Curriculum Vitae

Dianne Neumark-Sztainer, PhD, MPH, RD

PRESENT POSITION

Regents Professor
Division of Epidemiology and Community Health, School of Public Health
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EMPLOYMENT

- Regents Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, *2023-Present*
- Division Head, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, *November 2015-June 2023* (Interim Division Head, 2014-2015)
- Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN, *2004-Present* (Associate Professor 1999-2004; Assistant Professor 1995-1999)
- Adjunct Professor, Division of Adolescent Health and Medicine, Department of Pediatrics, University of Minnesota, *2004-Present* (Associate Adjunct Professor 1999-2004)
- Chair, Public Health Nutrition Major, Division of Epidemiology, School of Public Health, University of Minnesota, Minneapolis, MN, 2000-2003
- Post-Doctoral Fellow, Adolescent Health Program, Division of General Pediatrics and Adolescent Health, University of Minnesota, Minneapolis, MN, 1994-95
- Health Educator-Nutritionist, Department of Social Medicine-Hadassah Medical Organization, Jerusalem, Israel, 1990-94
- Nutritionist, Adolescent Health Services, Department of Social Medicine-Hadassah and Department of Public Health, Jerusalem Municipality, Israel, 1990-94
- Health Educator Instructor and Group Leader, International Workshop for Health Professionals in the Prevention of HIV infection, 1988-89
- Co-Coordinator, International MPH Program, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, 1987-90
- Research Nutritionist, Department of Social Medicine, Hadassah Medical Organization, Jerusalem, Israel, 1986-88
- Instructor, Health Behavior and Health Education, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel 1986-94
- Group Leader, Workshop in Community-Oriented Primary Care, International MPH Program, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, 1986-87
- Teaching Assistant, Interpretation of Epidemiological Data, International MPH Program, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, 1985-88
- Health Educator, Flower Program in schools, Jerusalem, Israel, 1984-86
- Leader, weight loss groups, 1984-90
- Community Nutritionist, Kibbutz Gazit, Israel, 1981-84
- Laboratory Research Assistant, Hadassah, Mt. Scopus, Jerusalem, Israel, 1979

University Faculties

- Maternal and Child Health Faculty, School of Public Health, 1999-Present
- Graduate Nutrition Faculty, 1998-Present
- Adolescent Health Training Program Faculty, Division of Adolescent Health and Medicine, 1997-Present
- Graduate Epidemiology Faculty, 1996-Present
- Community Health Promotion Faculty, Division of Epidemiology, 1995-Present
- Public Health Nutrition Faculty, Division of Epidemiology, 1995-Present

EDUCATION

- Post-Doctoral Fellowship, Leadership Education in Adolescent Health Program, Division of General Pediatrics and Adolescent Medicine, University of Minnesota, Minneapolis, MN, 1994-95
- PhD in Behavioral Sciences and Nutrition, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, 1988-93
- Masters in Public Health with distinction, School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel, 1984-87
- Internship in Dietetics, Tel Hashomer Hospital (internal medicine, surgery, geriatrics, heart rehabilitation, outpatient clinics); HaEmek Hospital (pediatrics and internal medicine); Health Ministry in Haifa (public health nutrition), Israel, 1982-83
- BA in Biology and Nutrition, Cornell University, Ithaca, NY, 1976-80

Certification/Training (selected)

- Equity and Diversity Basic Certificate, Office for Equity and Diversity, University of Minnesota, 2021
- Executive Leadership in Academic Medicine (ELAM) Program, Drexel University, 2016-2017
- Big Ten Academic Alliance Executive Officer Program, 2016
- Provost's Department Heads and Chairs Leadership Program, University of Minnesota, 2015
- James P. Shannon Leadership Institute Year-long Leadership Program for Community Leaders, Amherst H. Wilder Foundation, 2012
- Academic Mid-Career Nutrition Leadership Institute, Dannon Institute, 2012
- Nutrition Leadership Institute, Dannon Institute, 2003
- 200-hour yoga teacher training program, Yoga Center of Minneapolis, 2012
- 300-hour yoga teacher training program, Yoga Center of Minneapolis, 2013
- Registered Yoga Teacher, Yoga Alliance, RYT-500.
- Certification as Health Education Specialist, The National Commission for Health Education Credentialing, Inc., New York, 1989
- Certification as Dietitian, Hebrew University, Faculty of Agriculture, Rehovot, Israel, 1981

FELLOWSHIPS & HONORS

- Regents Professorship, University of Minnesota, 2023
- Best Female Scientist Award (118 International, 75 National), Research.com, 2022
- McKnight Presidential Professorship, University of Minnesota, 2020
- Best Article Finalist, Journal of Nutrition Education and Behavior, 2020
- Award in Clinical, Administrative, or Education Service, Academy for Eating Disorders, 2019
- NIH Outstanding Investigator, 2018
- Academy for Excellence in Health Research, University of Minnesota Academic Health Center, 2017
- Routledge (Taylor & Francis) 2017 *Eating Disorders* Top Twenty-Five Articles Award for: Neumark-Sztainer D, Levine MP, Paxton SJ, Smolak L, Piran N, Wertheim EH. Prevention of body dissatisfaction and disordered eating: What next? *Eating Disorders*. 2006;14:265-285.
- Swami Kuvalyananda Research Award, International Association of Yoga Therapists (IAYT) Symposium on Yoga Research (SYR), 2017
- Mayo Professor of Public Health, 2015
- Platinum Author Award, Journal of Nutrition Education and Behavior, 2015, 2016, 2017, 2018, 2019
- Thomson Reuters Highly Cited Researcher, 2014
- Leonard M. Schuman Award for Excellence in Teaching, School of Public Health, University of Minnesota, 2012
- Leadership Award in Research: Academy for Eating Disorders, 2010
- Distinguished Women Scholars Award in Humanities, Social Sciences and Arts: University of Minnesota. 2009
- Research Award: Eating Disorders Coalition for Research, Policy & Action, 2008
- Outstanding Faculty Mentor of Postdoctoral Scholars Award: University of Minnesota, 2008
- Huddleson Award Honorable Mention for article: Neumark-Sztainer D, Wall M, Guo J, Story M, Haines J, Eisenberg M. Obesity, disordered eating, and eating disorders in a longitudinal study of

- adolescents: How do dieters fare five years later? *Journal of the American Dietetic Association* 2006;106:559-568.
- Eminent Mentor Scholar, College of Education and Human Services, Cleveland State University, 2004-2007
- Award for Excellence: Lori Irving Award for Excellence in Eating Disorders Prevention and Awareness, National Eating Disorders Association, 2003
- Associate Distinguished Fellow, Institute for Advanced Study, La Trobe University, Melbourne, Australia, 2002-2003
- Dannon Institute Early Career Sabbatic Program Award, 2002
- Academy for Eating Disorders Fellow, 2001
- Award for Excellence: Dannon Institute Award for Excellence in Community Nutrition, 1999
- Finalist, International Life Sciences Institute (North America) Future Leaders Award, 1998
- Elected to Delta Omega Honorary Public Health Society for achievement in scholarship, teaching, research and quality of publications in the field of public health, 1997
- Research Award: The American Heart Association, 1997
- Research Award: The American Heart Association, 1996
- Prize from The Organization for Promotion of Israeli Society, awarded for research in the area of eating disturbances, 1993
- Faulkner Prize for Young Researchers, 1993
- Research grant for PhD dissertation: The Rothschild Foundation, 1990
- Rosita and Esteban Herczeg Fellowship for work in the area of Women's Studies, 1989
- Five-year assistantship for PhD studies at Hebrew University-Hadassah Medical School, 1988
- Medical School Prize for Excellent Research in honor of Dr. Yosef Smalar for MPH thesis: "The Effects of Physical Activity in a Weight Loss Program Based on Diet and Behavior Modification," 1988
- Eliezar Kaslar Prize for Outstanding Studies, 1986

PRESENTATIONS

Presentations as Invited Speaker:

2023:

- Australia and New Zealand Academy for Eating Disorders. Geelong, Australia. Keynote Speaker: Yoga: A Practice for Enhancing Body Appreciation and a Positive Sense of Embodiment.
- **Division of Epidemiology and Community Health Seminar Series.** Minneapolis, MN. Invited Speaker: *Yoga: A Practice for Enhancing Body Appreciation and a Positive Sense of Embodiment.*

2022:

• Yoga and Recovery Symposium: Healing from Addiction and Eating Disorders. Virtual. Invited Speaker: *Improving Body Image and Reducing Eating Disorders: Can Yoga Help?*

2021:

- Congressional Briefing with the Eating Disorders Coalition for Research, Policy, and Action. Washington, D.C. (Virtual). Invited Speaker: Eating disorders: A public health priority.
- **NEDA Congressional Briefing.** Washington, D.C. (Virtual). Invited Speaker: *Eating disorders:* A public health priority.
- Enhancing SNEB Member Research Capacity: A Webinar Series. Virtual Presentation. Invited Panelist. Successfully navigating the NIH research funding arena.

- 8th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, The University of British Columbia. Vancouver, British Columbia. Keynote Speaker: Body image in adolescence and beyond: a public health perspective on why it matters and what can be done about it.
- International Association of Yoga Therapists (IAYT) Symposium on Yoga Research 2020. Kripalu Center for Yoga and Health, Stockbridge, MA (Virtual). Invited Speaker: *Yoga, body image, and disordered eating: Research findings and practical implications.*

- National Eating Disorder Information Centre, Canada. Toronto, Ontario. Invited Panelist for Webinar: *Eating Disorders and Yoga*
- Building Research across Inter-Disciplinary Gaps (BRIDG) program. Seattle, WA. Invited Speaker: *Developing a program of research in yoga: Strategies for getting started*
- Assuta Medical Center Tel Aviv. Tel Aviv, Israel. Keynote Speaker: Body image in adolescence and beyond: a public health perspective on why it matters and what can be done about it
- **Healthy Body Image Conference.** Bern, Switzerland. Keynote Speaker: *Body image in adolescence and beyond: a public health perspective on why it matters and what can be done about it*
- Eating Disorders Research Society Annual Conference. Chicago, IL. Symposium Speaker: What we're missing in eating disorders research (and prevention, treatment, and advocacy): The epidemiologist's perspective. Sub-diagnostic disordered eating matters.
- **NEDA Congressional Briefing.** Washington, D.C. Invited Speaker: *Eating disorders: A public health priority.*
- Grand Rounds Presentation, Department of Psychiatry and Behavioral Sciences, Northwestern University. Chicago, IL. Invited Speaker: Body image in adolescence and beyond: Public health perspective on why it matters and what can be done about it.

2018:

- Appearance Matters 8 Conference. Bath, UK. Keynote speaker: 20+ years research on body dissatisfaction: Outcomes and influences
- The Academy for Eating Disorders, ICED 2018. Chicago, IL. Invited plenary speaker: Developing a research agenda to influence policies and practices of relevance to eating disorders: Strategies, advantages, and disadvantages of linking to obesity
- The University of New South Wales Symposium on Eating and Appetite. Sydney, Australia. Invited speaker: Integrating risk factors for eating disorders into the prevention and treatment of obesity

- The Obesity Society. Obesity Week 2017. Washington, DC. Invited speaker: *Integrating risk factors for eating disorders into the prevention and treatment of obesity*
- 33rd Annual Meeting of the German Association for the Study of Obesity. Potsdam, Germany. Invited plenary speaker: *Body dissatisfaction in young people: Why should we care? What can we do about it?*
- Academy for Eating Disorders. Invited speaker (with Anastasia Nevin). Webchat: *Yoga and Eating Disorders*

- Feminist Relational Perspectives and Beyond: Eating Disorders Across the Lifespan and in Diverse Populations. The Renfrew Center Foundation Eating Disorders Conference, Philadelphia, PA. Invited speaker, The Barbara M. Greenspan Memorial Lecture: Preventing eating disorders: Looking backward, moving forward; looking inward, moving outward
- **Mini Medical School**, University of Minnesota, Minneapolis, MN. Invited speaker: *Yoga and public health: Addressing weight-related problems*.
- **Grand Rounds, Mayo Clinic**, Rochester, MN. Invited speaker: *Preventing eating disorders: looking backward, moving forward; Looking inward, moving outward*
- **German Eating Disorders Conference (DGESS),** Essen, Germany. Invited speaker: Preventing eating disorders: Looking backward, moving forward; looking inward, moving outward

2015:

- Feminist Perspectives and Beyond: Honoring the Past, Embracing the Future: 25 Years Later. The 25th Anniversary of the Renfrew Center Foundation Eating Disorders Conference for Professionals, Philadelphia, PA. Invited workshop speaker (with Elisa Mott): The gift of yoga: experiencing, expressing and enjoying the body from inside out
- Binge Eating Disorder Association Annual Conference (BEDA), Hollywood, FL. Invited conference presentation (with Lisa Diers): *Yoga's role in binge eating disorder and body image*
- Israeli Association for Eating Disorders, Tel Aviv, Israel. Keynote speaker: *Preventing eating disorders: Looking backward, moving forward; Looking inward, moving outward*
- Northland American College of Sports Medicine, St. Cloud, MN. Invited speaker: How to get from "I'm, like, SO fat" to "I'm okay" in a weight-obsessed world
- London International Eating Disorders Conference, London, UK
 - Preconference Workshop: Prevention in the field of eating disorders: Looking backward, moving forward; looking inward, moving outward
 - Conference presentation (with Lucia Giombini) Yoga and eating disorders for beginners

- 4th Biennial EDAC-ATAC Conference: Innovation and Integration in Eating Disorders, Vancouver. BC.
 - Public Forum: Invited speaker: How to get from "I'm, like, SO fat" to "I'm okay" in a weight-obsessed world
 - Conference: Keynote speaker: Preventing eating disorders: Looking backward, moving forward; Looking inward, moving outward
- Illinois Transdisciplinary Obesity Prevention Program (I-TOPP), Champaign, IL. Invited speaker: Family meals: Why bother? Key findings from Project EAT.
- Oklahoma Eating Disorders Association (OEDA) Professional Conference, Oklahoma City, OK. Invited speaker: Family meals: Why bother? Key findings from Project EAT.
- X Congreso Hispano Latino Americano en Trastornos de la Conducta Alimentaria "Prevención y Abordaje," (Comenzar de Nuevo and the Hispano Latino American Chapter of the Academic for Eating Disorders). Monterrey, Mexico. Invited speaker: Preventing obesity and eating disorders in adolescents: What can health care providers do?
- National Eating Disorders Association Annual Meeting, San Antonio, TX. Plenary session presentation: Closing the gap between researchers and the public for evidence-based prevention (co-presenter with Carolyn Becker and C. Barr Taylor)

- Nutrition Seminar, Harvard University School of Public Health, Boston, MA. Invited speaker: Family meals: Key findings from Project EAT and future directions.
- Pediatric Medicine: Research and Practice 2013, Children's Pediatric Research Conference, Children's Hospital and Clinics, Minneapolis, MN. Invited speaker: Preventing obesity AND eating disorders in adolescents: What can health care providers do?
- Identifying Priorities for Research on Interventions in Adolescents to Reduce the Risk of Adult Morbidity and Early Mortality, Department of Maternal, Newborn, Child and Adolescent Health, World Health Organization, Geneva, Switzerland.
 - Invited speaker: Risk and protective factors for obesity in adolescence: Findings from the Project EAT studies.
 - Invited speaker: Interventions aimed at preventing obesity and related problems in adolescents.
- **Pediatric Grand Rounds, Stanford University,** Stanford, CA. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- **Division of Adolescent Medicine, Stanford University,** Stanford, CA. Conducting population-based research with adolescents: What we've learned from Project EAT (Eating and Activity among Teens and Young Adults)
- Decision-Making and Emotion Regulation in Life-Span Transitions, Behavioral Change Research Network Conference, University of California/Berkeley, Berkeley, California. Invited speaker: To diet or not to diet? Preventing weight-related problems in adolescents.
- Parliamentary Seminar on Body Confidence, A rapid evidence assessment of the literature, Department for Culture, Media and Sport; and Government Equalities Office, London, UK. Invited speaker: Body Confidence Campaign: Body image as a public health concern
- 10th Annual Women's Health Research Conference, Powell Center for Women's Health, University of Minnesota, Minneapolis, MN. Invited speaker: Dieting behaviors in adolescence: Implications for weight status in young adulthood.
- Mini Medical School, Academic Health Center, University of Minnesota, Minneapolis, MN. Invited speaker: *Promoting a healthy body image in adolescents*.
- Australia and New Zealand Academy for Eating Disorders, Melbourne, Australia. Webinar video: Dieting behaviors in adolescents: The solution or the problem?
- School of Exercise and Nutrition Sciences and the Centre for Physical Activity and Nutrition Research, Deakin University, Melbourne, Australia (Visiting Professor). Preventing a broad spectrum of weight-related problems in young people: An overview of Project EAT and related studies.
- International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Ghent, Belgium.
 - Early Career Researcher Workshop: Invited presentation: *Elevator speeches, career progression, building your niche area.*
 - Panel discussion: Time management and balancing work/life
- **Faculty of Psychology, Eetexpert.be**, Leuven, Belgium. Invited presentation: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- AED International Conference on Eating Disorders, Montréal, Québec, Canada.
 - Invited plenary speaker: Next Steps: How can we progress toward incorporating mindfulness and meditation within practice for eating disorders
 - Invited presentation: Conducting population-based research on eating and weight-related problems in adolescents: What we've learned from Project EAT

