

AIDA MILES, EDD, MMSC, RDN, FAND

Phone: (651) 829-0660 (c)
Miles081@umn.edu

759 Bridle Ridge Road
Eagan, MN 55123

EDUCATION

- Edd** Bethel University, Higher Education Leadership January 2019
Dissertation: “The Lived Experiences of Students with High Functioning Autism in Higher Education”
Committee: Jessica Daniels, PhD (chair), Peggy McCormick, PhD, Jamie Stang, PhD
- MMSc** Emory University, Clinical Nutrition December 1987
Thesis: “Effect of oat bran rich diet on lipid levels of children with Methyl Malonic Aciduria”
Advisor: Ruth Keeley, PhD
- BA** Whittier College, Nutrition May 1985

TEACHING EXPERIENCE

University of Minnesota, Minneapolis, MN May 2009 to Present
Instructor, School of Public Health

Courses Taught or being Taught:

- PubH 3601 Global Maternal and Child Health, 2 credits
 - 2019 (Spring)
 - Co-instructor, undergraduate upper division course for students minoring in public health. 150 students enrolled in course.
 - Responsibilities include supervising two Teaching Assistants, planning and delivering five sessions focusing on global disease states and conditions, including designing in-class activities, case studies, and inviting guest speakers. Developing quiz and exam questions for areas covered.
- PubH 7200-115-87986 What’s Cooking: Food, Culture, and health in the U.S., 1 credit
 - 2018 (Summer Public Health Institute)
 - Revised course, served as instructor, invited guests, facilitated discussions, planned two field trips, graded assignments.
- PubH 6907 Maternal, Infant, Child, and Adolescent Nutrition, 3 credits
 - 2017-present (Summer online, and Fall in person)
 - Assisted in the development of this course with Dr. Stang. Planned all learning modules covering child and adolescent topics (approximately 2/3rds of course). Recorded lectures and planned interactive in-class activities for fall course, and discussion topics for summer course.

- PubH 720-115-88047 Food Politics in the U.S.: A Focus on Obesity.
 - 2016 (Summer Public Health Institute)
 - Co-instructor of graduate and professional course. With Dr. Stang, revised course, served as co-instructor, led facilitated discussions, invited guest speakers, and graded assignments.

- PubH 7991 – Directed Studies in Public Health, 2 separate courses/semester, 1 credit each
 - 2016-present
 - CMP Students, Year 1, Fall Semester, 1 credit
 - Developed course to enhance counseling skills, providing intense training in motivational interviewing. Developed 4 case studies for students to use as a culmination of the course, utilizing standardized patients in the simulation lab. Participated in training of standardized patients. Led all instruction/training, evaluated students and provided in-depth feedback on counseling skills with standardized patients.
 - CMP Students, Year 2, Fall Semester, 1 credit
 - Developed course to focus on dietetics-specific competencies not covered in public health curriculum, including risk management, emergency preparedness, scope of practice, standards of practice and professional performance. Designed interactive activities and case studies. Designed group project for students to exemplify acquisition of competencies.
 - CMP Students, Year 1, Spring Semester, 1 credit
 - Developed course to focus on interpretation of basic sciences nutrition research, challenging students to review advanced nutrition and metabolism mechanisms and concepts. Challenge students to translate complex scientific information into messages for the public.
 - CMP Students, Year 2, Spring Semester, 1 credit
 - Developed course to focus on (1) dietetic-specific competencies not covered in public health curriculum, and (2) to guide students toward a future profession in nutrition/dietetics. Course includes skills in public policy and advocacy, job searching, job interviewing, study skills, and information on dietetic registration, licensure, professional development, and leadership in the profession.

- PubH 7200-106-88352 What’s Cooking: Food, Culture, and health in the U.S., 1 credit
 - 2016 (Summer Public Health Institute)
 - Developed new course, served as instructor, invited guests, facilitated discussions, graded assignments.

- PubH 7200-109-83103 Food Politics in the U.S.: A Focus on Obesity, 1 credit
 - 2015 (Summer Public Health Institute)
 - Co-instructor of graduate and professional course. With Dr. Stang, developed course, served as co-instructor, led facilitated discussions, invited guest speakers, and graded assignments.

- PubH 7200-102-87651 No Passport Required: A Global Journey of Food, Culture, and Health, 1 credit
 - 2013 (Summer Public Health Institute)

- Developed new course, served as instructor, invited guests, facilitated discussions, graded assignments.
- PubH 7200-108-85166 Birth, Girth, and Worth: A Lifecourse Perspective on Obesity and Health Disparities, 1 credit
 - 2013 (Summer Public Health Institute)
 - Co-instructor of graduate and professional course. With Dr. Stang, developed course, served as co-instructor, led facilitated discussions, and graded assignments.
- PubH 6914 Community Nutrition Intervention, 3 credits
 - 2013 (Spring semester)
 - Interim co-instructor. Taught graduate level course with contract faculty member, guided students through group projects, reviewed and graded assignments.
- PubH 6920 Foundations of Interprofessional Collaboration and Communication, 1 credit
 - 2012-present, Fall semester
 - Guide a group of 40-50 students from various health professions (medicine, dentistry, nursing, veterinary, social work, speech, occupational therapy, physical therapy, nutrition, public health) through guided activities and discussions to meet interprofessional competencies.
 - Assist in the yearly revision of course with faculty from Academic Health Center.
- PubH 3905/6905 Nutrition in Public Health Promotion and Disease Prevention, 2 credits
 - 2011 (Fall semester)
 - Interim Instructor. Taught course that included undergraduate and graduate students; incorporated experiential laboratories. Supervised one Teaching Assistant.
- PubH 6996 Clinical Nutrition Practicum, 9 credits
 - 2009-present, Spring and Summer
 - Review of clinical nutrition concepts, includes 4 simulations in spring
 - Online course in summer
 - Developed summer course, started spring semester review based on student feedback. Developed 4 cases for simulations using standardized patients. Developed all content including quizzes, assignments, evaluation rubrics. Revised syllabus yearly based on student/preceptor evaluations and accreditation standards
- PubH 6995 Community Nutrition Practicum, 8 credits
 - 2009-present, Spring and Summer
 - Review of Community Nutrition and Public Health concepts - includes student use of new audiovisual tools and “think on your feet” exercises in spring.
 - Online summer course.
 - Developed summer course, started spring semester review based on preceptor feedback. Developed all content including audiovisual tool training, experiential assignments, project assignments and evaluation rubrics. Revised syllabus yearly based on preceptor feedback and accreditation standards.

Universidad del Valle de Guatemala, Guatemala City
Instructor, Department of Nutrition and Dietetics

1989 to 1990

- Taught two upper division courses for seniors in the food and nutrition program: Advanced Therapeutic Nutrition (3 credits), and Advanced Practice Skills in Nutrition and Dietetics (3 credits).

