Curriculum Vitae

ROBERT W. JEFFERY, PHD

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PLACE OF BIRTH: Shelton, WA – U.S. Citizen

EDUCATION:
1968 Stanford University, B.A. (Economics)
1974 Stanford University, Ph.D. (Experimental Psychopathology)

PROFESSIONAL AREAS: Health behavior research, behavioral epidemiology, obesity, eating pattern change.

POSITIONS

2012–**present**	Honorary Professor (adjunct), School of Exercise and Nutrition Sciences, Deakin University, Melbourne, Australia
2012–**present**	Associate Director, University of Minnesota Obesity Prevention Center, Academic Health Center/School of Public Health, Minneapolis, MN.
2004-2012	Director, University of Minnesota Obesity Prevention Center, Academic Health Center/School of Public Health, Minneapolis, MN
2004–2005	Interim Division Head of Epidemiology, University of Minnesota School of Public Health, Minneapolis, MN *(Jan 2004–Sept 2006).*
1990–**present**	Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota
1990–1991	Interim Division Head of Epidemiology, University of Minnesota School of Public Health, Minneapolis, MN *(Sept 1990-Feb 1991).*
1985-1990	Associate Professor, Division of Epidemiology, University of Minnesota School of Public Health, Minneapolis, MN.
1983-1985	Assistant Professor, Division of Epidemiology, University of Minnesota School of Public Health, Minneapolis, MN.
1980-81	Director of Adult Education, Minnesota Heart Health Program (MHHP), University of Minnesota School of Public Health
1980	Associate Intervention Director, Multiple Risk Factor Intervention Trial (MRFIT, NHLBI grant)
1978-1983	Assistant Professor, Laboratory of Physiological Hygiene, University of Minnesota School of Public Health, Minneapolis, MN.
1976-1978	Postdoctoral Fellow, Stanford Heart Disease Prevention Program, Stanford University, Stanford, CA.
1978	Co-director, Heart Health Education Center, Stanford University
1975-1976	Research Associate, Department of Psychiatry and Behavioral Sciences, Stanford University, Stanford, CA.
1975	Director, Stanford Eating Disorders Clinic, Stanford University
1974-1975	Assistant Professor, Department of Psychology, Univ of Missouri, St. Louis, MO.

HONORS AND AWARDS

Nominee for President, Society of Behavioral Medicine (SBM)	1993
Elected Fellow, Society of Behavioral Medicine (SBM)	1993
Nominee for Henry Sebrell Award by the Weight Watchers Foundation to honor an individual who has made outstanding contributions to the treatment of obesity.	1998-99
Nominee, Mayo Professor of Public Health, for nationally and internationally-recognized faculty scholars distinguished in one or more fields in public health.	2001
Citation Recipient for an excellent submission, chosen by the abstract reviewers for the Society of Behavioral Medicine's 22nd annual meeting, Washington, DC.	2002
Recipient, TOPS Award for an Outstanding Career Contribution to the Field of Obesity Research, awarded by NAASO at the National Nutrition Week, San Diego, CA	2002
Recognition of Excellence Recipient, Academic Health Center, University of MN, for outstanding contributions and achievements in teaching, research, or service.	2002
Nominated to the Academic Health Center's Academy for Excellence in Research, University of Minnesota.	2004
Delegate, School of Public Health delegation sent to promote international collaborations, teaching, and research in educational institutions in India, China, and the Philippines.	2005
Expert Status Recognition, University of Minnesota Children, Youth and Family Consortium (CYFC)	2006
Granted a sabbatical furlough for professional development, from the University of Minnesota School of Public Health	2009-10
Visting Professor and Guest Lecturer, Qufu Normal University, Qufu, Shandong, China	2011-Jun
Honorary Professor, Thinker in Residence Program, Deakin University, Centre for Physical Activity & Nutrition Research, School of Exercise & Nutrition Sciences, Melbourne, Australia *(Nov 2011-March 2012)*	2011-12

LOCAL COMMITTEES AND LEADERSHIP RESPONSIBILITIES

Associate Member, Graduate Faculty in Physiological Hygiene, University of Minnesota	1979-87
Coordinator, Div of Epidemiology Seminar, University of MN School of Public Health	1981-85
Member, Health Sciences Human Subjects Review Committee, University of Minnesota	1980-81
Chairman, Consolidated Fund Drive and US Savings Bond Drive, Division of Epidemiology, University of Minnesota School of Public Health	1983-84
Member, Admissions Committee, Graduate Program in Physiological Hygiene, University of Minnesota School of Public Health	1983-84
Member Risk Factor/Behavior Working Group, MN Heart Health Program (MHHP), University of Minnesota School of Public Health	1983-85
Member, Library Committee, Division of Epidemiology, University of Minnesota School of Public Health	1983-85
Member, Behavioral Medicine Study Section, National Institutes of Health	1983-87
Member, Joint Lab of Physiological Hygiene/Division of Epidemiology Curriculum Development Committee, University of Minnesota School of Public Health	1985
Associate Member, Graduate Faculty in Epidemiology, University of Minnesota SPH	1985-87
Chair, Incentives and Organization Working Group, Minnesota Heart Health Program (MHHP), University of Minnesota School of Public Health	1985-88
Chair, Epidemiology Credentials Committee, University of MN School of Public Health	1987-90
Full Member, Graduate Faculty in Epidemiology, University of Minnesota, School of Public Health	1987-**pres**
Director of Graduate Studies, Physicological Hygiene, University of Minnesota SPH	1988-90
Member, Internal Review Committee, Graduate Program in Nutrition, University of Minnesota School of Public Health	1989

Member, Div of Epidemiology PhD Admissions Committee, University of Minnesota SPH	1991 . . .
Member, Program Review Committee, Public Health Nutrition Program, Division of Epidemiology, University of Minnesota School of Public Health	1991
Faculty-at-Large, Appointment, Promotion and Tenure (APT) Committee, University of Minnesota School of Public Health	1991
Associate Member, Graduate School in the field of Public Health, University of Minnesota School of Public Health, since 1991.	1991**-pres**
Chair, Community Health Education Major, Division of Epidemiology, University of Minnesota School of Public Health	1991-93
Member, Faculty Advisory Committee, Division of Epidemiology, University of Minnesota School of Public Health	1991-94
Member, Training Committee, Division of Epidemiology, University of Minnesota School of Public Health	1991-94
Chair, Review Committee, Nutrition Coordinating Center (NCC), Div of Epidemiology, University of Minnesota School of Public Health	1992
Member/Host, Health Behavior Research Group, Epidemiology, University of Minnesota	1992–01
Chair, Biostatistics Division Head Review Committee, University of Minnesota SPH	1993
Member, Data Services Committee, Div of Epidemiology, University of Minnesota SPH	1994-95
Chair, Adivisory Committee, Nutrition Coordinating Center (NCC), Div of Epidemiology, University of Minnesota School of Public Health	1994-97
Member, Admissions Committee, Public Health Nutrition Program, Division of Epidemiology University of Minnesota School of Public Health	1994-98
Member, AHA Behavioral Science, Epidemiology & Prevention Study Committee	1995
NIH Physical Activity Expert, Minnesota Department of Health, Governor's Council on Promoting Physical Activity in Minnesota	1995 . . .
Member, Henry Blackburn Symposium Committee, Epidemiology, Univ. of Minnesota	1995-96
Member, Appointment, Promotion & Tenure (APT) Committee, Univ of Minnesota SPH	1995 . . .
Member, Faculty Advisory Committee, Div of Epidemiology, Univ of Minnesota SPH	1996-98
Faculty-at-Large, Policy Council, University of Minnesota School of Public Health	1997
Member, Epidemiology PhD Exam Committee, Univ of MN School of Public Health	1997-98
Member, Advisory Committee, Nutrition Coordinating Center (NCC), Epidemiology, University of Minnesota School of Public Health	1997-98
Member, Policy Council, University of Minnesota School Of Public Health	1997-2001
Member, Faculty Consultative Committee, University of MN School of Public Health	1998-00
Member, MPH Curriculum Review/Credentials Committee, Public Health Nutrition, Division of Epidemiology, University of Minnesota School of Public Health	1999
Conductor, Division of Epidemiology P&A Evaluations, University of Minnesota SPH	1999-2001
Member, Admissions Committee, Community Health Education Major, Epidemiology, University of Minnesota School of Public Health	1996-00
Representative, School of Public Health, Academic Health Center Promotion & Tenure Committee, University of Minnesota	1999-2003
Member, Public Health Nutrition Admissions Committee, University of Minnesota SPH	2000-01
Member, Advisory Committee, Nutrition Coordinating Center (NCC), Epidemiology, University of Minnesota School of Public Health	2001-02
Chair, Recognition & Awards Committee, Div of Epidemiology, University of Minnesota	2001-02
Member, Computer Services Committee, Division of Epidemiology, University of MN	2002-03
Member, Division Review Committee, Division of Epidemiology, University of MN	2003
Member, Epidemiology Clinical Research Center Faculty Committee, Division of Epidemiology, University of Minnesota	2003

Member, Public Health Nutrition Faculty, Div of Epidemiology, Univ of Minnesota	2003
Member, Faculty Advisory Committee, Division of Epidemiology, University of MN SPH	2003-03
Member, Flexible Funds Committee, Div of Epidemiology, Univ. of Minnesota	2003-04
Member, Key's 100th Celebration Symposium Committee, Division of Epidemiology, University of Minnesota School of Public Health	2003-05
Chair, Interim Faculty Executive Committee, Div of Epidemiology, University of MN	2004
Cluster Leader, Preventing Chronic Disease and Obesity Working Group, Healthy Foods Healthy Lives President's Initiative, University of Minnesota	2004
Chair, Faculty Executive Committee, Epidemiology and Community Health. U of MN	2004-05
Chair, Division of Epidemiology and Community Health Advisory Committee, SPH,	2004-05
Chair, Administration Committee, Division of Epidemiology, Univ of Minnesota SPH	2004-05
Cluster Leader, Preventing Chronic Disease and Obesity Working Group, Healthy Foods Healthy Lives President's Initiative, University of Minnesota	2004-07
Member, Epidemiology Clinical Research Center (ECRC) Faculty Advisory Committee, Div of Epidemiology and Community Health, University of Minnesota	2004-08
Member, School of Public Health Futures Committee, University of Minnesota	2005
Delegate, Obesity Team, UMN Academic Health Center delegation to India, a Joint Scientific Symposium of the Indian Council of Medical Research and the Univversity of Minnesota Bariatric Surgery/Obesity Prevention Study Team.	2006-Oct
Member, Public Health Nutrition Faculty, Division of Epidemiology and Community Health, University of Minnesota School of Public Health	2006-07
Member, Behavior Epidemiology PhD Track Program	2006-**pres**
Founding Member/Co-director, Obesity Consortium of Minnesota, established for multidisciplinary collaboration, to foster cooperation in Obes Res, education, and outreach efforts at the U of MN. The Consortium links three obesity centers at UMN (MNOC, TREC, OPC).	2006-**pres**
Member, Faculty Multidisciplinary Group, University of Minnesota	2006-**pres**
Member, Epidemiology PhD Admissions Committee, Division of Epidemiology and Community Health, University of Minnesota	2006-**pres**
Member, Experts Database, University of Minnesota Children, Youth and Family Consortium (CYFC)	Since 2006
Member/Co-founder, Obesity Research Group (nee Energy Balance Research Group) sponsored by the Obesity Prevention Center (OPC) and Minnesota Obesity Prevention Training (MnOPT). A monthly forum for faculty, postdoc fellows, and doctoral students to gain exposure in current obesity research taking place at the UMN through discussion and informal presentations.	2006-**pres**
Participant, Nutrition/Wellness Workgroup, UMN Food and Beverage RFP, contributing to the resolution of the complaint about the InsideOut food display and to find a way to measure, set standards, and evaluate progress on the nutritional value of foods served at the UMN.	2007
Member, PhD Track Conversion Committee, Division of Epidemiology and Community Health, University of Minnesot	2007
Member, National Center of Excellence in Women's Health (Powell Center), University of Minnesota	2007-**pres**
Member, *Decade to Discovery: A Minnesota Partnership to Treat Diabetes*—a committee representing the prevention segment of U of MN / Mayo plan to attract major funding for an initiative to lower incidence and prevalence of diabetes statewide over a decade.	2010-12
Participant, Care Delivery and Prevention Team, Decade of Discovery Planning Group, Mayo Clinic, Rochester, MN.	2012
Member, PhD Credentials/Curricula Committee, Division of Epidemiology and Community Health, University of Minnesota School of Public Health	2011-**13**

Member, PhD Exam Committee: Part B, Division of Epidemiology and Community Health, University of Minnesota School of Public Health	2011-**13**
Member, Hawley Committee, Division of Epidemiology and Community Health, University of Minnesota School of Public Health	2013-**14**
Member/Reviewer, Committee to form UMN Obesity Research Working Interests Groups (WIGs), created to foster new configurations of faculty in a working group format to develop creative ideas for research around particular research topics.	2013-**pres**

SPECIAL NATIONAL / INTERNATIONAL ACTVITIES

Member, Community Program Committee, American Heart Association, Minnesota Affil.	1980
Associate Intervention Director, Multiple Risk Factor Intervention Trial (MRFIT)	1980
Member, American Psychological Association (APA) Program Committee	1986-87
Member, Minnesota Public Health Association (MPHA), Public Affairs Committee	1989-90
Program Chair, Society of Behavioral Medicine (SBM) Annual Convention	1990
Member, ASPH Behavioral Sciences Council	1990-91
Chair, Nominations Committee, Society of Behavioral Medicine (SBM)	1991-92
Member, Delta Omega, National Honor Society for Public Health	1991-**pres**
Co-chairman, American Heart Association Behavioral Studies Grant Review Council	1992-95
Nominee, Prevention Center Grant Program (PCGRC), National Center for Chronic Disease Prevention & Health Promotion, Center for Disease Control & Prevention	1993
Member, Technical Advisory Committee, GMMB&A/Weight Watchers, Healthy Weight Campaign	1994
Sponsor for two visiting Australian faculty (Phil Harvey/Kathy Radimer) from the University of Queensland Nutrition Program	1995
Member, PACE Steering Committee, International Life Sciences Institute	1996
Participant, International Scan for Best Practices in Heart Health, sponsored by Health Behaviour Research Group, University of Waterloo, Waterloo, Ontario, Canada	1997
Chair, Obesity Working Group, NHLBI Organizing Committee for workshop "Maintenance of Behavior Change in Cardiovascular Risk Reduction: Implications from Observational and Intervention Studies and Directions for Future Research."	1998
Host/Sponsor for Dr. David Crawford, Australian Scientist,	1998-99
Reactor, Conference on Childhood Obesity: Partnerships for Research and Prevention, International Life Sciences Institute (ILSI), Emory Univ., CDC& the Am Cancer Society	1999
Member, NCI Special Emphasis Panel (ZRG1-SSS-E-03), Cella Grant behavioral medicine grant applications (4)	1999
Chair, NAASO Annual Scientific Sessions (numerous papers), Charleston, SC	1999-Nov
Member, WHO International Task Force (IOTCF)	1996-00
Member, Behavioral Change Consortium, Chevy Chase, MD, for Challenge Grant RFA	1999-00
Member, Review Committee, Health Behaviour Research Initiative, Heart and Stroke Foundation of Ontario	2001
Forum Leader, National Institute of Health Policy's event on the Future of Public Health with William Roper, Minneapolis, MN.	2001-Apr
Reviewer, Evaluation of 5 PhD proposals for the Nederlandse Hartstichting Fdn. (NHF) Research Program, "Sustained Behavioural Changes in order to Prevent Weight Gain"	2002-Jun
Co-chairman, Debate: *Do we have the evidence that prevention works?* The 9th International Congress on Obesity, Sao Paulo, Brazil, Aug 24-29, 2002	2002-Aug
Forum Participant, "An Economic Analysis on Eating and Physical Activity Behaviors," hosted by the Partnership to Promote Healthy Eating and Active Living (the Partnership), Washington, DC, April 10, 2003.	2003-Apr
External Advisory Board Member, "Get Kids in Action" a partnership between The	2004-Mar

University of North Carolina at Chapel Hill and The Gatorade Company, Pittsboro, NC

Co-chair, Call-to-Action Session and Call-to-Action Panel of The First International Ancel Keys Symposium on Nutrition and Health: The International Obesity Epidemic, Minneapolis, MN, Sept. 12-13, 2004 — 2004-Sept

Member, NHLBI Working Group meeting on "Preventing Weight Gain in Young Adults," — 2005-Aug

Chairperson, Symposium: Economics/Reimbursement Issues, NAASO Annual Meeting 2005, Vancouver, Canada, Oct. 15-19, 2005. — 2005-Oct

Member, School of Public Health delegation sent to promote international collaborations, teaching, and research in educational institutions in India, China, and the Philippines, Nov. 8-21, 2005. — 2005-Nov

Visiting Faculty, Deakin University, School of Exercise & Nutrition Sciences, Burwood, Australia, Feb-Mar 2006. — 2006

Participant, Early Investigators Network Mentoring Session, International Society of Behavioral Nutrition and Physical Activity's (ISBNPA) Annual Meeting, Oslo, Norway — 2007-Jun

Chair, TREC Steering Committee, NIH/NCI-RFA: Transdisciplinary Research on Energetics and Cancer multicenter research grant, — 2007

Making Minnesota Blue Zones: The Albert Lea Community Makeover Project Lunch — 2007

Member, Healthy Foods Healthy Lives (HFHL) Advisory Board Institute — 2008

Member, Program Committee, AACR/TREC/NCI-sponsored Think Tank Conference on "Energy Balance and Cancer: Mechanisms and Mediators," and Moderator for the session on "Markers for Clinical Investigation," — 2008

Chair, TREC Evaluation Working Group, NIH/NCI-RFA: Transdisciplinary Research on Energetics and Cancer multicenter research grant. — 2008

Attendee and mentor, 31st Annual Meeting and Mentoring Workshop, Society of Behavioral Medicine, Seattle, WA. — 2010-Apr

Host Center Director, 10th Annual TREC Centers Scientific Meeting, Minneapolis, MN. — 2010-Jun

Participant, Decade of Discovery, Mayo Clinic, Rochester MN — 2010-Dec

Member, Working Group, *The Pathogenesis and Treatment of Obesity and Type 2 Diabetes,* co-sponsor: American Diabetes Association, the Endocrince Society and The European Assoc for the Study of Diabetes, Lansdowne, VA — 2011-Jan

Visting Professor and Guest Lecturer, Qufu Normal University, Qufu, Shandong, China — 2011-Jun

Reviewer, NIDDK-C Subcommittee: Ad hoc teleconference review of 2 applications, Bethesda, MD, June 27-28, 2011. — 2011-Jun

Member, Nominating Committee, *International Journal of Behavioral Nutrition & Physical Activity* (ISBNPA). — 2011

Honorary Professor, *Thinker in Residence Program*, providing senior expertise to education and research activities at Deakin University, Centre for Physical Activity and Nutrition Research, School of Exercise and Nutrition Sciences, Melbourne, Australia, Nov. 2011-Mar. 2012. — 2011-12

EDITORIAL, ADVISORY BOARDS, AND REVIEW PANELS

Chair, Publications Committee, Society of Behavioral Medicine (SBM) — 1991-94

Member, Review Board, *Health Values: The Journal of Health Behavior, Education & Promotion* — 1992-95

Member, Review Board, *Am J Health Promot* — 1994 . . .

