

Curriculum Vitae

Jamie Stang, PhD, MPH, RD

Work Address: University of Minnesota, School of Public Health, Division of
Epidemiology and Community Health, Suite 300 WBOB
1300 South Second Street, Minneapolis, MN 55454-1015
Phone: (612) 626-0351 Fax: (612) 624-9328
Email: stang002@umn.edu

Professional Credentials

Registered Dietitian, Commission on Dietetic Registration, American Dietetic Association

Licensed Nutritionist, Minnesota Board of Dietetics Licensure

Education

- 1996 Ph.D. in Nutrition, Minor in Epidemiology
Concentration in Public Health
University of Minnesota, Minneapolis-St. Paul
- 1988 M.P.H. in Public Health Nutrition, MCH Concentration
University of North Carolina, Chapel Hill
- 1986 B.S. in Dietetics, Coordinated Undergraduate Program
University of North Dakota, Grand Forks

Fellowships and Traineeships

- 1996 – 1997 Postdoctoral Fellowship in MCH Nutrition Epidemiology
University of Minnesota, School of Public Health, Division of
Epidemiology, MCH Nutrition Training Program
- 1993 – 1994 Leadership Education in Adolescent Health Fellowship
University of Minnesota, Department of General Pediatrics and Adolescent
Medicine, Adolescent Health Program
- 1987 – 1988 Public Health Nutrition Traineeship
University of North Carolina, School of Public Health, Department of
Nutrition

1987 – 1988 Maternal and Child Health Fellowship
University of North Carolina, School of Public Health, Department of Nutrition

Honors

2013 "Friend of WIC" Award, Minnesota Department of Health
2013 Medallion Award, Academy of Nutrition and Dietetics
2013 Outstanding Member Award, Association of State and Territorial Public Health Nutrition Directors
2011 Excellence in Community Dietetics, American Dietetic Association
2008 Most Valuable Member Award, Twin Cities Dietetic Association
2005 Outstanding Member of the Year, American Dietetic Association Public Health/Community Nutrition Practice Group
1995 Outstanding Student Research Award, Society for Nutrition Education
1994 – 95 Bristol-Meyers/ Mead Johnson Nutrition Division Corporation Scholarship, American Dietetic Association
1993 – 94 ADAF Board Scholarship honoring Judith Dodd, American Dietetic Association

Teaching, Administration and Research Experience

2011-present Co-Director, Midwest Center for Lifelong Learning in Public Health, School of Public Health, University of Minnesota
2010-present Associate Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota
2009-present Core Faculty, Leadership Education in Neurodevelopmental Disabilities Program, Department of Pediatrics, School of Medicine, University of Minnesota
2006 – 2011 Chair, Public Health Nutrition Program, University of Minnesota, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota
2006 – 2010 Assistant Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota
On faculties of the Public Health Nutrition and Maternal and Child Health Programs
Taught *Maternal and Infant Nutrition* (online and on-campus courses), *Child and Adolescent Nutrition* (online and on-campus courses), *Medical Biochemistry* (in the school of medicine), *Assessment, Prevention and Treatment of Child and Adolescent Obesity*, *Principles of Leadership in Public Health* and *Health and Human Nutrition* courses

- Administrative Committees: University Graduate Education Committee, School of Public Health Education Policy Committee, School of Public Health Educational Operations Committee, Division of Epidemiology and Community Health Teaching and Training Committee, School of Public Health Futures Committee for Teaching and Learning, Division of Epidemiology and Community Health Web Development Committee, Public Health Nutrition Admissions Committee (Chair), Maternal and Child Health Credentials Committee
- 2001-present Faculty Member, Food Science and Nutrition Graduate Faculty, University of Minnesota, St. Paul
Co-taught *Nutrition Science Graduate Seminar*
- 2001-present Director, National Maternal Nutrition Intensive Course, Division of Epidemiology and Community Health, Program in Public Health Nutrition, University of Minnesota, Minneapolis
- 1998 – 2005 Continuing Education Specialist and Project Director, Leadership, Education and Training Program in Maternal and Child Nutrition, Division of Epidemiology and Community Health, Program in Public Health Nutrition, University of Minnesota, Minneapolis
- 1997 – 1998 Instructor, Department of Food Science and Nutrition, University of Wisconsin - Stout, Menomonie

Taught: *Maternal and Child Nutrition, Geriatric Nutrition and Medical Terminology* courses
- 1992 – 1996 Research Assistant, DIANA Project, Division of Epidemiology, University of Minnesota
- 1993 – 1995 Graduate Teaching Assistant, Public Health Nutrition Program, Division of Epidemiology, University of Minnesota, Minneapolis
Assisted in the teaching of *Maternal and Infant, Child and Adolescent* and REACH (distance adult education) *Child and Adolescent* nutrition courses
- 1994 Graduate Teaching Assistant, School of Nursing, University of Minnesota
Assisted in the teaching of *School Health Nursing* (2 courses)
- 1993 Graduate Teaching Assistant, Department of Food Science and Nutrition, University of Minnesota, Minneapolis
Assisted in teaching *Introduction to Nutrition* course and taught three sections of course laboratory
- 1991 – 1992 Co-Principal Investigator, University of Illinois, Champaign-Urbana
Body Image Perceptions of Exercising and Non-exercising College Students.
- 1990 – 1992 Nutrition Education Coordinator, McKinley Health Center/SportWell Center, University of Illinois, Champaign-Urbana

- 1990 – 1992 Academic appointment in the Health and Safety Studies Department. Courses taught: *Psychosocial and Physiological Factors Affecting Human Eating Behaviors* and *Peer Education Methods: Nutrition Education*. Lectured in: Food Science and Nutrition, Health and Safety Studies, Psychology, Education, Women's Studies, Child Development, Plant Biology and Kinesiology departments.
- 1991 Nutrition Education Consultant, University of Illinois, Champaign-Urbana
- 1989 – 1990 Education Specialist/Study Protocol Coordinator, Bloomington (MN) Public Health Division
- Grant: *Effect of Cholesterol Screening on Nutrition Knowledge, Attitudes and Behaviors in Adolescents*.
- 1988 Research Assistant, Department of Public Health Nutrition, University of North Carolina, Chapel Hill

Clinical and Community Nutrition Experience

- 1992 – 1994 Nutritionist, High risk pregnancy, pediatrics and refugee clinics, St. Paul-Ramsey County Nutrition Program, St. Paul, MN
- 1990 – 1992 Nutrition Education Coordinator, McKinley Health Center/SportWell Center, University of Illinois, Champaign-Urbana
- 1989 – 1990 Health Specialist Educator/Nutritionist, Bloomington Public Health Division, Bloomington, MN
- 1988 – 1989 Home Visit Nutrition Coordinator, High-risk Prenatal and Pediatric Nutritionist, St. Paul-Ramsey County Nutrition Program
- 1986 – 1987 Clinical/Consultant Dietitian, Assistant Director of Food Service Department, St. Joseph's Hospital and Wellness Center, Dickinson, ND

Review Panels, University Committees and Consulting

- Reviewer – Diabetes UK Alberti Fellowship Program, Central London Community Healthcare NHS Trust, Imperial College, London, England
- Member – Health Resources and Services Administration, Title V Block Grant Review Panel. August 2013.
- Member – Society of Nutrition Education and Behavior, Outstanding Journal Article Review Committee. September 2012 - present.
- Member – Stepping Stones (3rd edition) National Technical Review Panel, National Research Council. August 2012-present.
- Member – Division Representative to Recognition, Awards and Honors Committee, UMN School of Public Health. June 2011-present.
- Member – Institute of Medicine External Review Committee, Planning a WIC Research Agenda: Workshop Summary. October, 2010.