Masters Students Advised

Served as Academic Advisor (AA) and/or Culminating Experience Advisor (CEA) or Culminating Experience Committee member (CEC) to the following graduate students:

MR, “Needs Assessment for the MOVE N’ EAT Program at the Phillips Neighborhood Clinic in Minneapolis,” 2018, (CEC).

JL, “Barriers to Healthy Eating among Vulnerable Adults,” 2018, (CEA)

SK, “Understanding the nutritional needs of transgender and gender nonconforming students at the University of Minnesota- Twin Cities,” 2018, (AA, CEC)

AG, “An evaluation of the Phillips Neighborhood Clinic’s First-Year Volunteer Orientation and Training,” 2017, (AA, CEA)

AH, “Assessing Breastfeeding Resources in Wright County, MN,” 2017, (CEC)

BD, “My summer internship with the Minneapolis Health Department,” 2017, (AA, CEA)

TL, “A Description and Evaluation of the Phillips Neighborhood Clinic’s First Women’s Health Night,” 2017, (CEC)

MD, “Exploration of feeding difficulties among Somali children diagnosed with autism in the greater Twin Cities area,” 2016, (AA, CEA)

LH, “USDA 2013 Team Nutrition Grant: Smarter Lunchroom Movement,” 2016, (CEC)

LR, “Understanding through discussion: Impact and needs of members of a social club with serious persistent mental illness post food choice changes, and skill development opportunities to make healthy food choices at home and in the community,” 2017, (AA, CEC)

JA, “Needs Assessment of Nutrition Topics of Interest to Families of Children with Autism served at the University of Minnesota Neurodevelopmental Clinic,” 2017, (AA, CEA)

AC, “Recommendations for the future of the Be Well Program at Shriners Hospital for Children in Minneapolis,” 2015, (CEA)

HS, “A guide to the development of nutrition interventions at VEAP food shelf: An analysis of the 2014 food program survey- food preparation behaviors and barriers,” 2015, (AA, CEA)

KS, “Education material evaluation for Minnesota Supplemental Nutrition Program for Women, Infants, and Children, a client’s perspective,” 2015, (AA, CEA)

RP, “Pregnant Women’s Confidence in Breastfeeding Before and After Advertising Exposure,” 2015, (CEC)

AR, “Minnesota Special Supplemental Nutrition Program for Women, Infants, and Children Educational Material Evaluation,” 2015, (CEA)

TA, “Nutritional Priorities in Iringa, Tanzania: Using Health Professional’s Perceptions and Opinions to Deliver Nutrition Education Radio Messages,” 2015, (AA, CEA)

CD, “An evaluation of body image perception among third to fifth grade participants in the Girls on the Run program,” 2014, (AA, CEA)

AR, “Formative assessment of the role of gardening on food access among Latino gardeners at the Sabathani Community Garden,” 2014, (CEC)

AG, “A content analysis of the representation of food and eating in popular adolescent television shows,” 2014, (CEC)

JB, “Evaluation of food access, perceptions of nutrition, and nutrition education among Hennepin County’s Community Addiction Recovery Enterprise participants,” 2014, (CEA)

RM, “Investigating the experiences and attitudes of women (students, staff, faculty) at the University of Minnesota who chose to breastfeed for 6 or more months postpartum.”, 2014. (AA, CEC).

KY, “Application of the Healthy Eating Index to Emergency Foodshelf network: A Food Bank Case Study,” 2013, (AA, CEC)

CK, “Physical activity and working through barriers with patients at the Phillips Neighborhood Clinic,” 2013, (CEA)

MC, “The nutrition component of a multidisciplinary weight control program,” 2013, (CEA)

- KC**, “A formative assessment of the Minnesota Food Charter,” 2012, (CEC)
SL, “PartnerSHIP 4 Health Local Foods,” 2013, (AA, CEA)
BC, “School Food Procurement Practices within Greater Minnesota School Districts: A better understanding of the Impact of Location and Size,” 2013, (AA, CEA)
CBB, “Recommendations for Developing a Research-based Patient Intake Form for a Weight Management Clinic,” 2013, (AA, CEA)
AJ, “the use of Complementary and Alternative Medicine (CAM) in the treatment of children with Autism Spectrum Disorders (ASD) in Poland”, 2012 (AA, CEA)
KC, “Exploring Beliefs Regarding the Role of Nutrition and Physical Activity in Childhood Obesity Prevention at a Psychiatric Residential Treatment Facility: A Qualitative Perspective,” 2012, (CEA)

NON-TEACHING PROFESSIONAL EXPERIENCE

- Munroe Meier Institute**, Omaha, NE 2016-Present
Contract Pediatric Dietitian, Pediatric Feeding Disorders Program
- Via tele-medicine, provide nutrition assessment, diagnosis, intervention, monitoring and evaluation services to patients in the Day Treatment Program. Includes assessing nutritional status, establishing and adjusting nutritional goals, working closely with feeding team, and assisting in progressing toward age appropriate feeding. Work with clinical team to adjust tube feedings or parenteral nutrition.
 - Conduct nutrition assessments and provide recommendations for patients evaluated at the Pediatric Feeding Disorders Clinic.
 - Monitor progress and provide nutrition recommendations for outpatients seen at the Pediatric Feeding Disorders Clinic.
- Universidad del Bío-Bío**, Chillan, Chile 2015-2016
Consultant, Department of Food and Nutrition
- Provided training to Chilean nutritionists and students on all aspects of the implementation of the Nutrition Care Process. All training done in Spanish.
- School District 196**, Eagan, MN 2013-2014
Consultant, Department of Food and Nutrition
- Provided technical assistance in the implementation and evaluation of wellness policies and USDA school foods regulations.
- University of Minnesota**, Minneapolis, MN 2009-present
Director, Coordinated Masters Program, School of Public Health
- Direct all aspects of a dually accredited program for students completing an MPH who concurrently complete 1,200 hours of supervised practice to become registered dietitians.
 - Coordinate site and preceptor recruitment and training, including the drafting, revisions, and maintenance of affiliation agreements.
 - Assign students to a total of 6 rotations over a 2-year period, evaluate progression and acquisition of competencies.
 - Mentor students in professional issues.
 - Evaluate all aspects of program, including conducting surveys of current students, graduates, preceptors, and employers. Utilize evaluation results to implement program enhancements.
 - Have written two accreditation self-studies and undergone site visits in 2010 and 2017. No deficiencies were found during the 2017 program review and site visit.

- Serve on University-wide committees: Interprofessional training (2012-present); University Disabilities Advisory Committee (2017-present); Professional and Academic Hearing Officer for the Office of Conflict Resolution (2017-present).

Clinic 4 Kidz, Sausalito, CA 2009-present

Pediatric Dietitian, Pediatric Feeding Disorders Program

- Via tele-medicine, provide nutrition assessment, diagnosis, intervention, monitoring and evaluation services to patients being followed in the clinic. Includes assessing nutritional status, establishing and adjusting nutritional goals, working closely with feeding team, and assisting in progressing toward age appropriate feeding. Work with clinical team to adjust tube feedings.