Editorial Board, *Health Psychol*, Volume 11 — 1992-95

Area Editor, *Behavioral Medicine Abstracts* — 1980-82

Member/Reviewer, Psychosocial Risk and Disease Prevention Study Section, Center for Scientific Review, NIH (formerly Committee 2 of the Risk, Prevention & Health Behavior IRB (RPHB-2) and before that the NIH Behavioral Medicine Study Section) — 1998-07

Member, NCI Scientific Review Group-Subcommittee E, Site Visit Jul 1999 and Teleconference review 1PO1CA83928-01, Group Randomized Trials of Health Behavior Change, PI: Beti Thompson, Seattle, WA — 1999

Member, Expert Panel for McGraw-Hill's first-edition book called *Your Health Today* (college text designed for introductory-level Personal Health course)	2003-Nov
Member, Advisory Committee, LINC Mini-grant of the Get Kids in Action Program (Julie Marks, PhD), University of North Carolina—Chapel Hill	2004-05
Editorial Board, *American Journal of Prev Med*	2004-07
Member/Reviewer, Special Emphasis Review Panel for NCCAM grant applications PAR-07-248) "Developmental Centers for Research on Complementary and Alternative Medicine: Phase I (DCRCI)" and the RFA-AT-07-002 Phase II (DCRCII)	2007
Editor-in-Chief, *International Journal of Behavioral Nutrition & Physical Activity* ***(****IJBNPA****)***	2007-08
Member/Reviewer, Center for Disease Control (CDC) Grants for Public Health Research Dissertation" Special Emphasis Panel (R-36)	2007-Jul
Member, Editorial Board, *International Journal of Behavioral Nutrition & Physical Activity* ***(****IJBNPA).***	2008-2012
Advisory Board Member, University of Minnesota Healthy Foods Healthy Lives (HFHL) Institute	2008-**pres**
Reviewer, National Institute of Nursing Research (NINR)/Centers in Symptom Management Research or Centers in Health Promotion/Disease Prevention	2009-Feb
Participant/Reviewer, Pennsylvania Performance Review, 07-08 Cycle A, State of Pennsylvania Department of Health *(conducted on completed research to assess progress made in achieving stated goals and objectives).*	2009-Feb
Reviewer/Grant Application, ZonMw Prevention Programme (The Netherlands Organisation for Health Research and Development)	2009-Feb
Advisory Board Member, *Group Health Community Foundation: "Family-based Obesity Treatment for High-risk Adults and their Children,"* a grant funded by the Group Health Community Foundation; initial funding from Center for Health Studies (PI: Dr. Arterburn, Center for Health Studies, Group Health Cooperative)	2007-12
Advisory Panel, HealthPartners Research Foundation, *Assessing Obesity and Diagnosis and Treatment Patterns in Electronic Medical Records* (PI: Nancy Sherwood, HealthPartners Research Foundation).	2010
Sr Advisory Group Member: Joint funding effort on chronic disease prevention for the American Cancer Society, the American Heart Association and the American Diabetes Association. (P20-P30), Washington, DC	2010-Nov
Reviewer, NIDDK-C Subcommittee: Ad hoc teleconference review of 2 applications, Bethesda, MD, June 27-28, 2011.	2011-Jun
Advisory Board Member, *Heart of New Ulm (HONU) Scientific Advisory Board,* Community Programs/Worksite Health Committee *(accepted Oct 2011)*.	2011–12
Participant/Reviewer: *Pennsylvania Final Performance Review,* 10-11 Cycle B, State of Pennsylvania Department of Health. Conducted on completed research to assess progress on stated goals and objectives.	2011–12
Reviewer, NIH, *Community Influences on Health Behavior Study Section (CIHB)*, Center for Scientific Review. *(Extended 2 more years in 2013.)*	2010–15
Reviewer, Ministry of Health (MOH), National Medical Research Council–Singapore, Health Services Research Competitive Research Grant (HSR CRG): Evaluation of the Healthier Hawker Programme, a multilevel intervention to increase the availability of healthier foods at Hawker centers in Singapore.	2012-Mar/ Apr
External Reviewer, Institute of Medicine of the National Academies, Board on Population Health and Public Health Practice: Invited to participate in the Committee on "Valuing Community-Based, Nonclinical Prevention Policies and Wellness Strategies" draft letter report.	2012-Jul

Reviewer, Diabetes UK: Grant application exploring approaches for the reversal of Type 2 diabetes to normal glucose tolerance through non-surgical weight management via a low energy liquid diet.	2012-Sep
Reviewer, P50 Center Grant (PI: Robert Klesges), University of Tennessee, Health Sciences Center, Preventive Medicine	2012-Oct
Grant Proposal Advisor, Univeristy of Kansas.	2013
Grant Reviewer, Oak Ridge Institute.	2013

PROFESSIONAL AFFILIATIONS

International Society of Behavioral Nutrition & Physical Activity (ISBNPA)
Academy of Behavioural Medicine Research
American Psychological Association (APA)
Society of Behavioral Medicine (SBM)
International Society and Federation of Cardiology
American Public Health Association (APHA)
Minnesota Public Health Association (MPHA)
University of Minnesota Cancer Center (since 1994)
The Obesity Society (formerly North American Association for the Study of Obesity (NAASO))
Minnesota Obesity Center (MNOC)
University of Minnesota Obesity Prevention Center (UMOPC)

GRANTS AND CONTRACT SUPPORTS

1. Grant Name: Nutrition Education For Heart Health
   Funding Agency: Biomedical Research Support Grant ***(BRSG)***, School of Public Health
   Funding Period: 1979 ($2,100)
   Role: Principal Investigator
   Description: To determine whether placing nutritional information at the point of purchase in supermarkets would influence shopper knowledge of appropriate nutritional principles and subsequently their buying behavior. This investigation was funded in part by a BRSG grant from the School of Public Health and in part by an American Heart Association grant.

2. Grant Name: Nutrition Education for Heart Health
   Funding Agency: American Heart Association-MN Affiliate
   Funding Period: 1979 ($5,550)
   Role: Principal Investigator
   Description: See #1 above.

3. Grant Name: Monetary Incentives in Weight Reduction (**SHAPE**)
   Funding Agency: National Institute of Arthritis, Metabolism, & Digestive Diseases *(AM26542)*
   Funding Period: 1980-82 ($131,268)
   Role: Principal Investigator
   Description: Projects under this title were all generally designed to assess the effectiveness of financial incentives for promoting weight loss. Five distinct research projects were conducted and follow-up data was collected on approximately 500 participants.

4. Grant Name: Primary Prevention of Hypertension (**HPT**): Nutrition Education Resource Center (**NERC**)
   Funding Agency: National Heart, Lung, and Blood Institute *(HL26841)*
   Funding Period: 1981-88 ($809,177)
   Role: Principal Investigator
   Description: A multi-center clinical trial designed to assess the effectiveness of nutrition intervention to prevent high blood pressure. Dr. Jeffery is PI of a special research center for this trial devoted to development, production, implementation, and supervision of intervention activities.

5. Grant Name: Efficacy of Coping Skills Training in Long-term Maintenance of Weight Loss (**Shape-Cope**)
   Funding Agency: Biomedical Research Support Grant *(BRSG)*, School of Public Health
   Funding Period: 1982-83 ($5,096)
   Role: Co-investigator (PI: J. Hung)
   Description: Utilization of an interdisciplinary approach to investigate the efficacy of a psychologically based, expedient, and inexpensive way of helping participants of a weight control program maintain their initial weight loss over time.

6. Grant Name: Monetary Incentives in Weight Reduction (**SHAPE Renewal**)
   Funding Agency: National Institute of Arthritis, Metabolism, & Digestive Diseases *(AM26542)*
   Funding Period: 1983-86 ($378,566)
   Role: Principal Investigator
   Description: Renewal of a grant whose projects were all generally designed to assess the effectiveness of financial incentives for promoting weight loss. Five distinct research projects were conducted and follow-up data was collected on approximately 500 participants.

Grants and Contract Supports: *continued*

7. Grant Name: Self-motivation for Smoking Cessation Using the Worksite Payroll (**SCP**)
   Funding Agency: Biomedical Research Support Grant, School of Public Health
   Funding Period: 1984-85 ($4,904)
   Role: Principal Investigator
   Description: Investigation of the effectiveness of a financial incentive program for smoking reduction organized through the worksite payroll system.

8. Grant Name: Nutrition Coordinating Center (**NCC**)
   RFA: A Phase III Trial of a Low Fat Diet in Stage II Breast Cancer
   Funding Agency: National Cancer Institute *(CA37628)*
   Funding Period: 1984-89 ($1,637,093--terminated 1986)
   Role: Co-Investigator (PI: I.M. Buzzard)
   Description: Evaluation of the effectiveness of a low fat diet to prevent recurrent tumors in patients with Stage II breast cancer. The Nutrition Coordinating Unit (NCU) was housed in the Division of Biometry at the University of Minnesota.

9. Grant Name: Sodium-Potassium Blood Pressure Trial in Children (**NAKS**)
   Funding Agency: National Heart, Lung, and Blood Institute *(HL34659)*
   Funding Period: 1985-90 ($2,317,136)
   Role: Co-Investigator (PI: A. Sinaiko)
   Description: Study testing the hypothesis that a reduction of dietary sodium and/or an increase in the potassium-sodium ratio will decrease the rate of rise in blood pressure during normal maturation in children with high normal blood pressure.

10. Grant Name: Weight Gain Prevention Project (A Pound of Prevention (**POP**))
    Funding Agency: Biomedical Research Support Grant *(BRSG)*, School of Public Health
    Funding Period: 1986-87 ($4,989)
    Role: Principal Investigator
    Description: A one-year study on normal weight adults evaluating a correspondence and incentives approach to preventing weight gain with age.

11. Grant Name: Community Support of Public Health Policy Interventions
    Funding Agency: Biomedical Research Support Grant ***(BRSG)***, School of Public Health
    Funding Period: 1987 ($5000)
    Role: Principal Investigator
    Description: A random sample of 400 households from two communities were interviewed in a telephone survey to determine the level of community support for public health policy interventions in the areas of food, tobacco and alcohol.

12. Grant Name: Enhancing Smoking Cessation by Weight Gain Prevention
    Funding Agency: National Heart, Lung, and Blood Institute *(HL50773)*
    Funding Period: 1987-90 ($462,028)
    Role: Co-investigator (PI: P. Pirie)
    Description: Evaluation of the impact of various weight gain prevention strategies on long-term cessation rates among a population sample of female smokers with an expressed concern about post cessation weight gain.

13. Grant Name: Worksite Health Incentives Program (**HWP**)
    Funding Agency: National Heart, Lung and Blood Institute *(HL34740)*
    Funding Period: 1987-91 ($1,523,790)
    Role: Principal Investigator
    Description: To evaluate in work settings the efficacy of an innovative program of health behavior change in modifying the prevalence of two widespread health risk factors, namely cigarette smoking and obesity.

Grants and Contract Supports: *continued*

14. Grant Name: Low-Fat Diet in Stage II Breast Cancer: Randomized Study (**WINS**)
    Funding Agency: American Health Foundation/National Cancer Institute *(Sub-AHF-CA45504)*
    Funding Period: 1988–92
    Role: Co-investigator (PI: I.M. Buzzard)
    Description: To examined compliance to a low-fat diet in 300 breast cancer patients in conjunction with chemotherapy or chemohormonal therapy. The goal was to compare fat scores of those on a low-fat diet with those whose diet was constant at 35-40% fat.

15. Grant Name: Methodologic Assessment of HIV Seroprevalence and Risk Behaviors in the Community
    Funding Agency: Biomedical Research Support Grant *(**BRSG**)*, School of Public Health
    Funding Period: 1988-89 ($18,396)
    Role: Co-principal investigator (w/ G. Burke)
    Description: To determine the feasibility of measuring AIDS attitudes, behavior, and HIV seroprevalence in the community.

16. Grant Name: Dietary Intervention Methods in Clinical Trials (**TRIM**)
    Funding Agency: National Heart, Lung, and Blood Institute *(HL41332)*
    Funding Period: 1989-92 ($642,509)
    Role: Principal Investigator
    Description: A two-center study to evaluate dietary intervention methods for clinical trials. The effect of treatments on weight loss, cardiovascular risk factors, and body fat distribution were evaluated.

17. Grant Name: Low Fat Ad Libitum Diet and Weight Loss (**LoFat**)
    Funding Agency: National Institute of Diabetes & Digestive & Kidney Diseases *(DK42201)*
    Funding Period: 1990-94 ($729,957)
    Role: Principal Investigator
    Description: To develop a dietary weight loss program that will be acceptable over a prolonged period, produce better long-term weight loss, and provide better understanding of why some individuals have more difficulty than others in controlling their weight.

18. Grant Name: Recycling of Chronic Smokers to Sustained Abstinence (**CHANS**)
    Funding Agency: National Heart Lung, and Blood Institute RFA *(HL44992)*
    Funding Period: 1990-94 ($842,710)
    Role: Co-investigator (PI: H. Lando)
    Description: Evaluate strategies for assisting smokers in quitting after an initial failure.

19. Grant Name: Minnesota Heart Health Program (**MHHP**)
    Funding Agency: National Heart Lung, and Blood Institute (HL25523)
    Funding Period: 1990–93 ($3,374,794)
    Role: Co-investigator (PI: R. Luepker)
    Description: Grant renewal to analyze MHHP data.

20. Grant Name: Worksite Health Incentives Program (**HWP Supplement**)
    Funding Agency: National Heart, Lung and Blood Institute *(HL34740)*
    Funding Period: 1991-92 ($98,262)
    Role: Principal Investigator
    Description: Supplemental funding for analysis of the HWP data.

Grants and Contract Supports: *continued*

21. Grant Name: The Behavioral Aspects of Cardiovascular Disease
    Funding Agency: National Heart, Lung, and Blood Institute *(HL07328)*
    Funding Period: 1988-94
    Role: Program Director (starting 1991)
    Description: Renewal of **training grant** for pre- and postdoctoral fellows in research methods, studying behavior and cardiovascular diseases.

22. Grant Name: Dietary Intervention Methods in Clinical Trials (**TRIM Renewal**)
    Funding Agency: National Heart, Lung, and Blood Institute *(HL41332)*
    Funding Period: 1992-94 ($413,628)
    Role: Principal Investigator
    Description: A two-center trial to follow-up previous study participants and to conduct additional studies on intervention methods for obesity.

23. Grant Name: Intervention Methodologies for Increasing Physical Exercise
    Funding Agency: University of Minnesota, Research Development Committee
    Funding Period: 1991-92 ($800)
    Role: Principal Investigator
    Description: An evaluation of strategies for encouraging habits of regular physical activity

24. Grant Name: Studies of Organ Transplantation in Animals and Man
    Funding Agency: National Institute of Health
    Funding Period: 1992-97 ($7,000,000)
    Role: Co-investigator (PI: J.S. Najarian/T. Nevins)
    Description: Investigation of patterns of medication compliance and their relationship to clinical outcomes in kidney transplant patients.

25. Grant Name: Family and Genetic Studies of Cardiovascular Disease: Field Center
    Funding Agency: National Heart, Lung, & Blood Institute Contract *(RFP NHLBI-HC-91-08)*
    Funding Period: 1992-96 (1,213,752)
    Role: Co-investigator (PI: A. Folsom/J.M. Sprafka)
    Description: Multicenter study of the familial aggregation of cardiovascular risk factors.

26. Grant Name: Low-Fat Diet in Stage II Breast Cancer: Randomized Study (**WINS**)
    Funding Agency: American Health Foundation / NCI *(Sub-AHF-CA45504)*
    Funding Period: 1993-98 ($1,549,702)
    Role: Co-investigator (PI: I.M. Buzzard)
    Description: Multicenter randomized trial of low fat diet in the secondary prevention of breast cancer in post-menopausal women.

27. Grant Name: Weight Gain Prevention Program (**POP**)
    Funding Agency: NIDDK/CDC *(DK45361)*
    Funding Period: 1993-99 ($917,948)
    Role: Principal Investigator
    Description: A community-based methods trial for preventing weight gain with age.

28. Grant Name: Dietary Intervention Methods in Clinical Trials (**TRIM Renewal)**
    Funding Agency: National Heart, Lung, and Blood Institute *(HL41332)*
    Funding Period: 1994-97 ($634,989) No-cost extension to 1998
    Role: Principal Investigator
    Description: Competing continuation of a two-center project whose overall goal is to develop intervention methods that produce long-term weight loss.

Grants and Contract Supports: *continued*

29. Grant Name: The Behavioral Aspects of Cardiovascular Disease
    Funding Agency: National Heart, Lung, and Blood Institute *(HL07328)*
    Funding Period: 1994-99
    Role: Program Director 1991 to 1997
    Description: Renewal of **training grant** for pre- and postdoctoral fellows in research methods, studying behavior and cardiovascular diseases.

30. Grant Name: Participation in Commercial Weight Loss Programs
    Funding Agency: **Indirect Cost Recovery Award**, Div of Epidemiology, University of MN
    Funding Period: 1995 ($2,486)
    Role: Collaborating Investigator (Investigator: D.J. Hennrikus)
    Description: Pilot study for a possible future project evaluating commercial weight loss services. A group of highly weight conscious, obese persons were surveyed to obtain detailed accounts of their prior experiences with commercial programs and an assessment of the most attractive features of them.

31. Grant Name: Improving Participation in Worksite Smoking Programs (**SUCCESS**)
    Funding Agency: National Heart, Lung, and Blood Institute *(HL52909)*
    Funding Period: 1995-99 ($1,897,596); No cost extension to 4/30/2000
    Role: Principal Investigator
    Description: To evaluate methods for increasing participation in worksite smoking cessation programs and to determine whether increased participation results in greater overall smoking cessation rates.

32. Grant Name: Minnesota Obesity Center (**MNOC**)
    Funding Agency: National Institute of Diabetes & Digestive & Kidney Diseases *(DK50456)*
    Funding Period: 1995-2000 ($624,844 Epidemiology & Intervention Core)
    Role: Epidemiology & Intervention Core Director (PI: Allen S. Levine)
    Description: This grant is designed to facilitate interdisciplinary research on the prevention of obesity.

33. Grant Name: Increasing Lowfat School/Worksite Vending Choices (**CHIPS**)
    Funding Agency: National Heart, Lung, and Blood Institute *(HL56577)*
    Funding Period: 1997-2001 ($599,442; Direct: $410,452); no cost extension to 3/31/02.
    Role: Co-investigator (PI: S.A. French) until 1/31/99
    Description: To examine the role of pricing and nutrition education on purchases of low fat snacks through vending machines in both adult and adolescent populations.

34. Grant Name: A Public Health Intervention to Increase Daily Lifestyle Activity
    Funding Agency: Division of Epidemiology **Student Research Award**
    Funding Period: 1998 ($2,500)
    Role: Collaborating Investigator (Investigator: Kerri Boutelle, PhD, Postdoc)
    Description: Study investigating ways to increase stairway use in office workers.

35. Grant Name: Dietary Intervention Methods in Clinical Trials (**TRIM Renewal**)
    Funding Agency: National Heart, Lung, and Blood Institute *(HL41332)*
    Funding Period: 1998-2002 ($715,613); No-cost extensions 2003, 2004.
    Role: Principal Investigator
    Description: Competing continuation of a two-center project whose overall goal is to develop intervention methods that produce long-term maintenance of weight loss.

36. Grant Name: Theory-Based Interventions for Smoking and Obesity (**CHALLENGE**)
    Funding Agency: National Institute of Neurological Disorders and Stroke *(NS38441)*
    Funding Period: 1999-2002 ($2,853,995; Direct: $2,084,480); no-cost ext: 2003, 2004, 2005
    Role: Principal Investigator
    Description: Research on two studies evaluating methods for improving the long-term efficacy (18 months) of interventions for smoking and obesity.

Grants and Contract Supports: *continued*

37. Grant Name: Approaches to Obesity Treatment in a Managed Care Setting (**WEIGH-TO-BE**)
    Funding Agency: National Institute of Diabetes & Digestive & Kidney Diseases *(DK53826)*
    Funding Period: 1999-2004 ($12,839,680; Direct: $2,455,607); no-cost extension 2005
    Role: Principal Investigator
    Description: A randomized trial to examine alternative systems for identifying and treating obesity in a managed care setting.