Member – SPH Representative for President's Interdisciplinary Graduate Programs. University of Minnesota. 2010 - present.

Member – HRSA National Healthy Weight Collaborative Grant Review Panel. September, 2010.

Member – USDA Science Roadmap Grand Challenge Area Team: Research Priorities. 2010 – 2011.

Member – Healthy Foods, Healthy Lives Advisory Board and Grant Review Panel. University of Minnesota. 2009 – current.

Member – Community Engaged Scholarship Advisory Board and Grant Review Panel. University of Minnesota Office of Public Engagement. 2009-2011.

Consultant – NIH R21 *The influence of contextual and modifiable factors on 1st trimester dietary quality in low-income pregnant women*. Eileen Fowles, PhD, RN, University of Texas-Austin, PI. 2008-2012.

Member – Caring for our Children, Nutrition Technical Panel. National Academy of Sciences. 2008-current.

Reviewer – American Dietetic Association, Evidenced-Based Analysis Review for Gestational Diabetes. 2008.

Member – General Mills and American Dietetic Association Foundation – Champions for Healthy Weight Final Grant Review Panel, Minneapolis, MN. 2007 - current.

Member – HRSA/Maternal and Child Health Bureau, Office of Women's and Perinatal Health – Promoting a Healthy Weight Among Women of Reproductive Age Grant Review Panel Member. Washington, DC. June 2004.

USDA, Food Assistance and Nutrition Research Program, Economic Research Service Competitive Grants and Cooperative Agreements Program - Peer Review Panel Member. July 2001.

Maternal and Child Health Bureau Healthy Start Initial Grant Competition - Grant Review Panel Member. Washington, DC. April 2001.

Professional Association Memberships and Service

Academy of Nutrition and Dietetics – Council on Future Practice. (2013-present)

Minnesota Center for Family Development – MN SNAP Ed Impact Evaluation Advisory Committee Member. (2012-present)

Academy of Nutrition and Dietetics-National Public Health Task Force (2011-present)

University of Wisconsin, Pediatric Pulmonary Center Advisory Board (2010- present)

Minnesota Dietetic Association – Public Policy Committee Member (2010-present)

Twin Cities District Dietetic Association - Nominating Committee Chair (2010-2011)

American Dietetic Association, Research Task Force (2010-2011)

National Neonatal Nutrition Conference Advisory Board and Planning Committee, Baylor University (2009-present)

University of Minnesota Coordinated Masters Program Advisory Board member (2009-present)

Healthy Foods, Healthy Lives Advisory Board member (2009-present)

American Dietetic Association - Nominating Committee (2008-2011)

Association of Graduate Programs in Public Health Nutrition – President (2012-present), President Elect (2010-2011), Nominating Committee Chair (2008-2011)

Advisory Council and Founding Member, Association of State and Territorial Nutrition Directors Maternal and Child Health Nutrition Council (2009-current)

Commission on Dietetic Registration – Vice Chair (2007-08); Chair, Weight Management Programs Committee (2006-08); Chair, Competency Assurance Panel (2007-2008); Executive Board Member, Exam Writing Panel, Competency Assurance Panel, Weight Management Programs Committee (2005-2008); Certificate of Training in Pediatric Weight Management Development Committee Task Force and Advisory Board. (2002)

House of Delegates, American Dietetic Association – CDR Representative Member (2007-2008)

American Dietetic Association, Positions Committee – Content Expert, Health Promotion and Disease Prevention Practice and Position papers (2010-present); Author, Child and Adolescent Food and Nutrition Programs position paper (2003, 2006; 2010); Content Expert and Author, Nutrition and Lifestyle for a Healthy Pregnancy Outcome position paper (2012- present, 2007); Reviewer, Child Obesity position paper (2005)

Women’s Health and Reproductive Nutrition DPG – Breastfeeding task force (2006-present)

Pediatric Nutrition Practice Group - Advisor (2010-current), Child Obesity Task Force (2004-current), Spring Meeting Planning Committee (2007-2008)

Public Health/Community Nutrition Practice Group - Chair (2003-2005), Newsletter Editor (2001-2003), Technology Committee Chair (2001-2002)

Minnesota Healthy Weight for Women of Reproductive Age Consortium member (2006-present)

USDA Midwest Regional Nutrition Education Task Force - Web-based internet education project advisory board; Fruit and vegetable consumption project advisory board (2004-2009)

Developmental Advisory Group for the Development of a National Blueprint for Nutrition and Physical Activity, MCHB and NIH (2004-2007)

Member – Hennepin County Medical Center Pediatric Obesity Working Group. (2003-2004)

American Dietetic Association, House of Delegates - Research Task Force (2001-2002)

American Public Health Association – Food and Nutrition Section (2001-present)

Society for Nutrition Education and Behavior – Journal Committee (2011-present), Credentialing Committee (2011 - present), Education Section (2000-present)

Member – Hopkins School District Obesity, Nutrition and Physical Activity Task Force. (2002-2011)

Board Member – University of Illinois-Chicago Maternal and Child Health Training Program Advisory Board (2001-current)

Board Member – Fairview-University Medical Center Dietetic Internship Program. (2000-present)

Member – National Advisory Board for MCHB-funded Excellence in Leadership in Maternal and Child Health Nutrition Training Programs. (2000-present)

Volunteer Educator/Trainer and Grant Advisor – Greater Hopkins Area Early Childhood and Family Education Program, Minnesota School District 270, and Harley Hopkins Education Center (2000-2002)

Journal Reviews and Board of Editors

Editorial Board Member: Infant, Child and Adolescent Nutrition (2010-present)

Editorial Board Member: Journal of Nutrition Education and Behavioral (2005-2011); Journal Advisory Committee (2012-present)

Manuscript Reviewer. Community Health Partnerships: Research Education and Practice, Journal of the American Dietetic Association, Infant Child and Adolescent Nutrition, British Medical Journal, Maternal and Child Health Journal, American Journal of Public Health, Journal of Nutrition Education and Behavior, Public Health Nutrition, American Journal of Clinical Nutrition, Journal of Obstetrics and Gynecology, Journal of Nutrition, European Journal of Clinical Nutrition, Pediatrics, Archives of Adolescent Medicine, Journal for Health Care of the Underserved, Journal of Ethnicity and Disease, Obesity Research, International Journal of Obesity, Appetite, Journal of Public Health Nursing, Journal of Family Medicine, and Topics in Clinical Nutrition.

Position Statement Committees. The American Dietetic Association - Position statements: Nutrition for a Healthy Pregnancy (Content Advisor, 2011 - present), Health Promotion and Disease Prevention (Content Advisor, 2010-present), Nutrition for a Healthy Pregnancy (Co-author, 2007), Child and Adolescent Food and Nutrition Programs (Co-author, 2010, 2006, 2003), Child and Adolescent Obesity (Content Advisor, 2005), Child Nutrition Services (Reviewer, 1995).

Grants

USDA Maternal and Infant Nutrition Conference Grant. USDA (USDA, WIMN-06-MN). Principal Investigator. (2014-2015, \$35,322). Submitted.

Maternal and Child Nutrition Training Grant. HRSA (HRSA, 5 T79MC00007-24-00). Principal Investigator. (2012-2018, \$196,800/yr).

Healthy Foods, Healthy Lives Planning Grant. HFHL Institute (UMN). PI. (2013, \$10,000)

Identifying Alternative Food Assistance Strategies in Hennepin County. Hennepin county Department of Human Services & Public Health. (Henn Co. 740043).

Co-Principal Investigator. (2013, \$48,360).