Nutrition Coordinating Center, Minneapolis, MN 2008-2009

Project Nutritionist, University of Minnesota School of Public Health

- As part of the Hispanic Community Health Study, Study of Latinos, coordinated the work of dietary interviewers at four sites in the U.S., participated in the training of all dietary interviewers, provided technical assistance, performed quality control of all dietary intake data, conducted site visits, produced monthly newsletters, and participated in development of Food Propensity Questionnaire.

Children's Healthcare of Atlanta, Atlanta, GA 1992-2008

Clinical Nutritionist III, Department of Pharmacy and Nutrition

- 2003-2008- Developed nutrition program at the Marcus Autism Center's Pediatric Feeding Disorders Program. Served as sole dietitian, working with patients in the Day Treatment and Outpatient programs. In addition, served as Clinical Dietitian at Cardiac clinic for infants receiving palliation services for Hypoplastic Left Heart Syndrome (8 hours/week, 2004-2005); and for Pediatric GI clinic (8 hours/week, 2005-2006).
- 1992-2008 – Clinical dietitian in various services including: General Pediatrics, Neurology and Rehabilitation (1992-1994), Nephrology, Surgery, Liver Transplant (1994-1998), Cystic Fibrosis (1998-2002), Community Health Development (2002-2003).

Southern Regional Medical Center, Riverdale, GA 1990-1992

Clinical Dietitian, Department of Food and Nutrition

- Provided nutrition services to patients in general surgery, coronary intensive care unit, surgical intensive care unit, and mental health unit.

Hospital Roosevelt, Guatemala City, Guatemala 1989-1990

Pediatric Nutritionist, Nutritional Rehabilitation Unit

- Created the role of pediatric nutritionist at this public hospital. Mentored medical fellows in the Nutrition Rehabilitation Unit. Provided services to children across the hospital. Created and led the first nutrition support program, which, for the first time, provided parenteral nutrition support to infants and children, including premature infants.

International Eye Foundation, Yepocapa, Guatemala 1989-1990
Research Nutritionist, Vitamin A Intervention Project

- Created a food frequency questionnaire to administer as part of this project. Provided training and technical assistance to study personnel. Participated in study design and implementation.

Southern Regional Medical Center, Riverdale, GA 1988
Clinical Dietitian, Department of Food and Nutrition

- Provided nutrition services to patients in general surgery, endocrinology (including diabetes education), and mental health unit.

PROFESSIONAL TRAINING AND CREDENTIALS

- Licensed Medical Nutrition Therapist, Nebraska. 2016-present.
- Fellow of the Academy of Nutrition and Dietetics. 2014-present.
- Licensed Dietitian, Minnesota. 2008-present.
- Board Certified Specialist in Pediatric Nutrition. 2000-2010.
- Board Certified Nutrition Support Dietitian. 1993-2008.
- Licensed Dietitian, Georgia. 1991-2009.
- Registered Dietitian/Nutritionist (#712332). 1986-present.

PROFESSIONAL SERVICE

Association of Universities Centers of Excellence in Disabilities, Nutrition Subspecialty Unit Co-Chair, October 2018-present.

Twin Cities District Dietetic Association, Education Co-chair. June 2018-May 2020.

Latinos and Hispanics in Dietetics and Nutrition, Member Interest Group of the American Dietetic Association. Nominating Committee Co-Chair, June 2018-May 2019. Nominating Committee Chair, June 2019-May 2020.

State of Minnesota, Maternal and Child Health Advisory Task Force, appointed by the MN Commissioner on Health to serve as a professional (RDN) representative. December 2016 to December 2022. Executive Committee Member since 2018.

Academy of Nutrition and Dietetics, Diversity Committee Member. June 2017-May 2020. Appointed Vice-Chair, June 2018-May 2019.

Minnesota Consultant Dietitians. President-Elect, June 2017-May 2018. President, June 2018-May 2019.

Academy of Nutrition and Dietetics, Past-Speaker of the House of Delegates, June 2016-May 2017. Speaker of the House of Delegates, June 2015-May 2016, Speaker-Elect of the House of Delegates. June 2014-May 2015.

Academy of Nutrition and Dietetics, Board of Directors Member. June 2014-May 2017.

Planning Committee Member, nutrition expert. Independent School District 196, Dakota County, Minnesota. English as a Second Language Summer Camp. September 2012-June 2013.

Academy of Nutrition and Dietetics, Pediatric Nutrition Practice Group, Advisor. June 2013-May 2016.

Academy of Nutrition and Dietetics' Academy Positions Committee, Co-chair. June 2013-May 2014.

Twin Cities Dietetic Association, affiliate representative in Minnesota Dietetic Association nominating committee. 2012-2013.

Latinos and Hispanics in Dietetics and Nutrition, Member Interest Group of the American Dietetic Association. Newsletter Editor. August 2011-May 2012.

Minnesota Dietetic Association, Annual Meeting Co-chair. 2010-2011.

Academy of Nutrition and Dietetics' Academy Positions Committee member, June 2010-May 2013.

Board of Directors (interim), Eagan Resource Center (Food Shelf), February 2010- August 2010.

House of Delegates, Professional Issues Delegate, American Dietetic Association, June 2009-May 2012.

Site Editor, American Dietetic Association's Online Pediatric Nutrition Care Manual. March 2009-May 2010.

Pediatric Nutrition Practice Group of the American Dietetic Association, Past Chair, 2008-2009. Chair, 2007-2008. Chair-Elect, 2006-2007.

Committee Member, Commission on Dietetic Registration, Weight Management Certificate of Training programs. June 2007-May 2012.

Evidence Analysis Workgroup Member. Childhood Obesity Treatment, workgroup of the American Dietetic Association. 2006-2008.

Board of Advisors. HealthSTAT (Health Students Taking Action Together). June 2006-June 2008.

The Greater Atlanta Dietetic Association. Past-president, June 2005-May 2006. President, June 2004-May 2005. President-Elect, June 2003-May 2004.

Committee Member. Member Value Committee. The American Dietetic Association. June 2005-June 2006.

Communications Chair. Midvale Elementary School PTA. September 2004-2006.

Website Chair. Pediatric Nutrition Practice Group of the American Dietetic Association. June 2004-May 2005.

Treasurer. The Greater Atlanta Dietetic Association. June 2002-2003.

Professional Development Chair. The Pediatric Nutrition Practice Group of the American Dietetic Association. June 2002 – May 2004.

Chair. Committee on Prevention and Treatment of Childhood and Adolescent Overweight and Obesity. The Pediatric Nutrition Practice Group of the American Dietetic Association. June 2002 – May 2004.

Expert Committee Member. The Commission on Dietetic Registration Advisory Group for the development of a Certificate Program in Pediatric Weight Management. February 2002- present.