38. Grant Name: Increasing Availability of Low Fat Foods in High Schools (**TACOS**)
    Funding Agency: National Heart, Lung, and Blood Institute *(HL61305)*
    Funding Period: 1999-2003 ($1,953,163)
    Role: Co-investigator until 1999 (PI: S.A. French)
    Description: Study of school-based nutrition intervention.

39. Grant Name: Study of Health Outcomes of Weight Loss (**Look AHEAD** / *SHOW*)
    Funding Agency: National Institute of Diabetes & Digestive & Kidney Diseases *(DK057182)*
    Funding Period: 1999-2006 ($7,405,034.84; Direct: $5,097,082)
    Role: Principal Investigator
    Description: Field center for Look AHEAD, a multicenter, randomized, clinical trial designed to examine the effects of sustained weight loss on health outcomes in individuals with Type 2 diabetes.

40. Grant Name: Minnesota Obesity Center (**MNOC Renewal-1**)
    Funding Agency: National Institute of Diabetes & Digestive & Kidney Diseases *(DK50456)*
    Funding Period: 2000-2005 ($973,464 Requested Direct—Epi Core) Renewal 1
    2005-2006 ($186.314 Requested Direct—Epi Core) Bridge Funding
    Role: Epidemiology & Intervention Core Director (PI: Allen S. Levine)
    Description: Renewal of a grant designed to facilitate interdisciplinary research on the prevention of obesity.

41. Grant Name: **Challenge BCC Suppl**ement: Theory Based Interventions for Smoking and Obesity
    Funding Agency: NIH/National Institute of Neurological Disorders and Stroke *(NS38441-S1)*
    Funding Period: 2000-2002 ($264,557); no-cost extensions 2003, 2004, 2005
    Role: Principal Investigator
    Description: Supplemental funding for the Challenge grant.

42. Grant Name: Energy Intake in Obese Binge Eating Disorder Individuals (**BED**)
    Funding Agency: NIH
    Funding Period: 2001-2004 ($648,334); until 2001
    Role: Co-investigator until 2001 (PI: Nancy Raymond/Psychiatry)
    Description: A study comparing the results of several methods for gaining a detailed understanding of total energy intake, meal patterning, and nutrient and food selection in obese individuals with BED compared to BMI-matched individuals with no history of binge eating.

43. Grant Name: Role of Home Environment in Weight Loss Maintenance
    Funding Agency: Miriam Hospital/NIH-NINR Prime *(NR07960)*
    Funding Period: 2001-2005 ($338,001)
    Role: Principal Investigator Subcontract (PI Prime: Amy Gorin)
    Description: **Look AHEAD Ancillary Study** to examine the impact of an intensive weight loss program on the weight and health behaviors of untreated spouses and on the home environment.

Grants and Contract Supports: *continued*

44. Grant Name: Urinary Incontinence Study
Funding Agency: National Institute of Diabetes & Digestive & Kidney Diseases *(DK57182-03S1)*
Funding Period: 2001-2006
Role: Principal Investigator Cooperative Agreement
Description: **Look AHEAD Cooperative Agreement** to develop questions for assessment of urinary incontinence.

45. Grant Name: Strength Training for Obesity Prevention (**SHE** nee STOP)
Funding Agency: NIDDK: PA-01-017 Physical Activity and Obesity Across Chronic Disease
Funding Period: 2001-2005 ($1,678,896; Direct: $1,204,357)
Role: Co-investigator *until* 2/29/*03* (PI: M. Kathryn H. Schmitz)
Description: Randomized controlled exercise intervention trial to assess the efficacy of twice weekly strength training for prevention of age-associated fat gains in midlife women.

46. Grant Name: Epidemiology & Care of Co-morbid Obesity & Depression (**MOOD/BALANCE**)
Funding Agency: Group Health Coop of Puget Sound/NIH Prime: National Institute of Mental Health (NIMH) R01-*MH068127*; RFA DK-02-009: Depression & Mental Disorders in Diabetes, Renal Disease, and Obesity/Eating Disorders
Funding Period: 2002-07 ($295,120 Direct); no-cost extension to 2008.
Role: Principal Investigator Subcontract until 9/05 (PI Prime: Greg Simon)
Co-investigator 9/05-07
Description: Subcontract to provide intervention support for a randomized trial examining the comparative efficacy of treatments for obesity that do or do not incorporate components targeted specifically toward depression.

47. Grant Name: Efficacy of Behavioral Interventions to Modify Physical Activity
Evidence-Based Practice Center (EPC11)—**Task Order Contract**
Funding Agency: Agency for Healthcare Research and Quality *Contract AHRQ 290-02-0009*
Funding Period: 2002-03 ($235,974 Direct)
Role: Investigator *until 12/31/02* (PI: Robert Kane/Jeremy Holtzman)
Description: Contract to provide advice and editorial assistance on a review of methods for promoting physical activity.

48. Grant Name: Effect of **Nutrition Labeling** on Fast Food Choices
Funding Agency: NIH/NIDDK *DK067599*
Funding Period: 2005-2009 ($670,659; Direct: $338,683)
Role: Co-investigator until 2006 (PI: Lisa Harnack)
Description: A randomized controlled 2x2 factorial experiment designed to examine the potential effectiveness of two promising environmental approaches to encourage lower energy and fat intake while eating away from home.

49. Grant Name: Maintenance-Tailored Obesity Treatment (**LIFE**)
Funding Agency: NIH/NIDDK DK064596
Funding Period: 2004-2009 ($2,462,837; $1,658,476 direct); no-cost extension to 2010.
Role: Principal *Investigator [25% effort]*
Description: A randomized trial evaluating treatment strategies to improve maintenance of long-term weight loss.

50. Grant Name: Environmental Interventions for Weight Gain Prevention (**HealthWorks)**
Funding Agency: NIH / NIDDK DK0673620.
Funding Period: 4/1/05-3/31/10 ($3,039,883; $2,033,367 direct), no-cost extension to 03/31/12
Role: Principal Investigator *[30% effort]*
Description: A randomized trial designed to evaluate the effectiveness of a multicomponent worksite intervention with strong environmental components to prevent weight gain.

Grants and Contract Supports: *continued*

51. Grant Name: Standard Worksite Health Program vs Activated Consumer **(ACTIVATE)**
    Funding Agency: CDC/Subcontract to Park Nicollet Institute: NIH R01 *DP000104*; RFA CD-04-002: Public Health Research: Health Protection Research Initiative Invest.
    Funding Period: 2004-07 ($24,492)
    Role: Principal Investigator Subcontract *[1% effort] (PI Prime: Paul Terry, Park-Nicollet)*
    Description: A randomized, controlled trial comparing a standard worksite health promotion and disease prevention program with an activated health care consumer intervention program, to improve health and decrease inappropriate health care costs.

52. Grant Name: Examining the Obesity Epidemic through Youth, Family, & Young Adults **(TREC)**
    Funding Agency: NIH/NCI (U54 CA116849 RFA CA-05-010)
    Funding Period: 9/19/05-08/31/10 ($11,123,405; $7,512,949 direct); phase out to 8/31/11
    Role: Principal *Investigator [10% effort]*
    Description: A center grant with overall goals of advancing transdisciplinary science in the understanding of obesity, youth, family, and cancer; to support career development of new investigators in the field; and to disseminate this scientific knowledge to broader audiences.

53. Grant Name: National Program Office—Healthy Eating Research (**HER):** Building Evidence to Prevent Childhood Obesity
    Funding Agency: Robert Wood Johnson Foundation, *Grant 55477*: Multi-year Technical Assistance and Direction (TAD) Grant awarded to UMN SPH
    Funding Period: 7/1/05—6/30/10 (renewed annually)
    Role: Co-investigator to Sr. Policy Advisor 5/1/07 *(PI: Mary Story)*
    Description: National Program Office for the Robert Wood Johnson Foundation providing technical assistance and direction planning.

54. Grant Name: Community Web Health Portal for Diabetes Prevention (**NnoLEDGE**)
    Funding Agency: NIH/NIDDK Prime *R43 DK070418 RFA/PA PA01-093*; Subcontract to Princeton Multimedia Technologies Inc./Viocare
    Funding Period: 2005-07 (Total: $48,000; Direct: $32,108); no-cost extension 2008
    Role: Co-investigator *[1% effort] (PI Subcontract: Jennifer Linde; PI Prime: Rick Weiss, Viocare)*
    Description: This project will develop and test a diabetes prevention and control community web portal, featuring an innovative personalized impediment profiling tool and reward program. The subcontract will assist in the development of reward strategies to enhance participation.

55. Grant Name: Study of Health Outcomes of Weight Loss **(Look AHEAD**) Renewal
    Funding Agency: NIH / NIDDK (U01-DK57182)
    Funding Period: 2006-2013 ($5,846,092; $3,910,428 direct) *Extended to 12/20/14.*
    Role: Principal Investigator *[25% effort]*
    Description: Field center for Look AHEAD, a multicenter, randomized, clinical trial designed to examine the effects of sustained weight loss on health outcomes in individuals with Type 2 diabetes.

56. Grant Name: Minnesota Obesity Center (**MNOC** *Renewal-2)*
    Funding Agency: NIH / NIDDK (2P30 DK50456)
    Funding Period: 2006-2011 ($680,000 Requested Direct—Epi Core) Renewal 2
    Role: Epidemiology & Intervention Core Director *[10% effort] (PI: Allen S. Levine)*
    Description: Designed to facilitate interdisciplinary research on the prevention of obesity

Grants and Contract Supports: *continued*

57. Grant Name: A 2-year, randomized, double-blind, placebo-controlled phase-3 study to evaluate the long-term efficacy and safety of CP-945,598 for treating obesity
    Funding Agency: **Pfizer**—New London; *Protocol #: A5351025*; Center #: 1061
    Funding Period: 2006-08
    Role: *Investigator (PI: Susan J. Diem)*
    Description: A multicenter, Pfizer-sponsored clinical trial (RCT) of an investigational pharmacologic agent/drug to treat obesity.

58. Grant Name: Global Studies on the Prevention of Obesity
    Funding Agency: UMN Faculty Research **CIRCLE** Grants in International Studies, Interdisciplinary Center for the Study of Global Change & Office of the Vice President for Research
    Funding Period: 9/06—8/07
    Role: Principal Investigator
    Description: A grant designed to stimulate interdisciplinary, international research aimed at studying factors contributing to the worldwide obesity epidemic.

59. Grant Name: Novel Approaches to Weight Loss Maintenance (**Keep-It-Off)**
    Funding Agency: NIH / NCI (HealthPartners Prime 1R01CA128211-01A2)
    Funding Period: 12/7/06-7/31/10 (Total: $151,195; Direct: $101,135); 1st no-cost extension 7/31/11; 2nd no-cost extension 7/31/12
    Role: Principal Investigator Subcontract *[10% effort]* (PI Prime: N. Sherwood, HealthPartners)
    Description: This research will evaluate the efficacy of an innovative approach to promoting weight maintenance among recent losers.

60. Grant Name: **Mapping** the Determinants of Health and Behavior: Transdisciplinary Perspectives on Dietary Behavior
    Funding Agency: UMN Institute for Advanced Study–Research & Creative Collaborative Funding
    Funding Period: Academic Year 2007-08 ($19,588)
    Role: Co-investigator (PIs/Collaborative Conveners: Alexander Rothman, Dept of Psychology, Simone French, Div of Epidemiology & Community Health)
    Description: A multidisciplinary research collaborative focusing on the design of innovative multilevel models that will facilitate the development of an evidence base, which can guide new approaches to improving people's dietary practices and, in turn, improve their health.

61. Grant Name: College Student Weight Gain: Identifying Opportunities for Cancer Prevention
    Funding Agency: NIH/NCI: **K07**-CA126837, Director's New Innovator Award
    Funding Period: 2008-13; no-cost extension to 6/30/14
    Role: Mentor/Sponsor (PI: Melissa Laska *nee Nelson*)
    Description: The purpose of this K07 award is to build a mentored research and training experience to foster independent professional development in obesity and cancer prevention, specifically focusing on the understudied area of excess weight gain among young adult college youth.

62. Grant Name: Diabetes Surgery Study **(DSS**)
    Funding Agency: Covidian (formerly AutoSuture, a Division of Tyco International)/GCRC Protocol 1214 (HSC: 702M03222)
    Funding Period: 9/1/07–8/31/12
    Role: Co-principal Investigator (Co-PIs: Sayeed Ikramuddin, John Connett, John Bantle; UMN Metabolic/Bariatric Surgery Department)
    Description: Global randomized study of best medical management versus the roux en y gastric bypass for the management of type 2 diabetes mellitus in patients with central obesity.

Grants and Contract Supports: *continued*

63. Grant Name: Evaluating Innovative Weight Gain Prevention Strategies for At-Risk College Students (**CHOICES**—Choosing Healthy Options in College Settings)
    Funding Agency: NIH/ NHLBI (U01 HL096767)
    Funding Period: 8/15/09–5/31/14 ($4,079,878 Total; $371,449 Direct)
    Role: PI 8/15/09-6/30/10 *[5% effort]* (Lytle PI Subcontract 8/15/09-6/30/10; PI as of 7/1/10)
    Description: An efficacy trial to develop and test innovative strategies to help prevent unhealthy weight gain in college students attending two-year community or technical colleges.

64. Grant Name: Healthy Homes/Healthy Kids: Pediatric Primary Care-Based Obesity Prevention (**HHHK**)
    Funding Agency: NIH / NIDDK (HealthPartners Prime 1R01DK084475)
    Funding Period: 9/1/07–8/31/14 (Total: $432,270; Direct: $286,273)
    Role: Principal Investigator Subcontract *[5% effort]* (Co-PIs Prime: N. Sherwood, HealthPartners; Rona Levy, University of Washington-Seattle)
    Description: A study to test the efficacy of brief pediatrician counseling with phone follow-up on rate of weight gain in children.

65. **Grant Name:** Administrative Supplement to **Look AHEAD**
    Funding Agency: NIH / NIDDK (U01 DK57182-11S1)
    Funding Period: 9/30/09-09/29/11 ($146,373; $96,936 direct); extended to 9/29/12
    Role: Principal Investigator
    Description: This administrative supplement to LookAHEAD aims to maximize retention in the trial, maintain weight losses in the lifestyle intervention, and increase outcome measures at the year 08 annual assessments.

66. Grant Name: Administrative Supplement to Minnesota Obesity Center (**MNOC Suppl**)
    Funding Agency: NIH / NIDDK (3P30 DK050456-14S1)
    Funding Period: 7/25/09—5/31/11 **($41,779 direct)**
    Role: Epidemiology & Intervention Core Director (PI: Allen S. Levine)
    Description: Supplemental funds to expand the successful, cost-effective equipment loan program through the purchase of digital scales, actigraphs, Ecological Momentary Assessment (EMA) devices, Nutrition Data System for Research software, and laptop computers.

67. Grant Name: Equipment Supplement to Minnesota Obesity Center (**MNOC Suppl**)
    Funding Agency: NIH / NIDDK (3P30 DK050456-14S2)
    Funding Period: 8/28/09–3/31/11 ($28,300 direct)
    Role: Epidemiology & Intervention Core Director (PI: Allen S. Levine)
    Description: Supplemental funds (partial) to purchase a displacement plethysmographer for the measurement of neonatal and early infancy body composition.

68. Grant Name: **Portion Size** Effects on Body Weight: Free Living Setting
    Funding Agency: NIH / NIDDK (DK081714)
    Funding Period: 03/25/10–3/24/14 ($2,978,755; $1,988,800 direct)
    Role: Co-investigator *[2% effort]* (PI: Simone French)
    Description: The study aims to examine the effects of large and small portion sizes on body weight over a six-month period among a free-living sample of adults.

Grants and Contract Supports: *Continued*

69. Grant Name: Minnesota Obesity Prevention Training (**MnOPT**)
Funding Agency: NIH/NIDDK—Ruth L. Kirschstein National Research Service Award, Institutional Research Training Grant (T32-DK083250)
Funding Period: 04/01/10–03/31/15 ($1,155,162 total; $1,045,756 direct)
Role: Program Director/PI *[10% cost share]* (Co-directors: Catherine Kotz, Charles J. Billington)
Description: To provide innovative interdisciplinary training for the next generation of biologic, behavioral, and clinical obesity prevention scientists (PhD predoctoral, postdoctoral, and medical fellows).

70. Grant Name: **Mobile** Obesity **Lab**oratory: A Mobile Body Composition and Energy Metabolism Laboratory
Funding Agency: Minnesota Partnership for Biotechnology & Medical Genomics; State of Minnesota (Award # 2009-2010 18 32Subd 5(e)) to Mayo Partnership (Primary Project # 00012745; U Minnesota/Mayo Clinic Gene Targeting Partnership # CON-27327)
Funding Period: 7/1/10–6/30/12 (UMN Subcontract $125,848; Mayo Portion $774,152); extended to 6/30/13.
Role: PI Subcontract UMN/OPC *[5% effort]* (PI Mayo-Lead Portion: James Levine; PI Prime: Tucker W. LeBien, Mayo Partnership)
Description: The Mobile Obesity Laboratory will enable the Mayo Clinic and University of Minnesota to complete outreach and outcomes-based research with respect to obesity prevention and treatment research. The laboratory also will be a unique mobile resource to permit large-scale phenotyping to occur.

71. Grant Name: Food, Attitudes, and Body Study (**FAB**)
Funding Agency: Jenny Craig (Ref Award#: 20073396)
Funding Period: 8/1/07–6/30/10 (Total: $640,194; Direct $508,092); extended to 6/30/11; extended again to 12/31/11.
Role: PI as of 7/1/10 *[1% effort]* (PI Prime to PI sub 6/30/10: Nancy Sherwood; Cheryl Rock, UCSD Sub)
Description: A randomized controlled trial testing whether participation in a multifaceted traditional intervention is associated with greater weight loss and maintenance in overweight women.

72. Grant Name: Community Translation of a Lifestyle Intervention to Prevent Heart Disease and Diabetes **(IN-DE-HEALTH**)
Funding Agency: NIH/NIDDK 1R18-DK083941
Funding Period: Yr-01: 9/1/10–5/31/11 (Direct: $15,567), cf to 7/31/11; Yr-02: 2/1/12-5/31/12; no cost extension to 5/31/13
Role: PI-Subcontract *[1% effort]* (PI Prime: Ronald Ackerman, Northwestern U (from Indiana U)
Description: Intervening Now in Diabetes to Encourage Healthy Eating, Activity, and Linkages To Healthcare (IN-DE HEALTH) is a randomized effectiveness trial to evaluate the health and economic effects of a community-based intensive lifestyle intervention for adult primary-care patients with elevated BMI and dysglycemia (either type 2 diabetes or pre-diabetes).

73. Grant Name: Minnesota Obesity Center (**MNOC** *Renewal-3)*
Funding Agency: NIH / NIDDK (2P30 DK50456)
Funding Period: 2011-2016 ($762,875 requested Direct—Epi Core)
Role: Epidemiology & Intervention Core Director *[10% effort]* (PI: Allen S. Levine)
Description: Renewal of a grant designed to facilitate interdisciplinary research on the prevention of obesity. The Epidemiology & Intervention Core makes high quality services for epidemiological and behavioral intervention studies available to Center participants.

Grants and Contract Supports: *Continued*

74. Grant Name: Statewide Census of Existing Programs, Initiatives and Policies that Target Diabetes Prevention and Care Delivery
    Funding Agency: MN Partnership for Biotechnology & Medical Genomics (Award#: ML2009, Ch 95, Art 1, Sec 5, Subd 5)
    Funding Period: 6/1/11-6/30/12 ($454,454); no-cost extension to 6/30/13.
    Role: Principal Investigator *[5% effort]* (Co-PI: Nilay Shah, Mayo; Primary PI: Tucker Lebien, UMN)
    Description: This Decade of Discovery–Diabetes (**DoDD**) project will identify all programs, initiatives, and policies currently operating or in the process of being developed that target diabetes prevention and care delivery in the state of Minnesota. It will provide a baseline for the State, allow for measuring improvements, and create the opportunity for conducting demonstration projects.