Creating the University of MN Center for Child Obesity Prevention Policy. USDA
Co-Investigator (M Laska, PI). (2012-2014, \$184,312).

Midwest Center for Lifelong Learning in Public Health, Public Health Training Center.
HRSA. (HRSA, 1UB6-HP22822-01-00).
Co-Principal Investigator. (2011-2014, \$650,000/yr).

Improving Dietary Assessment in Pregnant Women and Children in the National
Children's Study. NIH/NICHD. (NIH, W.A. 02 LOI2-QUEX-14).
Principal Investigator, UMN site. (2010-2013, \$299,709).

Leadership Education in Neurodevelopmental Disabilities Training Grant.
HRSA/MCHB.
Co-Investigator. M Reiff - PI. (2011-2015, \$450,000/yr)

An Intensive Lifestyle Intervention to Prevent Gestational Diabetes among Native
American Women. Association of Schools of Public Health/Centers for Disease Control
and Prevention.
Principal Investigator. (2009-2012, \$199,998).

Improving Nutrition and Physical Activity among 3-5 Year Old Latino Youth. University
of Minnesota Office of Health Disparities Research.
Principal Investigator. (2010-2011, \$19,795).

Integrating Community Engagement Scholarship into Public Health Education and
Training: A Community Engaged Department Grant. University of Minnesota, Office of
Community Engagement.
Principal Investigator. (2009-2010, \$10,000).

Maternal and Child Public Health Nutrition Training Grant, funded by Maternal and
Child Health Bureau, Health Resources and Services Administration.
Principal Investigator. (2008-2013, \$170,000/year).

National Maternal Nutrition Intensive Course, funded by USDA Food and Nutrition
Service.
Principal Investigator. (2008, \$29,988; 2009 \$29,802; 2010 \$33,701; 2011 \$37,012; 2012
\$32,484).

Prevention of Gestational Diabetes through Exercise among Native American Women: A
Pilot Study. (P 20 award).
Co-Investigator, M Avery (PI). (2008-2009, \$20,000/year).

Prevention of Gestational Diabetes through Exercise among Native American Women
living on Northern Minnesota Reservations. President's Multicultural Diversity and
Equity Award.

Co-Investigator, M Avery (PI). (2008-2009, \$12,000/year).

National Maternal Nutrition Intensive Course, funded by USDA Food and Nutrition Service.

Principal Investigator. (2007, \$28,348; 2006, \$27,340; 2005, \$24,637; 2004, \$32,374; 2003, \$23,786; 2002, \$18,971).

Leadership Education and Training Program in Maternal and Child Health and Public Health Nutrition, funded by Maternal and Child Health Bureau, Health Resources and Services Administration.

Co-Investigator, Mary Story, PI. (2003-2008, \$250,000/year).

Maternal and Child Public Health Nutrition Training Grant, funded by Maternal and Child Health Bureau, Health Resources and Services Administration.

Project Director, Mary Story, PI. (1998-2003, \$250,000/year).

Nutrition Education and Related Services Assessment Project, funded by Minnesota Department of Children Families and Learning.

Co-investigator, Mary Story, PI. (1994-1995, \$17,250).

Body Image Perceptions of Exercising and Non-exercising College Students, funded by University of Illinois Student Services Program.

Co-PI, (Carol Kennedy, Co-PI). (1990-1991, \$14,900).

Publications

Journal Articles

1. **Stang J**, Bonilla Z, Navas M, del a Torre M. Prevention of Obesity and Type 2 Diabetes among Very Young Latino Children: Perceptions of Parents and Caregivers. (Under revision)
2. Spence M, Anderson DM, Haughton B, Miles A, Spear BA, **Stang J**, Tate M. Distance Leadership Training Can Improve Skills: the Establishment of the Emerging Leaders in Maternal and Child Health Nutrition Training Institute. (Under review, Maternal Child Health Journal).
3. Reicks M, Trofolz A, **Stang J**, Laska M. Diet and health outcomes of interventions based on cooking and home food preparation among adults: a systematic review. (In Press, Journal of Nutrition Education and Behavior)
4. Eichberger S, **Stang J**, Garcia C. Promoting vegetable access among low-income, communities of color: Perspectives of urban Master Gardeners. (Under review, Greening Review)
5. Haughton B, Eppig K, Looney SM, Cunningham-Sabo L, Spear B, Spence M, **Stang J**. Incorporating the Life Course Model into MCH Nutrition Leadership

- Education and Training Programs. *Maternal and Child Health Journal*. 2013; 15(1):136-146.
6. Fowles E, **Stang J**. Stress, Depression, and Eating Habits Reduce Dietary Quality in the 1st Trimester in Low-Income Women: A Pilot Study. *Journal of the Academy of Nutrition and Dietetics*. 2012;112:1619-1625.
 7. Haughton B, **Stang J**. Populations Risk Factors and Trends in Health Care and Public Policy (Invited paper). *Journal of the Academy of Nutrition and Dietetics*. 2012;112 (Suppl 1):S35-S46.
 8. **Stang J**, Loth KA. Parenting Style and Child Feeding Practices: Potential Mitigating Factors in the Etiology of Childhood Obesity. *Journal American Dietetic Association*. 2011;111(9):1301-1304.
 9. Heim S, Bauer K, **Stang J**, Ireland M. Creating healthy home food environments through a garden-based community intervention. *Journal of Nutrition Education and Behavior*. 2011;43(2):130-4. PMID: 21273132.
 10. **Stang J**, Taft-Bayerl C. Position of the American Dietetic Association: Child and Adolescent Nutrition Assistance Programs. *Journal of the American Dietetic Association*. 2010;110(5):791-799.
 11. **Stang J**, Hoss K, Story M. Health claims made in infant formula advertisements in pregnancy and early parenting magazines: A content analysis. *Infant, Child & Adolescent Nutrition*. 2010;2(1):16-25.
 12. **Stang J**. Improving Health among American Indians through Environmentally-focused Nutrition Interventions. *Journal of the American Dietetic Association*. 2009;109:1528-1531.
 13. Heim S, **Stang J**, Ireland M. A Garden Pilot Project Enhances Fruit & Vegetable Consumption Among Children. *Journal of the American Dietetic Association*. 2009;109:1220-1226.
 14. **Stang J**, Kong A, Story M, Eisenberg M, Neumark-Sztainer D. Eating and Weight Related Patterns and Behaviors of Hmong Youth. *Journal of the American Dietetic Association*. 2007;107:936-941.
 15. **Stang J**. Weight Gain in Pregnancy. *Diabetes Digest*. April, 2007.
 16. **Stang J**, Taft-Bayerl C. Position Statement for the American Dietetic Association: Child and Adolescent Food and Nutrition Programs. *Journal of the American Dietetic Association* 2006;106:1467-1475.
 17. O'Dougherty M, Story M, **Stang J**. Observations of parent-child co-shoppers in supermarkets: Children's involvement in food selections, parental yielding, and refusal strategies. *Journal of Nutrition Education and Behavior*. 2006;38:183-188.
 18. **Stang J**. Improving Eating Patterns of Infants and Toddlers. *Journal of the American Dietetic Association*. 2006;106:S7-S9.
 19. **Stang J**, Kossover R. Identifying nutrition needs of low-income rural families. *Journal of the American Dietetic Association*. 2005;105:1916-1917.

