

WENDY LYNN HELLERSTEDT, MPH, PhD

Associate Professor and University Distinguished Teaching Professor
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EDUCATION

Doctor of Philosophy. Division of Epidemiology, Graduate School, University of Minnesota. December, 1992. Dissertation: The association of adolescent parity and infant mortality in Minnesota, 1980-1988.

Master of Public Health. Division of Epidemiology, School of Public Health, University of Minnesota. July, 1989.

Bachelor of Arts, Psychology. University of Minnesota, July, 1979.

PROFESSIONAL EXPERIENCE

Associate Professor. Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, June 2001 - present. Director of Graduate Studies 2003 – 2006; Chair of Maternal and Child Health Program, 2008-2011; Director of the Center for Leadership Education in Maternal and Child Public Health (www.epi.umn.edu/mch), 2005-present.

Assistant Professor. Division of Health Management and Policy (1995-1999) and Division of Epidemiology and Community Health (1999-present), School of Public Health, University of Minnesota. Deputy Director, National Teen Pregnancy Prevention Research Center, 1996-2000.

Research Associate. Division of Epidemiology, School of Public Health, University of Minnesota. January 1993 - March 1995.

Graduate Research Assistant/Teaching Assistant. Division of Epidemiology and Division of Human Development and Nutrition, School of Public Health, University of Minnesota. September 1986 - December 1992

Assistant Scientist. Lipid Research Clinic, Department of Medicine, University of Minnesota. August, 1985 - August, 1986.

Data Coordinator and Health Planner. Renal Network Coordinating Council of the Upper Midwest, Inc., Minneapolis, MN. March, 1980 - March, 1984.

GRADUATE AND PROFESSIONAL TEACHING EXPERIENCE

University-based graduate or professional courses, seminars, and institute direction/co-direction

- Born a Girl (Global Women's Health), PubH 6600: Course director (taught annually, 2008 - present)
- Global Reproductive Health, PubH 6600: Course director (2008, 2010, 2012)
- Community-based Participatory Research, PubH 6600: Co-director (2005, 2007, 2008)
- Adolescent Health, PubH 6607: Course director (taught biennially, 2005-present)
- Reproductive Epidemiology, PubH 8388: Seminar director (2003).
- Women's Health, PubH 6675: Course director (taught biennially, 2001- present).
- Reproductive and Perinatal Health, PubH 6605: Course director (taught biennially, 1996 - present).
- Evidence-based Public Health, PubH 5648: Course co-director (1998).
- Race, Class and Family Formation, PubH 5628: Seminar director (1997- 2006).
- MCH Annual Summer Institute, Addressing Social Disparities in Health, Institute Co-director/director and speaker (1997-2008; 2011).
- Institute on Research Development in Perinatal Health, PubH 5648: Adolescent Pregnancy and Prenatal Substance Use, Sponsored by NIH/NINR grant, Principal Investigator and Institute Director/Speaker (1998-1999).
- Pre-conception Health Conference, Co-director and speaker (annually, 2005-2010).

Graduate Advising, Student Examination Committee Memberships, and Formal Mentorships

Active advising (as of March 2014):

- 14 MPH advisees in MCH and Epidemiology
- 2 PhD advisees in Epidemiology
- 3 committee memberships for MA and MPH students

Past advising/examination committees

- 7 PhD graduates in Epidemiology and 3 PhD graduates in Nursing.
- 139 MPH/MS/MA graduates in the Schools of Public Health, Geography, Nursing, and Public Affairs.

Formal Mentorship of Faculty Members

- Dr. Richard Lee, Assistant Professor, Department of Psychology, College of Liberal Arts, University of Minnesota, K-01 Recipient, NIH, National Institute of Mental Health, 2004-2007.
- Dr. Carolyn Garcia, Assistant Professor, School of Nursing, University of Minnesota, BIRCWH Scholar, NIH, Office of Women's Health, 2009-2011.
- Dr. Rebecca Schlafer-Neely, Assistant Professor, School of Nursing, University of Minnesota, Pre-K Award, Clinical and Translational Science Institute/University of Minnesota, 2013-2015.

FORMER AND CURRENT PROFESSIONAL AFFILIATIONS

- American College of Epidemiology (Fellow, 1997-2007).
- American Public Health Association (Member and abstract reviewer, Maternal and Child Health Section, 1995-present; Member, MCH Data Committee, 1995-2000; Co-chair, Women's Health Committee, MCH section, 2002-present; Member, Executive Committee, MCH Section, 2002-present; Member, Governing Council, Epi section, 2003-2005).

- Association of Teachers of Maternal and Child Health (Member, 1998-present; Member, Nominations Committee, 1998-2001 and 2004-2006; Member-at-Large, Executive Committee, 2003-2007).
- Jacob's Institute for Women's Health (Member, 1995-2004).
- Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting (Member, 1997-present; Member, Info Exchange Committee, 1997-1999).
- Minnesota Public Health Association (Member, 1997-present).
- Society of Epidemiologic Research (Member and abstract reviewer, 1995-present).
- Society for Pediatric and Perinatal Epidemiologic Research (Member and abstract reviewer, 1995-present).

RECENT SERVICE AND HONORS

Service and Memberships

- Manuscript reviews for: *Addiction*, *American Journal of Clinical Nutrition*, *American Journal of Health Promotion*, *American Journal of Preventive Medicine*, *American Journal of Public Health*, *Evidence-based Nursing*, *Health Care for Women International*, *International Journal of Epidemiology*, *International Journal of Obesity*, *Journal of Adolescent Health*, *Journal of the American Medical Association*, *Journal of Cardiopulmonary Rehabilitation*, *Journal of Cardiovascular Research*, *Journal of Clinical Nutrition*, *Journal of Health Care for the Poor and Underserved*, *Journal of Pediatrics and Perinatal Epidemiology*, *Journal of Perinatology*, *Journal of Policy Analysis and Management*, *MCH Journal*, *Obstetrics and Gynecology*, *Perspectives in Sexual and Reproductive Health* (formerly *Family Planning Perspectives*), *Preventive Medicine*, and *Public Health Reports*, and *Social Science and Medicine*.
- Review Board, *American Journal of Health Behavior* (formerly *Health Values*) 1994-2012.
- Annual meeting abstract reviewer for: Society for Epidemiologic Research (2002-2007; 2009-2012); Society for Perinatal Epidemiologic Research (1996-present; reviewer for student prize paper, 2004-2006); American Public Health Association (MCH and Epi Sections, 1996-present); and MCH Epidemiology (2002-present).
- Invited commentator, *Evidence-based Nursing*, April 1998 (Vol 1, No. 2, p 56).
- Member, MCH Indicators Task Force, Minnesota Department of Health, 1998.
- Member, Birth Defects Surveillance Technical Advisory Committee, Minnesota Department of Health, 1997-1998.
- Member, National Advisory Council on Health Professions Education, Department of Health and Human Services. 1989-1990.
- Member, Association of Schools of Public Health, Committee on Diversity, 1998-2000.
- Member, National Action Agenda Committee, Association of Teachers of Maternal and Child Health, 2000-2002.
- Co-chair, Pregnancy Risk Assessment Monitoring Data Advisory Committee, Minnesota Department of Health, 2001-2008; member, 2008-present.
- Member, Nominations Committee, Association of Teachers of Maternal and Child Health, 1998-2001 and 2004-2006.
- Member, Ad-hoc Advisory Committee, Addressing Ambivalence: Improving Contraceptive Care, Co-sponsored by CDC (DRH), NIH (NICHD), and OPHS (OPA), June 2000.
- Member, Advisory Committee, Oral Health Networks, U So. Florida, 2001-2003.
- Member, HRSA Title V Review Committee, Region V, Chicago IL, 2001, 2004.