- **Pediatrics: School of Medicine, University of Auckland,** New Zealand. Invited speaker: Family meals and why they are worth the effort: What have we learned from Project EAT?
- Auckland Nutrition Research Network, University of Auckland, New Zealand. Invited speaker: Dieting behaviors in adolescents: The solution or the problem?
- Rudd Center for Food Policy & Obesity, Yale University, New Haven, CT. Invited speaker: *Promoting a positive body image in adolescents: Why and how?*

- School of Public Health, University of Haifa, Haifa, Israel. Invited speaker: Conducting population-based research with adolescents: What we have learned from Project EAT (Eating and Activity in Teens and Young Adults)
- Ruppin Academic Center, Emek Hefer, Israel. Invited speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- Johns Hopkins Bloomberg School of Public Health, Baltimore, MD.
 - Invited speaker: Family meals and why they are worth the effort: What have we learned from Project EAT
 - Invited speaker: Dieting behaviors in adolescents: The solution or the problem?
- **The Douglas Institute,** Montréal, Québec, Canada. Community talk: *Promoting a positive body image in adolescents: Why and how?*
- **Ste Justine's Pediatric Hospital,** Montréal, Québec, Canada. Grand Rounds presentation: *Preventing obesity and eating disorders: What can health care providers do?*
- **20**th **International Conference on Eating Disorders,** Alpbach, Austria. Keynote speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- University of Toronto Dalla Lana School of Public Health, Toronto, Ontario, Canada. Invited speaker: Dialogue on future directions for the prevention of eating disorders, obesity and related concerns
- Israeli Health Educators Association Annual Meeting, Kupat Holim Clalit, Tel Aviv, Israel. Invited speaker: Family meals and why they are worth the effort: What have we learned from Project EAT?
- Society for Nutrition Education and Behavior Annual Meeting, Washington DC. Invited plenary speaker: *Dieting behaviors in adolescents: The solution or the problem?*
- Academy of Nutrition and Dietetics: Sports Cardiovascular and Wellness Nutrition Symposium, Baltimore, MD. Invited plenary speaker: Promoting a positive body image in adolescents: Why and how?
- University of Rochester School of Medicine and Dentistry Seminar, Rochester, NY.
 - Invited speaker: Shared risk factors for eating disorders and obesity: Translating research findings into best practices and prevention
 - Invited speaker: Working with families and within schools to prevent weight-related problems in youth

- National Eating Disorders Association and STOP Obesity Alliance Roundtable to Advance an Educated Approach to Policies Surrounding Weight and Obesity, Congressional Briefing, Washington, DC. Panel member: Pounds and Policy: Effectively Communicating About Weight and Health
- National Institutes of Health, National Institute of Child Health and Human Development Seminar, Washington, DC. Invited speaker: Conducting population-based research with

- adolescents: What we've learned from Project EAT (Eating and Activity in Teens and Young Adults)
- Association for Anorexia and Associated Disorders Annual Midwest Eating Disorders Conference, Oakbrook, IL. Keynote speaker: An integrated approach to eating disorders and obesity prevention: Why and how?
- Academy for Eating Disorders International Conference on Eating Disorders, Miami, FL. Invited plenary speaker: *Preventing eating and weight-related problems in adolescents: Have things gotten better or worse in the past decade? And where do we go from here?*
- University of Michigan Pediatric Department Grand Rounds, Detroit, MI. Invited speaker: Preventing obesity AND eating disorders in adolescents: What should health care providers know and do?
- Center for Human Growth and Development Research Seminar, University of Michigan, Detroit, MI. Invited speaker: An integrated approach to preventing obesity and eating disorders in youth: Why and how?

- **Rio International Eating Disorders and Obesity Conference**, Rio de Janeiro, Brazil. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What should health care providers know and do?*
- Renfrew Center 20th Annual Conference For Professionals, Philadelphia, PA. Invited speaker: What do we do about obesity: Challenges for the eating disorders field
- Cleveland Clinic Obesity Summit, Cleveland, OH. Invited speaker: An integrated approach to preventing obesity and eating disorders in youth: Why and how?
- Tucker Center Fall Distinguished Lecture, Minneapolis, MN. Invited speaker: Reducing Obesity among Minority Females: The Critical Role of Physical Activity
- Yale Rudd Center for Food Policy and Obesity, New Haven, CT. Invited speaker: An integrated approach to preventing obesity and eating disorders in youth: Why and how?
- The Centre for Eating and Dieting Disorders, Beaumont Lecture, Sydney, Australia. Invited speaker: *Body dissatisfaction among adolescents: Why it matters and what we can do about it*
- Eating Disorders: Meeting the Challenge Sydney Conference, Sydney, Australia. Keynote speaker: An integrated approach to preventing eating disorders and obesity in youth: Why and how?
- Park Nicollet Eating Disorders Update, St. Louis Park, MN. Invited speaker: An integrated approach to preventing eating disorders and obesity in youth: Why and how?
- The Ontario Society of Nutrition Professionals in Public Health (OSNPPH) Conference, Niagara-on-the-Lake, Ontario, Canada. Invited speaker: *Body dissatisfaction among adolescents: Why it matters? And what can we do to make it better?*
- North American Society of Pediatric and Adolescent Gynecology Annual Meeting, Las Vegas, NV. Invited speaker: Preventing obesity AND eating disorders in adolescents: What should health care providers know and do?
- University of Minnesota Family and Social Science Colloquium, St. Paul, MN. Invited speaker: Family meals in the homes of teens: What do they look like and how important are they?
- **Sheena's Place Open Forum**, Toronto, Canada. Keynote speaker: *I'm, Like, SO Fat!: Helping your teen make healthy choices about eating and exercise in a weight-obsessed world*

- 2nd Curso de Obesidade Pediátrica, Lisbon, Portugal
 - Keynote speaker: Preventing obesity AND eating disorders: What should adolescent health care providers know and do?
 - Workshop presentation: Practical ideas for working with families and working within schools to prevent weight-related problems among adolescents
- National Eating Disorder Information Centre Conference, Toronto, Canada. Invited speaker: Weight related problems in adolescents: What? Why? And How can we Help?
- **Plymouth State University Eating Disorders Conference**, Meredith, NH. Invited speaker: Weight-related problems in adolescents: What? Why? And How can we help?
- **North Dakota Nutrition Council Annual Meeting and Conference**, Minot, ND. Invited speaker: Family meals and why they are worth the effort: What have we learned from Project EAT?
- **Deborah E. Powell Center for Women's Health Seminar**, Minneapolis, MN. Invited speaker: Body image and weight-related problems in adolescent girls: What? Why? And how can we help?
- **Alberta Milk Nutrition File Seminar,** Edmonton and Calgary, Canada. Invited speaker: *Family meals and why they are worth the effort: What have we learned from Project EAT?*

- Indiana University School of Medicine Pediatric Grand Rounds, Indianapolis, IL. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- Indiana University School of Medicine LEAH Seminar, Indianapolis, IN. Invited speaker: Project EAT: Using behavioral research to guide interventions to prevent weight-related problems in adolescents
- International Meeting of Inequalities of Social Health, Quebec City, Canada. Invited speaker: What can health care providers do to help prevent both obesity AND eating disorders in children and adolescents?
- Adolescent Eating Disorders Conference, Penn State Milton S. Hershey Medical Center, Hershey, PA. Invited speaker: Preventing obesity AND eating disorders in adolescents: What can health care providers do?
- **Kaiser Permamente Seminar,** San Francisco, CA. Invited speaker: *Preventing obesity AND eating disorders in adolescents: What can health care providers do?*
- University of North Carolina Nutrition Seminar, Greensboro, NC. Invited speaker: *Project EAT: Using behavioral research to guide interventions to prevent weight-related problems in adolescents*
- National Eating Disorders Association Conference, Austin, TX. Invited speaker: Fluent in the "F" words: To talk or not to talk about food, fat and fitness
- Women's Worlds: 10th International Interdisciplinary Congress of Women, Madrid, Spain. Invited speaker: *Body image and weight related problems in adolescent girls: What? Why? And how can we help?*
- Israel Association of Health Promoters and Educators Meeting, Tel-Aviv, Israel. Invited speaker: Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?
- Southeast Iowa Regional Coalition for Lifestyle Enhancement: Healthy Lifestyles Conference, Burlington, IA. Invited speaker: Preventing the broad spectrum of weight-related problems: What can families do?

- Iowa State University 37th Annual Current Issues in Nutrition, Ames, IA. Invited speaker: Project EAT: Using behavioral research to guide interventions to prevent-weight related problems in adolescents
- Park Nicollet Clinics, Eating Disorders Update, St. Louis Park, MN. Invited speaker: Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome
- University of Texas School of Public Health, Austin Regional Campus Seminar, Austin, TX. Invited speaker: Project EAT: Using behavioral research to guide interventions to prevent-weight related problems in adolescents
- Society for Adolescent Medicine, Greensboro, North Carolina. Invited speaker: *Preventing Obesity AND Eating Disorders: What Should Adolescent Health Care Providers Know and Do?*
- The Elisa Project, 9th Annual Professional Symposium for the Prevention and Treatment of Eating Disorders, Dallas, TX.
 - Invited speaker: Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?
 - Preventing the broad spectrum of weight-related problems: What can families do?

- **Division of Epidemiology and Community Health Seminar,** Minneapolis, MN. Invited speaker: *Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?*
- Obesity and Eating Disorders: A National Symposium for Researchers, Clinicians, and Decision-Makers, Calgary, Canada. Invited speaker: Integrating eating disorders and obesity prevention: What are the challenges and can they be overcome?
- **National Eating Disorders Association Conference**, San Diego, CA. Invited speaker: *Preventing the broad spectrum of weight-related problems: What can schools and families do?*
- Ophelia's Place and the Comprehensive Care Center, Albany, NY. Invited speaker: "I'm, Like, SO Fat!" Helping your teen make healthy choices about eating and exercise in a weight-obsessed world
- National Institutes of Health Office of Women's Health Seminar. Washington, DC. Invited speaker: *Obesity in adolescent girls: A slightly different perspective*
- Children's Health Improvement Collaborative Learning Session. Seattle, Washington. Invited speaker: The role of families in promoting healthful eating and exercise in a weight-obsessed world
- Academy for Eating Disorders International Conference. Baltimore, Maryland. Plenary presentation: Preventing Eating Disorders AND Obesity: What Are the Challenges and Can They Be Overcome?

- Kaiser Permanente's Weight Management Initiative, Hot Topics. Invited speaker: I'm, Like, SO FAT! Healthy eating and body image issues for adolescents
- Renfrew Center Foundation Conference. Invited speaker: *Preventing eating disorders and obesity in adolescents: What can families do and how can we help them?*
- Society for Women's Health Research: Women, Obesity, and Public Health: An Interdisciplinary Workshop, Washington, DC. Invited speaker: Obesity in adolescent girls: What do we know and where do we go from here?

- Eating Disorder Education Organization: Beyond Beauty, Edmonton, Alberta. Keynote speaker: "I'm, Like, SO Fat!" Helping your teen make healthy choices about eating and exercise in a weight-obsessed world
- **Kupat Holim Clalit Seminar**, Tel Aviv, Israel. Invited speaker: *Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image*
- Westwind Roundtable on Innovations in Treatment of Eating Disorders, Winnipeg, Manitoba, Canada. Invited speaker: *Preventing the broad spectrum of weight-related problems:* Working with parents to help their teens achieve a healthy weight and a positive body image
- Harvard School of Public Health Nutrition Seminar, Cambridge, MA. Invited speaker: Weight-related problems in adolescents: Findings from Project EAT and implications for prevention
- Division of Epidemiology and Community Health Seminar, Minneapolis, MN. Invited speaker: Weight-related problems in adolescents: Findings from Project EAT and implications for prevention

- Deborah E. Powell Center for Women's Health, 2nd Annual Women's Health Research Conference, Minneapolis, MN. Invited speaker: Disordered Eating among Adolescent Girls and Boys: Findings from Project EAT
- Minnesota Obesity Center Symposium: Do obesity prevention interventions cause eating disorders? A dialogue about what has been learned in the past ten years, Minneapolis, MN. Invited speaker: Eating disorders: Should we be taking them into account in obesity prevention interventions for adolescents?
- St. Luke's Institute for Health Education Annual Pediatric Conference: Too Fat, Too Thin: Eating Disorders in America, Sioux City, IA. Invited speaker: Eating disorder and obesity prevention in adolescents: The interface
- University of Texas Nutrition Updates, San Antonio, TX. Invited speaker: Preventing the broad spectrum of eating and weight-related problems in adolescents: Working with parents of pre-teens and teens
- Shaping a Healthy Future II: A Rocky Mountain Conference on Weight Realities, Jackson Hole, WY. Invited speaker: Preventing the broad spectrum of weight-related problems: Working with parents to help their teens achieve a healthy weight and a positive body image
- Minnesota Obesity Center, 7th Annual Center-Wide Retreat, Minneapolis, MN. Invited speaker: *Preventing obesity in adolescent girls: Considering the broad spectrum of weight related problems*
- The Elisa Project, 6th Annual Professional Symposium for the Prevention and Treatment of Eating Disorders, Dallas, TX
 - Invited speaker: Eating disorders and obesity prevention: The interface.
 - Preventing the broad spectrum of eating and weight related problems in adolescents: Working with parents

- Cornell Community Nutrition Program Seminar, Cornell University, Ithaca, NY. Invited speaker: Family meals in the homes of teens: What do they look like and how important are they?
- Academy of Eating Disorders, International Conference on Eating Disorders, Orlando, FL. Invited speaker: Can we simultaneously work toward the prevention of obesity and eating disorders?

- 30 year Anniversary, School of Nutritional Sciences, Hebrew University, Rehovot, Israel. Invited speaker: Meeting the needs of adolescent girls at risk for obesity: New Moves
- Eating Disorders and Obesity Conference: Calgary Eating Disorders Program and the University of Calgary. Canada. Invited speaker: Can we simultaneously work toward the prevention of obesity and eating disorders in children and adolescents?