75. Grant Name: Randomized Clinical Trial of a Weight Loss Program in Type 2 Diabetes (**Take Charge**)
    Funding Agency: University of CA-San Diego (Jenny Craig)/Subcontract to HealthPartners Research Foundation/852852270-X1115600
    Funding Period: 2/1/12–1/31/14 ($294,619; $233,825 direct)
    Role: PI UMN Subcontract *[1% effort]* (PI HPRF Sub: Nancy Sherwood; PI Prime: Gail Zydlewski, UCSD)
    Description: A multicenter, randomized clinical research study to investigate whether participation in a commercial weight loss program promotes greater weight loss at one year in overweight individuals with type 2 diabetes compared to a usual care condition.

76. Grant Name: Weight **Tracking** and Behavioral Weight Loss Outcomes: Establishing the Standard of Care
    Funding Agency: NIH/NIDDK R01DK093586
    Funding Period: 4/1/12–3/31/17 (Total Award: $3,027,226; Direct: $2,004,787)
    Role: Co-investigator *[5% effort]* (PI: Jennifer Linde)
    Description: A randomized study to research the effects of weight tracking frequency on the weight loss process and outcomes, as well as to elucidate the effects of weight tracking frequency on mental health during weight loss.

77. Grant Name: **Food Policy Research Center**
    Funding Agency: USDA/NIFA (Natl Inst Food & Agricul) Policy Research Grant Program
    Funding Period: 2012–2017
    Role: Collaborator/OPC (PI: Will Hueston, College of Veterinary Medicine)
    Description: A single area emphasis center specializing in consumers, food, and nutrition policy.

78. Grant Name: The Glycemia Reduction Approaches for Diabetes: A Comparative Effectiveness Study (**GRADE**)
    Funding Agency: NIDDK: U01 DK098246 (NOT-DK-11-010): Clinical sites to collaborate in a clinical trial in type 2 diabetes.
    Funding Period: 1/1/13-7/31/17 **(**Direct: $2,249,806; Total Award: $269,136.00)
    Role: Co-investigator (PI Subcontract: E. Seaquist, UMN Dept of Medicine, Endocrinology & Diabetes; PI Prime: J. Lachin, George Washington Univ [S-GRD1213-KR28])
    Description: A multicenter randomized clinical trial to evaluate the relative long-term metabolic and clinical effects of four classes of drugs in combination with metformin for the treatment of type 2 diabetes.

79. Grant Name: Study of Health Outcomes of Weight Loss **(Look AHEAD**) *2-yr Renewal*
Funding Agency: NIH / NIDDK (U01-DK57182)
Funding Period: 08/01/13-07/31/15 (Total Award: $1,433,400; Direct: $943,026)
Role: Principal Investigator
Description: Limited competitive renewal of the UMN Look AHEAD field center, a multicenter, randomized, clinical trial designed to examine the effects of sustained weight loss on health outcomes in individuals with type 2 diabetes.

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3. Bandura A, **Jeffery** RW, Bachicha DL. Analysis of memory codes and cumulative rehearsal in observational learning. *J Res Personality* 7:295-305, 1974.
4. Bandura A, **Jeffery** RW, Wright CL. Efficacy of participant modeling as a function of response induction aids. *J Abnormal Psychol* 83*(*1):54-64, 1974.
5. Bandura A, **Jeffery** RW, Gajdos E. Generalizing change through participant modeling with self-directed mastery. *Behaviour Research and Therapy* 13: 141-152, 1975.
6. **Jeffery** RW. The influence of symbolic and motor rehearsal in observational learning. *J Res Personality* 10:116-127, 1976.
7. **Jeffery** RW, Woolpert S. Work furlough as an alternative to incarceration: An assessment of its effect on recidivism and social cost. *Journal of Criminal Law and Criminology* 65(3):405-415, 1974. (Reproduced in: Carter RM, Glasser D, Wilkins LT (eds.), Correctional Institutions. Philadelphia: Lippincott, 1977.)
8. Coates TJ, **Jeffery** RW, Wing RR. The relationship between persons' relative body weights and the quality and quantity of food stored in their homes. *Addict Behav* 3:179-184, 1978.
9. **Jeffery** RW, Coates T. Why aren't they losing weight? *Behavior Therapy* 9:856-860, 1978.
10. **Jeffery** RW, Thompson PD, Wing RR. Effects on weight reduction of strong monetary contracts for calorie restriction or weight loss. *Behaviour Research and Therapy* 16:363-369, 1978.
11. **Jeffery** RW, Vender M, Wing RR. Weight loss and behavior change one year after behavioral treatment of obesity. *J Consult and Clin Psychol* 46(2):368-369, 1978.
12. **Jeffery** RW, Wing RR, Stunkard AJ. Behavioral treatment of obesity: The state of the art 1976. *Behavior Therapy* 9:189-199, 1978.
13. Wing RR, Carrol C, **Jeffery** RW. Repeated observation of obese and normal subjects eating in the natural environment. *Addict Behav* 3:191-196, 1978.
14. Wing RR, **Jeffery** RW. Differential restaurant patronage of obese and nonobese people. *Addict Behav* 3:135-138, 1978.
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3. Ockene JK, **Jeffery** RW, Cutler J. The role of behavioral scientists in clinical drug trials for high- risk individuals. *Behavioral Medicine Update* (a publication of the Society of Behavioral Medicine) 4(2):21-24, 1982.
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5. Hypertension Prevention Trial Research Group (Writing Committee: Oberman A, Borhani NO, Cutler J, Detre K, **Jeffery** R, Langford H, Meinert CL, Prineas RJ). Hypertension Prevention Trial: First year dietary changes. In: Strasser T, Ganten D (eds), *Mild Hypertension from Drug Trials to Practice.* New York, NY: Raven Press, pp. 187-202, 1987.
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10. **Jeffery** RW: Reply to SD Phinney (Letters to the Editor). Am J Clin Nutr 56, 1992.
11. **Jeffery** RW, Shah M. Dietary fat and obesity. Prepared for the 1992 PHS Report on *Dietary Fat and Health*. Washington, DC: NIH, 1995.
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3. Wing RR, **Jeffery** RW: An attempt to predict weight loss in behavior therapy: The use of demographic variables. Presented at the annual convention of the Western Psychological Association (**WPA**), Los Angeles, 1976.
4. Yates BT, **Jeffery** RW: Toward an empirical answer to a clinical question: Change in which eating behaviors contributes most to the reduction of obesity. Presented at the annual convention of the Western Psychological Association (**WPA**), Los Angeles, 1976.
5. **Jeffery** RW, Thompson PD: *A self-managed program for increasing physical fitness.* Annual Convention of the American Psychological Association (**APA**), August 29, 1977.
6. Thompson PD, **Jeffery** RW, Wing RR, Wood PD: Decrease in plasma high-density lipoprotein cholesterol concentration with weight loss. *American Journal of Cardiology* 41:404, 1978 (abstract).
7. **Jeffery** RW: *Monetary contracts and frequency of contact in weight reduction with adolescents.* 86th annual convention of the American Psychological Association (**APA**), Toronto, Sept. 1978.
8. Coates TJ, Slinkard LA, **Jeffery** RW, Hovell M: *Influencing family heart health through programs at school.* Presented at the 87th annual convention of the American Psychological Association (**APA**), New York, Sept. 3, 1979.
9. **Jeffery** RW, Ewart CK: *A couples approach to health behavior problems*. 87th annual convention of the American Psychological Association (**APA**), New York, Sept. 3, 1979.
10. **Jeffery** RW, Danaher BG, Killen J, Kinnier R: *Mediated programs for health behavior change: Smoking cessation and weight reduction by mail.* 1st annual convention of the Society for Behavioral Medicine (**SBM**), San Francisco, CA, December 16, 1979.
11. Danaher BG, **Jeffery** RW, Zimmerman R, Nelson E: *Media assisted smoking cessation: Toward cost effective programs for active health professionals.* Association for Advancement of Behavior Therapy (**AABT**) convention, San Francisco, CA, Dec. 14, 1979.
12. Epstein L, Martin J, **Jeffery** RW, Crowe R: *Behavioral techniques in planning an exercise program.* Workshop for Association for Advancement of Behavior Therapy (**AABT**) convention, San Francisco, CA, December 14, 1979.
13. Gillum RF, **Jeffery** RW, Gerber WM, Elmer PJ, Prineas RJ: *Primary prevention of hypertension through weight loss and sodium restriction.* Annual convention of the Society of Behavioral Medicine (**SBM**), New York, November 24, 1980.
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17. **Jeffery** RW, Gerber WM, Rosenthal B, Lindquist R: *Monetary contracts for weight loss: The effects of contract size and group versus individual contingencies.* Association for the Advancement of Behavior Therapy (**AABT**) convention, 1981.
18. Elmer PJ, Gillum RF, **Jeffery** RW, Jacobs D: *Nutrition education in a blood pressure control program.* Society for Nutrition Education Annual Meeting, 1981.
19. Luepker RV, Brown JW, Sobel JL, **Jeffery** RW, Pechacek TF, Hall N, Jacobs DR: *Mass media campaign for cardiovascular disease prevention.* 109th annual meeting of the American Public Health Association (**APHA**), 1981.
20. Grimm RH, Arkin RM, Pechacek TF, **Jeffery** RW, Elmer PE, Luepker RV: *Heart Healthy Lifestyles: A community-based program for cardiovascular risk reduction.* 109th annual meeting of the American Public Health Association (**APHA**), 1981.
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24. **Jeffery** RW, Wing RR: Recidivism and self-cure of smoking and obesity: Data from population studies (Letter to the Editor). American Psychologist 38(7):852, 1983.
25. Vermilyea CJ, Shipley RH, Woolfolk R, Blair SN, **Jeffery** RW, Orleans CT: Behavioral medicine in industry: Results of a comprehensive health promotion program. Presented at the Society of Behavioral Medicine (**SBM**) Symposium, Baltimore, MD, March 3, 1983.
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31. Bjornson-Benson WM, **Jeffery** RW: Motivation and weight loss: The effects of monetary contracts. Presented at the **National Wellness Conference**, July 1985.
32. Forster JL, **Jeffery** RW, Sullivan SE, Snell MK: A program for worksite weight control using payroll-based incentives. 113th annual meeting, American Public Health Association (**APHA**), Washington, DC, November 17-21, 1985.
33. Lindquist RA, Wertheimer AI, **Jeffery** RW, Haus E, Johnson CA: Control and catecholamines in coronary care. 58th scientific session,American Heart Association (**AHA**), Washington, DC, November 11-14, 1985.
34. Forster JL, **Jeffery** RW, Pirie PL: Acceptability of dietary changes to prevent hypertension. Poster session, annual meeting of the Society for Behavioral Medicine (**SBM**), March 1986.
35. Kramer FM, **Jeffery** RW: Patterns of weight change following treatment for obesity. Poster session at the annual meeting of the Society for Behavioral Medicine (**SBM**), Mar. 1986.
36. **Jeffery** RW: Obesity as a public health problem. Presented at the 114th annual meeting of the American Public Health Association (**APHA**), Las Vegas, NV, September 30, 1986.
37. Pirie P, Forster J, **Jeffery** R: Telephone survey as an adjunct to evaluating clinical trials: The Hypertension Prevention Trial (HPT). 8th annual meeting, Society for Clinical Trials (**SCT**), Atlanta, GA, May 17-20, 1987.
38. Schmid TL, **Jeffery** RW, Forster JL: Pound of Prevention: Primary prevention of weight gain in adults. Presented at the 115th annual meeting of the American Public Health Association (**APHA**), New Orleans, LA, October 18-22, 1987.
39. Jacobs DR, **Jeffery** RW, Forster JL, Perry CL: Methodological issues in worksite health intervention research: Generalizability, evaluation framework, and unit of analysis. **NHLBI** conference, "Methodological Issues in Worksite Research," Airlie House, VA, Apr 10-12, 1988.
40. Schmid T, **Jeffery** RW, Forster JL, Rooney B, McBride C, Pirie P: Public support for policies regulating alcohol, tobacco and food: A multi-city comparison and proposal for behaviorally-based

policy interventions. Presented at the 9th annual scientific session of the Society for Behavioral Medicine (**SBM**), Boston, MA, April 27, 1988.

41. **Jeffery** RW: *Minnesota Heart Health Program: Intervention in the worksite.* Canadian Heart Foundation Symposium: Heart Health Education in Action, Quebec, Canada, Oct. 25-26, 1988.
42. Hypertension Prevention Trial Research Group (Writing Committee: Oberman A, Borhani NO, Cutler J, Detre K, **Jeffery** RW, Langford H, Meinert CL, Prineas RJ): Hypertension Prevention Trial - Three year results. Presented at the 61st annual scientific session of the American Heart Association (**AHA**), November 14-17, 1988.
43. **Jeffery** RW: *Public support for policies regulating the fat in food.* 116th annual meeting of the American Public Health Association (**APHA**), Boston, MA, Nov 14, 1988.
44. **Jeffery** RW: *Obesity, weight reduction and high blood pressure.* Canadian Consensus Conference of Non-Pharmacological Approaches to the Management of High Blood Pressure, Newfoundland, Canada, March 21-23, 1989.
45. Forster JL, **Jeffery** RW: *Recruitment of worksites in the Healthy Worker Project.* 10th annual scientific session, Society of Behavioral Medicine (**SBM**), San Francisco, CA, Mar 29-Apr 1, 1989.

33. Forster JL, **Jeffery** RW, Hillmer TG: *Access of teenagers to tobacco: Enforcement of the Minnesota age of sale law.* 10th annual scientific session of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, March 29-April 1, 1989.
34. French S, **Jeffery** RW: *Adherence to therapeutic diets: Attributional patterns in a nonclinical sample.* MidWestern Psychological Association Conference, May 1989.
35. Shah M, **Jeffery** RW, Hannan PJ: *Secular trends in body mass index in the mid-western adult population: The Minnesota Heart Health Program*. North American Association for the Study of Obesity (**NAASO**) 6th annual meeting, Bethesda, MD, September, 1989.
36. Spry VM, Forster J, **Jeffery** RW: *Recruiting employees to participate in weight loss and smoking cessation programs: The Healthy Worker Project.* 117th annual meeting of the American Public Health Association (**APHA**), Chicago, IL, October 22-26, 1989.
37. French SA, **Jeffery** RW, Pirie PL: *Smoking cessation, weight concerns and dietary self-control.* 11th annual meeting of the Society of Behavioral Medicine (**SBM**), Chicago, IL, Apr 17-21, 1990
38. VanNatta M, Tonascia J, **Jeffery** RW: *Interpreting the effects of mediating variables on blood pressure in the HPT.* 11th annual meeting of the Society for Clinical Trials, Westin Barbour Castle, Toronto, Canada, May 6-9, 1990.

33. **Jeffery** RW: *Is obesity a risk factor for cardiovascular disease?* Annual Convention of the American Psychological Association (**APA**), August 1990.
34. **Jeffery** RW: *Population perspectives on the prevention and treatment of obesity in minority populations.* **NIH** Workshops on Obesity and Cardiovascular Disease in Minority Populations, August 28-29, 1990.
35. Kelder SH, Forster J, McGovern P, **Jeffery** R: *Relationship between worksite characteristics and the prevalence of cigarette smoking and quitting in the Healthy Worker Project.* Poster session, 12th annual meeting, Society of Behav Med (**SBM**), Washington, DC, Mar 1991.
36. Kelder SH, Jacobs DR, McGovern P, **Jeffery** R, Forster J: *Homogeneity within sample clusters: Design effects in a worksite population*. Society of Behavioral Medicine (**SBM**) 12th Annual Meeting, Washington, DC, March 1991.
37. McBane L, Buzzard IM, **Jeffery** RW, Pickering B: *A protocol for conducting site visits for multi-centered intervention studies.* Nutrition and Cancer Conference, Atlanta, GA, April 17-19, 1991.
38. **Jeffery** RW: *Progress and perspectives for reducing obesity in whole communities.* Invited symposium presentation, American Psychological Association (**APA**) annual conference, San Francisco, CA, August 16, 1991.
39. **Jeffery** RW: *Biobehavioral influences on diet, obesity and weight control strategies in women.* **NHLBI** Conference on Women, Behavior and Cardiovascular Disease, September 26, 1991.
40. French SA, **Jeffery** RW, Forster JL, Kelder SH, Baxter J: Healthy Worker Project: Predictors of weight change over a two year period among a population of working adults. American Heart Association (**AHA**) 32nd annual conference on Cardiovascular Disease Epidemiology, Memphis, TN, March 18-21, 1992.
41. French SA, **Jeffery** RW, Forster JL, Kelder SH, Baxter JE: *Healthy Worker Project: Predictors of weight loss over a two year period among a population of working adults.* 13th annual meeting of the Society of Behavioral Medicine (**SBM**), New York, Mar 25-28, 1992.

42. **Jeffery** RW, Forster JL, French SA, Kelder SH, Lando HA, McGovern PG, Jacobs Jr DR, Baxter JE: *Healthy Worker Project: Results of a two-year randomized trial of worksite intervention for weight control and smoking cessation. 1*3th annual meeting of the Society of Behavioral Medicine (**SBM**), New York, March 25-28, 1992.
43. Qamhieh HT, Folsom AR, Wing RR, **Jeffery** RW, Wu KK, Kuller LH: *Association of plasma hemostatic factors with weight and weight loss. American Heart Association (**AHA**)* 32nd annual conference on Cardiovascular Disease Epidemiology, Memphis, TN, March 18-21, 1992.
44. Wing RR, **Jeffery** RW: *Strengthening behavioral interventions for weight loss: The use of food provision and/or direct monetary incentives.* Society of Behavioral Medicine (**SBM**) 13th annual meeting, New York, March 25-28, 1992.
45. Luepker R, Jacobs D, Murray D, Pirie P, **Jeffery** R, Perry C, Sprafka M, Finnegan J, Bracht N, Lando H, Folsom A, Mittelmark M, Pechacek T, Mullis R, Blackburn H: *Risk factor results from the Minnesota Heart Health Program (MHHP).* Society for Epidemiologic Research (**SER**) annual meeting, Minneapolis, MN, June 10-12, 1992.
46. French SA, **Jeffery** RW, Forster JL, Kelder SH, Baxter JE: *Healthy Worker Project: Predictors of weight loss over a two year period among a population of working adults.* 2nd International Congress of Behavioral Medicine, Hamburg, Germany, July 15-18, 1992.
47. **Jeffery** RW, Forster JL, French SA, Kelder SH, Lando HA, McGovern PG, Jacobs Jr DR, Baxter JE: *Healthy Worker Project: Results of a two-year randomized trial of worksite intervention for weight control and smoking cessation.* 2nd International Congress of Behavioral Medicine, Hamburg, Germany, July 15-18, 1992.
48. French SA, **Jeffery** RW, Oliphant J: Facility access and self-reward to promote physical activity among sedentary adults. 14th annual scientific session, Society of Behavioral Medicine (**SBM**), San Francisco, CA, March 10-13, 1993.
49. Harris JK, French SA, **Jeffery** RW, Wing RR: Behavioral predictors of long-term weight loss. Society of Behavioral Medicine (**SBM**) 14th annual scientific session, San Francisco, CA, March 10-13, 1993.
50. Harris JK, French SA, **Jeffery** RW: Specific dietary and exercise behaviors associated with long-term weight loss. 33rd Annual Conference on Cardiovascular Disease Epidemiology, **NHLBI** Cardiovascular Epidemiology/Biostatistics and Behavioral Medicine Trainee Session, Santa Fe, NM, March 17, 1993.
51. Luepker RV, Murray DM, Jacobs DR, Pirie PL, **Jeffery** RW, Perry CL, Sprafka JM, Finnegan JR, Bracht NF, Lando HA, Folsom AR, Mittelmark MB, Pechacek TF, Mullis RM, Blackburn H: *Results from the Minnesota Heart Health Program*, 3rd International Conference on Preventive Cardiology, Oslo, Norway, June 27-July 1, 1993.
52. **Jeffery** RW: Medical versus public health treatment models. Invited speaker to the 1993 Annual Meeting of the North American Association for the Study of Obesity **(NAASO**), Milwaukee, WI, October 17-20, 1993.
53. French SA, Klesges LM, **Jeffery** RW, Forster JL: Weight concerns and change in smoking over two years in a cohort of working adults. Society of Behavioral Medicine (**SBM**) 15th annual meeting, Boston, MA, April 1994.
55. Hellerstedt WL, **Jeffery** RW, Wing RR: The effects of monetary incentives on exercise adherence in the obese. Presented at the 15th annual meeting of the Society of Behavioral Medicine (**SBM**), Boston, MA, April 1994.
56. Hellerstedt WL, **Jeffery** RW: The association of job strain and health behaviors. Presented at the 15th annual meeting of the Society of Behavioral Medicine (**SBM**), Boston, MA, April 1994.
57. Jakicic JM, Wing RR, Butler BA, **Jeffery** RW: Association between physical activity and home exercise equipment. Presented at the 15th annual meeting of the Society of Behavioral Medicine (**SBM**), Boston, MA, April 1994.
58. **Jeffery** RW, Hellerstedt WL, French SA: Low fat diet instruction and weight loss. Society of Behavioral Medicine (**SBM**) 15th Annual Meeting, Boston, MA, April 1994.
59. Pronk NP, Wing RR, **Jeffery** RW: Effects of increasing stimulus control for exercise through use of a personal trainer. Presented at the 15th annual meeting of the Society of Behavioral Medicine (**SBM**), Boston, MA, April 1994.
60. Wing RR, Burton LR, Mullen M, **Jeffery** RW, Thorson C, Raether C: Provision of structured meal plans improves weight loss in oveRWeight females. Prepared for the 15th annual meeting of the Society of Behavioral Medicine (**SBM**), Boston, MA, April 1994.