- Ad-hoc Member, Special Review Committee, Centers for Oral Disparities in Health, National Institutes of Health, 2001.
- Ad-hoc Member, Special Review Committee, Title V Grants, Maternal and Child Health Bureau, 1999, 2000, 2001, and 2005.
- Ad-hoc Member, Special Review Committee, Abstinence Education Grants (SPRANS), Maternal and Child Health Bureau, 2001.
- Co-chair, Women's Health Committee, MCH Section, American Association of Public Health, 2002-present.
- Member, Special Review Committee, American Academy of Pediatrics/MCHB, Healthy Tomorrows, 2003.
- Member-at-Large, Executive Committee, Association of Teachers of Maternal and Child Health, 2003-2007.
- Member, MCH Council, Association of Schools of Public Health, 2003-2005.
- Member, MCH Epidemiology Planning Committee, Centers for Disease Control and Prevention, Division of Reproductive Health, 2003-2008
- Governing Council, Epidemiology Section, American Public Health Association, 2003-2005.
- Participant, Ad-hoc committee to examine curricula, HRSA/ASPH Women's Health Content in Accredited Schools of Public Health, 2004.
- Member, Planning Committee, Afterbirth Conference, Humphrey School of Public Affairs and School of Public Health, University of Minnesota, 2004.
- Member, Interim Faculty Executive Committee, Division of Epidemiology, School of Public Health, University of Minnesota, 2004.
- Member, HRSA Extramural Research Review Committee, MCH Bureau, 2004-2006, 2009.
- Chair and Member, HRSA Extramural Research Review Committee, MCH Bureau, 2006-2008.
- Member, ad-hoc committee to review CDC/ASPH research grants for intervention programs in unintended pregnancy and teen pregnancy, 2004, 2005.
- Member, Review Committee, ASPH MCH Epi Curriculum, University of Illinois, Chicago, 2005-2007.
- Member, CDC Review Committee, From Data to Action, 2005.
- Ex-officio member, Minnesota March of Dimes Prematurity Campaign Committee, 2005-2006.
- Member, Objective Review Committee, HRSA, Innovative Approaches to Promoting a Healthy Weight in Women, 2006.
- Member, University of Minnesota Academy of Distinguished Teachers, 2006-present.
- Reviewer, ASPH/CDC/PRC Minority Fellowships, 2006.
- Consultant, Michael Smith Foundation for Health Research, Career Investigator Program, 2007.
- Consultant, Elsevier Publishing, review of Women & Health, Second Edition, 2007.
- Member, NIH Special Review Panel, Infertility Treatment, Child Growth and Development Through Age Three Years, 2007.
- Member, NIH Special Review Panel (R-21), Health Promotion Research Directed to Improving the Oral Health of Women and Their Infants, 2007.
- Member, NIH Special Review Panel, National Children's Study, 2007, 2008.
- Member, HRSA Scientific Review Committee, Innovative Approaches to a Healthy Weight and Mental Wellness in Women, 2008.
- Chair, NICHD/DESPR Special Review Panel, Data Coordinating Center for the Fetal Growth Study, 2008.

- Chair, HRSA Special Review Panel, Autism Centers, 2008.
- Ex-Officio Member (appointed), Maternal and Child Health Task Force for the Commissioner of Health, State of Minnesota, 2010-present. Member, sub-committee on Preconception Health, 2013-present.
- Member (elected), University Faculty Senate, University of Minnesota, 2010-present.
- Chair, NIH/NICHD National Children's Study-Vanguard Centers, RFP-NIH-NICHD-NCS-SS-1022, January and March, 2011 (two rounds of review).
- Member, NIH/NICHD Special Extramural Research Review Panel (ZRG1 SSPS-H 09), May 2011.
- Chair, NIH/NICHD/DESPR Special Extramural Review Panel, Infertility Treatment, Child Growth and Development to Age Three Years (RFP-NIH-NICHD-DESPR-2011-14), November 2011.
- Member, NIH/NICHD/CRHB, Special Extramural Review Panel, Contraceptive Trial Network Statistical and Clinical Coordinating Center (RFP-NIH-NICHD-CRHB-2012-05), August 2012.
- Member/Chair, DHHS/HRSA/OFAM/Division of Independent Review, Scientific Review Committee, November 2012.
- Member, NIH/NICHD/DESPR, Special Extramural Review Panel, Multiple Study Data Coordinating Center for DESPR (RFP NIH-NICHD-DESPR-2013-15), July 2013.
- Member, Advisory Board, Minnesota Linking Information for Kids: Building Capacity for Data-Intensive Research, National Science Foundation, Center for Advanced Studies in Child Welfare, October 2013 – present.
- Chair, DHHS/HRSA/OFAM/Division of Independent Review, Scientific Review Committee (HSRA-14-007), January 2014.

Honors

- Member, Delta Omega Society (nominated in 1997).
- Leonard M. Schuman Excellence in Teaching Award, University of Minnesota, School of Public Health, 2003.
- Loretta P. Lacey Academic Leadership Award, Association of Teachers of Maternal and Child Health, 2004.
- Member, Association of Schools of Public Health/Pfizer Public Health Academy of Distinguished Teachers, 2007-2009.
- Award for Outstanding Contributions to Postbaccalaureate, Graduate, and Professional Education, University of Minnesota, 2006.
- Member, University of Minnesota, Academy of Distinguished Teachers, 2006-present.

PUBLICATIONS IN PEER-REVIEWED JOURNALS (* mentored students/faculty first author)

1. * Shlafer RJ, **Hellerstedt W**, Secor-Turner M, Gerrity E, Baker R. Doulas' Support Stories: Qualitative Findings from a Prison Doula Pilot Program. *In press*, Public Health Nurs, February 10, 2014.
2. * Federowicz A, **Hellerstedt WL**, Schreiner PJ, Bolland JM. The associations of adolescent hopelessness and self-worth with pregnancy attempts and pregnancy desire. *In press*, Am J Public Health, January 29, 2014.

3. * Sidebottom A, **Hellerstedt WL**, Harrison PA, Hennrikus D. An examination of prenatal and postpartum depressive symptoms among women served by urban community health centers. *Arch Womens Ment Health* 2014;17:27-40. [PMID: 24037098]
4. Eckerle JK, Knauf Hill L, Iverson S, **Hellerstedt W**, Gunnar M, Johnson DE. Vision and hearing problems in international adoptees and associations with behavioral and developmental disabilities. *Matern Child Health J* April 2013:1-9 (online). [PMID: 23605963]
5. **Hellerstedt WL**, Phelan SM, Cnattingius S, Hultman CM, Harlow BL. Are prenatal, obstetric, and infant complications associated with postpartum psychosis among women with pre-conception psychiatric hospitalisations? *BJOG* 2013;120:446-55. [PMID: 23194279]
- 6.* Phelan SM, Griffin JM, **Hellerstedt WL**, van Ryn M. Stigma, self-blame, and depressive symptoms in men with colorectal cancer. *Psycho-Oncology* 2013;22:65-73. [PMID: 21954081]
7. Fontaine P, **Hellerstedt W**, Dayman C, Wall M, Sherwood N. Evaluating BMI-specific trimester weight gain recommendations: differences between black and white women. *J Midwifery Womens Health* 2012;57(4):327-35. [PMID: 22758355]
- 8.* Gyllstrom M, **Hellerstedt WL**, Hennrikus D. The association of maternal mental health with prenatal smoking cessation and postpartum relapse in a population-based sample. *Matern Child Health J* 2012;16(3):685-93. [PMID: 21369723]
9. * Phelan SM, Griffin JM, Jensen A, **Hellerstedt W**, Sayer NA, Burgess DJ, van Ryn M. Perceived stigma, strain, and mental health among caregivers of veterans with traumatic brain injury. *Disability and Health Journal* 2011;4(3):177-84. [PMID: 21723524]
10. * Grice MM, McGovern PM, Alexander BH, Ukestad L, **Hellerstedt W**. Balancing work and family after childbirth: a longitudinal analysis. *Womens Health Issues* 2011; 21(1):19-27. [PMID: 21185988]
11. * Gyllstrom M, **Hellerstedt WL**, McGovern P. Independent and interactive associations of prenatal mood and substance use with infant birth outcomes. *Matern Child Health J* 2011;15(2):198-204. [PMID: 20054626]
12. Hennrikus D, Pirie P, **Hellerstedt W**, Lando HA, Steele J, Dunn C. Increasing support for smoking cessation during pregnancy and postpartum: results of a pilot study. *Prev Med* 2010; 50(3):134-7. [PMID: 20079760]
13. Jones-Webb R, Yu X, Wall M, Cui Y, **Hellerstedt WL**, Oswald J. Race, socioeconomic position and premature mortality. *Minnesota Medicine* 2009 (Feb): 40-43. [PMID: 19331289]
14. * Ralston-Howe E, Zhongze L, McGlennen RC, **Hellerstedt WL**, Downs LS Jr. Type-specific prevalence and persistence of human papillomavirus in United States women referred for typing as a component of cervical cancer screening. *Am J Obstet Gynecol* 2009; 200(3):343-9. [PMID: 19254582]