Editor. Study Guide for Board Certification in Pediatric Nutrition of the American Dietetic Association June – October 2001.

Member Support Chair, June 2001 – May 2002. Member Support Co-Chair, June 2000-May 2001. The Pediatric Nutrition Practice Group of the American Dietetic Association.

Secretary. The Greater Atlanta Dietetic Association. June 2000 – May 2001.

Co-Chair, Infant Nutrition and Breast-feeding Subspecialty Unit- a Subspecialty Group of the Pediatric Nutrition Practice Group of the American Dietetic Association. October 1997- May 2000.

Chair, Publications, Greater Atlanta Dietetic Association – June 1999 – May 2000.

Pediatric-Nutrition Representative and Validation Committee Member. The American Society of Parenteral and Enteral Nutrition (ASPEN) Certified Nutrition Support Dietitian Exam. December 1996 - January 1998.

PUBLICATIONS AND ABSTRACTS ACCEPTED FOR POSTER PRESENTATIONS

Miles, A.G., Stang, J. The lived experiences of students with high-functioning autism in higher education. Abstract accepted for poster presentation at the Association of University of Centers of Excellence in Developmental Disabilities. November 2018.

Miles, AG. Are you happy with your job? Professional Development for the Nutrition Professional. *Adelante Newsletter*. Latinos and Hispanics in Nutrition and Dietetics Member Interest Group of the Academy of Nutrition and Dietetics. Winter 2012.

Sharp, WG, Jaquess, DL, Morton, JF, Miles, AG. A retrospective chart review of dietary diversity and feeding behavior of children with autism spectrum disorder before and after admission to a day treatment program. *Focus on Autism and Other Developmental Disabilities*. March 2011, 26(1)37-48.

King, JL, Patel ML, Goldberg, NW, Waddell, ML, Miles, AG. Abstract accepted for poster presentation at Applied Behavior Analysis Annual Meeting, May 2010. *Evaluating Effective Treatments for Pediatric Feeding Disorders: A Review of Published Research and Data from an Intensive Home-based Feeding Program*

Goldberg, NW, Patel, ML, Waddell, ML, King, JL, Miles, AG. Abstract accepted for poster presentation at Applied Behavior Analysis Annual Meeting, May 2010. *Using Time-out as an Effective Treatment Intervention for Feeding Problems in Children*

Waddell, ML, Patel, ML, King, JL, Goldberg, NW, Miles, AG. Abstract accepted for poster

- presentation at Applied Behavior Analysis Annual Meeting, May 2010. *Increasing Feeding Skills in Children with Severe Oral Motor Deficits and Dysphagia*
- Waddell, ML, Patel, ML, King, JL, Goldberg, NW, Miles, AG. Abstract accepted for poster presentation at Applied Behavior Analysis Annual Meeting, May 2010. *The Treatment of Food Selectivity in Children with Autism: Going Beyond Escape Extinction*
- King, JL, Patel ML, Goldberg, NW, Waddell, ML, Miles, AG. Abstract accepted for poster presentation at Applied Behavior Analysis Annual Meeting, May 2010. *The Assessment and Treatment of Feeding Problems in Children: A Home-based Approach to Treatment*
- Patel ML, King, JL, Goldberg, NW, Waddell, ML, Miles, AG. Abstract accepted for poster presentation at Applied Behavior Analysis Annual Meeting, May 2010. *Clinic 4 Kidz: Intensive Home-Based Pediatric Feeding Disorders Program*
- Goldberg, NW, Patel, ML, Waddell, ML, King, JL, Miles, AG. Abstract accepted for oral presentation at Applied Behavior Analysis Annual Meeting, May 2010. *Using an Antecedent Assessment to Evaluate the Effects of a High- Probability Instructional Sequence and Food Fading in the Treatment of Feeding Problems in Children.*
- Miles, AG. *Incorporate Parents' Perceptions into Child Nutrition Assessment and Interventions.* Journal of the Am Diet Assoc. 2007; 107(7):1174-1175.
- Miles, AG. *Decision Making in Pediatric Nutrition Support.* In: Pediatric Nutrition Support, Baker, Baker and Davis, editors. Jones and Bartlett Publishers, Inc. Sudbury, MA. 2007.
- Miles, AG. *Childhood and Adolescent Overweight: Taking an Uphill Battle to Level Ground.* The X-File. Quarterly Bilingual Publication of the University of Miami/Jackson Memorial Pediatric Hemophilia Treatment Center. Summer 2005. Volume 2, Issue 3.
- Miles, AG. *Overweight in an Adolescent: Web-based Case Study.* Partners In Program Planning for Adolescent Health project, American Dietetic Association. Spring 2005.
- Miles, AG. Reed, G. *Nutritional Challenges of Children with Neurologic Impairment.* Support Line. Building Block for Life. Pediatric Nutrition Practice Group of the American Dietetic Association Newsletter. Winter 2004/Spring 2005. (Updated version of article published in April 2004 for the Dietitians in Nutrition Support Newsletter).
- Miles, AG. Reed, G. *Nutritional Challenges of Children with Neurologic Impairment.* Support Line. Dietitians in Nutrition Support Practice Group Newsletter. April 2004.
- Moag-Stahlberg A, Miles AG, Marcello M. *What kids say they do and what parents think kids are doing: The ADAF/Knowledge Networks 2003 Family Nutrition and Physical Activity Study.* Journal of the Am Diet Assoc. 2003; 103(11): 1541-1546.
- Miles, AG. *Helpful Hints for Feeding Picky Eaters.* Building Blocks for Life. The Pediatric Nutrition Practice Group of the American Dietetic Association Newsletter. Spring 2001.
- Miles, AG. *The Relationship Between Fruit Juice Intake and Children's Growth: A Review.* Building Blocks for Life. The Pediatric Nutrition Practice Group of the American Dietetic Association Newsletter. Spring 2001.

Miles, AG. *Cow's Milk Protein Allergy in Infancy.* Infant Nutrition and Breast-feeding Subspecialty Unit Newsletter. The Pediatric Nutrition Practice Group of the American Dietetic Association. Summer 2000.

Asfaw, M.; Miles, AG; Caplan, DB. *Orogastric Enteral Feeding: An Alternative Feeding Access.* Nutrition in Clinical Practice. 2000, 15(2): 91-93.

Miles, AG. *Cow's Milk Protein Allergy in Pediatrics: Nutritional Considerations and Formula Selection.* Pharmacy Newsletter, Egleston Children's Hospital. October 1997.

Miles, AG. *Are Children Drinking too much Juice?* Nutrition Update. Georgia Department of Human Resources, Family Health Branch, Division of Public Health, Newsletter. May/June 1997.

Miles, AG, editor. *All Foods Can Fit.* Newsletter for Patients and Families of the Emory University Cystic Fibrosis Center. National Nutrition Month Project. May 1997.