- **Kenyon College Psychology Club.** Gambier, Ohio. Invited speaker: *Preventing eating disorders and obesity: Incompatible or complimentary goals*
- **National Eating Disorders Association Conference.** St. Charles, Illinois. Invited speaker: *Preventing eating disorders and obesity: Incompatible or complimentary goals?*
- **James Cook University.** Cairnes, Australia. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- University of New South Wales. Sidney, Australia. Invited speaker: Can we simultaneously work toward the prevention of obesity and eating disorders?
- **Deakin University.** Melbourne, Australia. Invited speaker: *Family meals in the homes of teens:* What do they look like and how important are they?
- **Special Colloquium, LaTrobe University.** Melbourne, Australia. Invited speaker: *Can we simultaneously work toward the prevention of obesity and eating disorders?*
- **Division of Epidemiology, University of Minnesota**. Minneapolis, MN. Invited speaker: Family meals in the homes of teens: What do they look like and how important are they?
- Academy of Eating Disorders, International Conference on Eating Disorders, Denver, CO. Invited plenary speaker: *Eating disorders and obesity in the pediatric population*

- **Pediatric Grand Rounds: University of Minnesota**. Minneapolis, MN. Invited speaker: Preventing weight-related disorders among children and adolescents: What? Why? Who? And How?
- 3rd Annual Roundtable, Meeting the Challenge of Obesity: Uniting Public Health Research, Practice, and Policy, University of Minnesota, Minneapolis, MN. Invited speaker: School interventions for obesity prevention
- Illusion Theatre: Food for Thought: Raising Awareness about Young People and Eating Disorders. Minneapolis, MN. Invited speaker to introduce topic of eating disorders prevention preceding their play "No Laughing Matter"
- Society for Adolescent Medicine Annual Meeting. Boston, MA. Presenter at Eating Disorders Significant Interest Group: The demographics of disordered eating: Comparing population-based data with clinical impressions
- Partners in Eating Disorders Research and Practice: A Dedication to Lori Irving. Columbia River Eating Disorder Network. Washington State University, Vancouver, WA. Invited speaker: Integrating obesity and eating disorder prevention among adolescents
- Pediatric Grand Rounds: The Hospital for Sick Children. Toronto, Canada. Invited speaker: Preventing weight-related disorders among children and adolescents: What? Why? Who? How?
- Adolescent Grand Rounds: The Hospital for Sick Children. Toronto, Canada. Invited speaker: Weight control practices and disordered eating behaviors among adolescent females and males with type I diabetes: Findings from the AHEAD Study

- National Dairy Council: Age-Segmented Dietary Guidance: Improving Our Service to the Public. Chicago, IL. Invited speaker: Psychosocial influences on adolescents' eating behaviors
- 3rd Annual Professional Symposium for the Treatment of Eating Disorders: The Elisa Project. Dallas, TX. Invited workshop speaker: *Integrating obesity and eating disorder prevention among adolescents*
- **Eating Disorder Prevention Workshop.** Elmira, NY. Invited workshop speaker: *Empower yourself in the prevention of eating disorders*
- **2001 Renfrew Center Foundation Conference.** Philadelphia, PA. Keynote presentation: *Empowering overweight adolescent girls.*
- **Division of Epidemiology Seminar, University of Minnesota**. Minneapolis, MN. Invited speaker: Weight-related concerns and behaviors among adolescent girls and boys: Findings from Project EAT
- Society for Adolescent Medicine Annual Meeting. San Diego, CA.
 - Presenter at Eating Disorders Significant Interest Group: *Prevention of eating disorders and other weight-related disorders among adolescents*
 - Moderator: Discussion group on nutrition and eating disorders
- Washington Association of Local WIC Agencies (WALWICA) Meeting. Seattle, WA. Invited workshop leader: Adolescent obesity: Using qualitative research to assist in program planning
- Faculty Seminar. Department of Nursing. University of Haifa. Haifa, Israel. Invited speaker: Obesity and eating disorder prevention: School and community-based approaches

2000:

- Society for Adolescent Medicine Annual Meeting. Washington, DC. Invited speaker: Special Interest Group Presentation: Adolescent nutrition and obesity: Achieving the year 2010 objectives
- National Institute of Mental Health: Prevention of Eating Disorders Roundtable. Rockville, MD. Invited speaker: *Prevention of eating disorders: State-of-the-art in understanding risk factors*
- **Healthy Generations Video Conference.** St. Paul, Minnesota. Invited speaker: *Risk factors for childhood and adolescent obesity*

- Second National Conference for Educators on Eating Disorders, Harvard Eating Disorders Center. Waltham, MA. Invited speaker: Free to be Me: Promoting a positive body image and preventing unhealthy dieting among young adolescent girls
- **Air Force Dietitian's Symposium.** Sheppard Air Force Base, Wichita Falls, TX. Invited speaker: *Behavioral theory: Enhancing nutritional counseling/interventions*
- **Topics and Advances in Pediatrics.** Minneapolis, MN. Invited speaker: *Preventing eating disorders among adolescents: An overview*

- **Division of Epidemiology Seminar, University of Minnesota**. Minneapolis, MN. Invited speaker: *Preventing weight-related disorders among adolescents: School and community-based approaches*
- School of Public Health. Hadassah-Hebrew University. Jerusalem, Israel. Invited speaker: Preventing weight-related disorders among adolescents: School and community-based approaches
- Annual Meeting of the American Dietetic Association. Atlanta, GA. Invited poster presentation: *Free to Be Me*. Recipient of the Dannon Institute Award for Excellence in Community Nutrition

- **Pediatric Grand Rounds, St. Paul Children's Hospital**. St. Paul, MN. Invited speaker: Disordered eating behaviors among adolescents with chronic illness
- **Pediatric Grand Rounds, Minneapolis Children's Hospital**. Minneapolis, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*
- **Pediatric Grand Rounds, Fairview Riverside Hospital**. Minneapolis, MN. Invited speaker: *Disordered eating behaviors among adolescents with chronic illness*
- Nutrition Updates Teleconference Series 1998-99, University of Texas Health Science Center at San Antonio, TX. Invited speaker: Disordered eating behaviors among adolescents with chronic illness

- Society for Adolescent Medicine Annual Meeting. San Francisco, CA. Invited speaker for Special Interest Group Presentation: A position paper on adolescent nutrition
- Childhood and Adolescent Obesity: Prevention and Intervention. Minneapolis, MN.
 - Invited speaker: The weight dilemma: Philosophical perspectives
 - Workshop: *School-based prevention of weight-related disturbances*
- Food Science and Nutrition Seminar, University of Minnesota. Minneapolis, MN. Invited seminar leader: *Psychosocial concerns among overweight adolescents of different ethnicities:* Qualitative and quantitative approaches to analysis
- **Division of Epidemiology Seminar, University of Minnesota**. Minneapolis, MN. Invited speaker: *Psychosocial concerns among overweight adolescents of different ethnicities: Qualitative and quantitative approaches to analysis*
- Statewide Staff In-Service for Nutrition, Food and Health Specialized Extension Educators and Nutrition Education Assistants, Minnesota Extension Service, University of Minnesota. St. Paul, MN. Invited speaker: Inadequate correlates of dairy food consumption among adolescents
- 14th International Symposium: Health Risk Behavior in Adolescence. Theoretical Concepts and the Evaluation of Prevention Programs. University of Bielefeld, Bielefeld, Germany. Invited speaker: Correlates of disordered eating among adolescents: What do we know?
- Meeting of the Association of Israeli Health Educators. Center for Health Education, Kupot Holim Clalit. Tel Aviv, Israel. Invited speaker: *Preventing weight-related disorders: Can schools help?*
- State of Alaska Maternal and Child Health Section Teleconference. Invited speaker: School-based prevention of weight-related disorders

- Building Partnerships for Healthy Nutrition: Focus on Nutrition and Physical Activity.

 Minnesota Department of Children, Families & Learning Conference. Bloomington, MN. Invited speaker: School-based prevention of weight-related disorders
- Pediatric Grand Rounds, Department of Pediatrics, University of Minnesota. Minneapolis, MN. Invited speaker: Disordered eating behaviors among adolescents with chronic illness

- Society for Adolescent Medicine Annual Meeting. Washington, DC. Invited speaker, Special Interest Group Presentation: *Adolescent nutrition: Is it a priority?*
- Presentation to the Field Faculty & Friends of Public Health Nutrition, University of Minnesota. Minneapolis, MN. Invited speaker & workshop leader: The prevention of eating disturbances

1995:

- Research Forum of the Division of Epidemiology, University of Minnesota. Minneapolis, MN. Invited speaker: *Disordered eating among adolescent females in Israel*
- **Division of Epidemiology, University of Minnesota.** Minneapolis, MN. Invited speaker: *Prevention of eating disorders: Why, what, and how?*
- **Disabilities Research Forum. University of Minnesota**. Minneapolis, MN. Invited speaker: *Eating disorders among adolescents with chronic illness*

1994:

- National Council for the Child. Conference at the Knesset (Israeli House of Parliament). Jerusalem, Israel. Invited speaker: *Culture and eating habits of adolescents*
- Meeting of the Israeli Association of Health Educators. Rehovot, Israel. Meeting organizer & Invited speaker: *Dilemmas in relaying controversial nutritional information to the public*
- Epidemiology Unit, Department of Social Medicine, School of Public Health and Community Medicine. Jerusalem, Israel. Invited speaker: Weight loss behaviors among Israeli adolescent females: A longitudinal study

1993:

• Symposium on Prevention and Treatment of Eating Disorders among Adolescents.

Jerusalem, Israel. Invited speaker: The primary and secondary prevention of eating disturbances in an adolescent population

1992:

• The Israel Association of Ambulatory Pediatrics: Summer Conference. Tel Aviv. Invited speaker: *The prevention of eating disturbances among adolescents*

1991:

• Hadassah Medical Organization Clinical Conference. Jerusalem, Israel. Invited speaker: The concept of risk as applied to dieting and eating disturbances

• **Meeting of the Israeli Association of Health Educators**. Jerusalem, Israel. Invited speaker: *The promotion of fad diet products: The role of the health educator in combating these products*

- First Jerusalem Health Exposition: Strategies for Health Promotion. Jerusalem, Israel. Invited speaker: Behavior modification: A tool for changing health behaviors
- WHO Workshop on Nutritional Assessment: The Use of Food Frequency Questionnaires. Wagenhagen, The Netherlands. Invited speaker: The nutritional situation in Israel and A food frequency questionnaire for use in case control study on coronary heart disease

Research Presentations & Workshops (selected):

2019:

• International Association of Yoga Therapists (IAYT) Symposium on Yoga Research 2019, Kripalu Center for Yoga and Health, Stockbridge, MA. Workshop presentation: Neumark-Sztainer D. "Population-based, observational yoga research: What, why, and how?"

2018:

- International Association of Yoga Therapists (IAYT) Symposium on Yoga Research 2018, Kripalu Center for Yoga and Health. Stockbridge, MA. Workshop presentation: Neumark-Sztainer D. "Develop a Program of Research in Yoga: Strategies for Getting Started"
- Maternal and Child Health Bureau Webinar. Presenter. Neumark-Sztainer D. R40 Grant "Lessons Learned: Publication Action Plan"
- Appearance Matters 8 Conference. Bath, UK. Workshop presentation: Neumark-Sztainer D, Franko, D. Leadership: Is it for me and how to do it best?

2017:

• **AED International Conference on Eating Disorders.** Prague, Czech Republic. Workshop presentation: **Neumark-Sztainer D**, Franko, D. *Becoming a leader: What does it mean for us and our field*

2016:

• Eating Disorders Research Society Annual Meeting. New York, NY. Poster presentation: Neumark-Sztainer D, Eisenberg M, MacLehose R, Watts A. Yoga and body image: findings from a large population-based study with implications for eating disorders prevention and treatment

2013:

- International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Ghent, Belgium.
 - Symposium Presenter: **Neumark-Sztainer D.** Family meals: Key findings from Project EAT and future directions
 - Moderator and Chair: **Neumark-Sztainer D.** Diet and physical activity in those living with disease or disability
- **AED International Conference on Eating Disorders**, Montréal, Québec, Canada. Workshop presentation: **Neumark-Sztainer D.** *Conducting population-based research on eating and weight-related problems in adolescents: What we've learned from Project EAT*

2012:

- 20th International Conference on Eating Disorders, Alpbach, Austria. Workshop presentation: Neumark-Sztainer D. Conducting population-based research with adolescents: What we've learned from Project EAT
- Universitat Autònoma de Barcelona, Departament de Psicologia Clínica i de la Salut. Barcelona, Spain. Workshop presentation: Neumark-Sztainer D. Preventing a broad spectrum of weight related problems in adolescents: What? Why? And How?

2011:

• International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Melbourne, Australia. Oral presentation: Neumark-Sztainer D, Wall M, Story M, Standish A. Dieting and unhealthy weight control behaviors during adolescence: Associations with 10-year changes in body mass index

- Rio International Eating Disorders and Obesity Conference, Rio de Janeiro, Brazil. Oral presentation: Neumark-Sztainer D, Friend S, Flattum C, Story M, Hannan P. New Moves: Findings from a group-randomized trial to prevent weight-related problems in adolescent girls
- Eating Disorders Research Society Annual Meeting, Cambridge, MA. Oral presentation: Neumark-Sztainer D, Friend S, Flattum C, Story M, Hannan P. New Moves: Findings from a group-randomized trial to prevent weight-related problems in adolescent girls
- Academy for Eating Disorders International Conference for Eating Disorders, Salzburg, Austria. Oral presentation: Neumark-Sztainer D, Friend S, Flattum C, Story M, Hannan P. New Moves: Findings from a group-randomized trial to prevent weight-related problems in adolescent girls
- Eating Disorders: Meeting the Challenge Sydney Conference, Sydney Australia. Workshop presentation: Neumark-Sztainer D. Practical ideas for working with families and schools to prevent eating disorders and obesity in youth.
- Society for Adolescent Health and Medicine Annual Meeting. Toronto, Canada. Workshop presentation: Neumark-Sztainer D, Larson N. Conducting population-based research with adolescents: What we wish we knew when we began

2009:

• National Eating Disorders Association. Minneapolis, MN. Oral presentation: Flattum C, Neumark-Sztainer D, Feldman S. Motivational interviewing within New Moves, a school-based program for adolescent girls

2007:

- Eating Disorders Research Society Annual Meeting. Pittsburgh, Pennsylvania. Poster presentation: Neumark-Sztainer D, Wall M, Story M, van den Berg P. Accurate parental classification of their overweight adolescents' weight status: Does it even matter?
- Society for Adolescent Medicine, Denver, Colorado. Workshop presentation: Austin SB, Neumark-Sztainer D, Franko DL. Integrating obesity and eating disorders prevention: The five W's for implementation in the field

2005:

- Eating Disorders Research Society Annual Meeting, Toronto, Canada. Poster presentation: Neumark-Sztainer D, Paxton S, Hannan P, Haines J, Story M. Does body satisfaction matter? Five-year longitudinal associations between body satisfaction and health behaviors in adolescent and young adult females and males
- Academy for Eating Disorders International Conference on Eating Disorders, Montreal, Canada. Workshop presentation: Neumark-Sztainer D. Parenting teens with a healthy weight and a positive body image in a world gone astray: Working with parents of adolescents to prevent the broad spectrum of eating and weight-related problems
- Society of Adolescent Medicine Annual Meeting, Los Angeles, CA. Workshop presentation: Neumark-Sztainer D. Preventing eating and weight-related problems from A to Z in teens: Working with parents of teens

2004:

• Academy of Eating Disorders International Conference on Eating Disorders, Orlando, FL. Workshop presentation: Neumark-Sztainer D, Levine M, Piran N. Building on connections: Integrative themes in the prevention of negative body image and disordered eating

• Academy of Eating Disorders, International Conference on Eating Disorders, Denver, CO. Workshop presentation: Neumark-Sztainer D, Levine M. Shared themes and possibilities in the prevention of obesity and disordered eating

2002:

- Eating Disorders Research Society Annual Meeting, Charleston, SC. Oral presentation: Neumark-Sztainer D, Wall M, Story M, Fulkerson JA. Nurturing eating environments within the home: Associations between family meal patterns and disordered eating in adolescents
- Academy of Eating Disorders, International Conference on Eating Disorders, Boston, MA. Workshop presentation: Neumark-Sztainer D. Correlates of disordered eating among adolescents: Implications for the primary prevention of disordered eating

2001:

- Academy for Eating Disorders, International Conference on Eating Disorders. Vancouver, BC. Poster presentation: Neumark-Sztainer D., Wall M, Story M, Perry C. Correlates of unhealthy weight control behaviors among adolescent girls and boys: Implications for the primary prevention of disordered eating
- Eating Disorders Research Society Annual Meeting. Albuquerque, NM. Workshop presentation: Neumark-Sztainer D. Preventing weight-related disorders among adolescent girls: An innovative and integrated school-based approach

2000:

- Qualitative Health Research Conference. Banff, Alberta, Canada. Lecture presentation: Neumark-Sztainer D, Story M, Ackard D, Moe J, Perry C. The "family meal": Views of adolescents
- American Heart Association Annual Research Symposium. Dallas, TX. Poster presentation: Neumark-Sztainer D, Story M, Tharp T, Coller T, Rex J, Jaffe L, Ackard D, Utter J. New Moves: A school-based approach to healthy lifestyle promotion among overweight adolescent girls
- Adolescent Medicine: Perspectives and Challenge. Jerusalem, Israel.
 - Lecture presentation: **Neumark-Sztainer D**, Story M, Hannan P, Moe J, Wall M, Perry C. Weight control behaviors among adolescent girls and boys: Findings from Project Eat
 - Workshop presentation: Prevention of disordered eating among children and adolescents: A community-based approach
- 128th Annual Meeting of the American Public Health Association. Boston, MA. Lecture presentation: Neumark-Sztainer D, Story M, Hannan P, Moe J. What are teens eating and why? First findings from Project EAT

1999:

• Society for Adolescent Medicine Annual Meeting. Los Angeles, CA. Panel discussion: Neumark-Sztainer D. From prevention to prognosis: A clinical research update on adolescent eating disorders

1997:

• Society for Disability Studies. Minneapolis, MN. Lecture presentation: Neumark-Sztainer D, Faibisch L. Resisting rejection: A discussion of advocacy and leadership for overweight adolescents and adolescents with physical disabilities

- **Pediatrics in the Community 2000+.** Jerusalem, Israel.
 - Research presentation: **Neumark-Sztainer D**, Story M, Dixon LB, Murray D. Adolescents engaging in unhealthy weight control behaviors: Are they at risk for other health-compromising behaviors?
 - Poster presentation: **Neumark-Sztainer D**, Story M. Perceptions of overweight adolescent girls: Psychological concerns and recommendations for school-based programs

- Society for Adolescent Medicine Annual Meeting. Washington, DC. Workshop: *The prevention of eating disturbances: Why, what, who, and how?*
- Eating Disorders Research Society Meeting, University of Pittsburgh Medical Center. Pittsburgh, PA. Poster presentation: Neumark-Sztainer D, Story M, Faibisch L, Ohlsen J. Self-perceptions of overweight Caucasian and African American adolescent girls

