2019-present
Samantha Hahn	2020-2022
Eydie Kramer-Kostecka	2021-2023
Blair (Carolyn) Burnette	2021-2023
Anna Hochgraf	2022-2025
Mikayla Barry	2023-present
Kayla Johnson	2023-present
Shelbretta Ball	2024 - 2025