61. Jakicic JM, Wing RR, Butler BA, **Jeffery** RW: Influence of education, employment, and familial status on physical activity across gender. American College of Sports Medicine (**ACSM**), 1994.
62. Pronk NP, Wing RR, **Jeffery** RW: Early exercise attendance predicts subsequent exercise participation and weight loss. American College of Sports Medicine (**ACSM**), 1994.
63. Buzzard IM, **Jeffery** R, McBane L, McGovern P, Baxter J: Estimating compliance bias and other sources of error in assessing dietary intake in a low fat diet intervention study. 2nd International Conference on Dietary Assessment Methods, Harvard School of Public Health, Boston, MA, 1994
64. **Jeffery** RW: Weight cycling. Invited speaker at the American Health Foundation **(AHF**) Roundtable Conference on Healthy Weight, New York, September 20, 1994.
65. **Jeffery** RW: Weight cycling. Invited lecturer at the continuing medical education course, "Treatment of Obesity and Eating Disorders: Matching Diagnosis & Risk Factors in Patients Management," cosponsored by **Harvard Medical School and Tufts University** School of Medicine, Cambridge, MA, November 10-12, 1994.
66. Adlis SA, **Jeffery** W: Spousal concordance on body mass index and relationship to food intake, exercise intensity and participation in a weight loss program. 16th annual meeting of the Society of Behavioral Medicine (**SBM**), San Diego, CA, March 1995.
67. Butler BA, Wing RR, **Jeffery** RW: Determinants of food intake: Preference and stimulus control. 16th annual meeting of the Society of Behavioral Medicine (**SBM**), San Diego, CA, March 1995.
68. French SA, **Jeffery** RW, Folsom AR, Williamson DF, Byers T: Weight variability, intentionality of weight loss, and chronic disease history in 29,015 older women. 16th annual meeting of the Society of Behavioral Medicine (**SBM**), San Diego, CA, March 1995.
69. Hellerstedt WL, **Jeffery** RW: The effects of a telephone-based intervention on weight loss. 16th annual meeting of the Society of Behavioral Medicine (**SBM**), San Diego, CA, March 1995.
70. Hellerstedt WL, **Jeffery** RW, Wing RR: The effect of telephone contact on weight loss maintenance. Poster session, 16th annual meeting of the Society of Behavioral Medicine (**SBM**), San Diego, CA, March 1995.
71. Hennrikus DJ, **Jeffery** RW, Lando HA: A longitudinal examination of occasional smokers in the workplace. Presented at the 16th annual meeting of the Society of Behavioral Medicine (**SBM**), San Diego, CA, March 1995.
72. **Jeffery** RW (Chair), Pamuk ER, Lowe MR, French SA (Discussant): The health consequences of dieting. Seminar/symposia presented at the 16th annual meeting of the Society of Behavioral Medicine (**SBM**), San Diego, CA, March 1995.
73. Kiernan M (Chair), Schlundt DG, Epstein LH, **Jeffery** RW (Discussant): Innovative methods and their application to eating, activity, and weight regulation. Symposium discussant at the Society of Behavioral Medicine (**SBM**) meeting in San Diego, CA, March 1995.
74. **Jeffery** RW: *Community approaches to weight control.* Invited speaker: Seminar for the National Center for Epidemiology and Public Health (**NCEPH**), Canberra, Australia, Oct. 6, 1995.
75. Jeffery RW, French SA. Preventing Weight Gain in Adults: Design, Methods, and One-Year Results from the Pound of Prevention Study. Division of Epidemiology Seminar, University of Minnesota, 1996
76. Pankow JS, Folsom AR, Shahar E, Tsai MY, Wing RR, **Jeffery** RW: Factor VII genotype and 6-month changes in plasma triglycerides with weight loss. Submitted to the 36th annual conference on **Cardiovascular Disease Epidemiology and Prevention**, March 13-16, 1996.
77. Schmitz MKH, French S, **Jeffery** R: Gender differences: Correlates of physical activity. American College of Sports Medicine (**ACSM**) annual meeting, Cincinnati, OH, June 1996.
78. French SA, **Jeffery** RW: Socioeconomic status and weight control practices in 20-45 year old women. Poster presentation at the (**SBM**) Women's Health Conference, Washington DC, September 19-21, 1996.
79. **Jeffery** RW, French SA: Preventing weight gain in adults: Design, methods and first year results of the Pound of Prevention Trial. Poster session at the **APA** Women's Health Conference, Washington DC, September 19-21, 1996.
80. **Jeffery** RW: Effects of personal trainers and incentives on exercise adherence in a behavioral weight loss program. Poster presentation for the 18th annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, April 16-19, 1997.
81. **Jeffery** RW, French SA: Do TV viewing and fast foods contribute to obesity in the U.S.? Poster presentation for the 18th annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, April 16-19, 1997.

82. **Jeffery** RW: Community interventions for health promotion and disease prevention: Progress, challenges and future directions. Master lecture presented at the 18th annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, April 16-19, 1997.
83. Wing RR, **Jeffery** RW: Experimental manipulations of social support and their effort on weight loss maintenance. Dr. Jeffery presenter: 18th annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, April 16-19, 1997.
84. Falkner NH, French SA, **Jeffery** RW: Perceptions of mistreatment due to weight among participants in a weight gain prevention program. Poster presentation: 18th annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, April 16-19, 1997.
85. Falkner NH, French SA, **Jeffery** RW, Jones-Webb R: Social support and diet and exercise behaviors in a weight gain prevention program. Poster presentation: 18th annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, April 16-19, 1997.
86. French SA, **Jeffery** RW, Story M, Hannan P, Stat M, Snyder MP. Pricing strategy to promote low-fat snack choices through vending machines. Poster presentation for the 18th annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, April 16-19, 1997.
87. French SA, Story M, **Jeffery** RW, Snyder MP, Eisenberg M, Sidebottom A, Murray D. Pricing strategy to promote fruit and vegetable purchase in high school cafeterias. Poster, 18th annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, April 16-19, 1997.
88. French SA, Folsom AR, **Jeffery** RW. Weight loss and mortality: Does intentionality of weight loss matter? The Iowa Women's Health Study. Poster presentation, 18th annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, April 16-19, 1997.
89. Schmitz MKH, Taylor TJ, Myers MJ, Walker AJ, **Jeffery** R: Comparison of net oxygen cost of household chores in lean and obese women. American College of Sports Medicine (**ACSM**) annual meeting, Denver, CO, June 1997. *(*Med Sci Sports Exerc *29(5):S46, 1997.)*
90. Taylor TJ, Schmitz MKH, Walker AJ, **Jeffery R**: Variability of resting and sitting metabolic rate in lean and obese women. Presented at the American College of Sports Medicine (**ACSM**) annual meeting, Denver, CO, June 1997. *(*Med Sci Sports Exerc *29(5):S47, 1997.)*
91. Raymond NC, Neumeyer BE, Gibson B, Thuras P, **Jeffery R**, Eckert E. Energy intake patterns in binge-eating disorder subjects. 8th International Conference on Eating Disorders, 1997.
92. **Jeffery** RW, Wing RR: *Should obese patients be encouraged to set more achievable weight loss goals and/or lose only modest amounts of weight?* 1997 Annual Congress of the North American Association for the Study of Obesity (**NAASO**), Cancun, Mexico, Nov. 9-13, 1997.
93. Sherwood NE, **Jeffery** RW, Wing RR: *Binge status as a predictor of weight loss treatment outcome.* 1997 annual congress of the North American Association for the Study of Obesity (**NAASO**), Cancun, Mexico, November 9-13, 1997.
94. Sherwood NE, **Jeffery** RW, French SA, Hannan PJ: *Predictors of weight gain in the Pound of Prevention study.* 1997 annual congress of the North American Association for the Study of Obesity (**NAASO**), Cancun, Mexico, November 9-13, 1997.
95. Hennrikus DJ, **Jeffery** RW, French S. Results of participation in commercial weight loss programs. Poster presented at the 19th annual meeting of the Society of Behavioral Medicine (**SBM**), New Orleans, LA, March 1998.
96. Sherwood NE, Hellerstedt W, **Jeffery** RW. Weight and dieting history as predictors of weight loss treatment outcome. Poster presented at the 19th annual meeting of the Society of Behavioral Medicine (**SBM**), New Orleans, LA, March 1998.
97. Martino SC, Rothman AJ, **Jeffery R.** Predicting preferences for certain or uncertain outcomes: The importance of knowing how participants construe their options. Paper presented at the 1998 annual meeting of the Midwestern Psychological Association.
98. **Jeffery** RW. Are we all doomed to gain weight as we age? Three-year results of the Pound of PreventionTrial. Division of **Epidemiology Seminar**, University of Minnesota, February 6, 1998.
99. Falkner NH, Folsom AR, **Jeffery** RW, Schreiner PJ, Arnett DK. Association between birthweight and adult cardiovascular disease risk factors: The CARDIA study. Poster presentation: American Heart Association (**AHA**) 38th annual conference on Cardiovascular Disease Epidemiology and Prevention, Santa Fe, NM, March 18-21, 1998.
100. Martinson B, **Jeffery** R. Physical activity and diet as predictors of short- and long-term weight loss. Presented at the **NHLBI** Cardiovascular Epidemiology/Biostatistics & Behavioral Medicine Training Session, Santa Fe, NM, March 18, 1998.

101. **Jeffery** RW. Weight Gain Prevention Program (POP). Invited speaker at the **NIDDK** National Task Force on Prevention and Treatment of Obesity, Bethesda, MD, May 29, 1998.
102. Raymond NC, Neumeyer BE, Eckert ED, **Jeffery** R. Energy intake patterns in binge-eating disorder subjects. Joint meeting of **ICPFFI XII-SSIB, Pecs University Medical School**, Pecs, Hungary, July 5-8, 1998.
103. Boutelle KN, French SA, **Jeffery** RW. Are weight-concerned women more likely to adopt or maintain vigorous physical activity? Prospective associations in a community-based sample of women. Poster presentation: Society of Behavioral Medicine (**SBM**) 20th Annual Scientific Sessions, San Diego, CA, March 3-6, 1999.
104. Boutelle KN, **Jeffery** RW, Schmitz KH. The use of music and artwork to promote daily physical activity. Paper presented at the Society of Behavioral Medicine's (**SBM**) 20th Annual Scientific Sessions, San Diego, CA, March 3-6, 1999.
105. Falkner NH, French SA, **Jeffery** RW. Perceived weight discrimination, self-esteem and depression. Poster session, Society of Behavioral Medicine (**SBM**) 20th Annual Scientific Sessions, San Diego, CA, March 3-6, 1999.
106. French SA, **Jeffery** RW, Murray D. Duration and use of specific weight control strategies is associated with weight control in a community-based sample of 1120 US adults over four years. Poster presented at the Society of Behavioral Medicine (**SBM**) 20th Annual Scientific Sessions, San Diego, CA, March 3-6, 1999.
107. French SA, **Jeffery** RW, Sherwood N, Neumark-Sztainer, D. Binge eating is related to overweight status, weight/shape concerns, depression and dieting practices in a community-based sample of women participating in a weight gain prevention trial. Presented: Society of Behavioral Medicine (**SBM**) 20th Annual Scientific Sessions, San Diego, CA, March 3-6, 1999.
108. French SA, Story M, Hannan P, Breitlow KK, **Jeffery** RW, Baxter JS, Snyder MP. Cognitive and demographic correlates of low fat vending snack choices among adolescents and adults. Poster presentation: Society of Behavioral Medicine (**SBM**) 20th Annual Scientific Session, San Diego, CA, March 3-6, 1999.
109. **Jeffery** RW, French SA. Prevention of weight gain in adults: The Pound of Prevention study. Poster presented at the Society of Behavioral Medicine (**SBM**) 20th Annual Scientific Sessions, San Diego, CA, March 3-6, 1999.
110. Sherwood NE, Hennrikus DJ, **Jeffery** RW, Lando HA, Murray DM. Smokers with multiple behavioral risk factors: How are they different? Society of Behavioral Medicine's (**SBM**) 20th Annual Scientific Sessions, San Diego, CA, March 3-6, 1999.
111. **Jeffery** RW, Rothman AJ, French SA, Sherwood N. Stage of change in weight control. Paper presentation: Nancy Sherwood at the Society of Behavioral Medicine's (**SBM**) 20th Annual Scientific Sessions, San Diego, CA, March 3-6, 1999.
112. Schmitz KH, Myers MJ, Leon AS, Jacobs DR, Walker AJ, Serfass RS, **Jeffery** RW (sponsor: Leon AS). Body size, activity pace, and energy expenditure in lean and obese women. Poster presentation: American College Sports Medicine (**ACSM**) Annual Mtg, Seattle, WA, June 1999.
113. French SA, **Jeffery** RW, Story M, Breitlow KK, Baxter JS, Hannan P, Snyder MP. CHIPS: The role of pricing and promotion on sales of lowfat vending snacks in worksites and high schools. American Public Health Association (**APHA**) Annual Meeting, Chicago, IL, November 1999.
114. Kelly KM, Rothman AJ, **Jeffery** RW, Sherwood N, Vessey J. Assessing weight losers' experiences with weight control efforts: Implications for successful self-regulation. Poster: Society for Personality and Social Psychology (**SPSP**), Nashville, TN, Feb. 3-5, 2000.
115. French SA, **Jeffery** RW, Story M, Breitlow KK, Baxter JS, Hannan P, Snyder MP. CHIPS: The role of pricing and promotion on sales of lowfat vending snacks in worksites and high schools. The Society of Behavioral Medicine (**SBM**) Annual Meeting, Nashville, TN, April 5-8, 2000.
116. Hennrikus D, **Jeffery** RW, Lando HA. Increasing participation in worksite smoking cessation programs. Poster session: Society of Behavioral Medicine's (**SBM**) 21st annual scientific sessions, Nashville, TN, April 5-8, 2000.
117. **Jeffery** RW. Public health strategies for obesity treatment and prevention. Invited speaker at the American Academy of Health Behavior (**AAHB**), Santa Fe, NM, September 24-26, 2000.
118. **Jeffery** RW, Schmitz MKH. Public health strategies for obesity treatment and prevention. Division of **Epidemiology Seminar**, October 18, 2000.

119. **Jeffery** RW, Hennrikus DJ, Lando HA, Murray DM. Increasing participation in worksite smoking cessation programs: The SUCCESS Project. 6th International Congress of Behavioral Medicine **(ICBM)**, Brisbane, Australia, November 15-18, 2000.
120. **Jeffery** RW. *Public health strategies for obesity treatment and prevention*. Invited speaker: Deacon University, Burwood, Victoria, Australia, Nov. 29-30, 2000.
121. **Jeffery** RW, Wing RR. *The effects of an enhanced exercise program on long-term weight loss.* **NAASO** Annual Meeting, Quebec City, Canada, Oct 7-10, 2001.
122. **Jeffery** RW, McGuire MM, Pronk NP, Boyle RG. *Behavioral and attitudinal correlates of BMI among overweight members of a managed care organization*. **NAASO** Annual Meeting, Quebec City, Canada, Oct. 7-10, 2001. *(WTB)*
123. Pronk NP, McGuire MM, **Jeffery** RW, Boyle RG. *BMI, medical disorders, medication use, and self-perceived health status among overweight members of a managed care organization.* Poster presentation: **NAASO** Annual Meeting, Quebec City, Canada, Oct. 7-10, 2001. *(WTB)*
124. **Jeffery** RW, Kelly KM, Rothman AJ, Sherwood, NE. Cognitively and affective reaction to the experience of weight loss. Poster presentation: American Psychosomatic Society's (**APS**) 59th annual scientific meetings in Monterey, CA, March 6-10, 2001.
125. **Jeffery** RW, McGuire MT, French SA. Prevalence and correlates of large weight gains and losses in the Pound of Prevention study. Society of Behavioral Medicine's (**SMB**) 22nd annual meeting, Seattle, WA, March 21-24, 2001.
126. **Jeffery** RW, Wing RR. Structured meals for weight management. Invited speaker at the Food Patterns in Weight Management and Health symposium sponsored by an unrestricted grant from the **Slim•Fast** Foods Nutrition Institute, Dallas, TX, April 27, 2001.
127. **Jeffery** RW. Community intervention trials for obesity. Invited speaker at the **Johns Hopkins** Center for Clinical Trials, Bloomberg School of Public Health, Baltimore, MD, Nov 7, 2001.
128. **Jeffery** RW, Utter J. The changing environment and population obesity. TOPS award recipient presentation at **NAASO**'s National Nutrition Week, San Diego, CA, Feb 23-24, 2002.
129. **Jeffery** RW, Levy RL, Boyle RG, Pronk NP. *Weight control self-efficacy and depression in overweight men and women.* Poster presentation at the American Psychosomatic Society's (**APS**) annual meeting in Barcelona, Spain, March 13-22, 2002. *(WTB)*
130. **Jeffery** RW. Weight control self-efficacy and depression in overweight men and women. Society of Behavioral Medicine (**SBM**) 22nd annual meeting, Washington, DC, April 3-6, 2002. *(WTB)*
131. **Jeffery** RW, Rick AM. Obesity and Marriage: Cross-sectional and longitudinal associations between marriage, BMI and weight related behaviors. Excellent abstract itation recipient; Society of Behavioral Medicine (**SBM**) 22nd annual meeting, Washington, DC, April 3-6, 2002.
132. Hertel AW, Finch E, Kelly KM, King C, **Jeffery** RW, Rothman AJ. Expectation effect on initial cessation efforts: A theory-based intervention. Poster presentation: 110th Annual Convention, American Psychological Association (**APA**), Chicago, IL, Aug 22-25, 2002. *(Challenge)*
133. Worth K, Sullivan H, Hertel A, Nordgren L, **Jeffery** RW, Rothman AJ. Avoidance goals can be beneficial: A look at smoking cessation. Poster presentation at the 110th annual convention of the American Psychological Association (**APA**), Chicago, IL, August 22-25, 2002. *(Challenge)*
134. **Jeffery** RW**.** *Community interventions for reducing population obesity*. Invitation presenter: 1st Taipei International Symposium on Obesity Prevention and Management" sponsored by the Tri-Service General Hospital, National Defense Medical Center as part of a city-wide weight reduction program entitled "Reduction in Body Weight of 100 Tons for Taipei City," Taipei, Taiwan, Nov14, 2002.
135. Pronk NP, Sherwood NE, **Jeffery** RW, Brelje K, Hase K, & Boyle RG. Home-based diet and activity resources predict physical activity level among overweight and obese. American College of Sports Medicine (**ACSM**) annual conference, St. Louis, MO, 2002.
136. Linde JA, **Jeffery** RW, Finch EA, Ng DM, Rothman AJ. Weight loss goals, attendance at treatment sessions, and short-term weight outcome in obese women enrolled in a weight loss trial. Poster session, Society of Behavioral Medicine's (**SBM**) 24th Annual Meeting, Salt Lake City, UT, March 19-22, 2003. *(Challenge)*
137. **Jeffery** RW, Sherwood NE, Brelje K, Pronk NP, Boyle R, Boucher JL, Hase K. *Mail and phone interventions for weight loss in a managed care setting: Weigh-To-Be one-year outcomes.* Second Conference of the International Society for Behavioral Nutrition and Physical Activity (**ISBNPA**), Quebec City, Canada, July 17-20, 2003. *(WTB)*