20. **Stang J**, Zephier E, Story M, Himes J, Howard B, Yeh L. Dietary Intakes of Nutrients Thought to Modify Cardiovascular Risk from Three Groups of American Indians: The Strong Heart Dietary Study, Phase II. *Journal of the American Dietetic Association*. 2005;105:1895-1903.
21. Haines J, **Stang J**. Promoting Meal Consumption Among Teens. *Journal of the American Dietetic Association*. 2005;105(6):945-947.
22. **Stang J**, Story M, Feldman S. Nutrition in adolescent pregnancy. *International Journal of Childbirth Education*. 2005, 20(2):4-11.
23. **Stang J**, Rehorst J, Golcic M. Parental Feeding Practices and Risk of Childhood Overweight in Girls: Implications for Practice. *Journal of the American Dietetic Association*. 2004;104:1076-1079.
24. **Stang J**, Taft-Bayerl C. Position Statement for the American Dietetic Association: Child and Adolescent Food and Nutrition Programs. *Journal of the American Dietetic Association*. 2003;103:887-893.
25. **Stang J**, Brown J, Jacobs D. Effects of supplemental iron and folic acid on serum zinc levels during pregnancy. *Top Clinical Nutrition* 2002;71(4):15-26.
26. **Stang J**. Nutrition Assessment of Adolescents. *JADA*. 2002; 102(3):S13-S22.
27. Harnack L, Rydell S, **Stang J**. Prevalence of use of herbal products by adults in the Minneapolis/Saint Paul, Minnesota metropolitan area. *Mayo Clinical Proceedings*. 2001;76:688-694.
28. **Stang J**. Clinical implications of trends in food intake among US adolescents (commentary). *Western Journal of Medicine* 2000;173.
29. **Stang J**, Story M, Neumark-Sztainer D, Harnack L. Relationships between vitamin and mineral supplement use, dietary intake and dietary adequacy among US adolescents. *Journal of the American Dietetic Association*. 2000;100:905-910.
30. Story M, Neumark-Sztainer D, Sherwood N, **Stang J**, Murray D. Dieting Status and its Relationship to Eating and Physical Activity Behaviors in a Representative Sample of US Adolescents. *Journal of the American Dietetic Association*. 1998;98:1127-1132.
31. Harnack L, **Stang J**, Story M. Soft drink consumption among US children and adolescents: Nutritional consequences. *Journal of the American Dietetic Association*. 1999;99:436-441.
32. Harnack L, Story M, Martinson B, Neumark-Sztainer D, **Stang J**. Guess Who's Cooking? The Role of Men in Meal Planning, Shopping and Preparation in US Families. *Journal of the American Dietetic Association*. 1998;98:995-1000.
33. **Stang J**, Story M, Kalina B. Nutrition Education Perceptions and Practices of Minnesota Teachers. *Journal of Nutrition Education*. 1998;30:396-404.
34. **Stang J**, Story M, Zollman M. Portion Size Estimations and Food Risk Ratings among Women with Bulimia Nervosa. *Topics in Clinical Nutrition*. 1997;12(4):50-57.

35. **Stang J**, Story M, Kalina B, Snyder MP. Meeting the Dietary Guidelines for Americans in School Meals: Current Practices, Perceived Barriers and Future Directions. *Journal of Nutrition Education*. 1997;29:152-158.
36. Brown J, Jacobs D, Hartman T, Hannan P, Barasso G, **Stang J**, Gross M, McPhee M. Predictors of Red Cell Folate Levels in Women Attempting Pregnancy: Results of the Diana Project. *Journal of the American Medical Association*. 1997;277(7):548-552.
37. **Stang J**, Story M, Kalina B. Do Weight Management Services Belong in Schools? Perceptions of School Nurses and Administrators. *American Journal of Health Promotion*. 1997;11:183-185.
38. Kennedy C, Reis J, Bane S, **Stang J**. A Comparison of Body Image Perceptions of Exercising and Non-exercising College Students. *Wellness Perspectives*. 1995;11(3):3-15.
39. Rohwer J, Wandberg R, Dusich K, Bulfer J, **Stang J**. A Pilot Study of the Effects of Cholesterol Measurement on the Eating Patterns of Adolescents. *American Journal of Health Promo*. 1992;7(2):93-95.

Abstracts - Oral and Poster Presentations

1. The Effect of Cholesterol Screening on Adolescent Eating Habits: A Collaborative Study. American Dietetic Association Annual Meeting. Denver, CO. October, 1990. (poster)
2. **Stang J**, Tummillo C. Integrating Body Image and Eating Behaviors: The Body Conscious Workshop. Society for Nutrition Education Annual Meeting Abstracts, July 1992.
3. **Stang J**, Story M, Kalina B. School Personnel Perceptions of School-Based Weight Management Services. Society for Nutrition Education Annual Meeting Abstracts, July 1995.
4. **Stang J**, Kalina B, Story M. Do Weight Management Services Belong in Schools? Perceptions of School Nurses and Administrators. Society for Nutrition Education Annual Meeting. Washington DC. July, 1995. (poster) - Outstanding Student Research Award Presentation.
5. **Stang J**, Story M, Zollman M. Accuracy of Food Portion Size Estimations by Bulimic Subjects. The American Dietetic Association, Annual Fall Meeting Abstracts, September, 1995.
6. Clark A, **Stang J**, Story M, Kalina B. Serving special school foodservice meals to students with special health care needs. The American Dietetic Association Annual Food and Nutrition Conference and Exhibition. Philadelphia, PA. October 2002.
7. Kong A, Story M, **Stang J**, Neumark-Sztainer D, McGovern M. Food patterns, beliefs, and practices of Hmong adolescents. Society for Nutrition Education and Behavior Annual Meeting. St. Paul, MN. July 2003.

8. Lucerno M, Goldberg D, **Stang J**. Nutrition Concerns of Parents of Children with Autism Spectrum Disorders. The American Dietetic Association Annual Food and Nutrition Conference and Exhibition. San Antonio, TX. October 2003.
9. Sandell EJ, **Stang J**. One Size Does Not Fit All: Customizing Nutrition Education for Behavior Change. USDA EFNEP Annual Conference. Washington, DC. Feb. 2004.
10. Heim S, **Stang J**, Ireland M. The Delicious and Nutritious Garden – Results of a Summer Program Gardening Pilot Project. American Dietetic Association. The American Dietetic Association Annual Food and Nutrition Conference and Exhibition. Chicago, IL. October 2008.
11. Avery M, **Stang J**, Swartout J. Exercise for American Indian Women with Gestational Diabetes: A Pilot Study. Midwest Nursing Research Society. Minneapolis, MN. April 2009.
12. Fowles E, **Stang J**. Effect of Stress on Dietary Quality during the 1st Trimester in Low-Income Pregnant women. Society of Behavioral Medicine. Washington, DC. April 2011.
13. Beckman T, **Stang J**, Spotted Eagle F. Improving the Food Environment of Lake Andes through a Community-Based Participatory Process. Weight of the Nation Meeting. Washington, DC. May 2012 (Selected for oral presentation).
14. Eichberger S, **Stang J**. Promoting Vegetable Access among Low-income, Communities of Color: Perceptions of Urban Master Gardeners. National Extension Educators Meeting. August 2012. (Won young investigator award)
15. Stenberg L, Pepin C, Jones-Webb R, Stang J. Are You Ready for an Epidemic!? Development and Use of an Online Game for Public Health Education. 2013 Undergraduate Education for Public Health Summit. Boston, MA. November, 2013.
16. Papai C, Cutts D, Geppert J, Donohue M, Stang J, Oberg C. Early Childhood Predictors of Severe Obesity at Age Four in Minnesota WIC Children: A Longitudinal Cohort Study. Pediatric Academic Society. Vancouver, BC. Canada.