1995:

- **Meeting of The International Association of Adolescent Health**. Vancouver, Canada. Lecture presentation: **Neumark-Sztainer D**. Are unhealthy weight loss behaviors part of the problembehavior syndrome among adolescents?
- International College of Psychosocial Medicine, 13th World Congress. Jerusalem, Israel. Lecture presentation: Neumark-Sztainer D, Butler R, Palti H. Eating disturbances among adolescent high school girls and introduction of a primary prevention program

1994:

• **PKU (Phenylketonuria) Symposium, University of Minnesota**. Minneapolis, MN. Workshop: *Management of nutritional intake for adolescents with PK*

- The Israel Association of Family Therapy Symposium on Eating Disorders. Tel Aviv, Israel. Workshop Leader: The Weigh to Eat: An educational program for the primary prevention of eating disturbances
- Regional European Meeting of the International Epidemiological Association. Jerusalem, Israel. Lecture presentation: Neumark-Sztainer D, Palti H, Butler R. Weight loss patterns and associated eating patterns among Israeli adolescent females
- Society for Nutrition Education 26th Annual Meeting. St. Paul, MN.
 - Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. A school-based program for the primary prevention of eating disturbances
 - Lecture presentation: **Neumark-Sztainer D**, Palti H, Butler R. A model explaining the determinants of eating disturbance
- 2nd European Forum on Adolescent Health. Jerusalem, Israel. Lecture presentation: Neumark-Sztainer D, Palti H, Butler R. A model explaining the determinants of eating disturbances
- Health Education and Health Promotion: Annual National Conference. Jerusalem, Israel. Lecture presentation Co-Author: Raphaely B, Halevy A, Neumark-Sztainer, D. Health education at the Adolescent Health Service in Jerusalem: Three years of experience

- Hadassah Medical Organization Research Day. Jerusalem, Israel. Poster presentation: Neumark-Sztainer D, Palti H, Butler R. Prevention of eating disturbances among adolescent females
- 11th International Congress of Dietetics. Jerusalem, Israel.
 - Workshop Leader: A program for the prevention of eating disorders
 - Lecture presentation: Neumark-Sztainer D. Dieting practices and weight concerns among adolescent females
- International Conference: Food Service Systems Beyond the Year 2000. Jerusalem, Israel. Lecture presentation: Neumark-Sztainer D. Adolescence as a period of change: Nutritional implications

1991:

• The International Association of Adolescent Health Fifth International Conference. Montreux, Switzerland. Poster presentation: Neumark-Sztainer D, Palti H, Butler R. Prevention of eating disturbances among adolescent females - Preliminary results

1989:

• Award Ceremony of the Herczeg Scholarships for Research on Women in Society. Van Leer Institute, Jerusalem, Israel. Lecture presentation: Neumark-Sztainer, D. Prevention of eating disturbances among adolescent females: Description of proposed study

1986:

• International Conference on Obesity. Jerusalem, Israel. Lecture presentation: Neumark-Sztainer D, Ban R, Kaufmann NA, Sztainer H, Berry EM. The effects of physical activity in a weight loss program based on diet and behavior modification

PUBLICATIONS

Book

Neumark-Sztainer D, "I'm, Like, SO Fat!": Helping Your Teen Make Healthy Choices about Eating and Exercise in a Weight Obsessed World. New York: The Guilford Press, 2005.

Book Chapters:

Neumark-Sztainer D, Larson N. How to write proposals and obtain funding. <u>In</u>: Van Horn L, Beto J, eds. *Research: Successful Approaches* (4th ed.) Chicago: American Dietetic Association, 2019. pp. 53-73.

Neumark-Sztainer D. The practice of yoga: Can it help in addressing body image concerns and eating disorders? <u>In:</u> Tylka T, Piran N. eds. *Handbook of Positive Body Image and Embodiment: Constructs, Protective Measures, and Interventions*. New York: Oxford University Press, 2019. pp. 326-336.

Neumark-Sztainer D, Loth K. Impact of dieting. <u>In:</u> Brownell KD, Walsh BT, eds. *Eating Disorders and Obesity: A Comprehensive Handbook*. 3rd Ed. New York: Guilford Publications, 2017. pp. 109-115.

Berge JM, Wickel K, Bucchianeri M, **Neumark-Sztainer D**. Umatter: Using community-based participatory research to deliver obesity prevention through a primary care Health Care Home. <u>In:</u> M. Korin M, ed. *Handbook of Health Promotion for Children and Adolescents*. New York: Springer, 2016.

Berge JM, Didericksen K, Bucchianeri M, Prasad S, **Neumark-Sztainer D**. Partnering with adolescents, parents, researchers and family medicine clinics to address adolescent weight and weight-related behaviors. In: Korin M, ed. *Health Promotion for Children and Adolescents*. New York: Springer, 2016.

Eisenberg M, Neumark-Sztainer D. Peer harassment and disordered eating. <u>In:</u> Srabstein JC, Merrick J, eds. *Bullying: A Public Health Concern.* New York: Nova Science Publishers, 2013.

Larson N, **Neumark-Sztainer D**, Harwood EM, Eisenberg ME, Wall MM, Hannan PJ. Do young adults participate in surveys that 'go green'? Response rates to a web and mailed survey of weight-related health behaviors. <u>In</u>: Merrick J, ed. *Child Health and Human Development Yearbook 2011*. New York: Nova Biomedical, 2013.

Cutler GJ, Flood A, **Neumark-Sztainer D**. Dietary patterns. <u>In:</u> Levesque RJ, ed. *Encyclopedia of Adolescence*. New York: Springer. 2011.

Neumark-Sztainer D. Obesity and body image in youth. <u>In</u>: Cash, Smolak. *Body Image*. 2nd ed. Guilford Publications. New York: Guilford Publications, 2011.

Neumark-Sztainer D. Prevention of eating disorders in children and adolescents. <u>In</u>: LeGrange, Lock, eds. *Handbook of Assessment and Treatment for Children and Adolescents with Eating Disorders*. New York: Guilford Publications, 2011.

Neumark-Sztainer D, Flattum C, Feldman S, Petrich C. Striving to prevent obesity and other weight-related problems in adolescent girls: The New Moves approach. <u>In</u>: O'Dea J, Eriksen M, eds. *Childhood Obesity Prevention-International Research, Controversies, and Interventions*. Oxford University Press, 2010.

Neumark-Sztainer D. Parenting teens with a healthy body and a healthy body image. <u>In:</u> Latzer Y, Merrick J, Stein D, eds. *Understanding Eating Disorders: Integrating Culture, Psychology and Biology*. New York: Nova Science, 2010.

Haines J, **Neumark-Sztainer D**. Psychosocial consequences of obesity and weight bias: Implications for interventions. <u>In:</u> Heinberg LJ, Thompson KJ. *Obesity in Youth: Causes, Consequences and Cures*. Washington, DC: American Psychological Association, 2009.

Bauer KW, Haines J, **Neumark-Sztainer D**. Obesity prevention: Strategies to improve effectiveness and reduce harm. <u>In:</u> Smolak L, Thompson JK. *Body Image, Eating Disorder, and Obesity in Youth* (2nd ed.), Washington, DC: American Psychological Association, 2009.

Sherwood NE, Story M, **Neumark-Sztainer D**, Bauer K. Behavioral risk factors for overweight and obesity: Diet and physical activity. <u>In</u>: Coulston AM, Boushey CJ, Eds. *Nutrition in the Prevention and Treatment of Disease* (2nd ed.) (pp. 431-456). New York: Academic Press, 2008.

Neumark-Sztainer D. How to write proposals and obtain funding. <u>In:</u> Monsen ER, Van Horn L. *Research: Successful Approaches* (3rd ed.) (pp. 39-49). Chicago: American Dietetic Association, 2008.

Neumark-Sztainer D, Eisenberg E. Weight bias in a teen's world. <u>In</u>: Brownell KD, Puhl RM, Schwartz MB. *Bias, Stigma, Discrimination, and Obesity*. California: Guilford Publications, Inc., 2005.

Croll J, **Neumark-Sztainer D**. Nutrition counseling for anorexia nervosa, bulimia nervosa, and binge eating disorder. <u>In:</u> Brewerton T, Ed. *Clinical Handbook of Eating Disorders*. New York: Marcel Dekker, Inc., 2004.

Neumark-Sztainer D, Haines J. Psychosocial and Behavioral Consequences of Obesity. <u>In</u>: Thompson JK, Ed. *Handbook of Eating Disorders and Obesity*. New York: Wiley, 2004.

Stang J, Story M, Neumark-Sztainer D. Special Issues in Adolescent Nutrition. <u>In</u>: Brown J, Murtaugh M, Isaacs J, Wooldridge N, Eds. *Nutrition Through the Lifecycle (with Info Trac)* 1st Edition. Wadsworth Publishing, 2002.

Sherwood N, Story M, **Neumark-Sztainer D**. Behavioral Risk Factors for Obesity: The Influences of Physical Activity and Diet. <u>In</u>: Coulston A, Rock C, Monsen E, Eds. *Nutrition in the Prevention and Treatment of Disease*. (pp. 517-532). New York: Academic Press, 2001.

Neumark-Sztainer D, Moe J. Weight-related concerns and disorders among adolescents. <u>In:</u> Worthington-Roberts BS, Williams SR, Eds. *Nutrition Throughout the Life Cycle, 4th Ed.* (pp. 288-317). McGraw-Hill, 2000.

Wright K, **Neumark-Sztainer D**. Guidelines for adolescent female nutrition and implications for women's health. <u>In</u>: Diamond MP, DeCherney AH, Eds. *Infertility and Reproductive Medicine Clinics of North America*. WB Saunders, PA. 11(2):199-227. April 2000.

Educational Materials:

Neumark-Sztainer D, Flattum C, Petrich C, Friend S, Story M, New Moves Girl Pages Curriculum. Minneapolis: Division of Epidemiology and Community Health, School of Public Health, University of Minnesota. 2009.

Neumark-Sztainer D, Flattum C, Petrich C, Friend S, Story M, Coller T, Rex J. New Moves Girl Pages Curriculum. Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN. 2007.

Haines J, **Neumark-Sztainer D**, Solomon S. Very Important Kids Curriculum. Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN. 2005.

Neumark-Sztainer D. Preventing eating disorders and obesity: Incompatible or complimentary goals? Handout for National Eating Disorders Awareness Week 2004. National Eating Disorders Association. 2003.

Neumark-Sztainer D. Preventing eating disorders, promoting positive body images. Facilitator's Guide. Hazelden Foundation. 2003.

Neumark-Sztainer D, Story M, Jaffee L, Rex J, Coller T, Tharp T, Ackard D. *New Moves Student Journal*. Division of Epidemiology, School of Public Health, University of Minnesota, Minneapolis, MN. 2000.

Neumark-Sztainer D, Story M, Tharp T, Jaffee L, Rex J, Ackard D, Fedio G. *New Moves Teacher's Guide*. Division of Epidemiology, School of Public Health, University of Minnesota, Minneapolis, MN. 2000.

- **Neumark-Sztainer D**, Harris T. Free to be Me: A Girl Scout badge (program) that helps young girls feel good about their body. 1996.
- **Neumark-Sztainer D**. The Weigh To Eat: A high school program for the promotion of healthy eating habits and a positive body image. 1991 (Hebrew version); 1992 (English version).

Journal Articles (*peer-reviewed)

- *Loth KA, Huang Z, Wolfson J, **Neumark-Sztainer D**, Fisher J, Fulkerson JA, Berge JM. Leveraging ecological momentary assessment to understand variability in food parenting practices within a low-income racially/ethnically diverse sample of parents of preschoolers. *Appetite*. Under Review.
- *Grace S, Hahn S, Folk A, Sherwood N, Barr-Anderson D, **Neumark-Sztainer D**. Social media use and physical activity among emerging adults: Does an interest in exercise matter? *American Journal of Health Promotion*. Under Review.
- *Mason SM, Farkas K, Friedman JK, Gerlach A, Johnson ST, Emery Tavernier R, Bodnar LM, **Neumark-Sztainer D**. Life-course Experiences And Pregnancy (LEAP): A retrospective pregnancy cohort for life-course health research. *Pediatric and Perinatal Epidemiology*. Under Review.
- *Burnette B, Muentner L, Shlafer R, **Neumark-Sztainer D**. Collateral consequences of household incarceration: Implications for emerging adult food insecurity, public assistance, and eating behaviors. *Public Health Reports*. Under Review.
- *West CE, Hazzard VM, Loth KA, Larson N, Hooper L, **Neumark-Sztainer D**. The interplay between food insecurity and family factors in relation to disordered eating in adolescence. *Appetite*. Under Review.
- *Friend S, Horning M, Neumark-Sztainer D, Fulkerson JA. Lettuce celebrate the benefits of leafy-green salad at family dinner. Under review.
- *Hayward L, Vartanian L, Yoon C, Mason SM, Pinkus R, **Neumark-Sztainer D**. How experiencing intimate partner violence may increase disordered eating: A 10-year longitudinal analysis. Under Review.
- *Loth KA, de Brito JN, Kiolbasa E, Uy MJ, Berge JM, **Neumark-Sztainer D**. Examining the social and behavioral impacts of COVID-19 on families with young families. Under Review.
- *Emery R, Hanson SJ, Friedman JK, Johnson ST, **Neumark-Sztainer D**, Mason SM. COVID-19 vaccine hesitancy among perinatal women: A qualitative study of lived experiences. *Public Health Nursing*. Under Review.
- *Hahn SL, Kramer EN, Hazzard VM, Barr-Anderson DJ, Larson N, **Neumark-Sztainer D**. Weight-related self-monitoring app use among emerging adults: Associations with physical activity and screen time. *Journal of Behavioral Medicine*. Under Review.
- *Yoon C, Arlinghaus K, Ledoux T, Johnston C, Larson N, **Neumark-Sztainer D**. Associations of regular consumption of breakfast, lunch, and dinner with BMI: Longitudinal findings differ by weight status among the EAT 2010-2018 cohort. *Public Health Nutrition*. Under Review.
- *Larson N, Mason SM, Bruening M, Laska M, Hazzard V, **Neumark-Sztainer D**. Adverse childhood experiences and food insecurity in emerging adulthood: Findings from the EAT 2010-2018 study. *Public Health Nutrition*. Under review.
- *Burnette CB, Hazzard VM, Linardon J, Rodgers RF, Loth KA, **Neumark-Sztainer D**. How parental feeding practices relate to young people's intuitive eating: Cross-sectional and longitudinal associations by gender and weight concern. *JAH*. Under Review.

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GRANT SUPPORT

Currently Funded Grants

Title: Eating, Activity, and Weight-Related Problems Across the Life Course in Diverse Populations

Amount: \$6,433,075

Agency: National Institutes of Health, NHLBI

Purpose: This longitudinal program of research will identify short- and long-term multi-level (individual,

family, friend, school, worksite, and neighborhood) predictors of weight-related problems in young people and will guide the development of highly innovative and effective interventions to reduce the

burden of these problems on marginalized populations.

Period: 1/19/2018-11/30/2024 (R35HL139853)

Role: Principal Investigator

Title: Research on Eating and Activity for Community Health (REACH): An Applied Epidemiology

Training Program to Improve Weight-Related Health in Youth and Families from Diverse

Communities

Amount: \$2,225,493

Agency: National Institutes of Health, NHLBI

Purpose: This training program will utilize a health equity lens to address a broad spectrum of weight-related

problems across critical periods of the life course and ensure that future scientists are trained in both

observational and intervention research and in translating research into action.

Period: 08/01/20-07/31/25 Role: Principal Investigator

Title: Feasibility of a Yoga Intervention in Sedentary African-American Women

Amount: \$657,711

Agency: National Institutes of Health, NCCIH

Purpose: The goal of this project is to test the feasibility, acceptability, safety, and targeted outcomes of a yoga

intervention. Sixty sedentary African-American women will enroll in a 12-week hatha and restorative yoga intervention. This intervention could have broad public health impact in the future, as it will be ultimately grounded in feasibility, generalizability, and efficacy and targets a population with a high

level of sedentary behavior and chronic disease co-morbidities

Period: 09/21/20-08/31/23 (R34AT011036)

Role: Co-Investigator (Principal Investigators: Dr. Daheia Barr-Anderson, Dr. Mark Pereira)

Title: Maternal Early Adversities and Weight During Childbearing

Amount: \$2,332,319

Agency: National Institutes of Health, NICHD

Purpose: We will create an innovative new cohort by linking pregnancy data from surveys and medical records

with existing longitudinal information on ~520 women participating since adolescence in a 15-year study of weight-related health. This unique dataset will enable investigation of: (1) how early adversities experienced by women are associated with their pregnancy weight outcomes; (2) how early adversities are associated with young adult risk factors, and how young adult risk factors are associated with pregnancy weight outcomes; and (3) the extent to which associations between early life adversities and pregnancy weight outcomes are mediated by young adult weight-related risk

factors.