15. **Hellerstedt WL**, McGovern PM, Fontaine P, Oberg CN, Cordes JE. Prenatal environmental exposures and child health. Minnesota's role in the National Children's Study. *Minnesota Medicine* 2008 (Sept): 30-34. [PMID: 18990917]
16. Lee JM, Kleinbaum D, Diener-West M, Grimley DM, **Hellerstedt WL**, Sullivan L, Aday L, Riegelman R. Teaching excellence in public health: a call to action. *Public Health Rep* 2008;123:405-8. [PMCID: PMC2289970]
17. * Rhodes KL, **Hellerstedt WL**, Davey CS, Pirie PL, Daley KA. American Indian breastfeeding attitudes and practices in Minnesota. *Matern Child Health J*, 2008;12(Sup 1):1092-7875. [PMID: 18266094]
18. Garwick AW, Rhodes KL, Peterson-Hickey M, **Hellerstedt WL**. Native Teen Voices: adolescent pregnancy prevention recommendations. *J Adolesc Health* 2008 42(1):81-8. [PMID: 18155034]
19. * Meschke LL, **Hellerstedt WL**, Holl J, Messelt S. Correlates of prenatal alcohol use. *Matern Child Health J* 2008;12:442-51. [PMID: 17690960]
20. * Davies DA, Welles SL, **Hellerstedt WL**, Ross MW. Body image, body satisfaction, and unsafe anal intercourse among men who have sex with men. *J Sex Research* 2008;45(1):49-56. [PMID: 18321030]
21. **Hellerstedt WL**, Madsen NJ, Gunnar MR, Grotevant HD, Lee RM, Johnson DE. The International Adoption Project: population-based surveillance of Minnesota families created through international adoption. *Matern Child Health J* 2008;12:162-71. [PMCID: PMC2398719]
22. * Brennan DJ, **Hellerstedt WL**, Welles SL, Ross MW. History of childhood sexual abuse and HIV risk behaviors in gay and bisexual men. *Am J Public Health* 2007 97: 1107-1112. [PMCID: PMC1874190]
23. * Baker AN, **Hellerstedt WL**. Do neighbors matter? Residential racial concentration and birth outcomes for native- and foreign-born black women in urban Minnesota. *J National Med Assoc* 2006;98:172-80. [PMCID: PMC2595057]
24. **Hellerstedt WL**, Peterson-Hickey M, Rhodes KL, Garwick A. Environmental, social and personal correlates of having ever had sexual intercourse among American Indian youth. *Am J Public Health* 2006;96:2228-34. [PMCID: PMC1698158]
25. * Lee RM, Grotevant HD, **Hellerstedt WL**, Gunnar MR. Cultural socialization in families with internationally adopted children. *J Family Psychology* 2006;20:571-80. [PMCID: PMC2398726]
26. Sieving R, **Hellerstedt W**, McNeely C, Fee R, Snyder J, Resnick M. Reliability of self-reported contraceptive use and sexual behaviors among adolescent girls. *J Sex Research* 2005;42:159-66. [PMID: 16123846]
27. **Hellerstedt WL**, Radel E. Sexual activity and the sexual health of adolescents in the United States. *Int J Childbirth Education* 2005;20:29-32.

28. * Van Riper KK, **Hellerstedt WL**. Emergency contraceptive pills: dispensing practices, knowledge, and attitudes of South Dakota pharmacists. *Persp Sexual Reprod Health* 2005;37:19-24. [PMID: 15888399]
29. * Dunn CL, Pirie PL, **Hellerstedt WL**. Self exposure to secondhand smoke among prenatal smokers, abstainers, and nonsmokers. *Am J Health Promotion* 2004;18:296-99. [PMID: 15011929]
30. * Dunn CL, Pirie PL, **Hellerstedt WL**. Lay advice on alcohol and tobacco use during pregnancy. *Health Care Women International* 2004;25:55-75.
31. * Dunn CL, Pirie PL, **Hellerstedt WL**. The advice-giving role of female friends and relatives during pregnancy. *Health Ed Res* 2003;18: 352-62. [PMID: 12828236]
32. * Hanson MB, **Hellerstedt WL**, Desvarieux M, Duval SJ. Correlates of breast-feeding in a rural population. *Am J Health Behav* 2003;27:432-44. [PMID: 12882437]
33. **Hellerstedt WL**, Johnson PJ, Oswald JW. The associations of prenatal substance use to birth outcomes and infant death: do they vary by maternal age and race? *Health Ed Monographs Series* 2002;19:7-17.
34. * Johnson PJ, **Hellerstedt WL**, Pirie PL. Current or past physical or sexual abuse as a risk marker for sexually transmitted disease in pregnant women. *Perspect Sex Reprod Health* 2002;34:62-7. [PMID: 12043710]
35. * Johnson PJ, **Hellerstedt WL**, Pirie PL. Abuse history and the risk of non-optimal prenatal weight gain. *Pub Health Rep* 2002;117:148-156. [PMCID: PMC1497424]
36. **Hellerstedt WL**, Fee RM, McNeely CA, Sieving RE, Shew ML, Resnick MD. Pregnancy feelings among adolescents awaiting pregnancy test results in urban Midwestern clinics. *Pub Health Rep* 2001;116 (Suppl):180-93. [PMCID: PMC1913679]
37. **Hellerstedt WL**, Smith AE, Resnick MD, Shew ML. Perceived knowledge and training needs in adolescent pregnancy prevention: results from a multidisciplinary survey. *Arch Ped Adol Med* 2000;154:679-84. [PMID: 10891019]
38. Shew ML, **Hellerstedt WL**, Sieving R, Smith AE, Fee RM. Prevalence of home pregnancy testing in adolescents. *Am J Public Health* 2000;90:974-6. [PMCID: PMC1446251]
39. **Hellerstedt WL**, Olson SM, Oswald JW, Pirie PL. Evaluation of a community-based program to improve infant immunization rates in rural Minnesota. *Am J Prev Med* 1999;16(3S):50-7. [PMID: 10198680]
40. **Hellerstedt WL**, Story M. Adolescent satisfaction with postpartum contraception and body weight concerns. *J Adol Health* 1998;22:446-52. [PMID: 9627814]
41. **Hellerstedt WL**, Pirie PL, Lando HA, Curry SJ, McBride CM, Grothaus L, Clark Nelson J. Differences in preconceptional and prenatal behaviors in women with intended and unintended pregnancies. *Am J Public Health* 1998;88:663-6. (Article annotated in the same issue.) [PMCID: PMC1508432]

42. Leonard BJ, **Hellerstedt WL**, Josten L. The association of maternal psychological function to pathology in child sexual abuse victims. *Issues Mental Health Nurs* 1997;18:587-601. [PMID: 9384077]
43. **Hellerstedt WL**, Jeffery RW. The association of job strain and health behaviours in men and women. *Int J Epidemiol* 1997;26:575-83. [PMID: 9222783]
44. **Hellerstedt WL**, Himes JH, Story M, Alton I, Edwards LE. Effects of cigarette smoking and gestational weight change on birth outcomes in obese and normal-weight women. *Am J Public Health* 1997;87:591-6. [PMCID: PMC1380838]
45. **Hellerstedt WL**, Jeffery RW. The effects of a telephone-based intervention on weight loss. *Am J Health Promotion* 1997;11(3):177-82. [PMID: 10165095]
46. Wing RR, Jeffery RW, **Hellerstedt WL**, Burton L. Effect of frequent phone contacts and optional food provision on maintenance of weight loss. *Ann Behav Med* 1996;18(3):172-6.
47. Wing RR, Jeffery RW, Pronk N, Hellerstedt WL. Effects of a personal trainer and financial incentives on exercise adherence in overweight women in a behavioral weight loss program. *Obes Res* 1996;4:457-62. [PMID: 8885210]
48. Edwards LE, **Hellerstedt WL**, Alton IR, Story M, Himes JH. Pregnancy complications and birth outcomes in obese and normal-weight women: effects of gestational weight change. *Obstet Gynecol* 1996; 87:389-94. [PMID: 8598961]
49. **Hellerstedt WL**, Pirie PL, Alexander GR. Adolescent parity and infant mortality, Minnesota, 1980 through 1988. *Am J Public Health* 1995;85:1139-42. [PMCID: PMC1615824]
50. Wing RR, Jeffery RW, **Hellerstedt WL**. A prospective study of effects of weight cycling on cardiovascular risk factors. *Arch Int Med* 1995;155(13):1416-22. [PMID: 7794091]
51. Jeffery RW, Gray CW, French SA, **Hellerstedt WL**, Murray D, Luepker RV, Blackburn H. Evaluation of weight reduction in a community intervention for cardiovascular disease risk: changes in body mass index in the Minnesota Heart Health Program. *Int J Obesity* 1995;19:30-9. PMID: 7719388]
52. Jeffery RW, **Hellerstedt WL**, French SA, Baxter JE. A randomized trial of fat restricted versus calorie restricted diets for the treatment of obesity. *Int J Obesity* 1995;19:132-7. [PMID: 7735340]
53. Pirie PL, McBride CM, **Hellerstedt WL**, Jeffery RJ, Hatsukami D, Allen, S, Lando H. Smoking cessation in women concerned about weight. *Am J Public Health* 1992;82:1238-43. [PMCID: PMC1694323]
54. Lando HA, **Hellerstedt WL**, Pirie PL, McGovern PG. Brief supportive telephone outreach as a recruitment strategy for smoking cessation. *Am J Public Health* 1992;82: 41-6. [PMCID: PMC1694411]
55. Hatsukami D, McBride C, Pirie P, Hellerstedt W, Lando H. Effects of nicotine gum on prevalence and severity of withdrawal in women cigarette smokers. *J Substance Abuse* 1991;3:427-40. [PMID: 1821296]