138. **Jeffery** RW. Treatment and prevention of obesity. Invited talk, Kansas University Medical Center (**KUMC**), Kansas City, MO, October 29-31, 2003.
139. Linde JA, **Jeffery** RW, Levy RL, Pronk NP, Boyle RG. Associations between weight loss goals, psychosocial factors, and treatment outcomes among overweight men and women enrolled in a weight loss trial. Poster session, North American Association for the Study of Obesity (**NAASO**) annual meeting, Ft. Lauderdale, FL, Oct11-15, 2003. *(WTB)*
140. Finch EA, Linde JA, **Jeffery** RW, Rothman AJ. The effect of outcome expectations and satisfaction on weight loss and maintenance. Poster presentation, North American Association for the Study of Obesity (**NAASO**) annual meeting, Ft. Lauderdale, FL, Oct 11-15,2003. *(Challenge)*
141. Raynor HA, **Jeffery** RW, Tate DF, Wing RR. The relationship between changes in food group variety, dietary intake, and weight during obesity treatment. Poster session, North American Association for the Study of Obesity (**NAASO**) annual meeting, Ft. Lauderdale, FL, Oct 11-15, 2003.
142. Gorin A, Phelan S, Tate D, Sherwood N, **Jeffery** RW, Wing R. Involving support partners in obesity treatment. Poster presentation, North American Association for the Study of Obesity (**NAASO**) annual meeting, Ft. Lauderdale, FL, October 11-15, 2003
143. Sherwood NE, Pronk NP, **Jeffery** RW, Boucher JL, Hanson A, Boyle R, Brelje K, Hase K. Mail and phone interventions for weight loss in a managed-care setting: Weigh-To-Be two-year outcomes. Society of Behavioral Medicine's (**SBM**) 25th Anniversary Annual Meeting and Scientific Sessions, Baltimore, MD, March 24-27, 2004. *(WTB)*
144. Levy RL, **Jeffery** RW, Linde J, White CR, Garner M, Feld KA, Whitehead WE. Association between body mass index and gastrointestinal symptoms among obese participants in a weight loss program. Poster presentation: Society of Behavioral Medicine's (**SBM**) 25th Anniversary Annual Meeting and Scientific Sessions, Baltimore, MD, March 24-27, 2004.
145. Levy RL, **Jeffery** RW, Linde JA, White CR, Garner M, Feld KA, Whitehead WW. Association between dieting practices and gastrointestinal symptoms among participants in a weight loss program. Society of Behavioral Medicine (**SBM**) Annual Meeting, Baltimore, MD, March 2004.
146. Raynor HA, **Jeffery** RW, Phelan S, Hill JO, Wing RR. Food group variety: Successful weight losers versus the National Weight Control Registry. Poster presentation: Society of Behavioral Medicine's (**SBM**) 25th Anniversary Annual Meeting and Scientific Sessions, Baltimore, MD, March 24-27, 2004.
147. Levy RL, **Jeffery** RW, Linde JA, White CR, Garner MD, Feld KA, Whitehead WE. Correspondence between gastrointestinal symptoms and body mass index among obese participants in a weight loss program. American Psychosomatic Society's (**APS**) annual meeting, Orlando, FL, March 3-4, 2004.
148. Levy RL, **Jeffery** RW, Linde JA, White CR, Garner MD, Feld KA, Whitehead WE. Correspondence between gastrointestinal symptoms and dieting practices among participants in a weight loss program. American Psychosomatic Society's (**APS**) annual meeting, Orlando, FL, March 3-4, 2004.
149. Levy RL, **Jeffery** RW, Linde JA, White CR, Garner M, Feld KA, Whitehead WE. Association between body mass index (BMI), gastrointestinal symptoms, and irritable bowel syndrome in obese patients**. Digestive Disease Week**, New Orleans, LA, March 2004.
150. Levy RL, **Jeffery** RW, Linde JA, White CR, Garner M, Feld KA, Whitehead WE. Association between dieting practices, gastrointestinal symptoms, and irritable bowel syndrome among participants in a weight loss program. **Digestive Disease Week**, New Orleans, LA, Mar 2004.
151. Linde JA, **Jeffery** RW, French SA. Self-weighing in weight gain prevention and weight loss intervention trials. Presented at the Society of Behavioral Medicine's (**SBM**) 25th Anniversary Annual Meeting and Scientific Sessions, Baltimore, MD, March 24-27, 2004.
152. Pronk NP, Sherwood NE, **Jeffery** RW, Boucher JL, Hanson A, Boyle R, Brelje K, Hase K. Weight loss by mail or phone: Two-year outcomes of the Weigh-To-Be Study. Society of Behavioral Medicine (**SBM**), Baltimore, MD, March 2004. *(WTB)*
153. Linde JA, **Jeffery** RW, Baxter JS, Wing RR. Development of a brief self-report questionnaire to assess total energy intake. Poster session at the 3rd annual meeting of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA), Washington DC, June 10-13, 2004.
154. **Jeffery** RW, Baxter JS. McGuire M, Linde J. Are fast food restaurants an environmental risk for obesity? Presented at the 3rd annual meeting of the International Society for Behavioral Nutrition and Physical Activity (**ISBNPA**), Washington DC, June 10-13, 2004. *(MAPP)*
155. Pronk NP, Sherwood NE, **Jeffery** RW, Boucher JL, Hanson A, Boyle R, Brelje K, Hase K. Weight loss by mail or phone: Two-year outcomes of the Weigh-To-Be Study. American College of Sports Medicine (**ACSM**) Meeting, Indianapolis, IN, June 2004. *(WTB)*

156. Pronk NP, Sherwood NE, **Jeffery** RW, Boucher JL, Boyle RG, Brelje K, Hase K. Prediction of weight gain: Data support from the Weigh-To-Be Study and the Partners for Better Health cohort. Presented at the **NHLBI** Obesity Workshop, Bethesda, MD, August 2004. *(WTB)*
157. Dunn C, Hannon P, **Jeffery** RW. The cumulative benefits of a dietary restriction and exercise on weight loss. Poster presentation, North American Association for the Study of Obesity's (**NAASO**) annual scientific meeting, Las Vegas, NV, Nov 14-18, 2004. *(WTB)*
158. Linde JA, **Jeffery** RW, Baxter JS, Wing RR. A brief self-report method to assess total energy intake. Poster presentation: North American Association for the Study of Obesity's (**NAASO**) annual scientific meeting, Las Vegas, NV, Nov 14-18, 2004. *(MOOD)*
159. Allison K, Crow S, Stunkard A, and the Eating Disorders **Look AHEAD** Study Group. The prevalence of binge eating disorder and night eating syndrome in adults with type 2 diabetes mellitus. Presentation, North American Association for the Study of Obesity's (**NAASO**) annual scientific meeting, Las Vegas, NV, Nov 14-18, 2004. *Obes Res 12:A89, 2004.*
160. **Jeffery** RW. Weight Control Maintenance: State-of-the-Art 2005. Invited to present at the 24th Annual International Convention and Trade Show of the International Health, Racquet and Sportsclub Association (**IHRSA**), San Francisco, CA, March 16-19, 2005.
161. Linde JA, Rothman AJ, Baldwin AS, **Jeffery** RW. The impact of self-efficacy on behavior change and weight change among overweight participants in a weight loss trial. Poster presentation: Society of Behavioral Medicine's (**SBM**) 26th annual meeting and scientific sessions in Boston, MA, April 13-15, 2005. *(Challenge)*
162. **Jeffery** RW, Baxter J, Hannan P, Wing R. *Optimizing value of weight management resources: What if extrapolation from research data. (Using Treatment Resources Widely.)* Paper presented: Society for Behavioral Nutrition and Physical Activity's (**ISBNPA**) annual meeting, Amsterdam, The Netherlands, June 16-18, 2005. *(TRIM)*
163. Linde JA, **Jeffery** RW, Sherwood NE, Pronk NP, Boyle RG. *Prevalence, duration, and associations of weight control strategies among obese managed care organization members enrolled in a weight loss trial.* Paper presented, 4th Conference of the International Society for Behavioral Nutrition and Physical Activity (**ISBNPA**), Amsterdam, Netherlands,June 2005. *(WTB)*
164. Linde JA, **Jeffery** RW, Sherwood NE, Pronk NP, Boyle RG. *Associations of self-reported health status with diet, physical activity, and weight change among obese managed care organization members enrolled in a weight loss trial.* Poster session, 4th Conference International Society for Behavioral Nutrition and Physical Activity (**ISBNPA**), Amsterdam, Netherlands, June 2005. *(WTB)*
165. Teixeira, PJ, Linde JA, **Jeffery** RW, Going SB, Lohman TG, Rothman AJ, Sardinha LB. *Weight idealization and outcome evaluations in behavioral weight control: Cross-sectional correlates and association with treatment success.* Paper presented: 4th Conference of the International Society for Behavioral Nutrition and Physical Activity (**ISBNPA**), Amsterdam, Netherlands, June 2005.*(CHAL)*
166. **Jeffery** RW. Behavioral Scientist Participation in RCTs. Invited faculty speaker for the "2005 Summer Training Institute for Randomized Clinical Trials Involving Behavioral Interventions," sponsored by Columbia University—NY, Warrenton, VA, July 24-29, 2005
167. Linde JA, Teixeira PJ, **Jeffery** RW, Going SB, Lohman TG, Sardinha LB. *Demographic predictors of attrition and weight loss among women enrolled in behavioral weight loss programs in the United States and Portugal.* Poster presentation: North American Association for the Study of Obesity's (**NAASO**) 2005 annual scientific meeting, Vancouver, British Columbia, Canada, Oct 2005. *(CHAL)*
168. **Jeffery** RW, Rydell S, Dunn CL, Harnack LJ, Levine AS, Walsh E. *Effects of portion size on body weight.* Poster presented at the North American Association for the Study of Obesity's **(NAASO)** 2005 annual scientific meeting, Vancouver, British Columbia, Canada, October 2005. *(MNOC)*
169. **Jeffery** RW, Rydell S, Dunn CL, Harnack LJ, Levine AS, Walsh E. Effects of portion size on body weight. Poster presented at the 2nd **TREC** Centers Scientific Meeting, Seattle, WA June 4-7, 2006. *(MNOC)*
170. The **Look AHEAD Research Group.** Reduction in weight and cardiovascular disease (CVD) risk factors in subjects with type 2 diabetes (T2DM): One-year results of Look AHEAD. Presented at the American Diabetes Association (**ADA**) 66th Scientific Sessions, Washington, DC, June 9-13, 2006. *(Look AHEAD)*
171. **Jeffery** RW. Environment as a modifiable risk factor for health behavior mediated disease. The 2nd **North American Congress of Epidemiology**, Seattle, WA, June 21-24, 2006. Symposium: "Environment as a Modifiable Risk Factor for Health Behavior Mediated Disease" (**Jeffery** RW [Organizer], Forster JL, Toomey TL, Sirard J, Lazovich D [Discussant]). *(OPC/MNOC)*

172. **Jeffery** RW**.** Obesity prevention: Can it be done and how? Invited speaker at the President's Cancer Panel on *Promoting Healthy Lifestyles to Reduce the Risk of Cancer*, University of Minnesota Cancer Center, Minneapolis, MN, September 11, 2006. (MNOC)
173. **Jeffery** RW. *Obesity prevention research at the University of Minnesota.* Joint Scientific Symposium of the Indian Council of Medical Research (ICMR) and the University of Minnesota, New Delhi, India, October 18-19, 2006. (MNOC)
174. **Jeffery** RW**.** *Global studies of surgical therapy for type 2 diabetes mellitus.* Final Protocol Meeting: *Randomized Study of Intensive Medical Management vs the Roux En Y Gastric Bypass for the Management for Type 2 Diabetes Mellitus,* hosted by Dr. Pradeep Chowbey, Chairman of the Minimal Access & Bariatric Surgery Centre, Sir Ganga Ram Hospital, New Delhi, India, October 17, 2006. (MNOC)
175. **Jeffery** RW**.** Economic incentives for weight control. Invited talks at the **Stanford** Prevention Research Center, Stanford University School of Medicine, San Francisco, CA, January 24-25, 2007. (MNOC)
176. Baldwin AS, Rothman AJ, Hertel AW, Keenan NK, **Jeffery** RW. Elucidating the factors that longitudinally relate to people's satisfaction with smoking cessation. Society of Behavioral Medicine's (**SBM**) 26th Annual Meeting, Washington, DC, March 21-24, 2007. *(CHAL)*
177. Harnack LJ, French S, Oakes M, Rydell S, Story M, **Jeffery** R. Effect of point of purchase nutrition information and value size pricing on fast food meal choices. Experimental Biology 2007. Washington DC. April 2007.
178. Gorin A, Fava J, Jakicic J, **Jeffery** RW, West D, Brelje K, DiLillo V, Wing R. Two for the price of one: Behavioral weight control treatment has a ripple effect on the home environment and untreated spouses. **Obesity Society** Annual Scientific Meeting, New Orleans, LA, Oct 20-24, 2007. Look AHEAD ID: A0085.
179. **Jeffery** RW. Behavior change research: *TREC* Projects. Educational Session Symposium Proposal submitted by A. McTiernan entitled "The NCI Transdisciplinary Research on Energy Balance and Cancer (TREC) Initiative", **Obesity Society** Annual Scientific Meeting, New Orleans, LA, Oct 20-24, 2007.
180. **Jeffery** RW. Increasing intervention variety to promote weight loss maintenance: An experimental trial. Energy Balance Research Group (**EBRC**), University of Minnesota Obesity Prevention Center, Minneapolis, MN, January 15, 2008.
181. Baldwin AS, Roth AJ, **Jeffery** RW. What influences satisfaction with behavior change? An examination of the longitudinal associations between people's weight loss experiences and satisfaction. Society of Behavioral Medicine's (**SBM**) 29th annual meeting and scientific sessions, San Diego, CA, March 26-29, 2008. *(CHAL)*
182. **Jeffery** RW. Maintenance: Theoretical and empirical concepts. Part of a symposium chaired by Edwin B. Fisher entitled "Sustaining Behavior Change in Health Promotion, Diabetes Prevention and Management, and Weight Loss". Society of Behavioral Medicine's (**SBM**) 29th annual meeting and scientific sessions, San Diego, CA, Mar 26-29, 2008. *(LIFE)*
183. Langer SL, Levy RL, Flood A, Jaeb M, Laqua P, Hoptop A, **Jeffery** RW. Patterns of mood and weight, and predictors of distress among participants in a long-term weight-loss trial. Presented at the Society of Behavioral Medicine's (**SBM**) 29th Annual Meeting and Scientific Sessions, San Diego, CA, March 26-29, 2008. [Abstract: Ann Behav Med 35:S164, 2008.] *(LIFE)*
184. Linde JA, Simon GE, Ludman EJ, Ichikawa L, Operskalski B, Arterburn D, Rohde P, Anderson EA, **Jeffery** RW. Behavioral weight loss vs. combined weight loss/depression treatment among women with comorbid obesity and depression. Society of Behavioral Medicine's (**SBM**) 29th Annual Meeting and Scientific Sessions, San Diego, CA, March 26-29, 2008. *(MOOD)*
185. Ludman EJ, Simon G, Ichikawa L, Arterburn D, Operskalski B, Linde J, **Jeffery** RW, Rohde P, Finch E. The effect of major depression on behavioral weight loss treatment success. Society of Behavioral Medicine's (**SBM**) 29th Annual Meeting and Scientific Sessions, San Diego, CA, March 26-29, 2008. *(MOOD)*
186. Feeney P, Robertson J, Yates T, Lane K, Mount D, Espeland M, Byington R, Wilmoth S, Bahnson J. *Creating a common data set—merging baseline data from two ongoing trials:* Look AHEAD and ACCORD. Society for Clinical Trials (**SCT**), St. Louis, MO, May 18, 2008. Abstract: *Clinical Trials* 5:418, 2008. **Look AHEAD** ID: A0090.
187. **Jeffery** RW, Rydell S, Dunn C, Harnack L, Levine A, Pentel P, Baxter J. *Effects of portion size on chronic energy intake.* Presentation for Symposium I4: *Portion Sizes: Impact on Food Intake and*

Starting Point for Interventions (Chair: W.Vermeer) 2008 International Society for Behavioral Nutrition and Physical Activity **(ISBNPA**), Banff, Alberta, Canada, May 21-24, 2008. (MNOC)