Book Chapters and Editions

1. Larson N, Stang J, Leak T. Adolescent Nutrition. In: Mahan LK, Escott-Stump S, eds. Krause's Food & Nutrition Therapy. 15th ed. St. Louis, MO: Saunders/Elsevier; 2014.
2. **Stang J**. Adolescent nutrition. In: Brown J, ed. Nutrition Through the Lifecycle. 5th ed. Belmont, CA: Wadsworth/Thompson Learning; 2013.
3. **Stang J**. Special issues in adolescent nutrition. In: Brown J, ed. Nutrition Through the Lifecycle. 5th ed. Belmont, CA: Wadsworth/Thompson Learning; 2013.

4. Laska M, **Stang J**. Adolescent Nutrition. in: The Yellow Book: Pediatric Nutrition, 7th edition. Elk Grove Village, IL: American Academy of Pediatrics; 2012.
5. **Stang J**, Contie K. Nutrition Models and Food Systems Changes: Improving Nutrition and Health Status among American Indians. in: Turning it Around: Diabetes in American Indian and Alaska Native Communities. LC Henderson, ed. In press.
6. **Stang J**, Reisdorf E. Hyperlipidemia. In: Holt K, Wooldridge N, eds. Bright Futures in Practice: Nutrition. 3rd ed. Elk Grove Village, IL : American Academy of Pediatrics; 2011.
7. **Stang J**, Residorf E. Iron-deficiency anemia. In: Holt K, Wooldridge N, eds. Bright Futures in Practice: Nutrition. 3rd ed. Elk Grove Village, IL : American Academy of Pediatrics; 2011.
8. **Stang J**, Loth K. Eating disorders. In: Holt K, Wooldridge N, eds. Bright Futures in Practice: Nutrition. 3rd ed. Elk Grove Village, IL : American Academy of Pediatrics; 2011.
9. **Stang J**. Adolescent nutrition. In: Brown J, ed. Nutrition Through the Lifecycle. 4th ed. Belmont, CA: Wadsworth/Thompson Learning; 2010.
10. **Stang J**. Special issues in adolescent nutrition. In: Brown J, ed. Nutrition Through the Lifecycle. 4th ed. Belmont, CA: Wadsworth/Thompson Learning; 2010.
11. **Stang J**, Bruening M. Eating problems and disorders. In: Hockenberry MJ, Wilson D, eds. Wong's Nursing Care of Infants. 9th ed. St. Louis, MO: Saunders/Elsevier; 2010.
12. Larson N, **Stang J**. Developmental origins of childhood obesity: potential public health impact. In: Manuel Serrano-Rios M, Ordovas JM & Gutierrez-Fuentes JA. Obesity. St. Louis, MO: Elsevier; 2010.
13. **Stang J**, Miles A. Nutrition for infants and toddlers. In: Rippe JM, Foreyt J, and Waite MA, eds. Encyclopedia of Medicine and Health. Thousand Oaks, CA: Sage Publishing; 2010.
14. **Stang J**. Adolescent nutrition. In: Mahan LK, Escott-Stump S, eds. Krause's Food & Nutrition Therapy. 13th ed. St. Louis, MO: Saunders/Elsevier; 2010.
15. **Stang J**. Adolescent Nutrition. In: Food, Nutrition and Diet Therapy, 12th edition. Krause, eds. 2008.
16. **Stang J**, Story M, Loth K. Nutrition Issues of Mothers, Infants, Youth and Families. In: Health and Welfare for Families in the 21st Century. H Wallace, ed. Jones and Bartlett. 2007.
17. Larson N, Fulkerson J, **Stang J**, Story M. Chapter 3: Adolescence. In: Thompson LU, Ward WE, eds. Optimizing Women's Health through Nutrition. New York: CRC Press, 2007.

18. **Stang J**, Feldman S. Adolescent Nutrition. In: Nutrition Through the Lifecycle, 3rd edition. J Brown, ed. Wadsworth/Thompson Learning: Belmont, CA. 2007.
19. **Stang J**, Kossover R. Special Issues in Adolescent Nutrition. In: Nutrition Through the Lifecycle, 3rd edition. J Brown, ed. Wadsworth/Thompson Learning: Belmont, CA. 2007.
20. **Stang J**, Story M. Adolescent Nutrition. In: Nutrition Through the Lifecycle, 2nd edition. J Brown, ed. Wadsworth/Thompson Learning: Belmont, CA. 2004.
21. **Stang J**, Story M, Neumark-Sztainer D. Special Issues in Adolescent Nutrition. In: Nutrition Through the Lifecycle, 2nd edition. J Brown, ed. Wadsworth/Thompson Learning: Belmont, CA. 2004.
22. **Stang J**. Nutrition Education and Counseling. In: Guidelines for Adolescent Nutrition Services. M Story, **J Stang**, I Alton, eds. Leadership, Education and Training Program in Maternal and Child Nutrition, University of Minnesota. Expected Release May 2003.
23. **Stang J**. Physical and Psychosocial Growth and Development of Adolescents. In: Guidelines for Adolescent Nutrition Services. M Story, **J Stang**, I Alton, eds. Leadership, Education and Training Program in Maternal and Child Nutrition, University of Minnesota. Expected Release May 2003.
24. **Stang J**. Nutrition Assessment of Adolescents. In: Guidelines for Adolescent Nutrition Services. M Story, **J Stang**, I Alton, eds. Leadership, Education and Training Program in Maternal and Child Nutrition, University of Minnesota. Expected Release May 2003.
25. **Stang J**, Hayes-Bohn R. Nutritional Needs of Female Adolescents. In: Wolinsky I, Klimis D, eds. Nutrition Concerns of Women. 2nd ed. Boca Raton, Florida: CRC Press; 2003.
26. **Stang J**, Story M. Nutrition Issues for Mothers, Children, Youth, and Families. In: Health and Welfare for Families in the 21st Century, 2nd Ed. HM Wallace, G Green, KJ Jaros, LL Paine, M Story, eds. Jones and Bartlett Publishers. 2003.
27. **Stang J**, Story M. Adolescent Nutrition. In: Nutrition Through the Lifecycle. J Brown, ed. Wadsworth/Thompson Learning: Belmont, CA. 2002.
28. **Stang J**, Story M, Neumark-Sztainer D. Special Issues in Adolescent Nutrition. In: Nutrition Through the Lifecycle. J Brown, ed. Wadsworth/Thompson Learning: Belmont, CA. 2002.
29. **Stang J**. Communicating Effectively with Pregnant Adolescents Who Have Limited Literacy or Comprehension Skills. In: Nutrition and the Pregnant Adolescent: A Practical Reference Guide. M Story and **J Stang**, eds. Leadership, Education and Training Program in Maternal and Child Nutrition, University of Minnesota. 2000.
30. **Stang J**. Adolescent Physiological Growth and Development: Implications for Pregnancy. In: Nutrition and the Pregnant Adolescent: A Practical Reference

- Guide. M Story and **J Stang**, eds. Leadership, Education and Training Program in Maternal and Child Nutrition, University of Minnesota. 2000.
31. Story M, **Stang J**. Nutrition Assessment of Pregnant Adolescents. In: Nutrition and the Pregnant Adolescent: A Practical Reference Guide. M Story and **J Stang**, eds. Leadership, Education and Training Program in Maternal and Child Nutrition, University of Minnesota. 2000.
 32. Faulkner P, **Stang J**, Reynolds S. Interviewing, Counseling Skills and Strategies for Behavior Change. In: Nutrition and the Pregnant Adolescent: A Practical Reference Guide. M Story and **J Stang**, eds. Leadership, Education and Training Program in Maternal and Child Nutrition, University of Minnesota. 2000.
 33. Contributing Author and Editor, Eating Disorders. in: Nursing Care of Infants and Children, 5th ed, Chapter 21. St. Louis: Mosby Year Book Publishing. 1994.