Miles, AG. *Eating Tips for Children Participating in Sports.* AAASPIRATIONS. Newsletter of the American Association of Adapted Sports Programs. Volume 1, Issue 3. Summer 1997.

Miles, AG and Caplan, DB. *Nutritional Rehabilitation in a Patient with Cystic Fibrosis and Newly Diagnosed Celiac Sprue.* Abstract. American Society for Parenteral and Enteral Nutrition 21st Clinical Congress. January 1997.

Miles, AG, Piazza, AJ, Tenjarla, G, Hart, MH. *A Multicenter and Multidisciplinary Approach to Enhance Nutrition Support Education among Pediatric Residents.* Abstract. American Society for Parenteral and Enteral Nutrition 21st Clinical Congress. January 1997.

Miles, AG. *Nutritional Management of Chronic Diarrhea in Pediatrics.* Support Line. Dietitians in Nutrition Support Practice Group of the American Dietetic Association Newsletter. October 1996.

Miles, AG. *What is a Certified Nutrition Support Dietitian?* Pharmacy Newsletter. Egleston Children's Hospital. March 1996.

HONORS AND AWARDS

**Outstanding Educator of the Year, Coordinated Programs,
West Central Region** 2018
Nutrition and Dietetics Educators and Preceptors (NDEP) group
of the Academy of Nutrition and Dietetics

Trinko Award for Leadership and Service 2014
Latinos and Hispanics in Nutrition and Dietetics (LAHIDAN)
group of the Academy of Nutrition and Dietetics

Achieving Dreams Award 2012
In recognition of innovative collaboration, Spectrum Community
Mental Health, Minnesota (now Avivo).

Outstanding Member of the Year Award Pediatric Nutrition Practice Group (PNPG) of the Academy of Nutrition and Dietetics	2010
Clinical Most Valuable Player Award The Marcus Institute (now Marcus Autism Center). Atlanta, GA.	2008
State of Georgia Outstanding Dietitian of the Year Award Georgia Dietetic Association	2004
Outstanding Service to the Greater Atlanta Dietetic Association Georgia Dietetic Association	2004
Golden Apple Award for Excellence in Education Egleston Children's Hospital (now Children's Healthcare of Atlanta)	1998

PRESENTATIONS AND INVITED LECTURES

Professional Presentations

Motivational Interviewing Training for Preceptors, Researchers, and Practitioners (5.5-hour training). Minneapolis, MN, January 2019.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Pittsburgh, PA. November 2018.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Portland, OR. June 2, 2018.

Ethical Dilemmas for Nutrition and Dietetics Consultants. Consultant Dietitian Fall Meeting, October 2017.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. St. Paul, Minnesota. September 9, 2016.

Diversity Matters. Wisconsin Academy of Nutrition and Dietetics Annual Meeting. April, 2016.

Implementation of the Nutrition Care Process in Chile. 2-day training. Universidad del Bío-Bío, Chillán, Chile, October 2015.

The Application of Motivational Interviewing Principles in all areas of a Client's WIC visit. Hennepin County WIC program employees. July 2015.

The Significance of Cultural Proficiency in Effective Nutrition Care. Florida Academy of Nutrition and Dietetics Annual Meeting. Orlando, Florida. July 2015.

Applying the Code of Ethics of the Profession of Nutrition and Dietetics. Hennepin County WIC Staff. Minneapolis, MN. March 2015.

From Tots to Teens: Challenges of feeding children during the growing years. University of Alabama Pediatric Nutrition Conference. Birmingham, AL. February 2015.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Newport Beach, California. September 2014.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Denver, Colorado. November 2013.

Autism Characteristics and Feeding Problems: What the WIC Practitioner needs to know. Hennepin County WIC staff. Minneapolis, Minnesota. May 2013.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Little Rock, Arkansas. May 2013.

Public Health Nutrition and Autism Spectrum Disorders. National Webinar. Association for State and Territorial Public Health Nutrition Directors. Maternal and Child Health Nutrition Council. July 2013.

Autism Characteristics and Feeding Problems: What the WIC Practitioner needs to know. Dakota County WIC staff. Apple Valley, Minnesota. December 2012.

The Use of Motivational Interviewing in Primary Care Pediatric Clinics. North Metro Pediatrics professional staff. Coon Rapids, Minnesota. October 2012.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Atlanta, Georgia. September 2012.

Introducing “Sticky” Topics: the use of Motivational Interviewing to discuss Weight Control and Smoking Cessation among young adults. Nucleus Clinic professional staff. Coon Rapids, Minnesota. September 2012.

Beyond Picky Eating: Feeding Difficulties in Autism Spectrum Disorders. National WIC Association annual meeting. Los Angeles, California. September 2012.

Skill Development Workshop (7 hours): Feeding Challenges in Children with Autism Spectrum Disorders. Obesity in Infancy and Preschool age Children. Practical Application of Motivational Interviewing in the WIC setting. Ramsey County Public Health, WIC nutritionists. St. Paul, Minnesota. July 2012.

Feeding Challenges in Children with Autism Spectrum Disorders. California WIC Association Annual Meeting. Palm Springs, California. May 2012.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Daytona Beach, FL. November 2011.

Motivational Interviewing in the Inpatient and Outpatient Setting. Allina RD Day. Minneapolis, Minnesota. July 2011.

Client-Centered Counseling and Maternal and Child Highlights. Itasca County WIC. Rapid City, Minnesota. July 2011.

Motivational Interviewing in the WIC Setting. Dakota County WIC. St. Paul, Minnesota. July 2011.

Motivational Interviewing in the WIC Setting. Olmsted County WIC. Rochester, Minnesota. July 2011.

Facilitator, Client Centered Counseling. Commission on Dietetic Registration, Level 2 (Advanced) Certificate of Training in Adult Weight Management. Anaheim, California. May 2011.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Brunswick, New Jersey. March 2011.

The A, B, Cs of Diet and Autism Spectrum Disorders. Maryland WIC. Baltimore, Maryland. February 2011. Co-presented with David Jaquess, PhD.

The A, B, Cs of Diet and Autism Spectrum Disorders. American Dietetic Association Food and Nutrition Conference and Expo. Boston, MS. November 2010. Co-presented with David Jaquess, PhD.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. San Francisco, California. October 2010.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Madison, Wisconsin. September 2010.

Facilitator, Motivational Interviewing. Prevention and Treatment of Childhood and Adolescent Obesity. University of Minnesota, Summer Institute. May 2010.

Facilitator, Client Centered Counseling. Commission on Dietetic Registration, Level 2 (Advanced) Certificate of Training in Adult Weight Management. Baltimore, Maryland. May 2010.

Evidence Based Nutrition- What it is and How it can be used. Minnesota Dietetic Association Annual Meeting. Duluth, MN. April 2010.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Raleigh, North Carolina. March 2010.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Cambridge, Massachusetts. April 2010.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Las Vegas, Nevada. November 2009.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Kansas City, Missouri. June 2009.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Newport Beach, California. May 2009.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Cincinnati, Ohio. March 2009.