56. Lando HA, **Hellerstedt WL**, Pirie PL, Fruetel J, Huttner P. Results of a long-term community smoking cessation contest. *Am J Health Promotion* 1991;5:420-5. [PMID: 10146840]
57. Lando HA, Pirie PL, **Hellerstedt WL**, McGovern PG. Survey of smoking patterns, attitudes, and interest in quitting. *Am J Prev Med* 1991;7:18-23. [PMID: 1867896]
58. **Hellerstedt WL**, Jeffery RJ, Murray D. The association between alcohol intake and adiposity in the general population. *Am J Epidemiol* 1990;132(4):594-611. [PMID: 2206044]
59. Jeffery RJ, **Hellerstedt WL**, Schmid TL. Correspondence programs for smoking cessation and weight control. *Health Psychology* 1990;9(5):585-98. [PMID: 2226387]
60. Schmid TL, Jeffery RJ, **Hellerstedt WL**. Direct mail recruitment to home-based smoking and weight control programs: a comparison of strategies. *Prev Med*, 1989;18:503-17. [PMID: 2798372]
61. Rastam L, Admire JB, Frantz Jr. I, **Hellerstedt WL**, Hunninghake DB, Kuba K, Luepker R. Measurement of blood cholesterol with the Reflotron Analyzer evaluated. *Clinical Chem* 1988;34:426. [PMID: 3342525]
62. Carlson DC, **Hellerstedt WL**, Anderson J, Sterioff S, Andersen RK, Ascher N. Kidney donor candidacy study. *Transplant Proc* 1985;17:99.
63. **Hellerstedt WL**, Johnson WJ, Ascher N, Kjellstrand CM, Knutson R, Shapiro FL, Sterioff S. Survival rates of 2728 patients with end-stage renal disease. *Mayo Clin Proc* 1984;59:776-83. [PMID: 6492873]

BOOK CHAPTERS

1. **Hellerstedt WL**. Reproductive Health. IN: *Social and Behavioral Foundations of Public Health*, 2nd ed. Coreil J (Ed). New York: Sage. 2008.
2. **Johnson DE and Internationales Adoptionsproject-Team (IAP)** Zusammenhänge zwischen dem Wachstum von psychisch belasteten Kindern und kognitiver sowie emotionaler Entwicklung. IN: Brisch KH, Hellbrügge T (Eds). *Kinder ohne Bindung: Deprivation, Adoption und Psychotherapie*. Stuttgart:Klett-Cotta, 2006; pp 138-160.
3. **Hellerstedt WL**. Trends in adolescent sexual behavior, contraceptive use, pregnancy, and pregnancy resolution. IN: *Nutrition and the pregnant adolescent*. Story M, Stang J (Eds). Minneapolis MN: Leadership, Education and Training Program in Maternal and Child Nutrition, University of Minnesota. 2000.
4. **Hellerstedt WL**. Economic, psychosocial, and health risks associated with adolescent childbearing. IN: *Nutrition and the pregnant adolescent*. Story M, Stang J (Eds). Minneapolis MN: Leadership, Education and Training Program in Maternal and Child Nutrition, University of Minnesota. 2000.

PEER-REVIEWED PRESENTATIONS (* = presented by Hellerstedt)

1. **Hellerstedt WL.** Correlates of early postpartum contraceptive use. To be presented at the 13th annual European Society of Contraception and Reproductive Health Congress, Lisbon, Portugal, May 28-31, 2014 [abstract will appear in the European Journal of Contraception and Reproductive Health Care].
2. **Hellerstedt WL.** Is pregnancy intention associated with postpartum depressive symptoms? To be presented at the 13th annual European Society of Contraception and Reproductive Health Congress, Lisbon, Portugal, May 28-31, 2014 [abstract will appear in the European Journal of Contraception and Reproductive Health Care].
3. Martins S, **Hellerstedt WL.** Rural/Urban Differences in Family Planning Service Provision: A Survey of Title X Clinics in Great Plains and Midwestern United States. To be presented at the annual meeting of the Population Association of America, Boston MA, April 30-May 3, 2014.
4. * **Hellerstedt WL,** Schlafer R. Pregnancy support for incarcerated mothers: Results from a prison doula pilot project. Presented at the 141st annual meeting of the American Public Health Association, Boston MA, November 2-6, 2013.
5. *Fedorowicz A, **Hellerstedt WL,** Bolland J, Schreiner P. Are adolescent feelings of hopelessness and low self-worth associated with pregnancy attempts and positive feelings about pregnancy involvement? Presented at the 141st annual meeting of the American Public Health Association, Boston MA, November 2-6, 2013.
6. Morrison LF, Sieving, RE, Pettingell SE, Bearinger LH, **Hellerstedt WL,** McMorris BJ. , Contraceptive use among emerging adult college women: Results from a national survey. Poster presentation at the Powell Center for Women's Health 10th Annual Research Conference, September 16, 2013, Minneapolis, MN.
7. * **Hellerstedt WL.** Using surveillance data to improve women's health. Invited panel, moderation and presentation by Hellerstedt. Presented at the 140th annual meeting of the American Public Health Association, San Francisco CA, October 27-31, 2012.
8. McGovern P, **Hellerstedt W,** Gjerdingen D, Nachreiner N, DeFor T, Fontaine P. Racial disparities in depression screening among prenatal and postpartum women. Presented at the 140th annual meeting of the American Public Health Association, San Francisco CA, October 27-31, 2012.
9. ***Hellerstedt WL.** Is perceived partner pregnancy intention associated with maternal prenatal and postpartum well-being? Presented at annual meeting of the Fédération Internationale des Associés Professionnels de l'Avortement et de la Contraception (FIAPAC) Congress, Edinburgh, United Kingdom, October 19-21, 2012.
10. * **Hellerstedt WL.** Depression across the reproductive lifecourse: pre-conception, prenatal, and postpartum depressive symptoms. Presented at the annual meeting of the Marcé Society, Paris, France, October 3-5, 2012.
11. McGovern PM, Gjerdingen DK, **Hellerstedt WL,** Fontaine P, Nachreiner NM, DeFor TA. Racial disparities in depression screening among prenatal and postpartum women. Presented at the 25th Annual Meeting of the Society for Pediatric and Perinatal Epidemiologic Research, Minneapolis, MN, June 25-27, 2012.

12. ***Hellerstedt WL**, McGovern P, Fontaine P, DeFor T, Nachreiner N. Characteristics and pregnancy outcomes of women who experience pre-conception, prenatal, and postpartum residential mobility. Presented at the 25th Annual Meeting of the Society for Pediatric and Perinatal Epidemiologic Research, Minneapolis, MN, June 25-27, 2012.
13. Fontaine P, **Hellerstedt W**, McGovern P, Nachreiner N, DeFor T. Obesity and health care utilization. Presented at 18th Annual HMO Research Network Conference, Seattle, WA, April 29-May 2, 2012.
14. McGovern P, Gjerdingen D, Hellerstedt W, Nachreiner N, DeFor T, Sherwood N, Fontaine P. Disparities in depression screening among prenatal and postpartum women. Presented at Academy Health Annual Research Meeting, Seattle WA, Dec 2011.
15. * **Hellerstedt WL**. Public health priorities and public fears: newborn screening and immunization. An invited and peer-reviewed session, developed by Hellerstedt, that included three other colleagues, including Minnesota Health Commissioner Ehlinger. Presented at the annual meeting of the American Public Health Association, Washington DC, November 3, 2011.
16. Nachreiner N, McGovern P, **Hellerstedt W**, DeFor T, Sherwood N, Fontaine P. Work exposures during pregnancy: associations with maternal and infant health outcomes. Presented at the 8th annual Deborah E. Powell Center for Excellence in Women's Health meeting, Minneapolis, MN, September 19, 2011.
17. McGovern P, Gjerdingen D, **Hellerstedt W**, Nachreiner N, DeFor T, Sherwood N, Fontaine P. Disparities in depression screening. Presented at the 8th annual Deborah E. Powell Center for Excellence in Women's Health meeting, Minneapolis, MN, September 19, 2011.
18. * **Hellerstedt W**, McGovern P, Fontaine P, Nachreiner N. Residential mobility of insured women. Presented at the 8th annual Deborah E. Powell Center for Excellence in Women's Health meeting, Minneapolis, MN, September 19, 2011.
19. * **Hellerstedt W**, McGovern P, Fontaine P, Nachreiner N. Residential mobility of insured women. Presented at the National Children's Study Research Day, National Institute for Child Health and Development, Bethesda, Maryland, August 25, 2011.
20. * **Hellerstedt WL**, Punyko JA, Nguyen RH. Are pregnancy feelings associated with less than adequate prenatal care utilization? Presented at the annual meeting of the American Public Health Association, Denver CO, November 8-10, 2010.
21. Nguyen RH, **Hellerstedt WL**, Punyko JA. Are pre-conception and prenatal health behaviors and conditions associated with postpartum depressive symptoms? Presented at the annual meeting of the American Public Health Association, Denver CO, November 8-10, 2010.
22. * **Hellerstedt WL**, McGovern P, Nachreiner N, DeFor T, Fontaine P, Sherwood N. Characteristics of women who experience pre-conception, prenatal, and postpartum mobility. Presented at the 7th annual Deborah E. Powell Center for Excellence in Women's Health meeting, Minneapolis, MN, September 20, 2010.