Select Non-Refereed Publications, Booklets, and Educational Curricula (full list upon request)

- Arndt J, Dent C, Robertson M, **Stang J**. The Phillips Neighborhood Clinic: Addressing Health Disparities in Central Minneapolis. Public Health/Community Nutrition Practice Group: The Digest. Spring 2013.
- Stang J**, Robertson M, Hoolihan C, Loup S. Marketing to Children and Youth through the Food Environment. Public Health/Community Nutrition Practice Group: The Digest. Fall 2012.
- Stang J**, Loup S. Leadership Development in Public Health Nutrition. Pediatric Nutrition Practice Group: The Building Block newsletter. Spring 2012.
- Stang J**. Adolescent Obesity. American Medical Association Monograph. 2003.
- Story M, **Stang J**. Creating Healthy Nutrition Environments for Adolescents: A White Paper. Maternal and Child Health Bureau. 2002.
- Stang J**, Holladay L. Treatment of Childhood Obesity Involves the Family. The American Dietetic Association, Public Health/Community Nutrition Practice Group newsletter, the Digest. Spring, 2000.

Presentations

National and International Meetings (invited)

1. Where Should the Profession Go and How Should It Get There? Food and Nutrition Conference and Exhibition. Houston, TX. October 2013.
2. On the Shoulders of Giants: Learning from Stories of Inspiration. Food and Nutrition Conference and Exhibition. Houston, TX. October 2013.

3. The Role of Nutrition in Infant Mortality. National Neonatal Nutrition Conference. Houston, TX. March 2013.
4. Improving Nutrition and Physical Activity Environments of Children and Families through Policy, Advocacy and Creativity. Food and Nutrition Conference and Exposition. Philadelphia, PA. October 2012.
5. Feeding Young Children: The Good, the Bad and the Picky (opening plenary session). Missouri WIC and Nutrition Annual Conference. Jefferson City, MO. October 2012.
6. From Cradle to Adult: The Lifecourse Model of Health Outcomes and Health Disparities. Missouri WIC and Nutrition Annual Conference. Jefferson City, MO. October 2012.
7. Nutrition Implications of Adolescent Pregnancy. Healthy Weight Colloquium. Knoxville, TN. September 2012.
8. The Lifecourse Model: Implications for Pediatric Nutrition Services. Pediatric Nutrition Conference. Birmingham, AL. February 2012.
9. The Lifecourse Model: Implications for MCH Nutrition Programs and Services. National Maternal and Child Nutrition Intensive Course. Minneapolis, MN. July 2011.
10. Nutrition During Pregnancy: A Social-Ecological Perspective. Mid-America Leadership Training Conference. Indianapolis, IN. February 2011.
11. Training Public Health Nutrition Professionals for Leadership. Association of State and Territorial Public Health Nutrition Directors Annual Meeting. Baltimore, MD. June 2010.
12. Improving Leadership in Maternal and Child Nutrition. Association of State and Territorial Public Health Nutrition Directors Annual Meeting. Santa Fe, NM. June 2009.
13. Preconception Care: A Missed Opportunity. National Maternal Nutrition Intensive Course. Minneapolis, MN. August 2008.
14. Nutrition for High Risk Pregnancy throughout the Lifecourse. American Dietetic Association teleseminar. July 2008.
15. Treating Obesity in Young Children. National WIC Association Meeting. Minneapolis, MN. May 2008.
16. Marketing Foods and Beverages to Children and Adolescents. Pediatric Nutrition Symposium. Bloomington, MN. April 2008.
17. Nutrition Issues of Pregnant Adolescents. National Maternal Nutrition Intensive Course. Minneapolis, MN. July 2007.
18. Overview of Pediatric Overweight: The Etiology Continuum. Intensive Course in Pediatric Nutrition. Birmingham, AL. February 2007.
19. Behavioral Counseling in Child and Adolescent Nutrition. Intensive Course in Pediatric Nutrition. Birmingham, AL. February 2007.
20. Nutrition Needs in Pregnancy and Physiological Changes. National Maternal Nutrition Intensive Course. Minneapolis, MN. July 2006.

21. Pediatric Obesity: An Update. Intensive Course in Pediatric Nutrition. Birmingham, AL. March 2006.
22. Behavioral Counseling in Child and Adolescent Nutrition. Intensive Course in Pediatric Nutrition. Birmingham, AL. March 2006.
23. Close Up and Personal: Leaders in Nutrition. Food and Nutrition Exhibition and Conference. St. Louis, MO. Oct 2005.
24. Family, School and Community Influences on Children's Food Choices. Building Healthy Communities for Children: The Physical and Social Environments, A President's Interdisciplinary Academic Initiative Conference. St. Paul, MN. Sept 2005.
25. Nutrition in Pregnancy: Physiological and Metabolic Changes. Perinatal and Pediatric Nutrition Conference. Stanford, CA. July 2005.
26. Motivational Counseling Techniques to Improve Eating Behaviors of Pregnant Teens. Perinatal and Pediatric Nutrition Conference. Stanford, CA. July 2005.
27. Nutrition in Pregnancy. National Maternal Nutrition Intensive Course. Minneapolis, MN. July 2005.
28. Motivational Negotiation: Behavioral Counseling Skills for Pediatric Nutrition. Intensive Course in Pediatric Nutrition. Birmingham, AL. February 2005.
29. Overview of Pediatric and Adolescent Obesity. Intensive Course in Pediatric Nutrition. Birmingham, AL. February 2005.
30. Stages of Change Counseling for Pediatric Obesity. Intensive Course in Pediatric Nutrition. Birmingham, AL. February 2005.
31. Using Motivational Negotiation to Motivate Pregnant Teens to Make Dietary Change. National Maternal Nutrition Intensive Course. Minneapolis, MN. July 2004.
32. Prevention and Treatment of Child and Adolescent Obesity. American Medical Association Leadership Confluence. Chicago, IL. February 2004.
33. Epidemiology of Pediatric and Adolescent Obesity. Nutrition Intensive Course. Birmingham, AL. February 2004.
34. Epidemiology of Obesity among Children and Adolescents. MCHB Building Bridges Between Research and Practice Conference. Washington, DC. October 2003.
35. Prevention and Treatment of Child and Adolescent Obesity. American Medical Association Leadership Confluence. Chicago, IL. October 2003.
36. Behavioral Management of Pediatric Obesity. Pediatric Nutrition National Teleconference. Birmingham, AL. June 4, 2003.
37. Prevention and Treatment of Childhood Overweight. USDA Regional Nutrition Meeting. Chicago, IL. April 2003.
38. Using Stages of Change to Motivate Clients to Change Eating Behaviors. USDA Regional Nutrition Meeting. Chicago, IL. April 2003.

39. Pediatric Obesity. Pediatric Nutrition Intensive Course. Birmingham, AL. February 2003.
40. Adolescent Obesity. American Medical Association Adolescent Health Forum. Washington, DC. November, 2002.
41. Population Based Strategies to Prevent Childhood Obesity. Canadian Society for Endocrinology and Diabetes Association Joint Meeting. Vancouver, BC. October, 2002.
42. Society for Nutrition Education Annual Conference. Minneapolis MN. July 2002. Poster presentation: Kong AK, Story M, Stang J, Neumark-Sztainer D, McGuire M. Food patterns, beliefs, and practices of Hmong adolescents.
43. Responding to the Surgeon General's Call to Action: Preventing Obesity. Society for Nutrition Education Annual Meeting. St. Paul, MN. July 2002.
44. Preventing and Treating Obesity: Creativity + Partnership = High Impact. American Dietetic Association Food and Nutrition Exhibition and Conference. St. Louis, MO. October 2001.
45. Postpartum Nutrition Issues of Women. National Association of WIC Directors Annual Meeting. Minneapolis, MN. May, 2002.
46. Preventing Child Obesity. National Association of WIC Directors Annual Meeting. Minneapolis, MN. May, 2002.
47. Working with Pregnant Adolescents. National Intensive Course in Maternal Nutrition. Minneapolis, MN. July 2000.