Ball-room dancing with your clients: Putting the principles of motivational interviewing into practice. University of Nebraska, Nutrition Workshop. Lincoln, Nebraska. October 2008.

Can I have this dance? Reflective Listening in the WIC setting. Georgia Department of Health and Human Services, WIC staff. Rome, Georgia. July 2008.

Can I have this dance? Reflective Listening in the WIC setting. Georgia Department of Health and Human Services, WIC staff. Columbus, Georgia. July 2008.

Family-Centered Counseling. Motivational Interviewing Training for State of Georgia WIC staff. Gainesville, Georgia. October 2007.

Factors Contributing to Childhood Overweight in Children with Special Needs. Novo Nordisc Inhibitor Symposium for providers and families with Hemophilia. Dallas, Texas. October 2007.

When Feeding Turns into an All-Out War. American Dietetic Association Food and Nutrition Conference and Expo. Presentation with Dr. David Jaquess. Philadelphia, PA. October 2007.

Family-Centered Counseling. Motivational Interviewing Training for State of Georgia WIC staff. Columbus, Georgia. September 2007.

Family-Centered Counseling. Motivational Interviewing Training for State of Georgia WIC staff. Statesboro, Georgia. August 2007.

Nutrition Support and Feeding Disorders in Children with Special Needs. State of Georgia Department of Health and Human Services, Advanced Skills Workshop. Macon, Georgia. August 2007.

Family-Centered Counseling. Motivational Interviewing Training for State of Georgia WIC staff. Macon, Georgia. July 31, 2007.

Family-Centered Counseling. Motivational Interviewing Training for State of Georgia WIC staff. Mableton, Georgia. July 30, 2007.

Factors Contributing to Childhood Overweight in Children with Special Needs. Novo Nordisc Inhibitor Symposium for providers and families with Hemophilia. San Diego, California. July 2007.

Factors Contributing to Childhood Overweight in Children with Special Needs. Novo Nordisc Inhibitor Symposium for providers and families with Hemophilia. Nashville, Tennessee. May 2007.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Portland, Oregon. March 2007.

Clinical Nutrition Assessment of the Pediatric Patient with Special Health-Care Needs. Boling Center for Developmental Disabilities. Teleconference: 2007 Childhood and Adolescent Prevention and Intervention in Children with Special Needs. Memphis, TN. March 2007.

Motivational Interviewing when Working with Families of Children with Special Needs. Boling Center for Developmental Disabilities. Teleconference: 2007 Childhood and Adolescent Prevention and Intervention in Children with Special Needs. Memphis, TN. March 2007.

Motivational Interviewing for Public Health Professionals. Joint Coordinator's Meeting. Division of Public Health, Chronic Disease Prevention and Health Promotion. State of Georgia. Columbus, Georgia. October 2006.

Early Childhood Feeding Practices and their impact on future obesity. Arkansas Kid's First Nutrition and Physical Activity Conference. Hot Springs, Arkansas. August 2006.

When Children Won't or Can't Eat: A new look at pediatric feeding disorders. Emory University Division of Gastroenterology and Nutrition. March 2006.

Using Motivational Interviewing Techniques to Facilitate Health-Related Changes. Successful Beginnings for a Healthy Future. Arizona Diabetes Prevention and Control Program. Glendale, Arizona. February 2006.

Failure to Thrive: What WIC Nutritionists need to know. NW Georgia Health District. October 2005.

When Children Won't or Can't Eat: Understanding Feeding Disorders in Young Children. The American Dietetic Association, Food and Nutrition Conference and Expo. St. Louis, MO, October 2005.

Nutrition on a Treadmill: The challenges of doing nutrition assessment and counseling in 15 minutes. State of Georgia, North-West Health District. September 2005.

Motivating the Unmotivated. Motivational Interviewing Mini-workshop. U.S. Department of Agriculture, Food and Nutrition Services, Second National Nutrition Education Conference. Arlington, Virginia. September 2005.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Alexandria, Virginia. September 2005.

Nutrition in Children with chronic illnesses and special needs: Autism Spectrum Disorder, Asthma, Attention Deficit Hyperactivity Disorder and Food Allergies. State of Georgia District 4 Public Health Dietitians. June 2005.

Staying Thin in a Fat World. Women's Health Issues, Annual Conference. State of Georgia Federal Building. May 2005.

Understanding Childhood and Adolescent Obesity: Taking an uphill battle to level ground. National Hemophilia Foundation – Regional meeting. Santa Fe, New Mexico. April 2005.

Understanding Childhood and Adolescent Obesity: Taking an uphill battle to level ground. National Hemophilia Foundation – Regional meeting. Indianapolis, Indiana. April 2005.

Broaching the Topic of Overweight and Obesity with Families. National Hemophilia Foundation – Regional meeting. Indianapolis, Indiana. April 2005.

Promoting Change amongst patients and families that do not want to change. Motivational Interviewing Mini-Workshop. North-East Georgia Public Health Office. March 2005.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. San Jose, California. February 2005.

The Use of Motivational Interviewing in Client Centered Counseling. Regional Diabetes Conference. Macon, Georgia. November 2004.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Little Rock, Arkansas. September 2004.

Motivating the Unmotivated: Motivational Interviewing in Diabetes Counseling. Diabetes Education Teleconference. Atlanta, Georgia. July 2004.

Promoting Change: Motivational Interviewing in Nutrition-related Counseling. State of Georgia Department of Health, LaGrange Branch. June 2004.

The Many Challenges of Feeding Young Children. Maternal and Child Health and Nutrition Workshop. Atlanta, Georgia. April 2004.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Little Rock, Arkansas. Chicago, Illinois, March 2004.

Pediatric Feeding Disorders. The Marcus Institute. January 2004, March 2004.

Promoting Change: Motivational Interviewing in Nutrition-related Counseling. State of North Carolina Competency-Based Nutrition Workshop. November 2003.

What are kids eating, and what do parents think kids are eating? A summary of results of the Family Nutrition and Physical Activity Survey. American Dietetic Association Foundation Symposium. The American Dietetic Association Food and Nutrition Conference and Exposition. October 2003.

Facilitator, Motivational Interviewing in Counseling Families of Overweight Children. Commission on Dietetic Registration, Certificate of Training in Childhood and Adolescent Weight Management. Atlanta, Georgia, September 2003.

The Complexities of Childhood Obesity. Children's Healthcare of Atlanta's Day of Pediatric Nutrition. March 2003.

Getting them off to a Good Start: Nutrition for Children at Risk for Overweight. Presenter at the Greater Atlanta Dietetic Association's Workshop: Freedom from Disordered Eating: No more secrets, no more lies. February 2003.

How to Feed a Picky Eater. State of Georgia Office of Nutrition Competency Based Skills Workshop. February 2003.