188. Crawford D, Ball K, **Jeffery** R, Salmon J, Roberts R, Timperio A. *Mismatch between perceived and objective measures of physical activity environments.* Symposium E1: *Perceived or Objective Physical Environmental Factors: What Should We Measure?* (Chair: A. Oenema), University Medical Center Rotterdam), 2008 International Society for Behavioral Nutrition and Physical Activity (**ISBNPA**), Banff, Alberta, Canada, May 21-24, 2008.
189. **Jeffery** RW, Langer SL, Welsh EM, Flood AP, Jaeb MA, Laqua PS, HotopAM, Finch EA, Levy RL. *Effectiveness of a maintenance tailored obesity intervention,* 10th International Congress of Behavioral Medicine (**ICBM**), Tokyo, Japan, August 27-30, 2008. *(LIFE)*
190. Linde JA, Simon G, Ludman EJ, Ichikawa L, Operskalski B, Arterburn D, Rohde P, **Jeffery** RW, Anderson E (2008, August). Patterns of diet and physical activity change among women with comorbid obesity and depression enrolled in a weight loss trial. Poster presented at the 10th annual meeting of the International Congress of Behavioral Medicine, Tokyo, Japan.
191. Arterburn D, Westbrook EO, Ichikawa L, Ludman EJ, Operskalski B, Linde JA, Anderson E, Rohde P, **Jeffery** RW, Simon GE (2008, October). Relationship between obesity, depression, and disability in middle-aged women. Poster presented at the 16th annual meeting of the Obesity Society, Phoenix, AZ.
192. *Welsh EM*, Heitzler C, **Jeffery** RW**,** Levy RL, Langer SL, Flood A, Jaeb M, Laqua PS. *Measuring perceived barriers to healthy eating in obese, treatment seeking adults*. 2009 International Society of Behavioral Nutrition and Physical Activity (**ISBNPA**) Annual Meeting, Lisbon, Portugal, June 2009. *(LIFE)*
193. Levy RL, Langer S, Welsh EM, Flood AP, Jaeb MA, Laqua PS, Hotop AM, Finch EA, **Jeffery** RW. Maintenance-tailored treatment improves long-term weight loss. **Digestive Diseases Week**, San Diego, CA, 2008. *Gastroenterology* 134(4, Suppl. 2), A-230. *(LIFE)*
194. **Jeffery** RW, Langer SL, Welsh EM, Flood AP, Jaeb MA, Laqua PS, HotopAM, Finch EA, Levy RL. Effectiveness of a maintenance-tailored obesity intervention. Energy Balance Research Group (**EBRG**), Obesity Prevention Center (OPC)/Division of Epidemiology and Community Health, University of Minnesota, MN, Oct 28, 2008. *(LIFE)*
195. *Jaeb* M, Laqua P, Finch E, Flood A, Hotop A, Mitchell N, Welch E, **Jeffrey** RW, Langer S, Levy R. The effectiveness of variety and breaks in weight loss treatment. Poster presentation, American Dietetic Association (**ADA**) Food and Nutrition Conference & Expo, Denver, CO, Oct 2009. *J Am Dietet Assoc,* 109(9): A52, 2009.
196. Levy RL, Whitehead WE, Walker LS, Langer SL, Romano J, Christie DL, Youssef N, Feld AD, **Jeffery** RW, Ballard SA, DuPen MM, Coffey MJ, Young M, Langseder A. (2009). RCT results of a family-based intervention for children with chronic abdominal pain. *Gastroenterol* 136(Suppl. 1):A-74.
197. Linde JA, **Jeffery** RW. *Dietary and physical activity habits and exposures of working U.S. adults: Preliminary results from the HealthWorks project.* Poster presented at the 8th conference of the *International Society for Behavioral Nutrition and Physical Activity* (**ISBNPA**), Lisbon, Portugal, June 2009.
198. Linde JA, Graham DJ, **Jeffery** RW. HealthWorks: Results of a multi-component worksite intervention to prevent weight gain. Poster presentation, Society of Behavioral Medicine (**SMB**) Annual Meeting, Seattle WA, April 7-10, 2010.
199. **LookAHEAD Research Group**, Espeland M. Look AHEAD: Clinical impact of a large clinical trial. **German Diabetes Society**, Goethe University, Leipzig, Germany, May 15, 2010.
200. **Look AHEAD** Research Group, Wing RR Self-monitoring during the screening period in relation to outcomes in Look AHEAD. Poster presentation, **Obesity Society** Annual Scentific Meeting, San Diego CA, Oct 8-12, 2010. Arch Intern Med, 27;170 (17):1566-75. PMID: 20876408.
201. *VanWormer J, **Jeffery** RW, Linde JA. Symposium: Self-weighing in a 2-year worksite weight maintenance intervention: The HealthWorks Trial. Presented at the International Society for Behavioral Nutrition & Physical Activity (**ISBNPA**) Annual Meeting, Minneapolis, June 9-12, 2010.
202. *Looby M, Mitchell N, Toomey T, Fulkerson J, **Jeffery** R. ESHOP: The Economics of Shopping from Home and Obesity Prevention. The 14th Annual MN Health Services Research Conference, Student Paper Competition, Minneapolis, MN, 2010.

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* Presenter is advisee/mentee

* Presenter is advisee/mentee

203. Ball K, Abbott G, Cleland V, Timperioe A, Brug J, King A, **Jeffery** RW**.** Orals: Socioeconomic disadvantage and obesity: Who is "resilient"? Presented at the International Society for Behavioral Nutrition & Physical Activity (**ISBNPA**) Annual Meeting, Minneapolis, June 9-12, 2010.
204. *Jaeb M, Laquo P, **Jeffery** RW**,** Flood A, Mitchell N, Welsh E, Langer S, Levy R. The effectiveness of variety and breaks in weight loss treatment. Poster presented at the International Society for Behavioral Nutrition & Physical Activity (**ISBNPA**) annual meeting, Minneapolis, MN, Jun 9-12, 2010.
205. Langer S, Robien K, Mitchell N, Jaeb M, Levy RL, & **Jeffery** RW**.** Vitamin D is inversely associated with distress among obese women participating in a behavioral weight-loss trial. Poster presented at the Annual Meeting of the 32nd Society of Behavioral Medicine (**SBM**), Washington, DC. April 2011. (Ann Behav Med 41, D-084.)
206. Langer S, Sherwood N, Levy R, Senso M, Hayes M, Anderson J, Veblen-Mortenson S, DuPen M, Ballard S, Swanson K, O'Leary M, Jensen C, Fleming C, Roeder A, **Jeffery** B. An authoritarian parenting style predicts child emotional overeating above and beyond child BMI and restrictive feeding. Presented at the 32nd Annual Meeting of the Society of Behavioral Medicine (**SBM**), Washington, DC. April 2011. (Ann of Behav Med 43(Suppl. 1), S-76, 2012.)
207. **Jeffery** RW, Mitchell N, Ayers-Looby, M. Effects of price discounts on health foods. International Society for Behavioral Nutrition & Physical Activity (**ISBNPA**) Annual Meeting, Melbourne, Australia, June 15-18, 2011.
208. Graham DJ**,** Symposium Chair: **Jeffery** RW, co-investigator. Assessing nutrition label viewing via eye tracking: Nutrition label design and location are related to objectively measured label viewing. International Society of Behavioral Nutrition & Physical Activity (**ISBNPA**) meeting, Melbourne, Australia, June 2011.
209. Stewart T, Williamson D, Han H, Ryan D, Greenway F, Coday M, Mack H, Bray G. Body image dissatisfaction in the **Look AHEAD** Study: Four year results. European Association for the Study of Obesity (**EASO**), Lyon, France, May 2012. (Abstract: Obes Facts 2012;5(Suppl. 1), 63. Look AHEAD ID #: A0173
210. Senso MM, Trost SG, FACSM, Fleming CK, Rein DM, Levy RL, Langer SL, **Jeffery** RW, Hayes MG, Sherwood NE. Promoting parenting skills to increase physical activity and decrease television viewing in children. Poster presented at the American College of Sports Medicine (**ACSM**) 59th Annual Meeting and 3rd World Congress on Exercise is Medicine, San Francisco, CA, May 29-June 2, 2012.
211. Faulconbridge L, Wadden T, Rubin R, Knowler W, Chen H, West D, Rejeski J, Coday M, Ewing L. Changes in weight and symptoms of depression in overweight or obese individuals with type 2 diabetes in the **Look AHEAD** trial: Four-year results. **Obesity Society** 30th Annual Scientific Meeting, San Antonio, TX, Sept 20-24, 2012. Look AHEAD ID #: A0182
212. Sherwood NE, Crain AL, Martinson BC, Anderson C, Hayes M, Anderson JD, Senso MM, **Jeffery** RW. Enhancing long-term weight loss maintenance: 2 year results from the Keep It Off trial. **Obesity Society** 30th Annual Scientific Meeting, San Antonio, TX, Sept 20-24, 2012
213. *Fuglestad PT*, Rothman AJ, **Jeffery** RW, Sherwood NE. *The effect of regulatory focus on performance in a weight-loss maintenance intervention.* Poster presented at the annual meeting of the Society of Behavioral Medicine (**SBM**), New Orleans, LA, April 2012.
214. *Fuglestad PT, Rothman AJ, **Jeffery** RW, Sherwood NE. *Lifestyle patterns related to weight-loss maintenance.* Paper to be presented orally at the annual meeting of the Society of Behavioral Medicine (**SBM**), San Francisco, CA, March 2013.
215. Fitzpatrick S, **Jeffery** R, Johnson K, Roche C, Van Dorsten B, Gee M, Johnson R, Charleston J, Dotson K, Walkup M, Brancati F. Baseline predictors of missed visits in the Look AHEAD Study. Society of Behavioral Medicine (**SBM**), San Francisco, CA, March 2013. Look AHEAD ID #:A0187
216. **Jeffery** RW. Lifestyle interventions for type 2 diabetes: Results of the Look AHEAD and Diabetes Surgery trials. Presented to the Obesity Research Group (**ORG**), U Minnesota, Minneapolis, MN, Oct. 15, 2013.
217. Unick JL, Hogan P, Neiberg R, Cheskin LJ, Dutton GR, Evans-Hudnall G, **Jeffery** RW, Kitabchi AE, Nelson JA, Pi-Sunyer X, West DS, Wing RR. Can initial treatment response identify individuals who will be unsuccessful in behavioral weight loss programs? Presented at Obesity Week, sponsored by **the Obesity Society** and the American Society for Metabolic & Bariatric Surgery, Atlanta, GA, Nov. 11-16, 2013.

* Presenter is advisee/mentee

INVITED PRESENTATIONS

Invited Presentation: *Progress and perspectives for reducing obesity in whole communities.* Annual Convention of the American Psychological Association (APA), San Francisco, CA, August 16, 1991.

Invited Speaker: *Evaluation of community-based approaches to weight loss and control*. NIH Technological Assessment Conference on Methods for Voluntary Weight Loss and Control, Bethesda, MD, March 30 - April 1, 1992.

Invited Presentation: *Social psychological factors in weight loss success.* American Diabetic Association Annual Meeting, San Antonio, TX, June 20, 1992.

Invited Speaker: *Community-based programs for obesity prevention.* NHLBI Strategy Development Workshop for Public Education on Weight and Obesity, Bethesda, MD, September 24-25, 1992.

Invited Speaker: *Is diet-induced weight cycling a risk to health?* American Diabetes Association's (ADA) 40th Postgraduate Course, San Francisco, CA, Jan 22-24, 1993.

Invited Presentation: *Community programs for obesity prevention: The Minnesota Heart Health Program*. NIDDK Workshop on Prevention of Obesity: Populations at Risk, Etiologic Factors and Intervention Strategies, Baltimore, MD, September 22-24, 1993.

Invited Speaker: *Medical versus public health treatment models*. North American Association for the Study of Obesity (NAASO) Annual Meeting, Milwaukee, WI, Oct 17-20, 1993.

Invited Speaker: *People's attempts to lose weight on their own or through community-based programs*. Obesity Committee Workshop sponsored by the National Academy of Sciences, Washington, DC, Dec 8, 1993.

Invited Speaker: *Weight cycling*. American Health Foundation Roundtable Conference on Healthy Weight, New York, September 20, 1994.

Invited Lecturer: *The truth about weight cycling*. Scientific Meeting of the Australasian Society for the Study of Obesity and the Obesity Surgical Society of Australia and New Zealand, Brisbane, Australia, Oct 1, 1994.

Invited Speaker: *Community approaches to weight control*. Obesity Theories in Practice symposium of the scientific meeting of the Australasian Society for the Study of Obesity and the Obesity Surgical Society of Australia and New Zealand, Brisbane, Australia, Oct 2, 1994.

Invited Speaker: *Community approaches to weight control*. The Worksite Project Team, Dept of Public Health, Sydney University, Sydney, Australia, Oct 4, 1994.

Invited Speaker: *Community approaches to weight control*. University of Newcastle, Sydney, Australia, Oct 5, 1994.

Invited Lecturer: *Weight cycling*. CME course: "Treatment of Obesity and Eating Disorders: Matching Diagnosis & Risk Factors in Patients Management," co-sponsored by Harvard Medical School and Tufts University School of Medicine, Cambridge, MA, Nov10-12, 1994.

Invited Participant/Discussant: *Dahlem Workshop on Regulation of Body Weight: Biological and Behavioral Mechanisms*, Berlin, Germany**,** May 14-19, 1995.

Invited Panel Member, NHLBI Conference on "Community Trials for Cardiopulmonary Health: Directions for Public Health Practice, Policy, and Research, 1996.

Invited Address/Master Lecturer: *Community interventions for health promotion and disease prevention: Progress, challenges and future directions.* Society of Behavioral Medicine's 18th Annual Meeting, San Francisco, CA, April 16-19, 1997.

Invited Speaker: *Strategies for obesity prevention: A public health perspective*. Childhood and Adolescent Obesity: Prevention and Intervention Conference sponsored by The University of Minnesota, School of Public Health; University College, Continuing Education (Consortium of Maternal and Child Health Bureau Title V Training Programs); and the US Dept of Health and Human Services, Maternal & Child Health Bureau; Minneapolis, MN, May 1997.

Invited Lecturer: *Strategies for obesity prevention: A public health perspective.* Northland Chapter of the American College of Sports Medicine's 22nd annual meeting, Wayne State College, Wayne, NE, Oct 3, 1997.

Invited Speaker: *Are we all doomed to gain weight as we age? Three-year results of the Pound of Prevention Trial*. Obesity/Nutrition Research Center, University of Pittsburgh, Western Psychiatric Institute and Clinic, Pittsburgh, PA, Dec 3, 1997.

Invited Speaker: *Weight Gain Prevention Program (POP).* NIDDK National Task Force on Prevention and Treatment of Obesity, Bethesda, MD, May 29, 1998.

Invited Speaker: *Prevention of obesity: The Minnesota experience of community-based intervention.* Berzelius Symposium 42 on Prevention of Obesity sponsored by the Swedish Society of Medicine, Stockholm, Sweden, Aug 26-28, 1998.

Invited Speaker: Community approaches to obesity treatment and prevention: The Minnesota experience. 8th International Congress on Obesity, Paris, France, Aug 29-Sept 3, 1998.

Invited Speaker/Working Group Member, NIDDK's Behavioral Science Research in Diabetes Conference, Bethesda, MD, Nov 18-19, 1999

Invited Participant, Rudd Foundation's First Annual Small Group Symposium on Obes Res and Its Future, Napa Valley, CA, Sept 22-25, 1999.

Invited Speaker, Public health strategies for obesity treatment and prevention. Presented at the American Academy of Health Behavior, Santa Fe, NM, Sept 24-26, 2000.

Invited Presentation: *Obesity: Population interventions for adults.* Institute of Medicine Annual Meeting at the National Academy of Sciences, Washington, DC, Oct 16, 2000.

Visiting Scholar/Invited Speaker: *Public health strategies for obesity treatment and prevention*. Deakin University, Burwood, Victoria, Australia, Nov 19-30, 2000.

Visiting Scholar of the Year, Uniformed Services University of the Health Sciences, Washington, DC, 2001-02

Invited Speaker, Department of Foods & Nutrition, University of GA and the College of GA, Atlanta, GA, Jan 31, 2001.

Invited Speaker: *Public health interventions for the prevention and treatment of obesity.* First Throne Holst Symposium in Nutrition sponsored by the Institute for Nutrition Research, University of Oslo, Oslo, Norway, March 27-28, 2001.

Invited Speaker (w/ Wing RR): *Structured meals for weight management.* Food Patterns in Weight Management and Health Symposium sponsored by an unrestricted grant from the Slim•Fast Foods Nutrition Institute, Dallas, TX, April 27, 2001.

Invited Participant, Behavior Change Consortium, Robert Wood Johnson-sponsored meeting on dissemination, Washington, DC, July 11, 2001.

Invited Seminar Speaker: *Community intervention trials for obesity*. Johns Hopkins Center for Clinical Trials, Bloomberg Sch of Public Health, Baltimore, MD, Nov 7, 2001.

Invited Speaker: *Population prevention strategies: Can we do it?* Obesity Canada (OC)/Canadian Institutes of Health Research (CIHR)-Health Canada Joint Conference entitled "A National Dialogue on Healthy Body Weights" (plenary section 4: Promoting Healthy Weights), Toronto, Canada, Dec 7-9, 2001.

Invited Participant, Ortho-McNeil Pharmaceutical Visiting Professors Program, New York, NY, Dec 2-3, 2001.

Invited Speaker: *Population perspectives on obesity: Etiology and intervention.* Healthy Heart Program, Glens Falls, NY, May 1, 2002.

Invited Discussant/Reactor: *National Cancer Institute's Theories Projects Workshop 2002: Toward Better Theories of Health Behavior*, Santa Fe, NM, May 16-17, 2002.

Invited Keynote Speaker: *Obesity and diabetes: A modern day disease epidemic*. Minnesota Department of Health Workshop #2 on "The Changing Face of Diabetes in Minnesota," St. Paul, MN, June 3, 2002.

Session Co-leader representing the School of Public Health, "Making Connections" Symposium and Cargill Alumni Event, sponsored by Cargill-University of MN Partnership June 2002.

Presenter: "Policy implications—Call to action." Planning Committee, opening remarks, 3rd Annual University of Minnesota School of Public Health Roundtable on "Meeting the Challenge of Obesity: Uniting Public Health Research, Practice and Policy." Nov 1, 2002.

Invited Speaker: *Community-based interventions and government policies for addressing the obesity epidemic.* International Association for the Study of Obesity's 9th International Congress on Obesity Symposium: Community-Based Intervention and Government Policies, Sao Paulo, Brazil, Aug 24-29, 2002.

Invited Presenter: *Community-based interventions and government policies for addressing the obesity epidemic.* 1st Taipei International Symposium on Obesity Prevention and Management; sponsored by Tri-Service General Hospital and National Defense Medical Center, a city-wide weight reduction program entitled *Reduction in Body Weight of 100 Tons for Taipei City*, Taipei, Taiwan, Nov 14, 2002.

Invited Lecturer: Berzelius Symposium 62: Prevention of Obesity—the Global Approach, Swedish Society of Medicine in Stockholm, Sweden, May 26-28, 2003.

Invited Speaker: *Work site: Environmental changes to impact behaviors*. American Diabetes Association Annual Meeting. Session: "Preventing Diabetes: Promoting Healthy Behaviors through Environmental Changes," New Orleans, LA, June 17, 2003.
Invited Candidate: International Award for Modern Nutrition 2003, "Role of Nutrition in the Prevention of Obesity." Association of Swiss Milk Producers, Switzerland, 2003.
Invited Speaker: *Treatment and Prevention of Obesity.* University of Texas School of Public Health, Austin, TX, Dec 2003.
Invited participant: SBM roundtables and a symposium, 25th Anniversary Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD, March 2004.
Invited Participant: Pennington Biomedical Research Center's 7th External Advisory Board in Baton Rouge, LA, March 31-Apirl 2, 2004.
Invited Speaker: *Behavioral change for weight change*, Johns Hopkins Bloomberg School of Public Health Symposium 5: "Downsizing the American Public," Baltimore, MD, April 12, 2004.
Invited Presenter: *Research designs for complex community interventions for childhood obesity prevention,* NIH-CDC-AHRQ "Research Designs for Complex, Multilevel Health Interventions and Programs" meeting, Bethesda, MD, May 4-5, 2004.
Invited Speaker: *Obesity Treatment and Prevention,* Fred Hutchinson Cancer Center, October 2004.
Invited Speaker: *Weight Control Maintenance: State-of-the-Art 2005*, 24th Annual International Convention and Trade Show of the International Health, Racquet and Sports Club Association (IHRSA) in San Francisco, CA, March 16-19, 2005.
Invited faculty line-up: *2005 Summer Training Institute for Randomized Clinical Trials Involving Behavioral Interventions,* Columbia University–NY, Warrenton, VA, July 24-29, 2005.
Panel Member, Symposium*: Do obesity prevention interventions cause eating disorders? A dialogue about what has been learned in the past ten years*. Sponsored by the University of Minnesota Obesity Prevention Center, Sept 2005.
Invited Speaker: *Environmental interventions for weight control: Are they feasible? Could they help?* Pennington Scientific Symposium: "Prevention of Weight Gain and Weight Regain" Baton Rouge, LA, Dec 4-6, 2005.
Invited Presenter: *Prevention and Treatment of Obesity: Cause for Hope or Despair,* Cardiology Grand Rounds, University of Massachusetts, Logan, MA, Jan 26, 2006.
Invited Presenter: *Obesity and Weight Control Interventions and Lessons*. School of Public Health and Blue Cross/Blue Shield State-of-the-Science Seminar: *Adult Interventions in Eating, Physical Activity and Obesity–What the Science Says*. University of Minnesota, June 29, 2006.
Invited Speaker: *Obesity Prevention: Can It be done and how?* President's Cancer Panel: *Promoting Healthy Lifestyles to Reduce the Risk of Cancer*, Minneapolis, MN, Sept 11, 2006.
Invited Speaker: *Community Approaches to Obesity Treatment and Prevention* at plenary session entitled "Nutrition, Activity, Obesity and Cancer," American Association for Cancer Research (AACR) 5th Annual International Conference on Frontiers in Cancer Prevention Research, Boston, MA, Nov 13, 2006.
Invited Speaker: *Prevention and treatment of obesity: Cause for hope or despair.* Cardiology Grand Rounds, University of Massachusetts, Logan, MA, Jan 26, 2006.
Invited Speaker: *Prevention and Treatment of Obesity.* Medtronic Technical Forum, Minneapolis, MN. June 11, 2007.
Invited Presenter: *Maintenance: Theoretical and Empirical Concepts,* 10th International Congress of Behavioral Medicine (ICBM) Symposium, "Promoting Sustained Behavior Change to Prevent Disease and Promote Health," Tokyo, Japan**,** Aug 27-30, 2008.
Invited Speaker: *Environmental effects on energy balance: An experiment on portion size.* US-Japan Workshop: Challenges to Obesity Prevention, Tokyo, Japan, Aug 27-30, 2008.
Convener: *Task Force to Promote Healthy Lifestyles to Prevent Diabetes*, an MMF campaign, one of four cornerstones for the diabetes corridor portion of the University's Driven to Discover Capital Campaign. Feb 2009.
Discussion Leader (w/ P. *Fuglestad*, MnOPT postdoc.) *Applying Habituation Theory to Improving Long-Term Weight Control*. Obesity Prevention Center and Minnesota Obesity Prevention Training Program Obes Res Group, University of MN, Minneapolis, Dec 13, 2010.