Period: 08/10/18-06/30/23 (R01HD090053)

Role: Co-Investigator (Principal Investigator: Dr. Susan Mason)

Title: Systems Science and the Dieting Paradox: Investigating the Complex Mechanisms through

which Dieting Influences Obesity and Eating Disorder Risk

Amount: \$385,938

Agency: National Institutes of Health, NIDDK

Purpose: This study aims to use existing longitudinal data and cutting-edge computational methods to better

understand the complexity, heterogeneity, and dynamic interplay over time among dieting, obesity, and disordered eating during the adolescence to young adulthood transition to inform intervention

development. We plan to use 1) topological data analysis (TDA) to better characterize the

heterogeneity of dieting and identify "dieting paradox" subgroups with varied weight and disordered eating trajectories; and 2) agent-based modeling (ABM) to simulate strategies for improving subgroup and population-wide outcomes. Better characterizing the complexity and clinically meaningful heterogeneity across the spectra of dieting, weight and disordered eating will help the obesity and eating disorder fields move beyond "one size fits all" intervention strategies that could inadvertently

lead to adverse consequences for vulnerable sub-populations

Period: 04/06/20-03/31/23 (R21DK121242)

Role: Co-Investigator (Principal Investigator: Dr. Nancy Sherwood)

Title: Examining How Psychosocial Stress Gets "Under the Skin" and Leads to Cardiometabolic

Disease Risk in Diverse Children: A Mixed-Methods Study

Amount: \$3,540,000

Agency: National Institutes of Health, NHLBI

Purpose: This innovative mixed-methods study examines how stress gets "under the skin" during childhood

and leads to obesity and emerging cardiovascular disease risk (CVD) in adolescence. This study has two main components including an epidemiological cohort study (n=1307) and an embedded ecological momentary assessment sub-sample (n=627) with diverse parent/child (ages 5-16) dyads. The main aims of the study are to: (1) comprehensively examine the mechanistic pathways through which multi-level psychosocial stressors, biological factors, and behavioral factors interact to influence weight and emerging CVD in childhood and adolescence and (2) identify modifiable

factors to disrupt these pathways and inform multi-level interventions.

Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Period: 01/01/22-12/31/26(R01HL156994)

Title: Minnesota Obesity Prevention Training (MnOPT)

Agency: National Institutes of Health, NIDDK-Ruth L. Kirschtein National Research Service Award Purpose: To provide training necessary to stop increases in obesity and to reverse current trends.

Period: 4/1/10-4/30/25 (T32-DL083250)

Role: Program Faculty/Mentor (Co-Principal Investigators: Dr. Lisa Harnack and Dr. Melissa Laska)

Title: Midwest Regional Post-Doctoral Training Program in Eating Disorders Research

Agency: National Institutes of Health, NIMH

Purpose: To provide multidisciplinary advanced research training to doctoral graduates planning academic

research careers in the area of eating disorders.

Period: 7/1/09-6/30/24 (T32-MH082761)

Role: Program Faculty (Principal Investigator: Dr. Scott Crow)

Title: Maternal and Child Health Nutrition Training Program

Agency: Maternal and Child Health Bureau, Department of Health and Human Services

Purpose: To provide an educational program at the master's and doctoral level to prepare professionals for

leadership roles in public health nutrition and to conduct research in relevant areas.

Period: 7/1/03 - 6/30/23 (T79 MC00007)

Role: Training Faculty (Principal Investigator: Dr. Jamie Stang)

Concluded Grants

Title: Leadership Education in Adolescent Health (LEAH)

Agency: Department of Health and Human Services, HRSA

Purpose: To improve the health and well-being of all adolescents through interdisciplinary training of health

care professionals who will assume adolescent health leadership.

Period: 7/1/12-6/30/22 (T71-MC00006)

Role: Training Faculty/Co-Investigator (Principal Investigator: Dr. Renee Sieving)

Title: Interdisciplinary Research Training in Child & Adolescent Primary Care (IRT-CAPC)

Agency: HRSA, Bureau of Health Professionals Institutional Training Grants

Purpose: An interdisciplinary research training program developed to equip post-doctoral professionals in

health-related fields with the capacity to conduct primary care research that advances evidence-based practices and policies for creating health equity and improving life trajectories of youth.

Role: Program Faculty/Mentor (PI: Dr. Iris Borowsky)

Period: 7/1/11-6/30/22 (T32-HP22239)

Title: Addressing Unanswered Questions About the Home Environment and Childhood Obesity

Disparities

Amount: \$3,806,368

Agency: National Institutes of Health, NHLBI

Purpose: This two-phased incremental mixed-methods study will address unanswered questions related to the

home environment and childhood obesity disparities.

Period: 12/1/14-11/30/21 (R01HL126171)

Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: The Association between Family Meals and Child Health and Well-Being

Amount: \$152,333

Agency: National Institutes of Health, NICHD

Purpose: This secondary data analysis study will use direct observational data to examine important

unanswered questions regarding the quality of family meals, both in regards to meal dietary

healthfulness and the emotional atmosphere at the meal.

Period: 3/1/16-12/31/18 (R03HD084897)

Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: EAT 2010-2018: A Longitudinal, Multi-Contextual Study of Weight-Related Problems

Agency: National Institutes of Health, NHLBI

Amount: \$1,447,350

Purpose: This longitudinal study follows a diverse sample from adolescence to young adulthood to identify

individual, family, friend, school/workplace, and neighborhood predictors of weight-related problems. Findings will be used to inform interventions to improve the weight-related health of young people from diverse socio-economic and ethnic/racial minorities who are at high risk for

obesity.

Period: 1/25/2016-6/30/18 (R01 HL127077)

Role: Principal Investigator

Title: Project EAT-IV: Eating and Activity in Adolescents and Young Adults

Agency: National Institutes of Health, NHLBI

Amount: \$2,178,674

Purpose: This 15-year follow-up study of weight-related problems was designed to investigate the trajectories

of these problems over time, their transmission from one generation to the next, and risk and

protective factors to guide public health interventions

Period: 8/12/13-6/30/18 (R01 HL116892)

Role: Principal Investigator

07/06/2023

Title: Patterns of Adolescent Food Intake: Consequences and Contextual Influences

Amount: \$150,100

National Institutes of Health, NICHD

Purpose: This study explores snacking patterns among adolescents from diverse backgrounds and

findings will be used to guide interventions.

Period: 12/1/14-11/30/16

Role: Co-Investigator (Principal Investigator: Dr. Nicole Larson)

Title: Healthy Home Offerings via the Mealtime Environment (HOME) Plus

Agency: National Institutes of Health, NICHD

Amount: \$3,040,817

Purpose: To test if an innovative family-based intervention that focuses on making healthful food changes,

especially at family meals, and reducing screen time within the home can prevent children from

gaining more weight than they need to as they grow.

Period: 7/1/10-6/30/16 (R01 DK084000)

Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: Disparities in Risk and Protective Factors for Obesity in the Homes of Minnesota Adolescents

Amount: \$70,000

Agency: Children's Discovery Fund, University of Minnesota

Purpose: To investigate ethnic/racial differences in home food and mealtime environments, physical activity and

media environments, and general parenting/family factors in a local population of diverse adolescents.

Period: 7/1/13-6/30/15

Role: Co-Principal Investigator (with Dr. Marla Eisenberg)

Title: All in the Family: Family Members' Weight and Weight-related Behaviors and Adolescent

Obesity

Agency: National Institutes of Health/NICHD

Amount: \$144,869

Purpose: Using data from two linked NIH R01's we investigate the relationship between multiple family

members' weight and weight-related behaviors and adolescents' body mass index, dietary intake and

physical activity.

Period: 7/13/13-4/30/15 (R03 HD074677)

Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: Cooking with Kids in Rural Minnesota

Agency: Clinical and Translational Science Institute

Purpose: To conduct an online survey at the Minnesota State Fair to identify issues rural families have

regarding creating healthful home food environments and family meals, and to assess their interest and potential barriers to the implementation of an adapted family-focused program to prevent

childhood obesity.

Period: 3/01/14-2/28/15

Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: Risk and Protective Factors for Childhood Obesity in the Home Food Environment

Agency: National Institutes of Health/NIDDK (R21)

Amount: \$392,066

Purpose: This study uses in-home observations (video-recorded family meals, home food inventory,

interviews) of the home food environment to obtain a more comprehensive understanding of the risk

and protective factors for childhood obesity in the home environment.

Period: 4/1/12-3/31/15

Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: Sib-Works

Agency: National Institute of Health/NHLBI (R56)

Amount: \$479,151

Purpose: An ancillary study to examine parent feeding behaviors with more than one child in the home

Period: 9/20/2013-8/31/2014

Role: Co-Investigator (Principal Investigator: Dr. Jerica Berge)

Title: Umatter: Healthy Weight Management in Diverse Youth: A Health Care Home Approach

Agency: Healthy Foods, Healthy Lives Inst., Dept. of Food Science, University of Minnesota

Amount: \$100,000

Purpose: To develop and test a novel paradigm for a family-based primary care approach to healthy weight

management in underserved youth.

Period: 8/22/12-8/24/15

Role: Co-Principal Investigator (with Dr. Jerica Berge)

Title: Social Networks, the Environment and Physical Activity

Agency: National Institutes of Health, NICHD

Amount: \$380,968

Purpose: To provide data on the social environments of adolescents, and how these environments combine

with physical environments of adolescents and friends to influence physical activity and sedentary

behavior.

Period: 9/30/10-7/31/13

Role: Co-Investigator (Principal Investigator: Dr. John Sirard)

Title: Multilevel Latent Class and Social Network Models for Observational Adolescent Obesity Data

Agency: National Institutes of Health, NICHD

Amount: \$913,718

Purpose: To develop and examine new statistical models and methods incorporating latent variables, social

networks, and propensity scores that simultaneously incorporate multiple variables from multilevels

of influence on adolescent obesity in order to inform a richer understanding of the phenomena.

Period: 8/10/09-7/31/13

Role: Co-Investigator (PI: Dr. Melanie Wall)

Title: Project EAT-III: Eating Among Teens and Young Adults

Agency: National Institutes of Health, NHLBI

Amount: \$3,379,814

Purpose: To enhance our understanding of environmental, personal, and behavioral factors that influence

weight status and related behaviors, including weight control behaviors, dietary intake, and physical

activity, during adolescence and young adulthood.

Period: 9/1/07 – 5/31/13 Role: Principal Investigator

Title: Intramural Award Program: Ten-year Secular Trends in Major Patterns of Dietary Intake in

Adolescents

Agency: Medica Research Institute

Purpose This study used data-driven method of principal components factor analysis to examine 10-year

secular changes in dietary patterns in 2 existing diverse adolescent datasets collected a decade apart.

Amount: \$23,477

Period: 01/01/2012 - 09/30/2012

Role: Co-Investigator (Principal Investigator: Dr. Gretchen Cutler)

Title: **Project F-EAT**

Agency: National Institutes of Health, NHLBI

Amount: \$1,474,445

Purpose: To explore how the familial and home environment of adolescents is related to adolescent weight

status, body image, weight control practices, dietary intake, and physical activity. Information to be gained from Project F-EAT (Families and Eating and Activity in Teens) will inform the development

of interventions to promote the weight-related health of young people.

Period: 8/15/09-7/31/12 Role: Principal Investigator

Title Adolescent Health Protection Research Training

Agency: Centers for Disease Control and Prevention

Amount: \$3,592,289

Purpose: To develop, implement and evaluate a pre- and post-doctoral research training program that will

prepare adolescent health scholars, in nursing, medicine, and public health nutrition, to conduct population-focused determinant and intervention research that addresses the current and emerging

health issues of young people.

Period: 9/30/04-9/29/11

Role: Training Faculty (Principal Investigator: Dr. Lyn Bearinger)

Title: New Moves: Obesity Prevention among Adolescent Girls

Agency: National Institutes of Health

Amount: \$3,004,153

Purpose: To evaluate the impact of an innovative school-based program for inactive high school girls who are

overweight or at risk for becoming overweight due to low levels of physical activity.

Period: 9/1/05-8/31/11

Role: Principal Investigator

Title: A Theater-Based Obesity Prevention Program for Children

Agency: National Institutes of Health

Amount: \$370,754

Purpose: To examine the feasibility and short-term effectiveness of an innovative theater program, Ready. Set.

ACTION!, that reaches out to children and parents.

Period 3/1/06-2/29/08

Role: Principal Investigator

Title: Healthy Home Offerings via the Mealtime Environment (HOME)

Agency: National Institutes of Health

Amount: \$3,040,817

Purpose: To develop and test the feasibility and acceptability of the Healthy Home Offerings via the Mealtime

Environment (HOME) pilot program, an innovative home-based family meals intervention to prevent

overweight among children.

Period: 3/15/06-2/28/08

Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: Do Family Meals Matter? A Five-Year Longitudinal Analysis of Associations between Family

Meals and Behavioral, Psychosocial, and Physical Outcomes in Adolescents

Agency: General Mills

Amount: \$124,998

Purpose: To explore family meal patterns in the homes of adolescents and young adults

Period: 4/1/06-8/31/07

Role: Principal Investigator

Title: Trial for Increasing Activity among Adolescent Girls (TAAG)

Agency: National Heart, Lung, and Blood Institute

Amount: \$4,268,782

Purpose: To increase physical activity among middle school girls

Period: 9/29/00 - 9/28/06

Role: Co-Investigator (Principal Investigator: Dr. Leslie Lytle)

Title: **Project EAT II – A Longitudinal Study**Agency: HRSA-Maternal and Child Health Bureau

Amount: \$1,452,503

Purpose: To examine tracking patterns and identify predictors of dietary intake among adolescents in a

longitudinal study

Period 10/1/02-9/30/06 Role: Principal Investigator

Title: The Family Mealtime Environment of Families with 8-10 Year Old Children

Agency: University of Minnesota Obesity Prevention Center

Amount: \$9,984

Purpose: To develop and administer surveys to parents and 8-10 year old children, and to conduct descriptive

analyses of the family mealtime environment

Period: 7/1/05-6/30/06

Role: Co-Investigator (Principal Investigator: Dr. Jayne Fulkerson)

Title: An Examination of Adolescents Who Have Successfully Lost Weight and Maintained the Loss

Agency: University of Minnesota Viking Children's Fund

Amount: \$49,964

Purpose: To explore factors associated with successful weight loss in adolescents

Period: 12/1/03-3/31/06

Role: Co-Investigator (Principal Investigator: Dr. Kerri Boutelle)

Title: **Body Image Program**

Agency: YMCA/Blue Cross Blue Shield Foundation Amount: Phase 1: \$38,287; Phase 2: \$150,400

Purpose: To develop an intervention to improve body image and decrease weight-related disorders among

elementary school children

Period 1/1/03 - 12/31/05Role: Principal Investigator

Title: Behavioral Strategies to Prevent Osteoporosis in Girls

Agency: Department of Health and Human Services

Amount: \$2,282,408

Purpose: To assess the feasibility and effectiveness of a two-year behavioral program to increase calcium

intake and physical activity among fifth-grade girls enrolled in the Girl Scouts program.

Period: 4/1/99 - 3/31/04

Role: Co-Investigator (Principal Investigator: Dr. Simone French)

Title: Early Career Sabbatical Program

Agency: Dannon Institute

Amount \$50,000

Purpose: Assist with funding necessary for Dr. Neumark-Sztainer to enhance her knowledge and skills in the

area of eating disorder/obesity prevention

Period: 7/1/03-6/30/04 Role: Award recipient Title: New Moves: A School-Based Approach Towards Healthy Lifestyle Promotion among

Overweight Adolescent Girls

Agency: American Heart Association

Amount: \$499,993

Purpose: To determine the feasibility of implementation and the effectiveness of a school-based program

designed to promote increased physical activity, healthy eating behaviors, and a positive self-image

among overweight adolescents.

Period: 1/1/99 – 12/31/02 Role: Principal Investigator

Title: Unhealthy Weight-Control Behaviors: Prevalence and Etiology among Youth with Type 1

Diabetes (Phase I and II)

Agency: Children's Hospital and Clinics Amount: Phase I: \$37,722 Phase II: \$23,413

Purpose: To explore familial and other psychosocial determinants of unhealthy weight-control behaviors

among adolescents with Type 1 Diabetes.

Period: 9/1/99-9/1/00 and 11/1/01 - 10/31/02

Role: Principal Investigator

Title: National Study of Nutrition and Health

Agency: Procter and Gamble (Funding Agency), Fred Hutchinson Cancer Research Center

Amount: \$3,121,662

Purpose: To examine consumption patterns of olestra-containing snack foods and associations with serum

carotenoids and fat-soluble vitamins.

Period: 7/1/97 - 6/30/01

Role: Site Principal Investigator

Title: Factors Associated with Nutritional Intake in Adolescents (Project EAT)

Agency: Maternal and Child Health Bureau, Department of Health and Human Services

Amount: \$719,982

Purpose: To identify socio-environmental, personal, and behaviors factors associated with nutritional intake

and weight status among adolescents as outlined in the Year 2000 Nutrition Health Status and Risk

Reduction Objectives.