The Basics of Pediatric Nutrition: From Infancy to Adolescence. State of Georgia Office of Nutrition Competency Based Skills Workshop. February 2003.

Hot Topics in Nutrition: A Summary of key workshops attended at the 2002 Food and Nutrition Conference and Exhibition: The Non-Diet Approach, The Glycemic Index, and Children's Development of Eating Habits. Greater Atlanta Dietetic Association. November 2002.

The Power of People and Ideas: Development of Obesity Prevention Tools for Families of Preschool-age children. Obesity, a Call to Action Conference. September 2002.

Feeding the Fussy Infant: Unraveling the Mystery of Frequent Diet Changes. Pediatric Nutrition Conference sponsored by the Greater Atlanta Dietetic Association. June 2000.

The Epidemic of Pediatric Obesity: Are Diets the Weigh to Go? Pediatric Nutrition Conference sponsored by the Greater Atlanta Dietetic Association. June 2000.

Common Problems in Infancy and their Nutritional Implications: Gastro-esophageal Reflux, Chronic Diarrhea, Chronic Constipation, Colic. State of Georgia Office of Nutrition Competency Based Skills Workshop. (Updated yearly) March 2001, March 2000, March 1999.

Pediatric Enteral Nutrition. State of Georgia Office of Nutrition Competency Based Skills Workshop. March 1998.

When a Child is not Growing. Georgia Nutrition Council Annual Meeting. March 1997.

Chronic Diarrhea in Pediatrics. Atlanta Dietetic Association. February 1996.

Guest Lecturer to Students, Interns and Residents

Motivational Interviewing, training (8 hours). Food Science and Nutrition Junior and Senior Students participating in SNAC program through Boynton Health Services and University of Minnesota Public Health Nutrition students. University of Minnesota, School of Public Health. Minneapolis, September 1st, 2017, August 30, 2018.

Logic Models and their use in Community Nutrition Interventions. Guest Lecturer: PubH 6914: Community Nutrition Intervention. March 2017.

Conducting a Community Nutrition Needs Assessment. Guest Lecturer: PubH 6914: Community Nutrition Intervention. March 2017.

Feeding and Nutrition challenges of children with autism. Leadership in Neurodevelopmental Disabilities Fellowship, University of Minnesota. Interactive presentation for fellows from various professions. February 2017.

Motivational Interviewing, training (8 hours). Food Science and Nutrition Junior and Senior Students participating in SNAC program through Boynton Health Services and University of Minnesota Public Health Nutrition students. University of Minnesota, School of Public Health. Minneapolis, September 2nd, 2016.

An introduction to Motivational Interviewing. Guest Lecturer, St. Catherine's University dietetics students. April 2016.

Logic Models and their use in Community Nutrition Interventions. Guest Lecturer: PubH 6914: Community Nutrition Intervention. March 2016.

Conducting a Community Nutrition Needs Assessment. Guest Lecturer: PubH 6914: Community Nutrition Intervention. March 2016.

Feeding and Nutrition challenges of children with autism. Leadership in Neurodevelopmental Disabilities Fellowship, University of Minnesota. Half-day interactive presentation for fellows from various professions. January 2016.

Food Assistance Programs for Mothers and Children with an emphasis on migrant families. Guest Lecturer: PubH 6630: Foundations of Maternal and Child Health Leadership. November 2015.

Interprofessional Collaborations in Clinical Settings. University of Minnesota, Academic Health Center. Debriefing of interprofessional clinical experiences with students from the following schools: Medical, Nursing, Pharmacy. September and October 2015, May & August 2016 (4 sessions, 45-90 students).

Motivational Interviewing, training (8 hours). Food Science and Nutrition Junior and Senior Students participating in SNAC program through Boynton Health Services and University of Minnesota Public Health Nutrition students. University of Minnesota, School of Public Health. Minneapolis, September 2015 & 2016.

Logic Models and their use in Community Nutrition Interventions. Guest Lecturer: PubH 6914: Community Nutrition Intervention. April 2015.

An introduction to Motivational Interviewing. Guest Lecturer, St. Catherine's University dietetics students. March 2015.

Conducting a Community Nutrition Needs Assessment. Guest Lecturer: PubH 6914: Community Nutrition Intervention. February 2015.

Food Assistance Programs for Mothers and Children. Guest Lecturer: PubH 6630: Foundations of Maternal and Child Health Leadership. October 2014.

The Role of Feeding and Nutrition in Autism Spectrum Disorder. Leadership in Education in Neurodevelopmental Disorders (LEND) faculty and fellows. October 2014.

Motivational Interviewing, training (8 hours). Food Science and Nutrition Junior and Senior Students participating in SNAC program through Boynton Health Services. University of Minnesota, School of Public Health. Minneapolis, September 2014

Malnutrition in the Developing World. Guest Lecturer: PubH 3601: Maternal and Child Health-Global Public Health Issues. April 2014.

Conducting a Community Nutrition Needs Assessment. Guest Lecturer: PubH 6914: Community Nutrition Intervention. February 2014.

Motivational Interviewing, training (8 hours). Twin Cities Dietetic Interns and Preceptors. University of Minnesota, School of Public Health. Minneapolis, January 2014.

Motivational Interviewing, training (8 hours). Food Science and Nutrition Junior and Senior Students participating in SNAC program through Boynton Health Services. University of Minnesota, School of Public Health. Minneapolis, January 2014.

Motivational Interviewing, past and present (8 hours). Twin Cities Dietetic Interns and Preceptors. University of Minnesota, School of Public Health. Minneapolis, January 2013.

Feeding and Nutrition in Children with Autism Spectrum Disorders. Twin Cities Area Dietetics Interns hosted by the Fairview Dietetics Internship program. Minneapolis, January 2013.

Feeding and Nutrition in Children with Autism Spectrum Disorders. Twin Cities Area Dietetics Interns hosted by the Fairview Dietetics Internship program. Minneapolis, January 2012.

Motivational Interviewing in Pediatric Overweight/Obesity. University of Minnesota, School of Public Health, Summer Institute. Guest lecturer in Course PubH 6945 - From Kid to Community: Personal, Environmental and Policy Interventions Targeting Youth Obesity. May 2011.

The Role of the Registered Dietitian in Neurodevelopmental Disabilities. Learning Education in Neurodevelopmental Disabilities (LEND) seminar. University of Minnesota, Minneapolis. April 2011.

Diet Practices in Autism Spectrum Disorders. Twin Cities Area Dietetics Interns hosted by the Fairview Dietetics Internship program. Minneapolis, December 2010.

Feeding Problems in Children with Special Needs. University of Minnesota, MPH graduate students. November 2008 and November 2009, October 2010.

Client Centered Counseling. University of Minnesota, first year MPH graduate students. October 2009, October 2010.

Trouble Shooting- When and How to use Motivational Interviewing in Nutrition Counseling. GA State University students, inclusion program. June 2008. Presentation with William Sharp, PhD.