23. Nachreiner N, McGovern P, **Hellerstedt W**, DeFor T, Sherwood N, Fontaine P. Association of occupational exposures during pregnancy and maternal and infant health outcomes. Presented at the 7th annual Deborah E. Powell Center for Excellence in Women's Health meeting, Minneapolis, MN, September 20, 2010.
24. McGovern P, Gjerdingen D, **Hellerstedt W**, Nachreiner N, DeFor T, Sherwood N, Fontaine P. Exploring disparities in depression screening among prenatal and postpartum women. Presented at the 7th annual Deborah E. Powell Center for Excellence in Women's Health meeting, Minneapolis, MN, September 20, 2010.
25. Dayman C, Fontaine P, **Hellerstedt W**, Wall M, Sherwood N, Tan A. How well do black and white women meet the 2009 Institute of Medicine recommendations for gestational weight gain? Presented at the 6th annual Deborah E. Powell Center for Excellence in Women's Health meeting, Minneapolis, MN, September 21, 2009.
26. ***Hellerstedt WL**, Fontaine P, Sherwood N, Avery M. What attitudes do women hold about gestational weight gain? Presented at the NAPCRG Annual Meeting, Montreal, Quebec, Canada, November 14-18, 2009.
27. Fontaine P, Sherwood N, Wall M, **Hellerstedt WL**, Daiman C, Avery M. Predictors of excessive and insufficient gestational weight gain in a diverse urban population. Presented at the NAPCRG Annual Meeting, Montreal, Quebec, Canada, November 14-18, 2009.
28. ***Hellerstedt WL**, Fontaine P, Sherwood N, Avery M, Fong S. What do women think about gestational weight gain? Presented at the annual meeting of the American Public Health Association, Philadelphia PA, November 7-11, 2009.
29. * Gyllstrom M, **Hellerstedt WL**. Methamphetamine use: Women's experiences during pregnancy. Presented at the annual meeting of the American Public Health Association, Philadelphia PA, November 7-11, 2009.
30. ***Hellerstedt WL**, McGovern P, Nachreiner N. Reproductive health and the National Children's Study. Presented at the annual meeting of the American Public Health Association, Philadelphia PA, November 7-11, 2009.
31. Phelan SM, Griffin JM, Jensen A, Sayer NA, Burgess D, **Hellerstedt W**, van Ryn M. Does severity of neurobehavioral effects of traumatic brain injury affect caregiver perceptions of discrimination? Presented at the annual meeting of the American Public Health Association, Philadelphia PA, November 7-11, 2009.
32. Phelan SM, Griffin JM, Jensen A, **Hellerstedt W**, Sayer NA, Burgess D, van Ryn M. How does stigma affect the mental health of family caregivers of veterans with traumatic brain injury? Presented at the annual meeting of the American Public Health Association, Philadelphia PA, November 7-11, 2009.
33. ***Hellerstedt WL**, Fontaine P, Sherwood N, Avery M, Fong S. What do women think about gestational weight gain? Presented at the 5th annual Women's Health Research Conference, Deborah E. Powell Center for Women's Health, University of Minnesota, September 22, 2008.
34. ***Hellerstedt WL**, McGovern P, Nachreiner N. Reproductive health and the National Children's Study. Presented at the 5th annual Women's Health Research Conference,

Deborah E. Powell Center for Women's Health, University of Minnesota, September 22, 2008.

35. *Gyllstrom M, **Hellerstedt WL**. Associations of perinatal mental health and substance use problems with maternal and birth outcomes. Presented at the annual meeting of the American Public Health Association, San Diego, CA, October 25, 2008.
36. Phelan SM, **Hellerstedt WL**, Harlow BL. Postpartum psychosis among women with pre-pregnancy psychotic hospitalization. Presented at the annual meeting of the Society of Perinatal and Epidemiologic Research, Chicago, IL, June 12, 2008.
37. ***Hellerstedt WL**. Is pregnancy ambivalence associated with perinatal behaviors? Presented at the 10th annual meeting of the European Society of Contraception, Prague, Czech Republic, April 30-May 3, 2008.
38. ***Hellerstedt WL**. At-risk adolescents: pregnancy and contraceptive use. Presented at the 10th annual meeting of the European Society of Contraception, Prague, Czech Republic, April 30-May 3, 2008.
39. Thomas SG, **Hellerstedt W**, Lust K, Joseph M, Downs LS. HPV vaccination in high-risk groups: an evaluation of usage among University women. Presented at the biennial meeting of the American Society for Colposcopy and Cervical Pathology, Lake Buena Vista FL, March 17-21, 2008. [Abstract to be published in the Journal of Lower Genital Tract Disease.]
40. Hennrikus D, Pirie P, Steele J, Dunn C, **Hellerstedt W**, Lando H. Mobilizing social support for smoking cessation during pregnancy. Presented at the 4th annual Women's Health Research Conference, Deborah E. Powell Center for Women's Health, University of Minnesota, September 17, 2007.
41. Phelan SM, **Hellerstedt WL**, Harlow BL. Obstetric complications and postpartum psychosis among women with pre-pregnancy psychotic hospitalization. Presented at the 4th annual Women's Health Research Conference, Deborah E. Powell Center for Women's Health, University of Minnesota, September 17, 2007.
42. Ralston E, Downs L, Li Z, **Hellerstedt W**, McGlennen R. Type-specific HPV results at the time of cytological screening in a clinic-based population of women in the United States. Presented at the 4th annual Women's Health Research Conference, Deborah E. Powell Center for Women's Health, University of Minnesota, September 17, 2007.
43. Welles SL, **Hellerstedt WL**. Position during anal sex and sexual risk in gay men. Presented at the annual conference of the Society for Epidemiologic Research (SER), Boston, MA, June 19-22, 2007.
44. ***Hellerstedt WL**, Sable M. Are ambivalent feelings about pregnancy associated with perinatal behaviors? Presented at the Nineteenth Annual Meeting of the Society for Pediatric and Perinatal Epidemiologic Research (SPER), Seattle, Washington, June 20-21, 2006.
45. ***Hellerstedt WL**, Sable M. Pregnancy feelings and attitudes: are they associated with perinatal behaviors and birth outcomes? Presented at the Nineteenth Annual Meeting of

the Society for Pediatric and Perinatal Epidemiologic Research (SPER), Seattle, Washington, June 20-21, 2006.

46. ***Hellerstedt WL**, Hennrikus D, Pirie PL, Lando H, Dunn C. Is satisfaction with pregnancy associated with attitudes about perinatal smoking? Presented at the Nineteenth Annual Meeting of the Society for Pediatric and Perinatal Epidemiologic Research (SPER), Seattle, Washington, June 20-21, 2006.
47. ***Hellerstedt WL**, Sable M. Pregnancy intention: risk and resilience. *Invited session*. Presented at the American Public Health Association meeting, Boston MA, November 5-8, 2006.
48. ***Hellerstedt WL**, Harvey M, Sable M. When politics and evidence don't mix: abortion, abstinence, and emergency contraception. *Invited session*. Presented at the American Public Health Association annual meeting, Philadelphia PA, Dec 13-15 2005.
49. *Oman R, **Hellerstedt WL**, Barnet B, Petersen R. Adolescent pregnancy and unintended pregnancy: new research, new challenges. *Invited session*. Presented at the annual meeting of MCH Epidemiology, Miami FL, Dec 6-8, 2005.
50. Farris JE, **Hellerstedt WL**. Emergency contraceptive pills: knowledge, attitudes and interest among Minnesota legislators. Presented at Women's Health Conference, Powell Center, University of Minnesota, Minneapolis MN, September 25-26, 2005.
51. Rhodes KL, Garwick A, **Hellerstedt W**, Huenemann J, Hunt S, Morris C, Peterson-Hickey M. Native Teen Voices: recommendations for preventing teen pregnancy. Presented at the annual meeting of the Indian Health Service, Seattle WA, May 1-2, 2005.
52. Rhodes KL, Garwick A, **Hellerstedt W**, Huenemann J, Hunt S, Morris C, Peterson-Hickey M. Native Teen Voices: listening to youth. Presented at the annual meeting of the Minnesota Organization on Adolescent Pregnancy Prevention and Parenting, Minneapolis MN, May 6-7 2005.
53. Brennan DJ, **Hellerstedt WL**, Ross MW, Welles SL. History of childhood sexual abuse and HIV risk behaviors in men who have sex with men. Presented at the 2005 National HIV Prevention Conference, Atlanta GA, June 12-15, 2005.
54. Brennan DJ, **Hellerstedt WL**, Ross MW, Welles SL. History of childhood sexual abuse and HIV risk behaviors in men who have sex with men. Presented at the Society for Social Work and Research, San Antonio TX, January 12-15, 2006.
55. ***Hellerstedt WL**, Madsen N, Gunnar M. The International Adoption Project. Presented at the 10th annual Maternal and Child Health Epidemiology Conference, Atlanta GA, December 8-10, 2004.
56. ***Hellerstedt WL**, Garwick A, Rhodes. K. Native teen sexual behavior: social and environmental correlates. Presented at the annual meeting of the American Public Health Association, Washington DC, November 6-10, 2004.
57. *Baker AN, **Hellerstedt WL**, Pirie PL. Low birthweight by neighborhood concentration of native- and foreign-born black women in urban Minnesota. Presented at the annual