Period: 7/1/97 - 6/30/00 Role: Principal Investigator

Title: Psychosocial Concerns among Overweight Adolescent Females

Agency: University of Minnesota Grant-in-Aid of Research, Artistry, and Scholarship

Amount: \$29,586

Purpose: To explore issues of stigmatization and other psychosocial concerns among overweight Caucasian

and African American overweight adolescent girls.

Period: 7/1/96-12/15/97 Role: Principal Investigator

Title: The Prevention of Disordered Eating among Pre-Adolescent Girls

Agency: Minnesota Medical Foundation

Amount: \$24,838

Purpose To assess the feasibility and short-term impact of a program for pre-adolescent girls run within the

Girl Scouts to help prevent unhealthy dieting and weight preoccupation

Period: 1/1/98-12/31/99 Role: Principal Investigator

Title: School-Based Programs for Weight Control: A Needs Assessment

Agency: American Heart Association

Amount: \$47,816

Purpose: To provide information for the development of a school-based obesity program.

Period: 7/1/96-6/30/99 Role: Principal Investigator

REVIEWS

| Grant Reviews (selected) | |
|--|-----------|
| Grant Review, IWT: Innovation by Science and Technology in Flanders (Belgium) | 2012 |
| Grant Review, National Institute for Child Health and Human Development | 2012 |
| Grant Review, Danish Council for Strategic Research (DSF) | 2011 |
| Grant Review, University of Minnesota Division of Epidemiology & Community Health | 2010 |
| Grant Review, Academy for Eating Disorders | 2010 |
| Grant Review, Academy for Eating Disorders | 2009 |
| Grant Review, National Science Foundation | 2009 |
| Grant Review, Auckland Medical Research Foundation, Auckland, New Zealand | 2009 |
| Grant Review, University of Minnesota Graduate School Grant-in-Aid | 2008-2011 |
| Grant Review, National Eating Disorders Association | 2002-2008 |
| Grant Review, National Institutes of Health Center for Scientific Review | 2007 |
| Grant Review, Provincial Centre of Excellence for Child and Youth Mental Health, CHEO | 2006 |
| Grant Review, Melpomene Research Grants | 2006 |
| Grant Review, Children's Research Center of Michigan | 2004 |
| Grant Review, The Health Research Board, Dublin, Ireland | 2001 |
| Grant Review, Alberta Heritage Foundation for Medical Research, Edmonton, Alberta, | 2001 |
| Canada | |
| External grant reviewer for Dept. of Food Science and Nutrition, University of Minnesota | 1999 |
| Ad Hoc Grant Reviews, National Institutes of Health, Social Science, Nursing, | 1999 |
| Epidemiology and Methods Study Section (SNEM-1) | |
| Grant Review, Food Assistance and Nutrition Research Program, Economic Research | 1999 |
| Service, United States Department of Agriculture (USDA) | |
| Grant Review, Alberta Heritage Foundation for Medical Research, Edmonton, Alberta, | 1999 |
| Canada | |
| Grant review panel for Maternal and Child Health Bureau, U. S. Department of Health | |
| and Human Services Girl Neighborhood Power program | |
| | |
| Editorial Boards | 2020 |
| Yoga for Positive Embodiment in Eating Disorder Prevention and Treatment | 2020 |
| Special issue for Eating Disorders: The Journal of Treatment and Prevention | 2006 2010 |
| Eating Disorders: The Journal of Treatment and Prevention | 2006-2010 |

Journal Reviews (selected)

American Journal of Health Promotion

American Journal of Preventive Medicine

American Journal of Public Health

Annals of Behavioral Medicine

Appetite

Applied Physiology, Nutrition and Metabolism

Archives of Pediatrics and Adolescent Medicine

Asia Pacific Journal of Clinical Nutrition

BMC Public Health

Body Image

Cognitive & Behavioral Practice

Eating Disorders: The Journal of Treatment and Prevention

Health Psychology

Health Education Research

International Journal of Behavioral Medicine

International Journal of Behavioral Nutrition and Physical Activity

International Journal of Eating Disorders

International Journal of Obesity Journal of Abnormal Psychology

Journal of Adolescent Health

Journal of Health Psychology

Journal of Nutrition Education and Behavior

Journal of the American Dietetic Association

Journal of the American Medical Association

Obesity

Obesity Reviews

Pediatrics

Preventive Medicine

Pediatric Obesity

Public Health Nutrition

Sex Roles

Social Science and Medicine

The Gerontologist

Women & Health

PROFESSIONAL OUTREACH ACTIVITIES

| Roles in Professional and Government Organizations | |
|---|--------------|
| Abstract Reviewer, Symposium on Yoga Research | 2018-2019 |
| Member, Symposium on Yoga Research (SYR) Scientific Program Committee | 2017-Present |
| Member, Weight Stigma Stakeholders White House Working Group, Washington, D.C. | 2013-2014 |
| Advisor, Setting Research Priorities: Obesity and other risk factors in adolescents for | |
| adult health and mortality, World Health Organization | 2013 |
| Member, Advisory Board, Advances in Eating Disorders: Theory, Research and Practice | 2013-Present |
| Member, Prevention Advisory Council, National Eating Disorders Association (NEDA) | 2013 |
| Member, Advisory Board, Eating and Weight Disorders – Studies on Anorexia, | |
| Bulimia, and Obesity (EWD) | 2013 |
| Member, International Association of Yoga Therapists | 2013-Present |
| Member-at-Large, Executive Committee, International Society for Behavioral Nutrition | 2013-2016 |
| and Physical Activity (ISBNPA) | |
| Member, Scientific Program Committee, International Society for Behavioral Nutrition | |
| and Physical Activity (ISBNPA) | 2012-2015 |
| Member, Healthy Communities Study Observational Study Monitoring Board (OSMB) | 2011-2016 |
| Chair, Clinical and Scientific Advisory Council of the National Eating Disorders | |
| Association (NEDA) | 2010-2012 |
| Member, Society for Adolescent Health and Medicine Board of Directors (SAHM) | 2009-2012 |
| Member, Scientific Advisory Board, Eating Disorders Coalition (EDC) | 2009-Present |
| Scientific Consultant, The Emily Program Foundation | 2009-Present |
| Member, International Society for Behavioral Nutrition and Physical Activity | |
| (ISBNPA) | 2009-Present |
| Member, Scientific Committee, Academy for Eating Disorders (AED) | 2009-2012 |
| Member, Behavior Change Expert Panel National Bone Health Campaign, Office of | |
| Women's Health, Department of Health and Human Services | 2008-2011 |
| Emily Project Board of Directors | 2008-2009 |
| Member, Society for Public Health Education (SOPHE) | 2007-2010 |
| Expert Panelist, 2010 Physical Activity and Nutrition Study | 2007 |
| Member, Deborah E. Powell Center for Women's Health | 2006-2013 |
| Member, Task force for bridging clinicians and researchers, Academy for Eating | |
| Disorders (AED) | 2006-2008 |
| | |

| Roles in Professional and Government Organizations | |
|---|--------------|
| Member, Nominations Committee, Academy for Eating Disorders (AED) | 2005-2007 |
| Member, Teaching Day Committee, Academy for Eating Disorders (AED) | 2002-2005 |
| Chair, Fellowship Award Committee, Academy for Eating Disorders (AED) | 2001-2003 |
| Member, Research Committee, National Eating Disorders Association (NEDA) | 2001-2013 |
| Council Member, Clinical and Scientific Advisory Council of the National Eating | |
| Disorders Association (NEDA) | 2001-2010 |
| Member, Eating Disorder Research Society (EDRS) | 2001-Present |
| Girls and Obesity Steering Committee Member, Office on Women's Health, | |
| Department of Health and Human Services | 2001-2011 |
| Leader, Significant Interest Group on Eating Disorders, Society for Adolescent | |
| Medicine | 2001-2002 |
| Chronic illness/Disability Steering Committee. Office of Women's Health, Department | 2001 |
| of Health and Human Services | 2001 P |
| Member, National Eating Disorders Association (NEDA) | 2001-Present |
| Member, Abstract Review Sub-committee, Society for Adolescent Medicine Member, Export Penal, "Pady Image Research Variable Consensus," Curtin University | 2000-2001 |
| Member, Expert Panel, "Body Image Research Variable Consensus," Curtin University of Technology, School of Public Health, Center for Health Promotion Research, | |
| Perth, West Australia | 2000 |
| National Institutes of Mental Health Roundtable on Prevention of Eating Disorders | 2000 |
| Board Member-At Large, Academy of Eating Disorders (AED) | 2000-2003 |
| Leader, Nutrition Significant Interest Group, Society for Adolescent Medicine | 2000 2003 |
| Editor, Society for Adolescent Medicine Newsletter | 2000-2002 |
| Charter Member, Council on Nutrition, Metabolism, and Physical Activity, American | 2000 2002 |
| Heart Association | 2000-Present |
| Member, Academy for Eating Disorders (AED) | 1999-Present |
| Member, Epidemiology Council for the American Heart Association | 1999-Present |
| National Committee Member, School Nutrition Panel, Health, Mental and Safety in | |
| Schools National Guidelines Project | 1999 |
| National Committee Member, Advisory Committee for the National Eating Disorders | |
| Screening Program High School Component | 1999-2003 |
| Member, Melpomene Institute | 1999-2003 |
| Reviewer, Bright Futures in Practice: Physical Activity, Maternal and Child Health | |
| Bureau, U.S. Department of Health and Human Services | 1998 |
| Co-Leader, Nutrition Significant Interest Group. Society for Adolescent Medicine | 1997-1998 |
| Food First Coalition | 1997-2002 |
| National committee member, Association of The Faculties of Graduate Programs in | 1006 D |
| Public Health Nutrition National committee margher Princht Entures: Nutrition Practice Cyclelines Maternal | 1996-Present |
| National committee member, Bright Futures: Nutrition Practice Guidelines, Maternal and Child Health Bureau, U.S. Department of Health and Human Services | 1996-2000 |
| Member, American Public Health Association (APHA) | 1996-Present |
| Member, Society for Adolescent Health and Medicine (SAHM) | 1996-Present |
| Member, Society for Nutrition Education and Behavior (SNEB) | 1994-Present |
| Israeli Association of Health Educators (Founding member and treasurer, 1989) | 1989-1995 |
| Israeli Association of Dietitians | 1982-1995 |
| | -,, - |
| Community Work and Consultations | |
| Participant in local activities by MAZON: A Jewish Response to Hunger | 2014 |
| Yoga instructor at The Emily Program: lead classes for clients with eating disorders. | 2014-2016 |
| Consultant and Advisory Board, BMI Screening, University of California - Berkeley | 2013 |
| Volunteer yoga class to victims of sexual trauma, Rape and Sexual Abuse Center, | _ |
| Neighborhood Improvement Program | 2013 |
| Consultant, Teen HEED Study, Mount Sinai School of Medicine | 2012-2013 |
| Expert Advisory Panel Member, Transdisciplinary Training Initiative in Prevention of | 2010-Present |

| Eating Disorders (TransTiPED), Harvard School of Public Health and Children's | |
|---|------------------------|
| Hospital Boston | 2010 2011 |
| Best Bones Forever, U.S.D.H.H.S, Office on Women's Health | 2010-2011 2009-2012 |
| Professional Advisory Council for A Chance to Heal Foundation | 2009-2012 |
| Expert Advisory Board Member for New Moon Magazine Expert Panelist for Keystone Center Youth Policy Summit on Adolescent and | 2007-2011 |
| Childhood Nutrition in America's K-12 Schools, Keystone, Colorado | 2006 |
| Subject matter expert for Hazelden for production of eating disorders prevention movie | 2002 |
| Consultant for NIH grant proposal on eating disorders prevention (Project PATH: | 2002 |
| Health promotion through system change) from University of Arizona (PI: C. | |
| Shisslak) | 2001 |
| Research assessor for Victorian Health Promotion Foundation, South Australia | 1999 |
| Consultant, Body Image Day, Jewish Community Center of St. Paul, MN | 1999 |
| Consultant on Project Reach at the Allina Foundation | 1997 |
| Development of an eating disorder prevention program for pre-adolescents in | |
| conjunction with the Bloomington Health Department, MN | 1997 |
| Provided assistance in developing an after-school program for the promotion of healthy | |
| eating and exercise among pre-adolescent girls. | 1996 |
| University of Minnesota spokesperson for the Milk Mustache Campaign | 1996 |
| Organize weight control programs for youth at Highland High School, St. Paul, MN | 1996-2000 |
| Committee member, Task force for Minnesota Food and Nutrition Network | 1996-2000 |
| Committee member, Needs Assessment Working Group of Minnesota Food and | 1006 2000 |
| Nutrition Network | 1996-2000 |
| | |
| Community Presentations (selected) | |
| Heilicher Minneapolis Jewish Day School: "I'm, Like, SO Fat!" Making healthy | 2012 |
| choices about eating and exercise in a weight obsessed world. | 2013 |
| Eating Disorders Journal Club: Project EAT-III: Study design and research opportunities | 2010 |
| University of Minnesota Cystic Fibrosis Foundation: Eating in a weight-obsessed | 2010 |
| world: helping your child have a healthy body image and a healthy weight | 2009 |
| Jewish Community Conference on Mental Health: Preventing weight-related | 2007 |
| problems in teens | 2008 |
| Edina Parent Communication Network: Eating in a weight-obsessed world: helping | 2000 |
| your child have a healthy body image and a healthy weight | 2008 |
| St. Paul Public Schools: I'm, Like, SO FAT! Helping your teen make healthy choices | |
| about eating and exercise in a weight obsessed world | 2007 |
| Jewish Family and Children's Service of Minneapolis: Preventing the broad spectrum | |
| of weight-related problems: Working with parents to help their teens achieve a | |
| healthy weight and a positive body image | 2006 |
| St. Louis Park High School, St. Louis Park, MN: Who is to blame for the increase in | |
| obesity prevalence? | 2006 |
| Conversations of the Valley, Stillwater, MN: Presentation: "I'm, Like, SO Fat!" | |
| Making healthy choices about eating and exercise in a weight obsessed world. | 2006 |
| AFFIRM Event, St. Louis Park, MN: Presentation: Helping your teen make healthy | 2005 |
| choices about eating and exercise in a weight obsessed world. | 2005 |
| Talmud Torah, St. Paul, MN: Presentation: Body image and the media. | 2005 |
| Minnesota Food and Nutrition Network, St. Paul, MN: Presentation: Project EAT: | 2004 |
| Eating Among Teens. Center for Health Education, Kungt Helim Chalit, Tel Aviv, Israel, Presentation: | 2004 |
| Center for Health Education, Kupat Holim Clalit. Tel Aviv, Israel. Presentation: Preventing obesity and eating disorders in children and adolescents. | 2004 |
| Pilot City Health Center: Presentation: Working with overweight teenagers: New | 200 1 |
| Moves | 2003 |
| Methodist Hospital Eating Disorder Institute: Presentation: Can we simultaneously | 2003 |
| | 2005 |

Community Presentations (selected) work toward the prevention of obesity and eating disorders? Discussion leader on integrating eating disorder and obesity prevention, Center for Excellence for Eating Disorders at the Royal Melbourne Hospital, Melbourne, Australia. 2003 St. Paul Children's Hospital: Presentation: Disordered eating behaviors among adolescents with type 1 diabetes 2003 St. Paul Children's Hospital: Presentation: The AHEAD study: Assessing Health and Eating among Adolescents with Diabetes 2002 The 2002 AFFIRM Program, National Council of Jewish Women, Greater Minneapolis Section. "The Problem with Perfect." A special event for 5th-9th grade girls and adults in their lives 2002 Workshop for Affirm: Adolescent Females: Finding Identity, Respect and Merit 5+5 isn't the only way to be a '10' 2002 Lecture for University of Minnesota dietitians and dietetic interns: Preventing weight-related disorders: School and community based approaches 2001 Adolescent Health Collaborative, St. Paul Public Health Center, St. Paul, MN. Invited speaker: Ongoing activities in adolescent nutrition in Minnesota 1998 Board of Directors Meeting, American Heart Association, Minnesota Affiliate. Minneapolis. Invited speaker: School-based programs addressing weight-related disorders: A needs assessment 1997 North St. Paul Public Schools. Assembly lectures for fifth graders about research project funded by the American Heart Association 1996 Workshop for St. Paul Public School District Health and Physical Education Teachers. School-based prevention of eating disturbances 1996 Presentation to Minneapolis Public School District Teachers. The Weigh to Eat: Prevention of eating disturbances, unhealthy dieting, and obesity 1996 Lectures and committee work in local elementary and high schools for health, 1995-2013 nutrition and youth development topics Lecture—Hillel: Dieting among adolescent girls in Israel: Is it an issue? 1995 **Media Interviews (selected)** A-Parently Podcast Interview: Ask Doctor G 2023 2022

| https://parenting.nytimes.com/feeding/healthy-eating-habits | |
|---|-------------------------|
| Radio interview for "Doctor Radio" on Sirius XM: Nutrition and Exercise | 2019 |
| Faribault Daily News: Risk factors for adolescent binge eating vary by fan | nily 2019 |
| socioeconomic status | |
| http://www.southernminn.com/faribault_daily_news/community/article | _936082af-1fa8- |
| 5297-af8b-c090974471a6.html | |
| Podcast for "Appearance Matters" Academy of Eating Disorders Conferen | ice, New York 2019 |
| City, New York. | |
| https://soundcloud.com/appearance-matters/episode-39-yoga-and-body- | image |
| WalletHub: 2019's Fattest cities in America – Ask the experts | 2019 |
| https://wallethub.com/edu/fattest-cities-in-america/10532/# | |
| HealthyDay: Extreme dieting in teens often intensifies in adulthood | 2018 |
| https://consumer.healthday.com/vitamins-and-nutrition-information-27/ | eating-and- |
| appetite-disorder-news-223/extreme-dieting-in-teens-often-intensifies-in | n-adulthood- |
| 740063.html | |
| CBS: Unhealthy weight control efforts started in childhood persist into add | althood 2018 |
| 07/06/2023 | |
| Page 75 of 86 | Dianne Neumark Sztainer |