Trouble Shooting- When and How to use Motivational Interviewing in Nutrition Counseling. GA State University students, inclusion program, 2nd year of training. October 2007.

Stages of Change in Nutrition Counseling. GA State University, Senior Nutrition Class. October 2007.

Inborn Errors of Metabolism: What Nutrition Professionals Need to Know. GA State University, Senior Nutrition Class. November 2006.

Cultural Foods: Nutrition and Feeding Practices in Guatemala, Central America. GA State University, Cultural Foods students. October 2006.

Stages of Change in Nutrition Counseling. GA State University, Senior Nutrition Class. October 2006.

Pediatric Nutrition for Nursing Professionals. Emory University, Nell Hodgson Woodruff School of Nursing. Pediatric Advanced Practice Nursing Students. October 2001, November 2002, November 2003, December 2004, October 2005, October 2006, November 2007.

Nutrition for Children with Special Health-Care Needs. Dietetic Interns from Georgia State, Emory University and Southern Regional Medical Center. November 2004. January 2006. January 2007, January 2008.

Introduction to Infant and Pediatric Formulas. Presentation to Georgia State University Dietetic Interns. February 2001.

Nutrition in Failure-to-thrive. Emory University Pediatric Residency Program. April 1997, March 1996.

Review of Pediatric Nutrition. Emory University Pediatric Residency Program. May 2002, June 1997, June 1996.

Introduction to Enteral and Parenteral Nutrition – 8-hour workshop (with yearly updates). Presentation to State of Georgia Office of Nutrition Dietetic Interns. June 2001, November 2000, May 1999, May 1998, May 1997, May 1996.

Principles of Pediatric Nutrition. Presentation to Emory University Graduate Students. March 1997.

Normal Pediatric Nutrition. Emory University Pediatric Residency Program. November 1997, April 1996.

Infant and Pediatric Enteral Formulas. Emory University Pediatric Residency Program. August 1996.

Nutritional Management of Chronic Diarrhea and Chronic Constipation. Emory University Pediatric Residency Program. February 1996, Nov. 1995.

Nutrition for Children with Special Needs. Emory University Pediatric Residency Program. December 1995.

Community Presentations

Early Childhood Family Education, Ramsey County, Rondo Educational Center. Three sessions, parents of children 6 months to 5 years. January 2019.

Early Childhood Family Education, Ramsey County, Rondo Educational Center. Five sessions, parents of children 6 months to 5 years. March, April, May 2018.

Early Childhood Family Education, Ramsey County, Rondo Educational Center. One session, parents of children 6 months to 5 years. December 2017.

Early Childhood Family Education, Ramsey County, Rondo Educational Center. Six sessions, parents of children age 6 months – 5 years. April/May 2017.

Early Childhood Family Education, Ramsey County, Rondo Educational Center. Three sessions, parents of children age 6 months – 5 years. April 2015.

Early Childhood Family Education, Ramsey County, Rondo Educational Center. Three sessions, parents of children age 6 months – 5 years. November 2014.

Nutrition for Teens and an introduction to Careers in Public Health. Building Bridges Program for low-income Middle and High school students from minority populations who have an interest in health careers. Minneapolis, MN. March 2014.

Early Childhood Family Education, Ramsey County, Rondo Educational Center. Three sessions, parents of children age 6 months – 5 years. February, 2014.

Controversies in Nutrition and Autism. Somali Autism Support Group. January 2014.

Eating on a Fixed Budget. Dakota County Senior Citizens. November 2013.

Nutrition for Teens and an introduction to Careers in Public Health. Building Bridges Program for low-income Middle and High school students from minority populations who have an interest in health careers. Minneapolis, MN. February 2013.

Fun Facts about Nutrition – Building Bridges Program for low-income Middle and High school students from minority populations who have an interest in health careers. Minneapolis, MN. March 2012.

Eating Healthy on a Budget. English as a Second Language adult students. Minneapolis Adult Education Center. Minneapolis, MN. February 2012.

Taking care of yourself: Eating well and staying healthy when your child has autism. Atlanta Autism Speaks Support Group. May 2008.

Prevention of Pediatric Overweight and Obesity. Junior League of Greater Atlanta. Atlanta, Georgia. November 2006.

The Gluten-Free Casein-Free Diet in Autism Spectrum Disorders. SPECTRUM Autism Support Group of Gwinnett County. Duluth, Georgia. November 2006.

Preventing and Managing Obesity in people with Spina Bifida. Spina Bifida Association Annual Meeting. Atlanta, Georgia. June 2006.

Diet and Autism: Facts and Controversies. DeKalb County Autism Support Group. Atlanta, Georgia. March 1st and March 15th 2006.

Food for Thought: What people with autism spectrum need to know to eat well. Emory Autism Center. Adult Autism Class. Atlanta, Georgia. February 2006.

The Unique Challenges of Feeding a Child with Special Needs. Dunwoody United Methodist Church, Support Group. Atlanta, Georgia. January 2006.

Nutrition for young girls with Turner Syndrome. Turner Syndrome Foundation Annual Meeting. June 2005. Atlanta, Georgia.

Pediatric Feeding Disorders. The Marcus Institute. Presentation to parents and professionals working with children with feeding difficulties. February 2004, May 2004, November 2004.

Nutritional Challenges for People with Down syndrome. May South and the Atlanta Down Syndrome Association. February 2004.

Feeding Disorders in Childhood. Cystic Fibrosis Family Education Day. November 2003.

It is not always “what”, but “how” when it comes to feeding young children. Mothers of Preschoolers. Clairmont Presbyterian Church. May 2003.

The Do’s and Don’ts of Feeding Young Children. Mothers of Young Children. North Avenue Presbyterian Church. August 2002.

How to Feed Toddlers: Getting them off to a good start. MOPS (Mothers of Preschoolers) Group at Clairmont Presbyterian Church. January 2000.

Eating Disorders in Young Women. Georgia State University Dormitory. Sponsored by Forerunners for Christ Women’s Bible Study. July, 1998.

How to eat Right. Briarlake Child Development Center, Preschool Class. September 1998.

Nutrition for Women. Atlanta Vineyard Christian Fellowship Conference on Women’s Health. February 1998.

Nutritional Challenges in Cystic Fibrosis. CF Family Education Day. November 1996.

Preventing Obesity in Children. Marietta Elementary School PTA. March 1996.

Nutricion para niños de 0 a 3 años (Nutrition for children 0-3 years of age). Latin American Association, Early Intervention Group. October 1995.

Nutrition for Children. Decatur Elementary School PTA. September 1992.

The Food Groups. Decatur Elementary School, first grade class. July 1992.

Nutrition for the COPD Patient. Riverdale COPD Support Group. September 1991.

The Diabetic Diet. Riverdale Diabetes Support Group. April 1991.

LANGUAGES

English: Fluent

Spanish: Fluent, Native Language