- meeting of the American Public Health Association, Washington DC, November 6-10, 2004.
58. Welles SL, Davies DT, Ross MW, **Hellerstedt WL**. Dissociation between perceived body image and reported body mass index (BMI) among gay/bisexual men enrolled in a community-based setting. Presented at the annual meeting of the American Public Health Association, Washington DC, November 6-10, 2004.
 59. Davies Jr DT, Welles SL, **Hellerstedt WL**, Ross MW. Self-reported body image and unsafe anal intercourse among men who have sex with men. Presented at the annual meeting of the American Public Health Association, Washington DC, November 6-10, 2004.
 60. Rhodes KL, **Hellerstedt WL**. Reasons for not having sex among sexually abstinent Native American teens: Minnesota Student Survey, 1998 & 2003. Presented at the annual meeting of the Indian Health Service, Phoenix Arizona, May 2004.
 61. ***Hellerstedt WL**, Brown J, Johnson PJ, Stigler M. Rates of prenatal gain and birthweight: results of a multi-phased mixed-effects regression analysis. Presented at Society for Perinatal Epidemiologic Research annual meeting, Atlanta, GA, June 10-11, 2003. *Presentation abstract awarded a special distinction.*
 62. ***Hellerstedt WL**. Nativity and preterm birth in Minnesota, 1990-1999. Presented at Society for Perinatal Epidemiologic Research annual meeting, Atlanta, GA, June 10-11, 2003.
 63. ***Hellerstedt WL**. Preterm in Minnesota: do maternal, paternal, and residential correlates of risk vary by maternal age? Presented at Society for Perinatal Epidemiologic Research annual meeting, Atlanta, GA, June 10-11, 2003.
 64. ***Hellerstedt WL**, Johnson PJ, Oswald JW. How consistent are infant race at birth and at death on vital records? Presented at the 16th National Conference on Chronic Disease Prevention and Control, Atlanta, GA, February 27-March 1, 2002.
 65. ***Hellerstedt WL**, Johnson PJ, Oswald JW. Prenatal substance use and birth outcomes: what does missing documentation tell us? Presented at the 16th National Conference on Chronic Disease Prevention and Control, Atlanta, GA, February 27-March 1, 2002.
 66. *Johnson PJ, **Hellerstedt WL** Prenatal substance use and its association with domestic violence. Presented (by Hellerstedt) at the 16th National Conference on Chronic Disease Prevention and Control, Atlanta, GA, February 27-March 1, 2002.
 67. ***Hellerstedt WL**, Macary SM, Oswald JW, Jones-Webb R. A comparison of data about maternal characteristics from birth certificates and self-report. Presented at the annual meeting of the Society of Perinatal Epidemiology, Toronto, Ontario, June 13-14, 2001.
 68. ***Hellerstedt WL**, Johnson PJ, Stigler M, Oswald JW, Turnure C. Fathers of infants born to adolescents: paternal characteristics and perinatal risks. Presented at the annual meeting of the Society of Perinatal Epidemiology, Toronto, Ontario, June 13-14, 2001.

69. ***Hellerstedt WL**, Johnson PJ, Stigler M, Oswald J. Are short conception intervals associated with poor infant outcomes? Presented at the annual meeting of the Society of Perinatal Epidemiology, Toronto, Ontario, June 13-14, 2001.
70. ***Hellerstedt WL**, Johnson PJ. Are victims of abuse at increased risk for unintended pregnancy? Presented at the annual meeting of the American Public Health Association, Boston MA, November 13-16, 2000.
71. ***Hellerstedt WL**, Pirie PL. Pregnancy intention and prenatal and postpartum characteristics of rural women. Presented at the annual meeting of the American Public Health Association, Washington DC. November 15-19, 1998.
72. *Johnson PJ, **Hellerstedt WL**, Pirie PL. Prenatal weight gain in women with histories of past and current physical and sexual abuse. Presented at the annual meeting of the American Public Health Association, Boston MA, November 13-16, 2000.
73. Sucoff CA, **Hellerstedt W**, Snyder J, Sieving R. Typologies of adolescent contraceptive users: identifying youth at risk for pregnancy. Presented at the annual meeting of the American Public Health Association, Chicago IL. November 7-11, 1999.
74. ***Hellerstedt W**, Fee R, Shew M, Sucoff C. Pregnancy feelings among adolescents: demographic correlates and associations with contraceptive behaviors. Presented at the annual meeting of the Society of Adolescent Medicine, Los Angeles CA. March 17-21, 1999 [abstracted in J Adol Health 1999;24(2)].
75. Shew M, **Hellerstedt W**, Sieving R, Smith A. Home pregnancy testing among adolescents in teen clinics. Presented at the annual meeting of the Society of Adolescent Medicine, Los Angeles CA. March 17-21, 1999 [abstracted in J Adol Health 1999;24(2)].
76. *Smith A, **Hellerstedt W**, Resnick M. A multidisciplinary view of current knowledge and future training needs in adolescent pregnancy prevention. Presented at the annual meeting of the Society of Adolescent Medicine, Los Angeles CA. March 17-21, 1999 [abstracted in J Adol Health 1999;24(2)].
77. ***Hellerstedt WL**, Pirie PL. Pregnancy intention and prenatal and postpartum characteristics of rural women. Presented at the annual meeting of the American Public Health Association, Washington DC. November 15-19, 1998.
78. ***Hellerstedt WL**, Olson SM, Oswald J. The evaluation of a community-based intervention on infant immunization in rural Minnesota. Presented at the annual meeting of the American Public Health Association, Washington DC. November 15-19, 1998.
79. ***Hellerstedt WL**, Pirie PL. The association of pregnancy intention and prenatal and postpartum behaviors among rural women in Minnesota. Presented at the annual meeting of the American College of Epidemiology, San Francisco CA. September 27-28, 1998 [abstracted in the Annals of Epidemiology 1998;8:463].
80. ***Hellerstedt WL**, Olson SM, Oswald J. The evaluation of a community-based program on infant immunization in rural Minnesota. Presented at the annual meeting of the Minnesota Public Health Association, Minneapolis, MN. April 30, 1998.

81. ***Hellerstedt WL**, Olson SM, Oswald J. The impact of a community-based program on infant immunization in rural Minnesota. Presented at the annual meeting of the American College of Preventive Medicine and Association of Teachers of Preventive Medicine, San Francisco, CA. April 2-5, 1998.
82. ***Hellerstedt WL**, Himes JH, Story M. The association of postpartum contraception and weight change among adolescents. Presented at the annual meeting of the Society of Epidemiologic Research, Edmonton, Alberta, Canada. June 11-14, 1997.
83. ***Hellerstedt WL**, Pirie PL, Curry SJ, Grothaus LJ, McBride CM, Lando HA, Roski J. Pregnancy intention and health behaviors. Presented at the annual meeting of the International Congress of Behavioral Medicine, Washington, DC. March 13-16, 1996.
84. ***Hellerstedt WL**, Alton I, Himes J. Do gestational weight gain and smoking influence the birthweight of infants born to obese gravidae? Presented at the annual meeting of American Public Health Association, San Diego, CA. October 29-November 2, 1995.
85. ***Hellerstedt WL**, Alton I, Himes J, Story M, Edwards L. Pregravid obesity: the influences of gestational weight gain and smoking on birthweight. Presented at the annual meeting of the Society for Epidemiologic Research, Snowbird, Utah. June 21-24, 1995. [Abstracted in Am J Epidemiol 1995;111:S23.]
86. ***Hellerstedt WL**, Jeffery RW. The effects of a telephone-based intervention on weight loss. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego CA, March 22-25, 1995.
87. ***Hellerstedt WL**, Jeffery RW, Wing RR. The effects of telephone contact on weight loss maintenance. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego CA, March 22-25, 1995.
88. *Edwards LE, **Hellerstedt WL**, Alton I. Pregnancy course complications and outcomes in obese women: effects of gestational weight change. Presented at the annual meeting of the Society of Perinatal Obstetricians, Atlanta GA, January 23- 28, 1995.
89. [Abstracted in Am J Obstet Gynecol 1995;172(1):292.]
90. ***Hellerstedt WL**, Pirie PL. The association of pregnancy interval and infant growth among infants born to adolescents. Presented at the annual meeting of the American Public Health Association, Washington DC, October 30 - November 3, 1994.
91. ***Hellerstedt WL**. The effects of prenatal alcohol and tobacco use among adolescents on fetal growth. Presented at the annual meeting of the American Public Health Association, Washington DC, October 30 - November 3, 1994.
92. ***Hellerstedt WL**, Jeffery RW. Gender differences in job strain. Presented at the Third International Congress on Behavioral Medicine, Amsterdam, July 6-9, 1994.
93. ***Hellerstedt WL**, Alexander GR. Prenatal care and outcome among infants of adolescent primiparas and multiparas. Presented at the Third International Congress on Behavioral Medicine, Amsterdam, July 6-9, 1994.