Regional and State Meetings

1. Improving Nutrition Outcomes by Improving Nutrition Before, During and Between Pregnancies. Minnesota WIC Conference. Bloomington, MN. October 2013.
2. Nutrition and Preterm Birth: Updates on Infection, Inflammation and Weight Gain. Minnesota WIC Conference. Bloomington, MN. October 2013.
3. The Good, the Bad and the Picky: Managing Child Feeding Behaviors. Missouri Nutrition and WIC Annual Conference. Jefferson City, MO. October 2012.
4. From Cradle to Adulthood: Nutrition and the Lifecourse Model. Missouri Nutrition and WIC Annual Conference. Jefferson City, MO. October 2012.
5. Interconception and Preconception Care for Women: Implications for Nutrition Services. Wisconsin Department Health, Annual Nutrition and WIC Meeting. Madison, WI. June 2012.
6. The Application of the 10 Essential Public Health Services to Hemophilia Treatment Programs and Services. Great Lakes-Region V Hemophilia Treatment Centers Conference. Minneapolis, MN. October 2011.
7. The Lifecourse Model in Nutrition. Minnesota Dietetic Association Annual Meeting. St. Louis Park, MN. April 2011.

8. Preventing Gestational Diabetes in Minority Communities. Powell Center for Women's Health Annual Conference. Minneapolis, MN. September 2010.
9. Assessment, Prevention and Treatment of Child and Adolescent Obesity. MCH Nutrition Training Grant Workshop. Minneapolis, MN. May 2010.
10. Prevention of Childhood Obesity. ConnectU Training Workshop. Lamberton, MN. October 2009.
11. Growing Healthy Children. ConnectU Training Workshop. Lamberton, MN. October 2009.
12. Prevention of Child and Adolescent Obesity. Wisconsin Nutrition Educators Consortium Annual Meeting. Eau Claire, WI. September 2009.
13. Prevention and Treatment of Child Obesity: Current Issues and Controversies. Minnesota Dietetic Association Annual Meeting. St. Cloud, MN May 2009.
14. Food Marketing and Youth. North Carolina WIC and Nutrition Conference. Durham, NC. October 2008.
15. Credentialing Dietetics Professionals: Issues and Controversies. Dietetics Educators of Practitioners Annual Meeting. Bloomington, MN. March 2008.
16. Nutrition and Weight Gain in Pregnancy: An Update. North Dakota WIC and Nutrition Meeting. Bismarck, ND. October 2007.
17. Prevention and Treatment of Child and Adolescent Obesity. North Dakota WIC and Nutrition Meeting. Bismarck, ND. October 2007.
18. CDR Initiatives. Dietetic Educator of Practitioners, Area 2 meeting. Milwaukee, WI. March 2007.
19. Motivational Interviewing 101. North Carolina WIC Conference. Winston-Salem, NC. October 2006.
20. Motivational Counseling in WIC: You CAN Make a Difference. North Carolina WIC Conference. Winston-Salem, NC. October 2006.
21. Motivational Negotiation. Elizabeth Cowley Honorary Lecture. University of Cincinnati. Cincinnati, OH. February 2006.
22. Adolescent Obesity: An Update. Adolescent Health Symposium. University of Wisconsin Extension Education Program. Oshkosh, WI. February 2006.
23. Developing Prevention and Treatment Interventions for Youth Obesity. Adolescent Health Symposium. University of Wisconsin Extension Education Program. Oshkosh, WI. February 2006.
24. Physiology of Maternal Nutrition and Weight Gain. North Carolina WIC Association Meeting. Raleigh, NC. November 2005.
25. Maternal Weight Gain: Issues and Controversies. Minnesota WIC Program Fall Meeting. Brooklyn Center, MN. September 2005.
26. Infant and Pediatric Nutrition (day-long training program). Missouri Department of Health and Senior Services. Jefferson City, MO. August 2005.

27. Maternal and Infant Nutrition: An Update. Great Plains Tribes Regional WIC and Nutrition Consortium Meeting. Bismarck, ND. June 2005.
28. Motivational Counseling Techniques for Dietitians. Minnesota Dietetic Association Meeting. Shakopee, MN. May 2005.
29. Motivational Counseling Techniques for Dietitians. Wisconsin Dietetic Association Meeting. Eau Claire, WI. April 2005.
30. Child Obesity: An Update. Wisconsin Dietetic Association. Eau Claire, WI. April 2005.
31. Motivational Negotiation and Obesity Counseling: A day-long workshop. Springfield, IL. March 2005.
32. Motivational Negotiation and Obesity Counseling: A day-long workshop. Bloomington, IL. March 2005.
33. Issues and Controversies in Maternal and Perinatal Nutrition (day-long training program). Missouri Department of Perinatal Services. Jefferson City, MO. November 2004.
34. Child and Adolescent Obesity. Minnesota WIC Conference. Brooklyn Park, MN. March 2004.
35. So My Child Is Overweight, Now What Do I Do?: Behavioral Management of Pediatric Obesity. Minnesota WIC Conference. Brooklyn Park, MN. March 2004.
36. Re-energizing WIC in Nevada: Developing a Vision Statement for Nutrition Education. Co-facilitator for meeting. Las Vegas, NV. March 8-10, 2004.
37. Motivational Interviewing and Stages of Change to Increase Physical Activity and Improve Nutrition. Wisconsin Food and Nutrition Education Program. Distance education program. February 2004.
38. Case Studies for Using Motivational Negotiation in MCH and WIC Programs. Wisconsin Health Dept. Statewide Teleconference. Madison, WI. September 2003.
39. Motivational Interviewing and Stages of Change for WIC. Indiana WIC conference. Indianapolis, IN. September 2003.
40. Using Motivational Negotiation in Brief Nutrition and Physical Activity Encounters. Wisconsin WIC and Nutrition Annual Meeting. Midland, WI. June 2003.
41. Child and Adolescent Obesity and School Nutrition Environments. North Dakota Healthy School Nutrition Environment Conference. Bismarck, ND. February 2003.
42. Using Motivational Negotiation in Nutrition Education. Minnesota EFNEP State Conference. July 2002.
43. Using Motivational Negotiation Techniques in Brief Nutrition and Physical Activity Encounters. Wisconsin WIC and Nutrition Annual Meeting. Green Bay, WI. June, 2002.