Media Interviews (selected)

https://minnesota.cbslocal.com/2018/11/27/study-unhealthy-weight-control-effortsstarted-in-childhood-persist-into-adulthood/ 2018 CBS: Yoga holds promise to help people feel better about their bodies https://minnesota.cbslocal.com/2018/11/15/yoga-body-image-study/ New York Post: Going gluten-free linked to unhealthy weight loss behaviors 2018 https://nypost.com/2018/06/18/going-gluten-free-linked-to-unhealthy-weight-loss-behaviors/ Podcast for "Appearance Matters" Eating Disorders Conference, Bath, England, 2018 https://soundcloud.com/appearance-matters/ep-23-eating-disorder-prevention MinnPost: Yoga helps young adults feel better about their bodies 2018 Minnesota Daily: UMN study suggests yoga prevents weight gain 2017 MinnPost: Yoga may help prevent weight gain 2017 Wisconsin Public Radio: Parents should avoid commenting on child's weight 2017 CNN: Weight bias is bigger problem than you may think, experts say 2016 New York Times: 400-pound hacker? Trump comments fuel dialogue on fat-shaming 2016 The Guardian: 'My belly is there, I'm still strong': Jessamyn Stanley on body-positive yoga 2016 Newsweek: It's far too early to label a young girl a 'plus' size 2016 New York Times: Parents and weight talk 2016 Huffington Post: Parents and weight talk 2016 Yoga Journal: Yoga's Shadow Side. 2014 New York Times: Fat and Thin Find Common Ground. 2013 Minneapolis Star Tribune: New weight worry: Low-income boys. 2013 Chicago Tribune: BMI measuring in schools proves weighty issue: Some parents argue 2013 that fat measure can have negative effect on students' self-esteem. Boston Globe: Getting through to your kids in the digital age: How smartphones, family 2013 dinners, and admitting you don't know everything can help you connect. Time Magazine: Muscle madness: More teens are bulking up. 2012 New York Times front page: Muscular body image lures boys into gym, and obsession. 2012 Minneapolis Star Tribune: Time erodes family dinner habits for low-income Minnesotans. 2012 Minneapolis KFAI Radio Interview: Secular changer over time in family meals. 2012 Public Radio Exchange Food Sleuth Radio: Interview about prevention of eating disorders 2012 Minneapolis StarTribune: Unhealthy teen dieting chapter 2: signs of progress in today's youth 2012 Fox 9 News Twin Cities: Secular trends in weight outcomes among adolescents 2012 2012 Minnesota Public Radio All Things Considered: Secular trends in weight outcomes among adolescents Minneapolis Star Tribune: Teens' fad diets can lead to putting on weight later 2012 MinnPost: U of M study: Dieting isn't the answer to teen obesity (and the Georgia ad 2012 campaign isn't, either) Minnesota Women's Press: I'm, Like, SO FAT! 2011 Finger Lakes Health: TV: A sneaky part of the food pyramid 2011 Delta Sky Magazine: Childhood Obesity 2010 Fox 9 News: Parents' Dieting, Comments May Contribute to Eating Disorders in Girls 2010 Costco Connection Magazine: Weighty Matters 2010 Radio Health Journal: Psychology of Childhood Obesity 2010 PychCentral.com: Weightless 2010 Minnesota Public Radio: Healthier lives can start with family meals 2010 CNN Fit Nation: Childhood obesity 2009 New York Times: The guilt-trip casserole: The family dinner 2009 Time Magazine: Obesity and Social Networks 2009 Newsweek: Rethinking the Freshman 15 2009 Fitness Magazine: Nutritional challenges for women in their 20s 2009 Reuters: 'Do more, talk less' to help heavy teens slim down 2008 Kare 11 TV: 'Diet' backfires with kids 2008 07/06/2023

| Madia Interviores (calcated) | |
|---|--------------|
| Media Interviews (selected) CBS Network Radio: Accurate Parental Classification of Overweight Adolescents' Weight | 2008 |
| Status: Does it matter? | 2000 |
| Minneapolis StarTribune: There's one thing you should never tell overweight teens | 2008 |
| Cooking Light: Family Meals in the Homes of Teens | 2008 |
| BBC Documentary: Teen dieting | 2008 |
| National Public Radio: The Family Dinner Deconstructed | 2008 2007 |
| U.S. News & World Report: How to win the weight battle: Tackling obesity the wrong way makes matters worse. Here's a right way | 2007 |
| U.S. News & World Report: Should kids be warned about the dangers of obesity? | 2007 |
| Newsweek: Why women lose weight—or don't | 2007 |
| Washington Post Lean Plate Club: Making meals a family affair | 2007 |
| KYFR Family Radio: Body image of girls across America | 2007 |
| New York Times: 104 teenagers who are role models for weight loss | 2006 |
| Reuters: Self-weighing in adolescents: Helpful or Harmful? | 2006 |
| Associated Press: Self-weighing in adolescents: Helpful or Harmful? | 2006 |
| Associated Press: Survey shows increase in diet pill use among teen girls | 2006 |
| Washington Post Online Chat: Parenting and preventing eating disorders | 2006 |
| Daughters Newsletter: Fat talk amid obesity | 2006 |
| WFMP Radio: Helping Your Teen Make Healthy Choices about Eating and Exercise in a Weight Obsessed World | 2006 |
| University of Minnesota Discovery Campaign: What's the best thing we can do for our kids? | 2006 |
| (Pioneer Press, Star Tribune, Minnesota Monthly) | |
| CNN: Eating disorders in teen girls | 2006 |
| CNN: Teenage Eating Behaviors | 2006 |
| CNN: Girls & Diets | 2006 |
| CNN: Male Eating Disorders | 2006 |
| CNN The Glenn Beck Show: Family Meals in the Homes of Teens | 2006 |
| Washington Post: Rising to the Family Challenge | 2006 |
| Washington Post Lean Plate Club: Childhood struggles over food can have a lifelong impact | 2006 |
| Seventeen Magazine: Body image in adolescent girls | 2006 |
| Minneapolis/St. Paul: Through Thick and Thin | 2005 |
| NBC Kare 11: Teens and Body Image | 2005 |
| Minnesota Monthly: Eating disorder and obesity prevention in adolescents | 2005 |
| Boston Globe: Family meals in the homes of teens | 2005 |
| USA Today: Steroid use in adolescents | 2005 |
| Minnesota Monthly: Physical activity in adolescents and young women | 2005 |
| USA Today: Eating disorder and obesity prevention in adolescents | 2005 |
| Minneapolis/St. Paul: Eating disorder and obesity prevention in adolescents | 2005 |
| J-14: Teens, food and weight | 2005 |
| Eating Well: Family meals in the homes of teens | 2005 |
| The Daily Herald (Seattle): Obesity prevention programs in schools | 2005 |
| Para Ti (Argentina): Family meals and disordered eating in teens | 2004 |
| Radio City, BBC Radio (Ecuador): Family meals and disordered eating in teens | 2004 |
| Philadelphia Inquirer: Family meals and disordered eating in teens | 2004 |
| ABC Radio (Australia): Family meals and disordered eating in teens | 2004 |
| Kanal 24 Radio (Norway): Family meals and disordered eating in teens | 2004 2004 |
| Star Tribune: Pass the beans, and well-being, Study: Family meals make healthy teens | 2004 |
| Reuters.com: Many dieting girls short on vital nutrients Shape Magazine interview: Fruit and vegetable intake in teens and adults | 2004 |
| 'O' Magazine interview: Eating disorder prevention: What works? | 2003 |
| National Public radio interview: Talk of the Nation. Obesity and weight-teasing. | 2003 |
| National Radio (Australia) interview: Preventing eating disorders and obesity in children and | 2003 |
| teens | 2003 |
| | |

Media Interviews (selected)

| Herald Sun Newspaper (Melbourne, Australia) interview: Preventing eating disorders and | 2003 |
|---|------|
| obesity in children and teens | |
| New York Times newspaper interview: How to talk to teenage girls about weight? Very | 2003 |
| carefully | |
| Self magazine interview: Eating disorders and obesity | 2002 |
| Reuters.com interview: Adolescent nutrition and obesity: Comparison with Healthy People | 2002 |
| 2010 Objectives | |
| Elle magazine interview: EDNOS among women | 2001 |
| Montel Williams television show expert panel member: Adolescent obesity: New Moves | 2000 |
| New York Times newspaper interview: Body image among adolescent girls: Free to be Me | 2000 |
| WCCO radio interview: Eating healthful foods at the State Fair | 1999 |
| Minnesota Women's Press newspaper interview: Teen girls make "New Moves" to healthier | 1999 |
| habits | |
| KARE television interview: Healthy eating during the holidays | 1998 |
| Bloomington Cable Access TV program on Food, Fun, and Fitness: A Girl Scout Program | 1998 |
| KSTP television interview: The changing Barbie doll and its impact on body image | 1998 |
| KTCA/KTCI television. Panelist on Health Talk and You program on eating disorders | 1997 |
| WCCO television interview: Weight management among youth | 1997 |
| WCCO television interview: Preparing healthy lunches for school children | 1997 |
| MPR radio interview: Chronic illness and disordered eating | 1996 |
| | |

UNIVERSITY ACTIVITIES

| CHI ERSH HELD | |
|---|-----------|
| <u>University of Minnesota Committees</u> | |
| Division of Epidemiology and Community Health Committees (selected) | |
| Chair, Faculty Executive Committee, Epidemiology & Community Health | 2015-2023 |
| Chair, Philanthropy Committee, Epidemiology & Community Health | 2014-2023 |
| Member, School of Public Health Leadership Team | 2014-2023 |
| Member, School of Public Health Executive Leadership Team | 2014-2023 |
| Mentoring team member to BIRCWH Scholar Program | 2013-2017 |
| Member, Public Health Nutrition Curricula/Credentials Committee | 2014-2015 |
| Chair, Hawley Research Awards Committee | 2011-2012 |
| Member, Faculty Executive Committee | 2010-2012 |
| Member, PhD Student Annual Review Committee | 2010-2011 |
| Member, Hawley Research Awards Committee | 2010-2011 |
| Chair, Search Committee, Assistant Education Specialist | 2009 |
| Member, Epidemiology PhD Credentials/Curricula Committee | 2008-2009 |
| Chair, Search Committee, Research Associate | 2007 |
| Chair, Search Committee, Faculty Position | 2006 |
| Member, Public Health Nutrition Curriculum Review/Credentials Committee | 2005-2006 |
| Member, PhD Exam Committee | 2004-2005 |
| Member, Public Health Nutrition Admissions Committee (also 1996-1999) | 2004-2012 |
| Member, Public Health Nutrition Recruitment Strategies Committee | 2004-2005 |
| Member, Public Health Nutrition Curriculum Review/Credentials Committee | 2000-2003 |
| Member, Division and Training Committee (DTC) | 2000-2003 |
| Chair, Public Health Nutrition Admissions | 2000-2003 |
| Chair, Student Research Awards Committee | 1999-2000 |
| Chair, Search Committee, Research Associate for Nutrition Studies | 1999 |
| Chair, Search Committee, Public Health Specialist | 1998 |
| Member, Community Health Education Admission Committee | 1997 |
| Member, Public Health Nutrition Recruitment Strategies Committee | 1996-2003 |
| Member, Public Health Nutrition Comprehensive Exam Review Committee | 1996-2001 |
| Member, Student Research Awards Committee | 1995-1998 |
| Member, NCC Advisory Board (Chair, 1997-98) | 1995-1998 |
| | |

Other University Committees

| Other University Committees | |
|--|--------------|
| Reviewer, Academies for Excellence Awards Committee, University of Minnesota | 2017-present |
| Chair, Division of Biostatistics Head Search Committee, School of Public Health | 2019-2020 |
| Member, Senate Research Committee, University Senate Governance | 2019-2020 |
| Panelist, Academic Leadership Development in the Department, Division and Cooperative | 2019 |
| Member, Research and Scholarship Advisory Panel, Office of the Vice President for Research | 2010-2012 |
| Member, Search Committee, Exercise Physiology Faculty | 2010-2011 |
| | |
| Member, Search Committee, Division Head, Division of Biostatistics | 2008 |
| Member, Academic Health Center Promotion and Tenure Committee | 2006-2008 |
| Chair, Educational Policy Council (EPC) | 2002-2003 |
| Member, Education and Policy Council, School of Public Health | 2000-2003 |
| Member, Planning Committee for Social and Behavior Core Course, School of Public Health | 1999 |
| Member, Advisory Board, Konopka Institute for Best Practices in Adolescent Health | 1999 |
| Member, Academic Promotions and Tenure Ad Hoc Committee, School of Public | 1998 |
| Health | |
| Member, Diversity Committee, School of Public Health | 1997-1999 |
| Member, Search Committee for Statistician in General Pediatrics and Adolescent Health | 1995-1996 |
| Member, Planning Committee, Conference: Obesity Prevention and Treatment in Childhood and Adolescence | 1995-1996 |
| Member, Planning Committee, Conference: Foodways II: Working with Foods and | 1995-1996 |
| Wellness across Cultures | 400 - 4006 |
| Member, Advisory Board, Preventing Eating Disorders among Children and Youth, University of Minnesota Extension Service | 1995-1996 |
| Member, Advisory Board, The Development of Weight Control Summer Programs for Low-Income Youth, University of Minnesota | 1995-1996 |
| | |