94. ***Hellerstedt WL**, Jeffery RW. The association of job strain and health characteristics and behaviors. Presented at the annual meeting of the Society of Behavioral Medicine, Boston, April 13-16, 1994.
95. ***Hellerstedt WL**, Jeffery RW. The effects of monetary incentives on exercise adherence in the obese. Presented at the annual meeting of the Society of Behavioral Medicine, Boston, April 13-16, 1994.
96. Jeffery RW, **Hellerstedt WL**, French SA. The efficacy of low fat dietary instruction in the treatment of obesity. Presented at the annual meeting of the Society of Behavioral Medicine, Boston, April 13-16, 1994.
97. ***Hellerstedt WL**, Pirie PL, Alexander GR. The association of adolescent maternal race and infant mortality. Presented at the Eighth World Congress on Social Medicine, Guadalajara, Jalisco, Mexico, March 20-23, 1994.
98. ***Hellerstedt WL**, Alexander GR, Pirie PL. The association of adolescent parity and infant mortality. Presented at the annual meeting of the American Public Health Association, San Francisco CA, October 25-28, 1993.
99. ***Hellerstedt WL**, Alexander GR, Pirie PL. The association of parity and mortality among infants born to adolescents. Presented at the annual meeting of the Society of Epidemiologic Research, Keystone, CO, June 16-18, 1993. [Abstracted in Am J Epidemiol 1993;138(8):616.]
100. ***Hellerstedt WL**, Lando HA, Pirie PL. A randomized study of a brief supportive intervention for smoking cessation. Presented at the annual meeting of the Society of Behavioral Medicine, Washington DC, March 20-23, 1991.
101. Schmid TL, Jeffery RJ, **Hellerstedt WL**. Community-wide recruitment through direct mail: large-scale correspondence programs for weight control and smoking cessation. Presented at the annual meeting of the American Public Health Association, Boston, November 13-17, 1988.

INVITED (NOT PEER-REVIEWED) PRESENTATIONS (delivered by Hellerstedt; audiences > 50)

1. **Hellerstedt W**. Begin before the beginning: reproductive life planning & preconception health care. To be presented at Preconception Health Conference, Mahube-Otwa Community Action Partnership, Detroit Lakes, MN, April 9, 2014.
2. **Hellerstedt W**. Prenatal substance use: effects on the offspring through the life course. To be presented at Preconception Health Conference, Mahube-Otwa Community Action Partnership, Detroit Lakes, MN, April 9, 2014.
3. **Hellerstedt W**. Lifecourse, fetal origins of disease, and preconception health. Preconception health conference, Minnesota Department of Health, St. Paul MN, October 6, 2013.
4. **Hellerstedt W**. Preconception health throughout the lifecourse: from infancy to old age. Annual meeting of Minnesota Perinatal Organization, Duluth, MN, September 20-21, 2012.

5. **Hellerstedt W**, McGovern P, Fontaine P, Nachreiner N. Residential mobility of insured women. National Maternal Intensive Course, Minneapolis, MN, July 27, 2011.
6. **Hellerstedt WL**. *Pre-conception Health: What's Weight Got to Do with It?* Webinar for 150 registrants. Minnesota Department of Health, Saint Paul, MN, October 12, 2010.
7. **Hellerstedt WL**. Pre-conception exposure to endocrine disruptors. Annual meeting, Healthy Legacy, Saint Paul, MN, October 5, 2010.
8. **Hellerstedt WL**. **Keynote presentation:** Why birth data matter. Excellence in birth registration conference. Annual conference of State of Minnesota Registrars, Saint Paul, MN, April 29, 2009.
9. McGovern P, **Hellerstedt WL**, Davern M, Oberg C. The National Children's Study. Division of Health Policy & Management seminar, Minneapolis MN, October 1, 2008.
10. McGovern P, **Hellerstedt WL**, Davern M, Oberg C. The National Children's Study. Minnesota Population Center, Minneapolis MN, October 22, 2008.
11. McGovern P, **Hellerstedt WL**, Davern M, Oberg C. The National Children's Study. Division of Epidemiology & Community Health seminar, Minneapolis MN, September 5, 2008.
12. **Hellerstedt W**, McGovern P. What can the National Children's Study tell us about reproductive health? 5th annual Women's Health Research Conference, Deborah E. Powell Center for Women's Health, University of Minnesota, September 22, 2008.
13. **Hellerstedt WL**. Targeted Regulation of Abortion Providers: TRAP Laws. Annual meeting of the American Public Health Association, Washington DC, November 3-7, 2007.
14. **Hellerstedt WL**. Participatory action research. Bridging the Gap: Research to Practice. CDC, Division of Reproductive Health, Adolescent Reproductive Health Team. Atlanta GA, May 9-10, 2006.
15. **Hellerstedt WL**. Native Teen Voices: A Community-Partnered Study of Teen Sexual Behaviors. Minnesota Health Services Research Conference, Minneapolis MN, March 7, 2006.
16. **Hellerstedt WL**. Pregnancy intention: measure and meaning. Division of Epidemiology & Community Health seminar, Minneapolis MN, February 3, 2006.
17. **Hellerstedt WL**. Fetal origins of adult disease. Twin Cities Dietetics Association Annual Meeting, St. Paul MN, September 23, 2005.
18. **Hellerstedt WL**. Maternal abuse and weight gain. National maternal nutrition intensive course, Minneapolis MN, July 21-23, 2004.
19. **Hellerstedt WL**, Turnure C. The experience of new mothers in Minnesota: purpose, design, analysis and early findings from PRAMS. 8th annual MCH summer institute, Minneapolis MN, June 21-22, 2004.

20. **Hellerstedt WL.** Pregnancy intention and Native Americans: how can we study it? New directions: research in unintended and teen pregnancy prevention. Centers for Disease Control and Prevention, Division of Reproductive Health, Atlanta GA, January 14-15, 2004.
21. **Hellerstedt WL.** Patterns of weight gain associated with optimal birthweight: findings from a multi-site study. National Association of WIC Directors, New York City, NY, May 24, 2003.
22. **Hellerstedt WL.** Preterm in Minnesota: maternal and paternal correlates of risk. Regional meeting, March of Dimes, Minneapolis, MN, November 22, 2002.
23. **Hellerstedt WL.** Preliminary findings from a multi-site study of prenatal weight gain. Maternal and Child Health Bureau's National Maternal Nutrition Intensive Course, Minneapolis, MN, July 18, 2002.
24. **Hellerstedt WL.** The health effects of personal and aggregate-level poverty. Presented at the MCH Summer Institute on Social Disparities in Health, Minneapolis, MN, June 27, 2002.
25. **Hellerstedt WL.** Infant race at birth and death as recorded on Minnesota vital records. Presented at the MCH Summer Institute on Social Disparities in Health, Minneapolis, MN, June 27, 2002.
26. **Hellerstedt WL.** Who are the fathers of infants born to adolescents in Minnesota? Presented at the Maternal and Child Health Program Regional Videoconference, June 5, 2002.
27. **Hellerstedt WL.** The use of vital records to assess reproductive risks by race and class. Presented at The Minnesota Conference on the Measurement and Assessment of Health Disparities, Minneapolis, MN, May 10, 2002.
28. **Hellerstedt WL.** Social disparities in adolescent pregnancy. Hennepin County, Health Disparities Summit, Minneapolis, MN, December 2001.
29. **Hellerstedt WL.** The Pregnancy Risk Assessment Monitoring System in Minnesota. Minnesota Perinatal Organization, Brainerd MN, September 2001.
30. **Hellerstedt WL.** Social and economic costs of adolescent pregnancy. Presented at the Maternal and Child Health Program Regional Videoconference, June 12, 2001.
31. **Hellerstedt WL.** Postpartum weight change risks and prevention of postpartum weight retention. Maternal and Child Health Bureau's National Maternal Nutrition Intensive Course, Minneapolis, MN, July 14-16, 1999.
32. **Hellerstedt WL.** The epidemiology of maternal substance use. FAS Symposium, Department of Pediatrics, School of Medicine, University of Minnesota. June 4, 1999.
33. Fee R, Stevens A, **Hellerstedt W.** Minor consent and confidentiality and adolescent health in Minnesota. Annual MOAPPP Conference, Minneapolis, MN, April 26-27, 1999.