44. Postpartum Nutrition Issues of Women. Wisconsin WIC and Nutrition Meeting. Green Bay, WI. June 2002.
45. In Their Own Words: Counseling Pregnant Adolescents. Ohio State WIC and Nutrition Meeting. Columbus, OH. April 2002.
46. Postpartum Nutrition Issues of Women. Ohio State WIC and Nutrition Meeting. Columbus, OH. April 2002.
47. Obesity Prevention and Treatment: Program Planning Strategies. Wisconsin Public Health Nutrition Meeting. Wisconsin Rapids, WI. July 2001.
48. Prevention, Assessment and Treatment of Childhood Obesity. Wisconsin Dietetic Association Annual Meeting. Appleton, WI. April 2000.
49. Working with Adolescents to Make Dietary Changes. Minnesota WIC Conference. Minnetonka, MN. March 2001.
50. Childhood Overweight: Assessment, Prevention and Treatment. Minnesota Dietetic Association Annual Meeting. Rochester, MN. May, 2000.
51. Childhood Overweight: Assessment and Treatment Strategies. Minnesota WIC Conference. March. Minneapolis, MN. 2000. (invited speaker)
52. Childhood Overweight Case Studies. Minnesota WIC Conference. March. Minneapolis, MN. 2000. (invited speaker)
53. Childhood Overweight. Minnesota EFNEP Training Meeting. St. Paul, MN. September, 1999. (invited speaker)
54. Assessment, Prevention and Treatment of Childhood Overweight. Indian Health Service, Aberdeen Area Regional Training, one-day training session. Aberdeen, SD. July, 2000.
55. Childhood Obesity: Assessment, Prevention and Treatment. Region VIII Family Planning Meetings. Pierre, SD. June, 1999. (invited speaker)
56. Vegetarian and Plant-based Diets in Children and Adolescents: Concerns and Recommendations. National Association of Pediatric Nurse Associates and Practitioners. May, 1999. (invited speaker)
57. Strategies for Providing Comprehensive Nutrition Education in Schools. The Minnesota School Foodservice Association Annual Fall Meeting. October, 1995. (paper presented)
58. Prevention and Treatment of Childhood Obesity. Indian Health Service Regional Conference. Pierre, SD. June, 1995. (invited speaker)
59. Critical Issues in Adolescent Nutrition. EFNEP/FNP Regional Training. Duluth, MN. November, 1994. (invited speaker)
60. Child and Adolescent Nutrition Update. EFNEP Regional Conference. St. Paul, MN. April, 1994. (invited speaker)
61. Nutritional Assessment of Adolescents. Minnesota School Nurses Organization Annual Fall Meeting. Minneapolis, MN. October, 1993. (invited speaker)

University Seminars, Local Presentations, Continuing Education Programs, and Training Workshops

1. Food Marketing to Children: A Public Health Issue. University of Tennessee - Knoxville, Public Health Program. September 2012.
2. Feeding Young Children: The Good, the Bad and the Picky. National Children's Study Minnesota Center. St. Paul, MN. January 2012.
3. Obesity, Food Insecurity and Autism Spectrum Disorders. University of Minnesota, LEND Program Symposium. February 2012.
4. Motivational and Client-Centered Counseling Techniques. Fairview-University Medical Center. Minneapolis, MN. October 2008.
5. Nutrition Issues in Pregnancy and Fertility. Twin Cities Dietetic Association. St. Louis Park, MN. November 2007.
6. Nutrition Issues of Adolescents. U of MN Division of General Pediatric and Adolescent Health. Minneapolis, MN. May 2006.
7. Motivational Interviewing 101. Fairview-University Medical Center. Minneapolis, MN. October 2006.
8. Child Obesity Overview. Fairview-University Medical Center. Minneapolis, MN. November 2005.
9. Child Obesity: An Introduction and Overview. University of St. Catherine. St. Paul, MN. June 2005.
10. Child Obesity Prevention and Treatment. Augsburg College. Minneapolis, MN. October 2004.
11. Assessment, Prevention and Treatment of Pediatric and Adolescent Obesity. Twin Cities Dietetic Association meeting. November 2003.
12. Childhood Overweight: Treatment and Prevention. Hennepin County Medical Center. Minneapolis, MN. March 2003.
13. Adolescent Nutrition. Twin Cities Dietetic Internship Cooperative. University of Minnesota. Minneapolis, MN. March 2003.
14. Prevention and Treatment of Pediatric Obesity. St. Josephs Regional Health Center. Dickinson, ND. February 2003.
15. Adolescent nutrition. University of Minnesota, Food Science and Nutrition Department. February, 2002.
16. Adolescent nutrition. University of Tennessee- Knoxville and University of North Carolina - Chapel Hill mini-term course on child and adolescent nutrition. Knoxville, TN. May 2001.
17. Use of herbal products by infants, children, adolescents and pregnant women: Issues and concerns. Twin Cities District Dietetic Association. Minneapolis, MN. November, 2000.

18. Nutrition During Pregnancy and Lactation. Fairview-University Medical Center Dietetic Internship Program. Minneapolis, MN. February 2001, March 2000, March 1998.
19. Prevention and Treatment of Childhood Overweight. Twin Cities Combined Dietetic Internship Programs. Minneapolis, MN. November, 2001, October 2000, November 1999.
20. Herbs and alternative therapies: Nutrition implications and applications. University of Minnesota Dietetic Internship Program. September, 1998.
21. Women's Health: Reducing Risks of Cardiovascular Disease and Cancer. National continuing education seminars provided in Arkansas, Connecticut, Illinois, Indiana, Massachusetts, Michigan, Montana, New Mexico, New York, Oklahoma, Pennsylvania, and Texas (11 seminars). April-July, 1998.
22. Alternative Medicine and Herbal Therapies. National continuing education seminars provided in Arkansas, Illinois, Indiana, Michigan, Minnesota, Montana, New Mexico, New York, Oklahoma, and Texas (16 seminars). May-July, 1998.
23. The Effects of Soda Pop Consumption on Nutrient Density of Diets of Adolescents. Michigan State University, Department of Food Science and Human Nutrition. May, 1997.
24. Future Directions in Community-Based Nutrition Research. Michigan State University, Department of Food Science and Human Nutrition. May, 1997.
25. The Effects of Iron and Folic Acid Supplements on Serum Zinc Levels in Pregnant Women. SUNY-College at Buffalo, Program in Dietetics. April, 1997.
26. Comprehensive Nutrition Education in Minnesota: Perceptions and Practices of Teachers. Syracuse University, Department of Human Nutrition and Foodservice Management. March, 1997.
27. The Relationship Between Iron and Folic Acid Intakes and Serum Zinc Status in a Cohort of Pregnant Women. University of Minnesota, Department of Food Science and Nutrition. November, 1995.
28. Sports Nutrition for Children and Adolescents. University of Minnesota, School of Public Health and Division of General Pediatrics and Adolescent Medicine. February 1997; February 1996; February, 1995; February 1994; December, 1992.
29. Nutrition Assessment. University of Minnesota, Division of General Pediatrics and Adolescent Medicine and University of Illinois, Division of Psychology. January, 1994; March, 1992.
30. Identifying and Helping Eating Disturbed or Disordered College Students. Association of Residence Hall Directors and Assistants. University of Illinois, Division of Student Affairs. August, 1992.
31. Eating Disorders and Disturbances: A Feminist Perspective. Interdisciplinary Workshop. University of Illinois, McKinley Health Center and Division of Student Affairs. March, 1992.

32. Nutrition Education and Treatment of Diabetes: An Update. University of Illinois, McKinley Health Center. February, 1992.
33. Planning and Evaluation Strategies for Nutrition Education Programs in Community Settings. Department of Health and Safety Studies. January, 1992.
34. The Focus on Fat and Cholesterol in the Prevention of Cardiovascular Disease. University Staff Development Workshop. University of Illinois. February, 1992.
35. Eating Disorders and Disturbances in College Students. University of Illinois, McKinley Health Center and Department of Nutritional Science. June, 1992; November, 1991.
36. Nutrition Education. Southern Illinois University. March, 1992; May 1991.
37. Media and Popular Culture: Influences on Body Image and the Development of Eating Problems. Interdisciplinary Workshop. University of Illinois, Division of Student Affairs, McKinley Health Center and the Greek Council. November, 1991.
38. Cardiovascular Disease Risk Factors in Women. Edina AARP. May, 1990.
39. Developmental Aspects of Child Nutrition. Bloomington and Richfield Community Education Staff Training. March, 1990; December, 1989.