* Mentee

Keynote Speaker: The past, present and future of behavioral treatments for obesity. International Society for Behavioral Nutrition &Physical Activity (ISBNPA) Ann Mtg, Minneapolis, MN Jun 9-12, 2010.
Discussant: *Sugar-sweetened beverages & obesity: Empirical evidence and the potential role of taxation.* International Society for Behavioral Nutrition & Physical Activity (ISBNPA) Annual Meeting, Minneapolis, June 9-12, 2010.
Discussion Leader: *TREC Trainee Roundtable Discussion with TREC Investigators*, 10th TREC Centers Scientific Meeting, Minneapolis, June 15, 2010.
Guest Panelist/Working Group Member: *Lifestyle and Pharmacotherapy Interventions in Treating Obesity and Type 2 Diabetes.* Pathogenesis and Treatment of Obesity and Type 2 Diabetes Symposium. Sponsors: Endocrine Society, American Diabetes Assoc., European Assoc. for the Study of Diabetes. Lansdowne, VA. Jan 6-7, 2011.
Invited Speaker: *New Directions in Behavioral Treatment of Obesity*, Cancer Research Center, University of Minnesota, Minneapolis, MN. Jan 14, 2011
Core Director and Speaker: *Minnesota Obesity Center (MNOC): Epidemiology and Intervention Core,* 2011 MNOC Obesity Day, University of MN Food Services and Nutrition, Jan 21, 2011.
Invited Speaker*: Incentives and Health*, co-sponsors: Navy Medicine/University of Vermont. Title: *Treatment of obesity in adults.* Panel presentation: *Use of incentives to improve the health of Navy and other military personnel.* University of Maryland, College Park, Feb 23-24, 2011.
Guest Lecturer: *The Look AHEAD Trial: Four-Year Results*. Epidemiology and Community Health Division Seminar, University of Minnesota, Minneapolis, March 4, 2011.

CONSULTANT/ADVISORY

Internal Consultant, UMN Clinical & Translational Science Institute (CTSI) R01 Pilot Grant–"**Lose & Win Contests**: A Novel Method to Motivate Weight Loss Among College Freshman" (PI: Janet Thomas, UMN Center for Health Equity), 3/1/12–**2/28/14**.
Consultant/Advisory Board, **Solutran**: Customized Payment Solutions—A Minnesota corporation working on a business venture involving providing incentives for healthier food choices, Oct. **2012; 2013**.
Consultant/External Advisor, NIH R01-HD36069: Parent Training to Address Pediatric **F**unctional **A**bdominal **P**ain **(FAP)** (PI: Rona Levy, Univ of Washington–Seattle), 1999-2004; 2005-10; 9/5/11-**5/31/16**.
Consultant, *A Call to Health*, **DPP** Pilot Study of a Telephone Intervention to Translate the DPP, Group Health Research Institute, Seattle WA, **2010-14**.
Consultant/Scientific Advisory Board, Mind & Body Program, **Alere** (formerly Free & Clear, Inc.), Seattle, WA, 2009-**2012**.
Member, Decade to Discovery: A Minnesota Partnership to Treat Diabetes (**DoDD**), 2011-**present**. (Participant, Care Delivery and Prevention Team, 2012)
Senior Program Advisor, National Program Office—Healthy Eating Research (**HER**): Building Evidence to Prevent Childhood Obesity. Robert Wood Johnson Foundation Grant #55477 (PI: Mary Story), 2005–**present**. (Note: Dr. Jeffery was co-investigator 7/1/05-5/1/07).
Consultant/Thought Leader, **Advanced Clinical Concepts**, 2007-**present**.
Consultant, Psychosocial Intervention for Children with **IBD**. National Institute of Health/Subcontract to Rona L. Levy, University of Washington-Seattle, 2007-11.
International Advisor, Preventing Obesity Among Socially and Economically Disadvantaged Women and Children: The **READI** Project. Australian National Health & Medical Research Council Strategic Award, ID 374241 ($1,945,741). Chief Investigators: Ball K, Crawford D, Timperio A, Mishra G, Baur L, Hugo G, Salmon J. Deakin University, Australia, 2007-11.
Consultant, NHLBI 1UO1-HL087322: **Healthy Hearts Across Generations** (PI: Katrina Walters, Univ of Washington–Seattle), 2006-2011
Consultant, **WAY to Health**. NHLBI R01: Worksite-Based Weight Loss Intervention Study (PI Subcontract: Laura Linnan, UNC Chapel Hill: Laura Linnan), 2006-2011
Consultant/Co-investigator, **Portion Size Study** (PI: Simone French), met with Dr. John Blundell in Leeds; with Dr. Jane Wardle concerning the Childhood Obsity Center Grant, London UK, Nov 14-21, 2010
Consultant/External Advisor: NIH R01-HD36069: Intergenerational Transmission of Illness Behavior **(RAP)** (PI: Rona Levy), 2003-07, extended to 2009.
Consultant, **Amazing Pace**, name of the Mississippi Conference Health Promotion Program, PI: Alison Earles, ACE Ideas, LLC, under license to LifeBux, LLC, August/September 2008.

Consultant/Advisory Board, Pennington Biomedical Research Center (PBRC) External Advisory Board, Baton Rouge, LA, 2007-08.
Consultant/Thought Leader, Advanced Clinical Concepts, 2007-08.
Consultant, UMN Design College seeking input for the development of their new "Center for Design, Health and the Environment", April 2007.
Consultant, Weight Control Project under Dr. Jean Kristeller in the Department of Psychology at Indiana State University, August 2006.
Consultant, EnteroMedics Inc. (Russ Felkey, VP), advisor on weight management curriculum and clinical study design pertaining to EnteroMedics' business and technology development, 2006.
Consultant: NIH: "Preventing Obesity in Low Income Working Adults" (EAT 5 for LIFE!) (PI: Shirley Beresford, UWA-Seattle),*2005-09*.
Program Reviewer/Consultant, HealthBux System, ACE Ideas (Alison Earles), LLC, 2005 and 2006.
Consultant: Reducing Obesity in the Workplace: A Randomized Trial" (PACE), NHLBI Grant R01-HL79491 (PI: Shirley Beresford, UWA-Seattle), 2004-08.
Panel Participant/Consultant, Research Triangle Institute (RTI), sponsorship of the Centers for Disease Control and Prevention (CDC), "Promising Practices Reviews of Worksite Programs Promoting Healthy Weight," Nov-Dec 2004.
Planning Committee Member: NIH Grant: Seminar Grant to Supplement the Ancel Keys Symposium (PI: Russell Luepker), 2004-05.
Member, Advisory Committee, **LINC** Mini-grant of the **Get Kids in Action Program** (Julie Marks, PhD), University of North Carolina—Chapel Hill, 2004-05.
Consultant: NCI RFA/RFP: CA-04-003: Metabolic Syndrome in Adult Survivors of Childhood ALL (PI: James Gurney, UMN Pediatrics), 2004-2005 (Grant years: 2004-06)
Behavioral Scientist, Long-Term Exercise Maintenance via Internet Support. NIH/RFA:OB-03-003/DK066738: Maintenance of Long-Term Behavioral Changes (PI: Paul Williams, Lawrence Berkeley National Lab), 2003-08.
Consultant: NIH Grant: Maintaining Physical Activity in MCO-Enrolled Seniors (PI: Brian Martinson, HealthPartners), 2003-08. A randomized trial evaluating an intervention aimed at maintaining activity levels in the elderly.
Consultant, NIH R01 Grant: Promoting Postpartum Weight Loss in OveRWeight Women (PI: Truls Ostbye, Duke University), 2003-08. An intervention trial aimed at reducing postpartum weight retention in military personnel.
Council Member, Minnesota Dept of Health Governor's Council on Promoting Physical Activity in Minnesota, 1995-04.
Consultant: NIH RFA: R01-DK066738: Long-term Exercise Maintenance via Internet Support, (PI: Paul Williams, Berkeley, CA). 2004-07.
Consultant: Obesity Center setup (Dr. Claude Bouchard), Pennington Biomedical Research Center, Baton Rouge, LA, January 2004
Consultant: Robert Wood Johnson Foundation Research Roundtable, Baltimore, MD, March 2004.
NHLBI Worksite Advisory Group, 2003.
Brintnall & Nicolini, Inc. Pharmaceutical consulting re: weight control products. Interview 10/16/02.
GroupHealth Puget Sound & Fred Hutchinson Cancer Institute, invited obesity consultant, Seattle, WA, Jan 30-Feb 2, 2002
Scientific Consultant, International Life Sciences Institute, 2001-02.
NHLBI Special Emphasis Panel, Demonstration and Education Research (ZHL1-CSR-I-01), Federal Government Consultant to evaluate research grant applications, Arlington, VA, July 13, 2000.
NCI Initial Review Groups, 1999.
NIH Behavioral Medicine Study Section, Center For Scientific Review, 8/26/98-6/30/2001.
NIDDK Application: "Prevention of Weight Gain in Women Aged 25 through 34" (PI: Mary Klem), 1998.
NIH Division of Research Grants, Behavioral Medicine Study Section, February 1998.
NIDDK/Diabetes Research & Training Center, Special Review Committee, RFA DK-97-005, 1997.
Consultant: NHLBI Grant lR18HL50372: Healthy Highways Weight Control Program (PI: Charles Swencionis), 1996
Consultant: PACED (Provider-based Assessment & Counseling for Exercise & Diet), SDSU Foundation # 527135-8612 CMJ, San Diego State University, 1996-98
ACOR, Weight Loss/Obesity Continuity Program, 1995.

Consultant: American Health Foundation/NCI: Low-Fat Diet in Stage II Breast Cancer: Randomized Study (WINS), (PI: I.M. Buzzard/E. Wynder), 1995-98
Consultant: NIDDM: Primary Prevention Trial: Data Coordinating Center (PI: Raymond Bain/John Lachin, ScD), George Washington University, 1994-98
Consultant: George Washington University, Diabetes Prevention Trial 2 (DPT-2), AC21080 1U01-DK48489-01, Planning Phase (PI: Raymond Bain), 1994-95
Federal Government Consultant, NHLBI Special Emphasis Panel, Demonstration & Education Research, 1994-97
NHLBI Clinical Trials Review Committee, 1994
Consultant: NIAAA Grant: Public Opinions on Alcohol Control Policies Among Black and White Adults (PI: Rhonda Jones), 1993-98
Consultant, NIH Vanguard Clinical Center Contract: "Women's Health Initiative Clinical Trial and Observational Study" (PI: Richard Grimm), 1993-1994
Consultant, NIDDK/RFA (DK-47116), Aberdeen Area Indian Health Service, SD: Diabetes in Native Americans and Alaska Natives (PI: Thomas Welty), 1993-97
Consultant, NIH Grant: Dietary Intervention: Evaluation of Technology (DIET Advisory Panel)(PI: Charles Swencionis), 1992
Consultant, NIDDK/RFA(DK-92-17): Diabetes in Native Americans and Alaska Natives (PI: Ruggles Stahn),1992.
Consultant, NIH Grant: Exercise, Smoking Relapse Prevention and Lipids in Women (PI: David Abrams), Miriam Hospital, RI, 1991-95
NCI/ASC ASSIST Consultant Directory, since 1991.
NIH/ADAMHA Consultant File, since 1991.
US Veterans Administration, 1989
Division of Health Behavior Research, Washington University, 1989
Office of the Surgeon General of the United States, 1989
Trials of Hypertension Prevention, 1989
Sandoz Nutrition, Inc., 1987, 1989
Consultant: NIH/RFA: Diet Intervention in Children with High LDL: Coordinating Center (DISC), (PI: Paul Canner), 1986-93
Western Psychiatric Institute and Clinic, 1982-1990
Research Triangle Institute, 1983-84
Johnson & Johnson Company, 1982-83
Consultant: NIH/RFA: Behavioral Weight Loss for Adults with Diabetes Mellitus (PI: Rena Wing), 1981-84
Control Data Corporation, 1981-82
Heartscan Inc., 1979
University of Chicago, 1979
University of Pittsburgh, 1979
YM-Cardiac Therapy Program, Palo Alto, CA, 1977-78
General Medicine Clinic, Stanford University 1977-78

REVIEWER: Journals and Grant Agencies:

Addictive Behavior
American Heart Association
American Journal of Clinical Nutrition
American Journal of Epidemiology
American Journal of Health Behavior
American Journal of Health Promotion
American Journal of Medicine
American Journal of Preventive Medicine
American Journal of Public Health
American Psychologist
Annals of Behavioral Medicine
Appetite
Behav Research Methods & Instrumentation
Behavior Therapy
Behavioral Assessment
Behavioral Counseling Quarterly
Behavioral Medicine Abstracts
Center for Disease Control
Contemporary Psychology
Controlled Clinical Trials
Diabetes Care
Elsevier Publishing Company
Ethnicity & Disease
Health Education Quarterly
Health Education Research
Health Education and Behavior
Health Psychol
Health Values
Heart & Stroke Foundation of Ontario
Institute of Medicine of the National Academies
Internat'l J Behav Nutr & Physical Activity
International Journal of Obesity
International Journal of Psychiatry in Medicine
Journal of the American Dietetic Assoc
Journal of the American Medical Assoc
Journal of Applied Behavior Analysis
Journal of Applied Social Psychology
J Behav Therapy & Experimental Psychiatry
Journal of Chronic Diseases
Journal of Community Psychology
Journal of Consulting & Clinical Psychol
Journal of Epidemiol & Community Health
Journal of Occupational Medicine
K-Award Applications, UNC, Chapel Hill
Louisiana Board of Regents
Medicine & Science in Sports & Exercise
NHLBI Ad Hoc Reviewer
NIDDK-C Subcommittee Reviewer
*NIH (RPHB, PRDP, NINR, **CIHB**)*
NCCAM (Nat'l Center for Complementary & Alternative Medicine)
NINR (Nat'l Inst of Nursing Research)
National Science Foundation
Nicotine & Tobacco Research
Obesity (nee Obes Res)
Patient Education and Counseling
Preventive Medicine
Prevention Science
Psychological Assessments
Psychological Bulletin
Psychosomatic Medicine
Public Health Nutrition

TEACHING AND OTHER TRAINING EXPERIENCE

Courses Taught at the University of Minnesota:

PubH 5-025: Seminar in Community Health Education, 1993
PubH 5-333: Principles of Human Behavior I, 1992, 1994, 1996, 1998
PubH 5-391: Intro to Behavioral Epidemiology, 1987; 1989,1991
PubH 5-392: Public Health Approaches to Health Behavior Change, 1984
PubH 5-393: Public Health Research in the Community: Designs & Analysis of Field Studies, 1984
PubH 5-395: Epidemiology of Obesity, 1985, 1986, 1988, 1990, 1995-97, 1999,2002
PubH 5-399: Principles of Human Behavior I, 1990-92, 1997
PubH 5-914: Nutrition Intervention, 1994
PubH 8-379: Health Behavior Seminar in Epidemiology, 1993
PubH 8-389: Topics in Health Behavior Research, 1981

Training Grants:

Program Director/PI (1991-97)/Mentor, NIH/NHLBI **T32**-HL07328—The Behavioral Aspects of Cardiovascular Disease (PIs at different times: R. Luepker, R. Jeffery, C. Perry, P. Pirie), 1978-99.

Mentor/Program Faculty, NIH/NHLBI **T32**-HL007779—Cardiovascular Disease Epidemiology and Prevention Training Grant (PI: A. Folsom/EpiCH), 1992-14.

Sr. Mentor/Program Faculty, NIH/NCRR **K12**-RR023247—A Multidisciplinary Scholar Development Program to Advance Clinical Research **(CAPS)**(PI: R. Luepker, AHC), 2005-10, no-cost extension to 2011.

Principal Investigator/Career Development Awards Mentor, NIH/NCI **U54** CA116849 RFA CA-05-010—Examining the Obesity Epidemic through Youth, Family, & Young Adults **(TREC),** 9/19/05-08/31/10; phase out to 8/31/11

Associate Mentor/Program Faculty, NIH/NICHD **K12**-HD055887**—**Building Interdisciplinary Research Careers in Women's Health (**BIRCWH)**(PIs: N. Raymond, J. Wyman, UMN Powell Center for Women's Health), 2007-13, 2013-17.

Collaborating Faculty/Mentor, NIH/NCI **K07** CA126837—College Student Weight Gain: Identifying Opportunities for Cancer Prevention (PI/Mentee: Melissa Laska, EpiCH), 2008-13 (extended to 2014).

Co-mentor, NIH/NIDDK **K23**-DK075645—Managing Obesity by Combining Behavioral Weight Loss and Commercial Approaches (PI/Mentee: Angela Marinilli Pinto; Primary Mentor: R.Wing, Miriam Hospital, Providence, RI), 2008-13.

Program Faculty, NIH **P60**-MD003422—Research Education and Training Core, National Center for Minority Health and Health Disparities (NCMHD**)**, Center of Excellence in Health Disparities, Center for Health Disparities Research, Engagement and Training (**CeHDRET**)(PI: J. Ahluwalia), 2009-14.

Program Faculty, NIH/NCI **T32**-CA132670—Training Program in Nutrition and Cancer (Director: J-M Yuan, EpiCH; Co-director: M. Kurzer, FSN), 2009-14.

Program Director/PI/Mentor, NIH/NIDDK **T32** DK083250—Minnesota Obesity Prevention Training **(MnOPT)**, 2010-15.

Program Faculty, NIH/NCI **U54**—Community Networks Program (Program Manager: Michael Golden, Center for Health Equity, Medical School), 2010-15.

Mentor, NIH/NIDDK **K23** DK081607—Improving Weight Loss Maintenance through Alternative Schedules of Treatment (**ImWeL**)(PI/Mentee Gareth Dutton, U of Alabama-Birmingham), 2011-15.

Program Faculty/Mentor, NIH **T32**-DK007203—Training Grant in Diabetes, Endocrinology, & Metabolism (Renewal), PI: Elizabeth Seaquist, 2012-17.

Program Faculty, **USDA/NIFA** 2012-02773—Creating the University of Minnesota Child and Adolescent Obesity Training Center (PI: M. Laska/EpiCH), 09/01/12–08/31/14.