34. **Hellerstedt WL.** The association of postpartum Depo-provera use and weight gain. Pediatric Grand Rounds, Department of Pediatrics, School of Medicine, University of Minnesota. September 15, 1998.
35. **Hellerstedt WL.** Bias and confounding in evaluation research. Capacity Building Opportunities for Health Education and Promotion, Minnesota Department of Health, Annandale MN, July 22, 1998.
36. **Hellerstedt WL.** Using data in evaluation research. Summer Leadership Institute in Adolescent Health, Department of Pediatrics, School of Medicine, University of Minnesota, Minneapolis, MN, June 15-19 1998.
37. **Hellerstedt WL.** The association of postpartum Depo-provera use and weight gain. Annual meeting of Planned Parenthood of Minnesota/South Dakota, St. Paul, MN. June 8, 1998.
38. **Hellerstedt WL.** Maternal substance use. Parent Education Advisory Committee, Department of Family Social Sciences, University of Minnesota, St. Paul, MN. April 16, 1998.
39. **Hellerstedt WL, Himes JH, Story M.** Weight change and Depo-provera use among postpartum adolescents. Regional Ob-Gyn Update, St. Paul MN. April 4, 1997.
40. **Hellerstedt WL.** Child-bearing and women's long-term health risks. U.S. Maternal and Child Health Bureau's National Maternal Nutrition Intensive Course, "Applications of Scientific Advances to Practice." July 9-12, 1995, Minneapolis, MN.
41. **Hellerstedt WL.** Small numbers analysis. Capacity Building Conference of the Minnesota Department of Health, Brooklyn Park MN, November 16, 1994.

RECENT MEDIA (2009-2014)

- Star and Tribune. Contraceptive coverage and the Affordable Care Act. October 2013.
- Minnesota Public Radio. Contraceptive coverage and the Affordable Care Act. October 2013.
- Minnesota Public Radio. 20-week abortion ban in Minnesota. April 2014.
- Associated Press. Changes in national birth rates. January 2013.
- Star and Tribune, Josephine Marcotty. Interview about decreases in national birth rates. January 2013.
- Star and Tribune, Jeremy Lloyd, Interview about Minnesota abortion rates, October 2012.
- Star and Tribune, Josephine Marcotty. Interview about national teen pregnancy rates. January 2012.
- Minnesota Public Radio/Mid-Morning. Guest on talk show. Adolescent pregnancy and childbearing. January 2012.
- Midway Monitor, St. Paul newspaper. Interview about National Children's Study. February 2011.
- *Good Enough Moms* radio show. Guest on talk show. Lifelong health begins prior to conception. September 2010.
- Minnesota Public Radio/Mid-Morning. One hour interview. Maternal morbidity and mortality. July 2010.
- KMOJ/*Community Health Dialogues*. Repeat guest on 1-hour talk show. Various maternal and child health topics. April, May, August, October, 2010.

- Star and Tribune, Josephine Marcotty. Interview about Minnesota teen abortion rates. November 2009.
- Associated Press. Emergency contraception and adolescents. September 2009.
- WCCO (Minnesota) Radio. Interview about number of abortions in Minnesota. July 2009.

RESEARCH AND TRAINING SUPPORT

Active

Title: Center for Leadership Education in Maternal and Child Public Health

Funding agency: Maternal and Child Health Bureau

Summary of purpose: To improve and enhance the health of mothers, infants, children, adolescents and their families by training health professionals for leadership roles

Period of funding: June 1, 2010 - May 31, 2015

Role: Principal Investigator

Title: Abridged Topic Development of Patient Centered Outcomes Research Institute Research

Topics: Addressing Disparities

Funding Agency: Agency for Healthcare Research & Quality

Summary of purpose: Provide guidance to AHRQ about topics that will address disparities in clinical settings.

Period of funding: September 1, 2013 – August 31, 2015

Role: Co-investigator

Selected previous funding

Title: National Children's Study (NCS): Ramsey Location

Funding agency: National Institutes of Health/National Institute of Child Health and Development, NIH-NICHD-NCS-07-11 WEST

Summary of purpose: To establish a center for Ramsey Country for the NCS, a longitudinal study to examine environmental influences on pregnancy health and infant, child, and youth health and development

Period of funding: October 1, 2007 – December 15, 2011 (contract extended to September 2012)

Role: Co-Principal Investigator (Patricia McGovern, PhD, Principal Investigator)

Title: Determinants of pre-conception, prenatal and postpartum health in an urban population
Funding agency: Deborah E. Powell Center for Excellence in Women's Health, University of Minnesota

Summary of purpose: To examine correlates of perinatal health in women affiliated with an urban managed care organization

Period of funding: September 1, 2009 – August 31, 2010

Role: Co-Principal Investigator (with Patricia McGovern, PhD)

Title: Healthy Youth Development Prevention Research Center

Funding agency: Centers for Disease Control and Prevention

Summary of purpose: To establish a center of research, evaluation, training and dissemination related to teen pregnancy prevention

Period of funding: September 1, 2004 - August 31, 2010

Role: Co-Investigator (Michael Resnick, PhD, Principal Investigator.)

Title: Helping Women Achieve Healthy Weight Gain in Pregnancy

Funding agency: UCare 2007-46

Summary of purpose: To understand correlates of healthy prenatal weight gain among lower income women in the Twin Cities

Period of funding: August 1, 2007 – July 31, 2008

Role: Co-Investigator (Patricia Fontaine, MD, Principal Investigator)

Title: Pregnancy feelings and attitudes among Native American youth

Funding agency: Association of Schools of Public Health/ Centers for Disease Control and Prevention (SS 2088)

Summary of purpose: To identify correlates of positive and negative feelings about pregnancy and childbearing among native youth and understand the nature of pregnancy and childbearing intention among young native females and males

Period of funding: October 1, 2003 – September 30, 2006

Role: Principal Investigator

Title: The Influence of Health Confidantes on Smoking and Environmental Tobacco Smoke Exposure in Pregnancy and Postpartum

Funding agency: Robert Wood Johnson

Summary of purpose: To conduct an intervention with health confidantes to decrease prenatal and postpartum smoking

Period of funding: September 1, 2004 – August 31, 2007

Role: Co-investigator (Deborah Hennrikus, PhD, Principal Investigator)

Title: Promoting Healthy Communities for Children: the Social and Physical Environments

Funding agency: President's Office, University of Minnesota

Summary of purpose: To conduct an institute on environmental quality and child health

Period of funding: January 2004 – January 2006

Role: Co-Principal Investigator (with Joan Patterson, PhD).

Title: The development of methodology to examine subsequent birth outcomes in Minnesota.

Funding agency: School of Public Health/Minnesota Medical Foundation

Summary of purpose: To develop an algorithm that links subsequent births to adolescent mothers, using Minnesota birth certificates

Period of funding: March 1, 2001 - February 28, 2004

Role: Principal Investigator

Title: Minnesota Center for Excellence in Health Statistics

Funding agency: Centers for Disease Control and Prevention

Summary of purpose: To establish a long-term partnership between the University of Minnesota and the Minnesota Department of Health to develop advanced statistical methodologies applied to populations at risk for tobacco use and racial disparities in perinatal health

Period of funding: May 1, 2000 - September 1, 2003

Role: Co-Principal Investigator (John Oswald, PhD, Principal Investigator)

Title: Adjustment of internationally adopted children

Funding agency: National Institutes of Health/National Institute of Mental Health

Summary of purpose: To examine the effects of adoptive family emotional support, coping strategies, and social support as determinants of positive adjustment and cognitive development among adopted children in Minnesota

Period of funding: June 1, 1999 – May 31, 2003

Role: Co-investigator (Megan Gunnar, PhD, Principal Investigator)

Title: Pregnancy weight gain-birthweight relationship by race

Funding agency: Maternal and Child Health Bureau

Summary of purpose: To assess pregnancy weight gain and birthweight associations among 25,620 women, from 8 national samples, stratified by pre-pregnancy weight status and race

Period of funding: September 1, 2000 – August 31, 2003

Role: Co-principal investigator; Acting PI from September 2001-August 31, 2003 (Judith Brown, PhD, Principal Investigator)

Title: Interdisciplinary research development in perinatal health

Funding agency: National Institutes of Nursing Research, National Institutes of Health

Summary: To conduct two institutes to train professionals to conduct research in perinatal risk factors

Period of funding: May 1998 - November 30, 1999

Role: Principal Investigator

Title: Minor consent and confidentiality and adolescent health in Minnesota

Funding agency: University of Minnesota, Extension Service, Office of the Associate Collegiate

Program Summary of purpose: To prepare a summary of Minnesota's legislation concerning the health care of minors

Period of funding: September 2007 - September 1998

Role: Principal Investigator