ADVISEES WHO HAVE COMPLETED THEIR DEGREES

| Adv | isee Name | Degree Sought | Major | Advisor's Role | Date of Degree Completion |
|-----|----------------------|------------------|---------------------|---|------------------------------|
| 1. | Renee Sieving | PhD | Ері | Examination Committee Member Dissertation Reader | 1996 |
| 2. | Marla Eisenberg | MPH | CHE | Examination Committee Member | 1997 |
| 3. | Felisha Rhodes | MPH | PHNutr | Examination Committee Member | 1997 |
| 4. | Mary Kadow | MPH | CHE | Academic Advisor Examination Committee Member | 1998 |
| 5. | Stacy Martin | MPH | CHE | Master's Project Advisor | 1998 |
| 6. | Tanya Harris | MPH | PHNutr | Academic Advisor Master's Project Advisor | 1998 |
| 7. | Toni Toledo | MPH | PHNutr | Master's Project Advisor | 1998 |
| 8. | Jodi Boerboom | MPH | MS Food Sci Nutr | Examination Committee Member | 1998 |
| 9. | Blong Xion | MPH | Epi | Examination Committee Member | 1998 |
| 10. | Jill Ohlsen | MPH | PHNutr | Academic Advisor Master's Project Advisor | 1998 |
| 11. | Betsy Phillips | MPH | Epi | Examination Committee Member | 1999 |
| 12. | Katherine Franken | MPH | PHNutr | Academic Advisor | 1999 |
| 13. | Julie Hermanson | MPH | PHNutr | Examination Committee Member | 1999 |
| 14. | Jillian Moe | MPH | PHNutr | Academic Advisor Master's Project Advisor | 1999 |
| 15. | Trisha Vorachek | MPH | CHE | Academic Advisor Master's Project Advisor | 1999 |
| 16. | Earlene Bronson | MPH | CHE | Examination Committee Member | 2000 |
| 17. | Jennifer Cohn | MS | Nutrition | Examination Committee Member Deakin University Geelong, Victoria, Australia | 2000 |
| 18. | Terri Fields Hosler | MPH | PHNutr | Examination Committee Member | 2000 |
| 19. | Bill Latimer | MPH | Epi | Examination Committee Member | 2000 |
| 20. | Seung Min Lee | MS | PHNutr | Examination Committee Member | 2000 |
| 21. | Lori Malvey | MPH | PHNutr | Master's Project Advisor | 2000 |
| 22. | Skye Peltier | MPH | CHE | Academic Advisor Master's Project Advisor | 2000 |
| 23. | Karen Ruth Weiss | Dr Psych | Psychology | Examination Committee Member LaTrobe University Victoria, Australia | 2000 |
| 24. | Mary Arlandson | MPH | CHE | Academic Advisor Examination Committee Member | 2001 |
| 25. | Kyle Breitlow | MPH | CHE | Academic Advisor Examination Committee Member | 2001 |
| 26. | Connie Goeden | MPH | PHNutr | Master's Project Advisor | 2001 |
| 27. | Tim Jenkins | MPH | CHE | Academic Advisor | 2001 |
| 28. | Karen Maddox | MPH | MCH | Examination Committee Member | 2001 |
| 29. | Stephanie Miner | MPH | PHNutr | Academic Advisor Master's Project Advisor | 2001 |
| 30. | Lina Tucker Reinders | MPH | CHE | Academic Advisor | 2001 |
| 31. | Christy Robinson | MPH | CHE | Examination Committee Member | 2001 |

| Adv | risee Name | Degree Sought | Major | Advisor's Role | Date of Degree Completion |
|-----|-----------------------------|------------------|--------------------------------|---|------------------------------|
| 32. | Cindy Rudolf | PhD | Anthropology | Examination Committee Member Dissertation Reader | 2001 |
| 33. | Linda Shepherd | MPH | PHNutr | Academic Advisor Master's Project Advisor | 2001 |
| 34. | Jennifer Utter | MPH | MCH | Academic Advisor Master's Project Advisor | 2001 |
| 35. | Katrina Beyer | MPH | PHNutr | Master's Project Advisor | 2002 |
| 36. | Rachel Olson | MS | Nursing | Examination Committee Member | 2002 |
| 37. | Debbie Johnston | MPH | PHNutr | Academic Advisor Master's Project Advisor | 2002 |
| 38. | Giselle Faye Withers | Dr Psych | Psychology | Examination Committee Member LaTrobe University Victoria, Australia | 2002 |
| 39. | Rachel Hayes (Bohn) | MPH | PHNutr | Academic Advisor Master's Project Advisor | 2003 |
| 40. | Nicole Eikenbery | MS | Nutrition | Examination Committee Member | 2003 |
| 41. | Karen Wilder | MPH | PHNutr | Examination Committee Member | 2003 |
| 42. | Greg Fedio | MPH | PHNutr | Academic Advisor | |
| | | | | Master's Project Advisor | 2003 |
| 43. | Nicole Hanson | MPH | PHNutr | Academic Advisor Master's Project Advisor | 2003 |
| 44. | Jillian Croll | PhD | PHNutr | PhD Project Advisor | 2003 |
| 45. | Lynn Maves | MPH | PHNutr | Academic Advisor Master's Project Advisor | 2003 |
| 46. | Janelle Peralez | MPH | PHNutr | Examination Committee Member | 2003 |
| 47. | Eliza Sims | Dr Psych | Psychology | Examination Committee Member LaTrobe University Victoria, Australia | 2003 |
| 48. | Sarah J. Durkin | PhD | Psychology | Examination Committee Member University of Melbourne | |
| 49. | Jane E. Duncan | MPH | CHE | Victoria, Australia | 2004 2004 |
| | Elizabeth Denney- Wilson | PhD | Pediatrics and Child Health | Master's Project Advisor Examination Committee Member University of Sydney | 2004 |
| | | | | Sydney, Australia | 2005 |
| 51. | Jess Haines | PhD | Epi | Academic Advisor PhD Project Advisor | 2005 |
| 52. | Maggie Golicic | MPH | PHNutr | Master's Project Advisor | 2006 |
| 53. | Kari Lynn Malone | MPH | PHNutr | Academic Advisor | 2006 |
| 54. | Sarah Tramel | MPH | CHE | Academic Advisor Examination Committee Member | 2006 |
| 55. | Heather Beach | MPH | CHE | Academic Advisor | 2006 |
| 56. | Shira Feldman | MPH | PHNutr | Master's Project Advisor | 2006 |
| 57. | Kari Sadallah | MPH | PHNutr | Academic Advisor | 2006 |
| 58. | Leah Brennan | PhD | Psychology | Examination Committee Member RMIT University | 2007 |
| | | | | Melbourne, Australia | 2006 |

| Adv | isee Name | Degree Sought | Major | Advisor's Role | Date of Degree Completion |
|-----|---------------------------|------------------|----------------------------|--|------------------------------|
| 59. | Kellie Karantzas | PsyD | Health Psychology | Examination Committee Member Swinburne University of Technology | 2006 |
| 60. | Lauren Williams | PhD | Psychology | Examination Committee Member RMIT University Melbourne, Australia | 2006 |
| 61. | Simon Wilksch | PhD | Clinical Psychology | Examination Committee Member Flinders University Adelaide, Australia | 2007 |
| 62. | Nicole Larson | PhD | Nutrition | Academic Advisor PhD Project Advisor | 2007 |
| 63. | Rickelle Richards | PhD | Nutrition | PhD Committee Member | 2007 |
| 64. | Rebecca Fitch | MPH | CHE | Academic Advisor Master's Project Advisor | 2007 |
| 65. | Tsz Chun (Kelvin) Choi | MPH | CHE | Academic Advisor Master's Project Advisor | 2007 |
| 66. | Katie Loth | MPH | PHNutr | Master's Project Advisor | 2007 |
| 67. | Andrea Reichart | MPH | PHNutr | Examination Committee Member | 2007 |
| 68. | Patricia van den Berg | MPH | Epidemiology | Examination Committee Member | 2008 |
| 69. | Jenilee Christy | MPH | CHE | Master's Project Advisor | 2008 |
| 70. | Quingqing Yang | MS | Biostatistics | Examination Committee Member | 2008 |
| 71. | Danielle Simpson | MPH | CHE | Master's Project Advisor | 2009 |
| 72. | Sarah Johnson | MPH | PHNutr | Academic Advisor | 2009 |
| 73. | Elissa Gross | MPH | MCH | Academic Advisor | 2009 |
| 74. | Kelli Truszynski | MPH | PHNutr | Academic Advisor Master's Project Advisor | 2009 |
| 75. | Rachel Bowers | MPH | PHNutr | Academic Advisor | 2009 |
| 76. | Claudia Fox | MPH | MCH | Master's Project Advisor | 2009 |
| 77. | Anh-Tram Pham | MPH | PHNutr | Academic Advisor Examination Committee Member | 2009 |
| 78. | Tracy Cleveland | MPH | PHNutr | Academic Advisor | 2010 |
| 79. | Kate Bauer | PhD | Epi | PhD Project Advisor | 2010 |
| 80. | Dawn Epperly | MPH | CHE | Master's Project Advisor | 2010 |
| 81. | Stephanie Walters | MPH | PHNutr | Master's Project Advisor | 2010 |
| 82. | Gretchen Cutler | PhD | Epi | PhD Project Advisor | 2010 |
| 83. | Emily Henning | MPH | PHNutr | Academic Advisor | 2010 |
| 84. | Megan Thomas | MPH | PHNutr | Master's Project Advisor | 2010 |
| 85. | Wan Ying Gan | PhD | Nutrition and Dietetics | Examination Committee Member Universiti Putra Malaysia, Malaysia | 2011 |
| 86. | Jaya Ginter | MPH | PHNutr | Academic Advisor | 2011 |
| 87. | Annabel Kornblum | MPH | Epi | Examination Committee Member | 2011 |
| 88. | Jerica Berge | MPH | Epi | Examination Committee Member | 2011 |
| 89. | Blair Haesly | MPH | PHNutr | Examination Committee Member | 2011 |

| Advisee Name | Degree Sought | Major | Advisor's Role | Date of Degree Completion |
|--------------------------------|------------------|------------------------|--|------------------------------|
| 90. Anne Norris | MPH | СНЕ | Academic Advisor Master's Project Advisor | 2012 |
| 91. Emily Incledon | DPsych | Psychology | Examination Committee Member Monash University, Australia | 2012 |
| 92. Jennifer Pelletier | MPH | СНР | Examination Committee Member | 2012 |
| 93. Nicole Chaisson | MPH | MCH | Examination Committee Member | 2012 |
| 94. Desiree Abu-Odeh | MA | Bioethics | Examination Committee Member | 2012 |
| 95. Anita Mary Star | PhD | Health and Wellness | Examination Committee Member James Cook University Australia | 2012 |
| 96. Dina Buttu | PhD | Epi | Examination Committee Member University of Toronto, OISE | |
| 97. Manuela Ferrari | PhD | Epi | Canada Examination Committee Member Dalla Lana School of Public Health Faculty of Medicine | 2012 2012 |
| 98. Jenna Amundson | MPH | PHNutr | University of Toronto, Canada Master's Project Advisor | 2012 |
| 99. Emily Torgrimson | MPH | CHE | Examination Committee Member | 2012 |
| 100. Meg Bruening | PhD | Nutrition | PhD Project Advisor | 2012 |
| 101. Ashley Carlson-McGuire | MPH | PHNutr | Academic Advisor | 2012 |
| 102. Katie Loth | PhD | Epi | PhD Project Advisor | 2013 |
| 103. Katherine JenYoung | MPH | PHNutr | Academic Advisor | 2013 |
| 104. Mai See Moua | MPH | MCH | Academic Advisor | 2013 |
| 105. Dana Logsden | MPH | MCH | Academic Advisor | 2014 |
| 106. Elyse Dawn Levine Less | MPH | EMPH | Academic Advisor | 2014 |
| 107. Nicole VanKim | PhD | Epi | Committee Member | 2014 |
| 108. Sook Ling Leong | PhD | Epi | Overseas External Examiner University of Otago, New Zealand | 2014 |
| 109. Rani Sarmugam | PhD | Nutrition | Examination Committee Member Deakin University | 2014 |
| 110. Angela Vitus | MPH | PHNutr | Master's Project Advisor | 2014 |
| 111. Cassandra Silveira | MPH | PHNutr | Academic Advisor | 2015 |
| 112. Katie Fogel | MPH | PHNutr | Academic Advisor | 2015 |
| 113. Melissa Horning | PhD | Epi | Committee Member | 2015 |
| 114. Rhian Coram | PhD | Psychology | External Examiner Deakin University | 2015 |
| 115. Kristina DeMuth | MPH | PHNutr | Academic Advisor | 2015 |
| 116. Stephanie Merek | MPH | CHP | Examination Committee Member | 2015 |
| 117. Elmy Wong | MPH | PHNutr | Academic Advisor | 2015 |
| 118. Kathleen Gilder | MPH | PHNutr | Academic Advisor | 2016 |
| 119. Amanda Swygard | MPH | PHNutr | Academic Advisor | 2016 |
| 120. Sierra Wilson Beckman | MPH | PHNutr | Academic Advisor | 2016 |
| 121. Margaret Rothstein | MPH | MCH | Committee Member | 2016 |
| 122. Peter Wendland | MPH | PHNutr | Academic Advisor | 2016 |
| 07/06/2022 | | | | |

| Advisee Name | Degree Sought | Major | Advisor's Role | Date of Degree Completion | | |
|---------------------------|---------------------------|---|--|------------------------------|--|--|
| 123. Cassandra Shaker | MPH | CHP | Academic Advisor | 2017 | | |
| 124. Amber Standish | MPH | PHNutr | Academic Advisor | 2017 | | |
| 125. Rachel Franz | MPH | PHNutr | Academic Advisor | 2017 | | |
| 126. Cynthia Yoon | PhD | Epi | Committee Member | 2018 | | |
| 127. Melvin Donaldson | PhD | Epi | Committee Member | 2018 | | |
| 128. Katie Kasner | MPH | PHNutr | Committee Member | 2018 | | |
| 129. Cecilia Di Caprio | MPH | PHNutr | Academic Advisor | 2018 | | |
| 130. Joy Nollenberg | MPH | CHP | Committee Member | 2019 | | |
| 131. Anne Janzen | MPH | PHNutr | Committee Member | 2020 | | |
| 132. Laura Hooper | PhD | Nutrition | Academic Advisor | 2022 | | |
| Selected Students' Awards | | | | | | |
| Nicole Larson | University of Public Heal | | arguerite Queneau Research Scholar in | 2002 | | |
| Nicole Larson | | . Ohlson Memo Foundation | rial Scholarship, American Dietetic | 2002 | | |
| Jess Haines | Division of | Epidemiology . | J.B. Hawley Student Research Award | 2003 | | |
| Nicole Larson | Delta Omeg | elta Omega Pi Membership, Honorary Society in Public Health | | | | |
| Jess Haines | Academy for | cademy for Eating Disorder Travel Fellowship | | | | |
| Jess Haines | School of P Practice | chool of Public Health Award for Student Excellence in Public Health ractice | | | | |
| Jess Haines | University of Excellence | niversity of Minnesota Lester Breslow Award for Academic cellence | | | | |
| Jess Haines | | niversity of Minnesota Best Dissertation Award in the Biological d Medical Sciences | | | | |
| Nicole Larson | • | dia J. Roberts Memorial Scholarship in Public Health Nutrition, nerican Dietetic Association Foundation Scholarship | | | | |
| Nicole Larson | | | ntion Foundation Student Scholarship, ation Annual Conference | 2006 | | |
| Teri Burgess-Champoux | | | ation Public Health Research Award | 2007 | | |
| Nicole Larson | • | | ntion Student Research Award | 2007 | | |
| Gretchen Cutler | School of P | ublic Health Fa | culty and Alumni Choice Award for | 2000 | | |
| | _ | Poster by a Ph | | 2008 | | |
| Nicole Larson | • | | utstanding Postdoctoral Scholar Award | 2009 | | |
| Kate Bauer | • | | octoral Dissertation Fellowship | 2009-2010 | | |
| Meg Bruening | | • | Metro Medical Foundation, Minneapolis, I | MN 2009-2010 | | |
| Meg Bruening | | | cholarship in memory of Joncier Greene, in Dietetic Association | 2009-2010 | | |
| Meg Bruening | | | holarship, Pediatric Nutrition Practice American Dietetic Association | 2010-2011 | | |
| Jillian Lampert | | eadership Awar Iniversity of Mi | d, Department of Food Science and nnesota | 2012 | | |
| Meg Bruening | National Ins | stitute of Health | Director's Early Independence Award | 2013 | | |
| Kate Bauer | | al Life Sciences | Institute (ILSI) North America, 2016 | 2015 | | |

NIH Award Mentorship

Patricia Van Den Berg NICHD, K23 HD063261, Unhealthy Weight Control Behaviors and Obesity in

Hispanic and non-Hispanic Girls, 01/2010-12/2015

Role: Primary Mentor

Megan Winkler NHLBI, K99/R00 HL144824, A Systems Approach to Understanding the

Interacting Factors of the Local Food Environment for Population Health,

07/2019-07/2024 Role: Primary Mentor

Katie Loth NICHD, K23 HD090324, An Exploration of the Momentary Mechanisms of

Controlling Food-Related Parenting Practices Among Mothers and Fathers of

Preschool Children, 09/2017-06/2021

Role: Primary Mentor

Melissa Simone NIMHD, K99/R00 MD015770, Population-Specific Eating Disorder Risk

Factors in Sexual Minority Women, 08/2021-04/2023

Role: Primary Mentor

Jerica Berge NHLBI, K12 HD055887, University of Minnesota Building Interdisciplinary

Research Careers in Women's Health, 08/2018-04/2027

Role: Primary Mentor

Carolyn Blair Burnette NHLBI, Clinical Research LRP, 2022-2024

Role: Primary Mentor

MENTORSHIP OF POSTDOCTORAL FELLOWS

| Kerri Boutelle | 1997-1998 |
|-------------------------|--------------|
| Diann Ackard | 1998-1999 |
| Allison Mellin | 1999-2000 |
| Marla Eisenberg | 2001-2002 |
| Helene Keery | 2002-2003 |
| Patricia Van den Berg | 2005-2008 |
| Terri Burgess-Champoux | 2006-2007 |
| Ramona Robinson-O'Brien | 2006-2008 |
| Daheia Barr-Anderson | 2007-2008 |
| Chrisa Arcan | 2010-2011 |
| Katherine Bauer | 2010-2011 |
| Virginia Quick | 2011-2012 |
| Michaela Bucchianeri | 2011-2012 |
| Katie Loth | 2013-2015 |
| Carly Pacanowski | 2013-2015 |
| Allison Watts | 2014-2016 |
| Mary Christoph | 2016-2018 |
| Megan Winkler | 2016-2020 |
| Melissa Simone | 2018-present |

| 2019-present |
|--------------|
| 2020-present |
| 2021-present |
| 2021-present |
| |